



# Community Center Hours

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### Village Officials and Staff

Mayor Franklin Caplan  
 Vice Mayor Michael E. Kelly  
 Councilmember Robert Gusman  
 Councilmember Enrique Garcia  
 Councilmember Michael Davey  
 Councilmember Mayra Peña Lindsay  
 Councilmember James Taintor  
 Village Manager  
 Genaro "Chip" Iglesias  
 Director of Parks and Recreation  
 Todd Hofferberth  
 Community Center Manager  
 Ana J. Colls

## General Hours of Operation

Monday - Friday 6:00 a.m. to 10:00 p.m.  
 Saturday and Sunday 8:00 a.m. to 8:00 p.m.

## Pool Hours

*(unless otherwise posted for classes and special programs)*

Monday - Friday 6:15 a.m. to 8:45 p.m.  
 Saturday and Sunday 8:15 a.m. to 7:45 p.m.  
 Swim lanes are always available but may be limited for a class or special program.

## Teen Room/Game Room

Monday - Friday 3:00 p.m. to 10:00 p.m.  
 Saturday and Sunday 10:00 a.m. to 8:00 p.m.

## Indoor Playground

*(children under age 10 must be supervised by an adult)*

Monday - Friday 9:00 a.m. to 1:00 p.m.  
*(for children under the age of six)*  
 3:00 p.m. to 8:00 p.m.  
 Saturday and Sunday 9:00 a.m. to 8:00 p.m.  
 Access may be limited during special events or parties.

## Computer Lab

Monday - Friday 9:30 a.m. to 4:00 p.m. - Adults Only  
 4:00 p.m. to 8:00 p.m. - All Ages  
*(opens at 3:00 p.m. on Wednesdays)*  
 Saturday and Sunday Available upon request

## Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the afternoons after 3:00 p.m.

## Adult Basketball

Saturday 10:00 a.m. to 12:00 noon  
*(ages 35 and up)*

## Indoor Soccer

Tuesday 8:00 p.m. to 9:00 p.m.  
*(ages 30 and up)*  
 9:00 p.m. to 10:00 p.m.  
*(ages 15 to 30)*  
 Sunday 10:00 a.m. to 12:00 noon *(all ages)*

## IMPORTANT PHONE NUMBERS

Village General Information.....	305-365-5511	Senior Services/Transportation.....	305-365-8953
Village Manager's Office.....	305-365-5500	Property Tax Collector .....	305-270-4916
Village Clerk.....	305-365-5506	Miami Dade Elections Department.....	305-499-8683
Building Inspections.....	305-365-5512	Chamber of Commerce.....	305-361-5207
Building, Zoning, and Planning .....	305-365-5511 x4	Bill Baggs State Park.....	305-361-5811
Fire Rescue .....	305-365-8989	Crandon Park .....	305-361-5421
Police (non-emergency) .....	305-365-5555	Sea Turtle Information .....	305-361-5761
Police Department Administration.....	305-365-8913	Mosquito Control .....	305-592-1186
Public Works .....	305-365-8945	Pesky Critters.....	305-255-7296
Zoning Information .....	305-365-5502	Humane Animal Removal .....	305-232-1100
Code Enforcement .....	305-365-8917	Voter Information.....	305-375-5553
Occupational Licenses .....	305-365-8917	Water and Sewer Department.....	305-665-7471
Community Center .....	305-365-8900	Water and Senior Aircraft Noise Hotline Miami-Dade County Phone .....	305-876-7526
Parks and Recreation .....	305-365-8900	Emergency Ride Home Phone .....	800-234-7433
Passport Information.....	305-365-8953		

# Membership Information

**Be an Active Islander – Join the Key Biscayne Community Center!  
Just follow these easy steps:**

## **Complete the Community Center membership application**

Forms are available at the front desk by calling 305-365-8900 or online at [www.activeislander.org](http://www.activeislander.org).

## **Show proof of residency**

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill; tenants must bring a current lease; a yearly lease is required for an annual membership.

## **Pay the membership fee\***

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

## **Membership Category Descriptions**

**Adults**—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

**Youth**—A youth membership is available to any resident between the ages of 10 and 18.

**Senior**—A senior membership is available to any resident who is 65 or older.

**Student**—Any resident who is between the ages of 19 and 25 can apply for the student membership with proof of current school enrollment.

**Couple**—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

**Senior Couple**—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

**Family**—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$65.

## **Cancellation/Refund Policy**

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. We will provide a 100 percent refund to anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program will entitle the participant to a prorated refund.

## **Membership Categories**

Category	Daily Resident	Daily Guest	Monthly	Yearly
Adults	\$9	\$13	\$55	\$300
Youth (10-18)	\$6	\$9	\$22	\$130
Senior (65+)	\$6	\$9	\$30	\$200
Student (19-25)	\$7	\$10	\$35	\$220
Couple	N/A	N/A	\$85	\$385
Senior Couple (both 65+)	N/A	N/A	\$50	\$300
Family (4 members)	N/A	N/A	\$110	\$525

\*Note: Membership fees are subject to change.

# Information for Residents



## PARTY PACKAGES AND ISLAND ROOM RENTALS

Planning a party or special event? Let us host it for you! The Community Center offers a variety of party packages for groups of up to 30 people. Choose from our Basic Party Package; Arts and Crafts Package; Pool Party Package; or the Face-Painting and Balloon Art Party Package.

We also have facilities to accommodate adult parties, meetings, and other special events. The Island Room (also known as the Multi-Purpose Room) on the second floor can accommodate up to 150 guests, offers small and large rooms, as well as a warming kitchen.

### Basic Party Package

Includes tables and chairs (up to 30 children) and private use of one of the following facilities for one hour: indoor playground, computer room, half of the game room, or half the basketball gymnasium. Post-party area clean up will be provided by Community Center staff.

### Arts and Crafts Party Package

Arts and Crafts activity provided for one hour for up to 25 children. Community Center will provide a personal party assistant for duration of party. Post-party area clean up will be provided by Community Center staff.

### Face-Painting and Balloon Art Party Package

Includes tables, chairs, and face painting and balloon art provided for one hour for up to 25 children. The Instructor is Irina Patterson, the world-famous Russian Queen of Balloons (subject to instructor availability). Post-party area clean up will be provided by Community Center staff.

### Pool Party Package

Includes tables and chairs for 30 children and use of the pool for two hours. Post-party area clean up will be provided by Community Center staff.

For more information or to schedule your next event, please visit or call the Community Center's front desk at 305-365-8900.



## PASSPORT SERVICES

The Village of Key Biscayne is a certified acceptance facility for U.S. passport applications. As a courtesy to our residents, this service is offered by the Parks and Recreation Department at the Community Center, located at 10 Village Green Way, second floor. Rules, downloadable forms, fees, travel advisories and other information are available at the U.S. State Department passport web page. For additional information or to make an appointment, call 305-365-8953. Passport processing also is available at the U.S. Post Office located in the L'Esplanade Shopping Center at 951 Crandon Boulevard. For more information, call 305-ASK-USPS.

<b>Days</b>	Monday to Friday
<b>Hours</b>	9:30 a.m.-4:00 p.m.

*Note: Appointments are required.*

## BEACH PARK ACCESS CARDS

The Village of Key Biscayne's Beach Park, a resident's only facility, requires an access card to enter the park. The access cards are available to Key Biscayne residents only. For additional information please call Ana de Varona at 305-365-7574 or email ADeVarona@KeyBiscayne.fl.gov.

**To Obtain a Card:** Cards may be obtained at the Community Center front desk between the hours of 8:00 a.m. and 8:00 p.m. any day of the week with the proper proof of residency. Beach Park access card applications are available online or at the front desk. Please allow 2-3 business days for new cards to be activated.

**Proof of Residency:** Proof of residency is required when applying for a beach access card. A photo ID plus one of the following is acceptable as proof of residency:

- Current vehicle registration certificate
- Copy of current real property tax bill or deed
- Certificate or letter from the Internal Revenue Service
- Current utility bill
- Tenants must bring an annual lease

**Cards per Household:** There is a limit of two (2) access cards per household and proof of residency is required for each card issued. A one-person household may only receive one access card.

**Fees:** There is no fee for the first access card(s). There is a replacement card fee of \$8.00 to de-activate the lost or stolen card and re-issue a new device.

# Rules and Regulations

## Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership. The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building.
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

## Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- No fighting or rough play
- No glass containers
- No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- Appropriate clothing required
- No running or bouncing balls in the hallways or stairwells or by the swimming pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

## Guest Policy

- Guests must be accompanied at all times by a Key Biscayne resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a guest pass.
- Guest passes are non-refundable.

## Toddler Room Drop-In Care Policies

1. Drop-in care is for children one to five years of age (no exceptions).
2. Parents must sign in their child.
3. Punch Passes must be purchased at the front desk.
  - Member pass for 10 hours: \$70
  - Member pass per hour: \$7
  - Non-member one-hour pass: \$10
4. Drop-in care is on a first-come, first-serve basis.
5. There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
6. There is a two-hour maximum time slot for each child (no exceptions).
7. Parents or guardians are responsible for all diaper changes.
8. Parents must be in the Key Biscayne Community Center while their child is in childcare.
9. Sick children will be denied entry to the drop-in program.
10. If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

## Toddler Room Drop-In Care Hours of Operation

<b>Monday - Friday</b>	8:00 a.m.-12:00 noon 4:00 p.m.-8:00 p.m.
<b>Saturday and Sunday</b>	Closed

- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.
- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

## Refund Policy

Memberships are non-transferable and non-refundable. It is the goal of the Key Biscayne Community Center to ensure the enjoyment of all programs. If you are not satisfied with a program or are unable to participate for medical reasons, please contact the front desk immediately. Any one who makes a request before the start of the second class or scheduled program will receive a 100 percent refund. Requests received after the start of the second meeting will entitle the participant to a prorated refund. No refunds will be given after the conclusion of the program.

## ADA Policy

The Village of Key Biscayne gladly complies with the provisions of the Americans with Disabilities Act. Persons needing reasonable accommodation to attend or participate in any program may call 305-365-8900. Please allow two weeks prior to the activity or need of assistance to accommodate the request.

# Arts & Crafts Programs



## AGUAMARINA ART SCHOOLS

For 11 years, Aguamarina Art Schools have been sparking the creativity of Key Biscayners both young and old. Aguamarina now offers their complete art program at the Community Center. Their programs focus on developing and stimulating the creativity of children and adults. Students will have access to a wide variety of materials, including cardboard, wood, rubber, paper, paint, crayons, pastels, fabrics, sponges, clay, Play-doh, glues, etc. As they freely construct their art projects, students will be guided through the process while learning to analyze, problem-solve and express their thoughts. Students will have an opportunity to display their works of art through exhibitions in the Community Center's public spaces.

<b>Sessions</b>	January 3-June 10
<b>Location</b>	Arts and Crafts Room

## Let's Get Messy

This fun workshop lets children perform exciting color and texture exercises, as well as create collages and paintings. Students will develop fine motor skills, learn color differentiation and increase their artistic knowledge. All materials are included in the class fee. Classes meet twice per week during the eight-week session.

<b>Ages</b>	2-4 years
<b>Days</b>	Mondays and Wednesdays
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:30-5:30 p.m.

<b>Member Fee</b>	\$220
<b>Non-Member Fee</b>	\$264

## Color and Form

In this exciting workshop, children will learn how to handle colors and different creative expression techniques such as drawing, acrylic and 3-D. All materials are included in the class fee. Classes meet once per week during the eight-week session.

<b>Ages</b>	5-7 years
<b>Days</b>	Tuesdays, Wednesdays or Thursdays
<b>Time</b>	4:00-5:30 p.m.

<b>Member Fee</b>	\$220
<b>Non-Member Fee</b>	\$264

## Aguamarina Masters

This program focuses on the development of technical and conceptual tools in drawing and painting. Students will learn the handling of the trowel of color through exercises in complementary colors and develop composition criteria, including line, point and plane. All materials are included in the class fee. Classes meet once per week during the eight-week session.

<b>Ages</b>	8-14 years
<b>Days</b>	Tuesdays or Wednesdays
<b>Time</b>	6:00-7:30 p.m.

<b>Member Fee</b>	\$220
<b>Non-Member Fee</b>	\$264

## Portfolio

Serious and mature students can take advantage of this course to help meet the requirements of specialized art programs at their middle or high school. Students will receive customized instruction in their particular art interests, resulting in a portfolio that can be used for admittance into schools focused on art and design. Classes meet once per week during the four-week session.

<b>Ages</b>	11-18 years
<b>Days</b>	Thursdays
<b>Time</b>	6:00-7:30 p.m.

<b>Member Fee</b>	\$150
<b>Non-Member Fee</b>	\$180

## ART WORKSHOPS FOR ADULTS

This monthly workshop is tailored for adults who enjoy working with different forms of creative expression, including acrylic, oil, pastels and water colors. Students will also explore criteria of composition and pencil drawing. Classes meet once per week during the four-week session.

<b>Ages</b>	18 years and older
<b>Days</b>	Thursdays
<b>Time</b>	10:00 a.m.-1:00 p.m.

<b>Member Fee</b>	\$150
<b>Non-Member Fee</b>	\$180

# Youth & Teen Programs

## ARTS AND CRAFTS

### Claytime for Kids NEW!

This new pottery program is designed for two different age groups. Younger children (ages 6-8) will begin class with a 10-minute reading of popular children's stories aimed at stimulating their creativity. Students will use clay and modeling techniques to make simple forms and replicate their favorite characters. Older children (ages 9-13) will explore their creative abilities through the use of clay. Students will learn basic ceramic techniques, including hand-made projects, glazing and firing. All materials are included in the class fee.

<b>Ages</b>	6-13 years
<b>Days</b>	Wednesdays
<b>Time</b>	2:30-3:30 p.m.
<b>Location</b>	Arts and Crafts Room
<b>Session 1</b>	January 5-February 23
<b>Session 2</b>	March 2-April 27 (no class March 16)
<b>Session 3</b>	May 4-June 8 (pro-rated session)
<b>Instructor</b>	Laura Marmol and Fabiana Jelambi
<b>Member Fee</b>	\$175
<b>Non-Member Fee</b>	\$210

### Little Hands Food Creations

This class focuses on age-appropriate cooking recipes and projects. Your child will be introduced to a variety of healthy foods and decoration mediums, explore a range of tools, materials, textures and techniques, prepare a food recipe to eat in class, and be allowed to express him/herself creatively in a non-competitive and relaxing environment. Pre-registration is required!

<b>Ages</b>	4-9 years
<b>Days</b>	Tuesdays
<b>Time</b>	3:30-4:30 p.m. (ages 4-6)
<b>Time</b>	4:30-5:30 p.m. (ages 7-9)
<b>Location</b>	Kitchen
<b>Session 1</b>	January 4-25
<b>Session 2</b>	February 1-22
<b>Session 3</b>	March 1-29 (no class March 15)
<b>Session 4</b>	April 5-26
<b>Session 5</b>	May 3-24
<b>Instructor</b>	Tania Beck
<b>Member Fee</b>	\$90
<b>Non-Member Fee</b>	\$108

## Jewelry Design

This creative jewelry class is taught by jewelry designer Judi Koslen. All materials are supplied and range from glass beads, semi-precious stones, pearls, wooden or plastic beads, shells and Lucite that have been drilled for stringing or wiring.

<b>Ages</b>	6 years and up
<b>Days</b>	Mondays
<b>Time</b>	3:30 p.m.
<b>Days</b>	Wednesdays
<b>Time</b>	3:00 p.m.
<b>Location</b>	Second Floor Lounge
<b>Session</b>	Ongoing
<b>Member Fee</b>	\$10 per class
<b>Non-Member Fee</b>	\$12 per class

## TODDLER & YOUTH FITNESS

### Fitness Yoga for Teens

This new class for teens will provide a fun and exciting way to experience fitness and yoga. Students will increase their self-esteem and fitness level through a variety of high-energy activities. If weather permits, some activities will take place outside. Instructor is an AFPA certified Children's Fitness Specialist and yoga teacher. Pre-registration is required.

<b>Ages</b>	12 years and up
<b>Days</b>	Thursdays
<b>Time</b>	6:00-7:00 p.m.
<b>Location</b>	Island Room
<b>Sessions</b>	Every eight weeks beginning January 6
<b>Instructor</b>	Kerstin Eskeli
<b>Member Fee</b>	\$104 per session or \$18 per class
<b>Non-Member Fee</b>	\$124 per session or \$21 per class



*Name*  
Renata Sanchez

*Originally From*  
Key Biscayne

*How long have you lived on the Key?*  
12 years

*School*  
Key Biscayne Community Center

*Hobbies*  
Dancing

*Favorite activity/program at the Community Center*  
Kickboxing, yoga and Zumba

# Youth & Teen Programs



## Fencing Club

The Miami Fencing Club offers students the unique experience of the sport of fencing, the fast and athletic sport of sword fighting. Learn the lessons of speed, cunning and honor. Beginning students will be provided with all necessary fencing equipment. Advanced students will need to bring their own equipment. All levels are welcome, and no experience is necessary. Students must register for the six-week session as pro-rating is not allowed. Visit [www.miamifencingclub.com](http://www.miamifencingclub.com) or call 305-992-1946 for more information.

<b>Ages</b>	8 years and up
<b>Days</b>	Wednesdays
<b>Time</b>	6:30-8:00 p.m. (Beginners) 7:30-9:00 p.m. (Advanced)
<b>Location</b>	Island Room
<b>Session 1</b>	January 5-February 9
<b>Session 2</b>	February 16-March 23
<b>Session 3</b>	March 30-May 4
<b>Session 4</b>	May 11-June 8 (pro-rated session)
<b>Instructor</b>	Mike Elder, Miami Fencing Club
<b>Member Fee</b>	\$120
<b>Non-Member Fee</b>	\$145



## Kidokinetics

Kidokinetics is the fun way to fitness that's inspiring kids to get up, get moving and get in shape! Kidokinetics was developed to promote sports and fitness to boys and girls. These fun-filled classes include activities that develop motor skills, enhance physical fitness and improve self-confidence. Experienced coaches lead fun classes with a focus on individual achievement in a non-competitive environment. Kids will receive a free T-shirt with first-time enrollment. Visit [www.kidokinetics.com](http://www.kidokinetics.com) for more information.

<b>Days</b>	Tuesdays
<b>Time</b>	4:00-4:45 p.m. (ages 3-6 years)
<b>Days</b>	Thursdays
<b>Time</b>	11:00-11:45 a.m. (ages 2-4 years)
<b>Location</b>	Island Room
<b>Session 1</b>	January 4-February 24
<b>Session 2</b>	March 1-April 28 (no class March 15 or 17)
<b>Session 3</b>	May 3-June 9 (pro-rated session)
<b>Instructor</b>	Kidokinetics Coach
<b>Member Fee</b>	\$96
<b>Non-Member Fee</b>	\$115



## Mini Tennis

Looking for a fast, fun way to get kids into tennis—and keep them playing? QuickStart Tennis, by the USTA, is an exciting new play format for learning tennis, designed to get kids excited about the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to a child's age and size. Now any child between the ages of three and eight can start playing tennis almost immediately, even if he or she has never picked up a racquet. Join us to learn and have fun with this new play format.

<b>Location</b>	Gymnasium
<b>Session 1</b>	January 4-February 3
<b>Session 2</b>	February 8-March 10
<b>Session 3</b>	March 22-April 21
<b>Session 4</b>	April 26-May 26
<b>Instructor</b>	Jorge Ribas and Ricardo Mena

<b>Ages</b>	3-4 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	2:30-3:00 p.m.

<b>Member Fee</b>	\$130 (twice/week) or \$85 (once/week)
<b>Non-Member Fee</b>	\$150 (twice/week) or \$100 (once/week)

<b>Ages</b>	5-6 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:00-3:45 p.m.

<b>Member Fee</b>	\$150 (twice/week) or \$90 (once/week)
<b>Non-Member Fee</b>	\$175 (twice/week) or \$110 (once/week)

<b>Ages</b>	7-8 years
<b>Days</b>	Wednesdays
<b>Time</b>	3:30-4:30 p.m.

<b>Member Fee</b>	\$100 (once/week)
<b>Non-Member Fee</b>	\$115 (once/week)

## BABY AND ME

### Baby Sensory Program

Baby Sensory provides hundreds of sensory development activities that are great fun for parents and babies to share in the vital first year. The classes include fiber optic light shows, bubbles, bells, musical fun, baby signing, puppet shows, amazing light balls and so much more. Once you have experienced these parent and baby activities you will want to come back the following week for more captivating experiences. Each class includes a variety of different baby development activities plus a discovery playtime. Visit [www.babysensory.com](http://www.babysensory.com) for more information.

<b>Ages</b>	2 weeks-13 months
<b>Days</b>	Tuesdays
<b>Time</b>	10:30-11:30 a.m.
<b>Location</b>	Game Room
<b>Session 1</b>	January 4-March 8
<b>Session 2</b>	March 15-May 17
<b>Instructor</b>	Carolina Forero
<b>Member Fee</b>	\$200
<b>Non-Member Fee</b>	\$239

### Mommy and Me (Yupi!)

Created for parents and their little ones, this bilingual program offers joyful and innovative experiences using non-conventional materials.

<b>Ages</b>	9 to 30 months
<b>Days</b>	Wednesdays and Fridays
<b>Time</b>	9:30-10:30 a.m.
<b>Location</b>	Game Room
<b>Session 1</b>	January 5-February 25
<b>Session 2</b>	March 2-April 29 (no class March 16 or 18)
<b>Session 3</b>	May 3-June 10 (pro-rated session)
<b>Instructor</b>	Silvina and Vanessa
<b>Member Fee</b>	\$160 (once/week) or \$256 (twice/week)
<b>Non-Member Fee</b>	\$200 (once/week) or \$320 (twice/week)

## MUSIC AND PERFORMING ARTS

### Ultimate Guitar

This class is designed for young guitar players who are just discovering their love of the instrument or are already at an intermediate level. Classes are designed using a highly effective curriculum and a multi-style approach, which focuses on correct technique and music reading. Children will have fun in a relaxed environment where they can play their favorite songs. Please bring your own guitar.

<b>Ages</b>	8 years and up
<b>Days</b>	Thursdays (Beginners)
<b>Time</b>	3:30-4:30 p.m.
<b>Location</b>	Island Room
<b>Days</b>	Tuesdays (Intermediate)
<b>Time</b>	3:30-4:30 p.m.
<b>Location</b>	Computer Lab
<b>Session 1</b>	January 4-February 10
<b>Session 2</b>	February 15-March 31 (no class March 15 or 17)
<b>Session 3</b>	April 5-May 12
<b>Session 4</b>	May 17-June 9 (pro-rated session)
<b>Instructor</b>	Angeles Padilla
<b>Member Fee</b>	\$110
<b>Non-Member Fee</b>	\$132

### Island Kids Choir

Children will learn choral and vocal techniques in a varied repertoire, while exploring harmony, rhythm and instrumental accompaniment. In this class, your child will learn the basics of singing by focusing on singing on key, developing their voice, singing in unison and simple two-part music—in a fun environment. No auditions necessary!

<b>Ages</b>	5-11 years
<b>Days</b>	Thursdays
<b>Time</b>	4:30-5:30 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	January 6-February 10
<b>Session 2</b>	February 17-March 31 (no class March 17)
<b>Session 3</b>	April 7-May 12
<b>Session 4</b>	May 19-June 9 (pro-rated session)
<b>Instructor</b>	Angeles Padilla and Florencia Badino
<b>Member Fee</b>	\$90
<b>Non-Member Fee</b>	\$108



*Name*  
Silke Fritz

*Originally from*  
Merklingen, Germany

*How long have you lived on the key?*  
10 years

*Profession*  
Mom

*Hobbies*  
Reading, swimming and travelling

*Favorite activity/program at the Community Center*  
The Mommy & Me classes and the new Parenting Class (see pg. 26 for more information)

# Youth & Teen Programs



## Kids Make Music

Give your child the opportunity to make music just for the fun of it! In Kids Make Music, children will experience, explore and create musical possibilities in a non-stressful environment where performing is not required. With a little help, children will discover themselves as music makers through self and group expression. Adult participation is optional.

<b>Ages</b>	18 months-4 years
<b>Days</b>	Fridays
<b>Time</b>	4:00-4:45 p.m.
<b>Location</b>	Island Room

<b>Session 1</b>	January 7-February 11
<b>Session 2</b>	February 18-April 1 (no class March 18)
<b>Session 3</b>	April 8-May 27
<b>Instructor</b>	Angeles Padilla

<b>Member Fee</b>	\$90
<b>Non-Member Fee</b>	\$108

## Drama for Kids

Join the fantastic world of drama in this creative drama class and increase your public speaking skills and vocal ability in the process.

<b>Ages</b>	6-14 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	5:30-6:30 p.m.
<b>Location</b>	Island Room

<b>Session 1</b>	January 4-February 3
<b>Session 2</b>	February 8-March 10
<b>Session 3</b>	March 22-April 21
<b>Session 4</b>	April 26-May 26
<b>Instructor</b>	Clara Lago

<b>Member Fee</b>	\$80
<b>Non-Member Fee</b>	\$96



## Hip Hop Kidz & Teenz

Learn the latest hip hop choreography to the coolest music from shows like *So You Think You Can Dance* and *America's Best Dance Crew* in a fun, creative and easy-to-learn atmosphere. In this class your child will learn and understand musical beats and perform to awesome choreography as if they were dancing in their very own music video! Students will attain a heightened sense of self esteem and body awareness, make new friends and learn to work as a team. Don't miss out on this great dance education for your child where it's all about fun, fitness and hip hop dance! Pro-rating is not allowed for this class.

<b>Days</b>	Mondays (ages 7-10 years)
<b>Time</b>	6:30-7:30 p.m.
<b>Days</b>	Tuesdays (ages 11-17 years)
<b>Time</b>	6:00-7:30 p.m.
<b>Location</b>	Island Room

<b>Session 1</b>	January 3-February 8
<b>Session 2</b>	February 14-March 29 (no class March 14 or 15)
<b>Session 3</b>	April 4-May 10
<b>Session 4</b>	May 16-June 7 (pro-rated session)
<b>Instructor</b>	Hip Hop Kidz Inc.

<b>Member Fee</b>	\$90 (Monday class) \$135 (Tuesday class)
<b>Non-Member Fee</b>	\$108 (Monday class) \$162 (Tuesday class)

## BABYSITTER'S TRAINING COURSE

The American Red Cross will offer this training course to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care to children and infants. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, help children behave and learn about basic child care and first aid.

<b>Ages</b>	11-16 years
<b>Date</b>	Saturday, February 26
<b>Time</b>	9:00 a.m.-4:00 p.m.
<b>Location</b>	Adult Lounge
<b>Fee</b>	\$60



# Youth & Teen Programs

## EDUCATIONAL PROGRAMS

### Computers for Kids NEW!

Give your child a head start in learning computer skills and practicing important academic subjects. An experienced computer instructor will show students how to operate a computer and other related components such as child-friendly keyboards and drawing pads. Special programs will help students strengthen readiness skills in reading, math and other areas. Students will use top-rated educational software on special laptops in this dynamic, group-learning environment.

<b>Ages</b>	3-9 years
<b>Days</b>	Wednesdays
<b>Time</b>	4:00-5:00 p.m.
<b>Location</b>	Island Room
<b>Sessions</b>	January 5-May 25 (no class March 16)
<b>Instructor</b>	Laura Iglesias, Compumont
<b>Member Fee</b>	\$50 per month
<b>Non-Member Fee</b>	\$60 per month

### Reading Program for K-2 Graders

Closing the Gaps Learning Center offers a beginning reading class for students in kindergarten through second grade. This program is extensively researched and validated, with proven results. This specialized reading program explicitly teaches phonemic awareness, develops accuracy and fluency and builds vocabulary and comprehension. The instructional strategies minimize confusion and equip students to decode difficult words through an intensive review of phonics and word analysis strategies, preparing your child to develop a love of reading!

<b>Ages</b>	K-2 grades
<b>Days</b>	Mondays
<b>Time</b>	3:30-4:30 p.m.
<b>Days</b>	Wednesday
<b>Time</b>	3:00-4:00 p.m.
<b>Location</b>	Island Room
<b>Session</b>	January 10-March 9 (no class Jan. 17 or Feb. 21)
<b>Member Fee</b>	\$400 (16 classes/session)
<b>Non-Member Fee</b>	\$480 (16 classes/session)

### Circle of Friends NEW!

Introduce your child to a fun, interactive program designed to facilitate peer interaction and proficiency in social situations through creative expression and games. The program focuses on a different social theme weekly, such as relationships with peers, assertiveness/personal growth, problem-solving, etc. For questions or to receive more information, please call the Miami PsychCenter at 305-446-0333, visit [www.miamipsychcenter.com](http://www.miamipsychcenter.com) or e-mail [info@miamipsychcenter.com](mailto:info@miamipsychcenter.com).

<b>Ages</b>	7-12 years
<b>Days</b>	Fridays
<b>Time</b>	4:00-5:00 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	January 14-February 18
<b>Session 2</b>	March 4-April 15 (no class March 18)
<b>Instructor</b>	Miami PsychCenter
<b>Member Fee</b>	\$210
<b>Non-Member Fee</b>	\$250



*Name*  
Eduardo Herrera

*Originally From*  
Mexico City, Mexico

*How long have you lived on the Key?*  
3 years

*School*  
Key Biscayne K-8 Center

*Hobbies*  
Soccer and tennis

*Favorite activity/program at the Community Center*  
Gamerom, jungle gym and basketball

## OTHER PROGRAMS

### Homework Club

Catch up on class work or fine-tune your academic skills with this after school club.

<b>Ages</b>	Grades 1-8
<b>Days</b>	Mondays, Tuesdays and Thursdays
<b>Time</b>	3:30-4:30 p.m.
<b>Location</b>	Second Floor Lounge
<b>Member Fee</b>	Free
<b>Non-Member Fee</b>	\$6 per day

### Dodgeball Club

Have fun with this club for dodgeball fanatics.

<b>Ages</b>	Grades 3-8
<b>Days</b>	Wednesdays
<b>Time</b>	2:30 p.m.
<b>Location</b>	Gymnasium
<b>Fee</b>	Every child pays \$5 per month

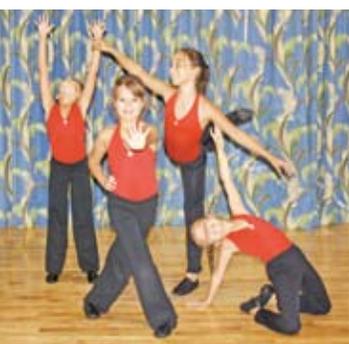
# Youth Dance Programs



## YOUTH DANCE COMPANY OF KEY BISCAIYNE

Let your daughter benefit from the confidence, grace, poise and discipline that the study of ballet will instill in her for a lifetime. Step by step, students will learn the basic jazz and ballet techniques. This program is directed by Susana Catturini, graduate of New World School of the Arts and the University of Florida, as well as a former member of the Momentum Dance Company. All classes will conclude with a stage performance at the end of session 3.

<b>Location</b>	Island Room
<b>Instructor</b>	Susana Catturini and Company Instructors
<b>Session 1</b>	January 3-February 24
<b>Session 2</b>	February 28-April 29 (no class Spring Break)
<b>Session 3</b>	May 2-June 9 (pro-rated session)
<b>Additional Fees</b>	\$50 yearly registration fee made payable to Susana Catturini Ballet, Inc. \$85 yearly costume fee made payable to Susana Catturini Ballet, Inc.



### CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4:00 p.m. Ballet I	3:30 p.m. Pre-Ballet	4:00 p.m. Ballet I	3:30 p.m. Pre-Ballet
5:00 p.m. Ballet III	4:30 p.m. Ballet II	5:00 p.m. Ballet III	4:30 p.m. Ballet II
6:00 p.m. Lyrical	5:30 p.m. Jazz	6:00 p.m. Jazz	5:30 p.m. Jazz

## Pre-Ballet

This program is specially designed to provide children with a strong foundation in dance and movement. It teaches the young dancer basic vocabulary and basic ballet technique at the barre, in the center and across the floor.

<b>Ages</b>	3-4 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:30-4:30 p.m.
<b>Member Fee</b>	\$200
<b>Non-Member Fee</b>	\$240

## Ballet I

Students will explore and develop an understanding of the vocabulary, technique and theoretical concepts of ballet.

<b>Ages</b>	5-6 years
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	4:00-5:00 p.m.
<b>Member Fee</b>	\$200
<b>Non-Member Fee</b>	\$240

## Ballet II and Jazz

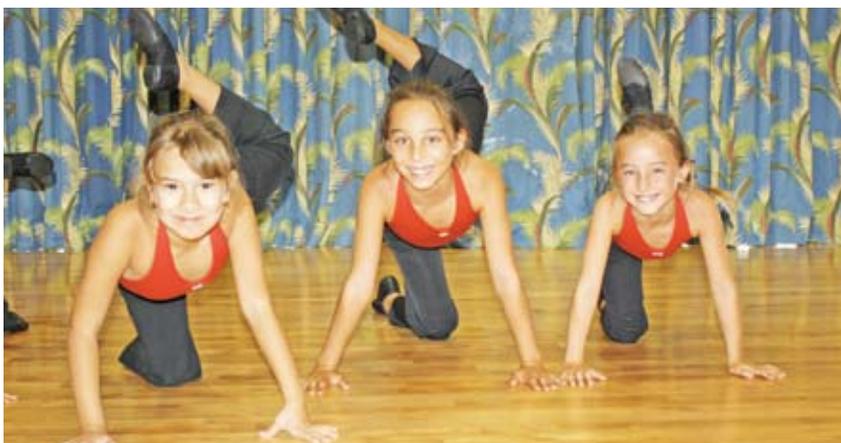
Explore ballet techniques with emphasis on precision of lines and exactness of movement. Jazz will be taught right after ballet. Girls will apply ballet techniques to several jazz styles.

<b>Ages</b>	7-9 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:30-5:30 p.m. (Ballet only) 4:30-6:00 p.m. (Ballet and Jazz)
<b>Member Fee</b>	\$200 (Ballet only) or \$250 (Ballet and Jazz)
<b>Non-Member Fee</b>	\$240 (Ballet only) or \$300 (Ballet and Jazz)

## Ballet III, Lyrical and Jazz

Show off your ballet technique and apply it to free dance styles: lyrical and jazz. This class is designed to improve ballet techniques, including pointe, as well as to learn several dance combinations.

<b>Ages</b>	10 years and up
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	5:00-6:30 p.m.
<b>Member Fee</b>	\$250
<b>Non-Member Fee</b>	\$300



# Youth Dance Programs

## DANCING STARS BY MARIA VERDEJA SCHOOL OF THE ARTS

The Maria Verdeja School of the Arts proudly offers its ever-popular “Dancing Stars” dance program at the Community Center. Here, dancers can choose from a wide variety of classes that teach various dance techniques including classical ballet, lyrical and jazz. Established in 1986, this program is known for its curriculum that helps strengthen dancers’ technique and helps them develop a sense of confidence and increased self-esteem through the classes based on her discretion.

### Classical Ballet

Considered the foundation to all dance forms, Classical Ballet is the contrast between strong leg movements and the graceful upper body that creates its beauty. Participants in the program are required to take ballet twice a week.

### Lyrical Dance

This class is the fusion of ballet and jazz techniques. Here dancers use motion to interpret music and express emotion.

### Jazz

This exciting form of dance is set to pop music where dancers show off skills such as high kicks and large jumps in an energetic way.



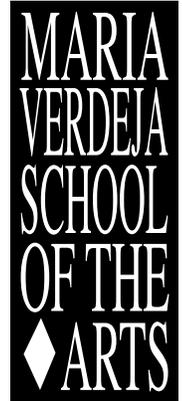
### Group Descriptions

- Blue** Pre-K3, Pre-K4 and Kindergarten  
*Ballet Only*
- Lime** 1st and 2nd grades  
*Ballet and Jazz 3*
- Teal** 3rd, 4th and 5th grades  
*Ballet, Jazz 4 and Lyrical*
- Burgundy** 6th grade and up  
*Ballet, Jazz 4 and Lyrical*
- Pointe** Students will be placed in this class at the director’s discretion

*Note: All classes will take place in the Island Room.*

### Session Dates and Fees

- Session 1** January 3-February 24
- Session 2** February 28-April 29  
(no class during Spring Break)
- Session 3** May 2-June 9 (pro-rated session)
- Member Fee**
  - 1 class/week (8 hours total) \$120 per session
  - 2 classes/week (16 hours total) \$200 per session
  - 3 classes/week (24 hours total) \$250 per session
  - 4 classes/week (32 hours total) \$320 per session
  - 5 classes/week (40 hours total) \$355 per session
- Non-Member Fee**
  - 1 class/week (8 hours total) \$144 per session
  - 2 classes/week (16 hours total) \$239 per session
  - 3 classes/week (24 hours total) \$299 per session
  - 4 classes/week (32 hours total) \$320 per session
  - 5 classes/week (40 hours total) \$426 per session



### Additional Fees

- \$50 yearly registration fee made payable to Maria Verdeja
- \$95 yearly costume fee made payable to Maria Verdeja

### DANCING STARS CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4:00 p.m. BALLET Blue	4:00 p.m. BALLET Lime	3:30 p.m. BALLET Blue	4:00 p.m. BALLET Lime
5:00 p.m. BALLET Burgundy	5:00 p.m. POINTE II	4:30 p.m. BALLET Burgundy	5:00 p.m. JAZZ 3
6:00 p.m. JAZZ 4	6:00 p.m. BALLET Teal	5:30 p.m. LYRICAL	6:00 p.m. BALLET Teal

# Broadway Musical Theatre Program



## BROADWAY MUSICAL THEATRE PROGRAM

The Broadway Musical Theatre Program is based on the interplay between the various elements of musical theatre where children learn to dance, act and sing. Each class will consist of the technical aspects of ballet, jazz, tap and improvisation to learn the various styles and choreographies of Broadway's most famous musicals. Through this interplay, children will learn to successfully interpret some of Broadway's most memorable musicals. The program will conclude with a live theatrical performance.

<b>Session Dates</b>	January 17-May 14 (16-week session; no class Spring Break)
<b>Location</b>	Dance Studio
<b>Instructors</b>	Angelica Torres and Workshop Instructors

<b>Member Fee</b>	\$510
<b>Non-Member Fee</b>	\$610

*Note: Program includes 32 hours of class plus 8 hours of rehearsals for a total of 40 hours.*

## Broadway Group 1

<b>Ages</b>	4 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:15-4:00 p.m.

## Broadway Group 2

<b>Ages</b>	5-6 years
<b>Days</b>	Mondays and Fridays
<b>Time</b>	2:30-3:30 p.m.

## Broadway Group 3

<b>Ages</b>	6 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:00-5:00 p.m.

## Broadway Group 4

<b>Ages</b>	7-8 years
<b>Days</b>	Mondays and Fridays
<b>Time</b>	3:30-4:30 p.m.

## Broadway Group 5

<b>Ages</b>	9-12 years
<b>Days</b>	Wednesdays and Fridays
<b>Time</b>	4:30-5:30 p.m.

## Broadway Musical Theatre Advanced

These intensive classes (Pre-Advanced, Advanced Broadway and Company) are designed for students with strong skills in at least two areas: singing, dancing or acting.

*Note: These classes are by invitation only.*

<b>Session Dates</b>	January 17-May 14 (16-week session; no class Spring Break)
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## Broadway Pre-Advanced

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:00-5:30 p.m.

<b>Member Fee</b>	\$540
<b>Non-Member Fee</b>	\$645

## Broadway Advanced Group I

<b>Days</b>	Wednesdays
<b>Time</b>	3:00-4:30 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	12:30-1:30 p.m.

*Note: Program includes 40 hours of class plus 16 hours of rehearsals and voice training for a total of 56 hours.*

<b>Member Fee</b>	\$540
<b>Non-Member Fee</b>	\$645

## Broadway Advanced Group II

<b>Days</b>	Mondays
<b>Time</b>	4:30-5:30 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	1:30-3:00 p.m.

*Note: Program includes 40 hours of class plus 60 hours of rehearsals and voice training for a total of 100 hours.*

<b>Member Fee</b>	\$570
<b>Non-Member Fee</b>	\$680

## SAVE THE DATE!

This year's Broadway Musical Theatre show will take place April 29-May 1, 2011. You won't want to miss this spectacular performance. Please visit [www.BroadwayMusicalTheatre.com](http://www.BroadwayMusicalTheatre.com) for updates and additional information.



# Broadway Musical Theatre Program

## Company

Company group is designed for students 13 to 21 years of age with a good level of singing, acting and dancing experience. Students also should have prior experience in musical theatre. This class meets on Saturdays for two hours and a half and includes a one-hour Acting Workshop on Thursdays. *Note: Participants must be approved by instructor before registering for this class.*

<b>Session Dates</b>	January 17-May 14 (16-week session; no class Spring Break)
<b>Location</b>	Dance Studio
<b>Days</b>	Saturdays
<b>Time</b>	1:30-4:30 p.m.
<b>Member Fee</b>	\$570
<b>Non-Member Fee</b>	\$680

## Broadway Voice

In this class, the latest and greatest songs from Broadway are used to teach singing technique. Participants use these songs to learn the basics of solfege (just think do-re-mi), proper vocal technique (breath support and vowel formation) and sight-reading skills. Basic vocal techniques will include positive breathing habits, posture, diction, phrasing and interpretation of song literature.

<b>Session Dates</b>	January 29-May 7 (14-week session; no class March 19)
<b>Location</b>	Island Room
<b>Days</b>	Saturdays
<b>Ages</b>	5-6 years
<b>Time</b>	10:30-11:30 a.m.
<b>Ages</b>	7-9 years
<b>Time</b>	11:30 a.m.-12:30 p.m.
<b>Ages</b>	10 years and up
<b>Time</b>	12:30-1:30 p.m.
<b>Member Fee</b>	\$250
<b>Non-Member Fee</b>	\$295



## Broadway Musical Theatre Adults

This class is back by popular demand! This is an open call for adults to get ready to have a wonderful time learning tap, jazz and ballet focusing on musical theatre and singing. At the end of the course you will take part in a full production (past productions include *Mamma Mia* and *Chicago*) and become part of our famous Broadway family.

<b>Session Dates</b>	January 29-May 7 (14-week session; no class March 16)
<b>Location</b>	Dance Studio
<b>Days</b>	Wednesdays
<b>Time</b>	12:00 noon-1:30 p.m.
<b>Member Fee</b>	\$300
<b>Non-Member Fee</b>	\$354



# Winter & Spring Break Camps



## MARINE BIOLOGY CAMPS

Professor Loisel has taught marine biology to students of all ages for over three decades and is the former host of the PBS television series *Marine Aquarium World*. During this camp, participants will study the sea grass community, visit the lab at the University of Miami Rosenstiel School of Marine and Atmospheric Science, explore the intertidal zone at Bear Cut, learn about dangerous marine animals and take a trip to the Miami Seaquarium.

<b>Dates</b>	December 20-24 and March 14-18 (Monday-Friday)
<b>Ages</b>	8-14 years
<b>Time</b>	9:00 a.m.-1:00 p.m.
<b>Location</b>	Community Center
<b>Instructor</b>	Gerard Loisel
<b>Member Fee</b>	\$159 per week
<b>Non-Member Fee</b>	\$189 per week

Registration is available at the front desk of the Community Center.

## FLAG FOOTBALL CAMPS

Tony Goudie brings his legendary football camp to Key Biscayne once again. Participants will learn the basics of football, as well as position specific skills they will be able to use on the gridiron. There will be daily games and other fun activities to help kids play in a team setting.

<b>Dates</b>	December 20-24; December 27-31; March 14-18 (Monday-Friday)
<b>Ages</b>	5-14 years
<b>Time</b>	9:00 a.m. - 1:00 p.m.
<b>Location</b>	Community Center & Village Green
<b>Instructor</b>	Tony Goudie
<b>Member Fee</b>	\$125 per week
<b>Non-Member Fee</b>	\$150 per week



## RAT'S DAY OFF

When Key Rats are off from school, they can spend the day having fun in a safe environment. Each full-day program offers a variety of activities, which may include computer lab, movies, arts and crafts, games, sports, swimming, field trips and much more. Enrollment is limited so register early! And remember to pack a lunch since lunch is not included.

<b>Ages</b>	K-8 grades
<b>Dates</b>	Friday, January 21 Friday, February 18 Monday, April 4 Friday, April 22 Friday, June 10
<b>Time</b>	8:00 a.m.-3:00 p.m.

<b>Member Fee</b>	\$20 per day
<b>Non-Member Fee</b>	\$25 per day



## WINTER CAMP

<b>Dates</b>	Monday-Friday, Dec. 20-24 Monday-Friday, Dec. 27-31
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## SPRING CAMP

<b>Dates</b>	Monday-Friday, March 14-16
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## ATHLETICS

Welcome to another great season of Key Biscayne Spring Baseball! This fun-filled season will provide children with the skills to play recreational or travel baseball and softball. Program prices include uniforms, trophies, umpires, opening/closing day celebrations, and more.

### Save the Date

Opening Day Celebration and First Games to take place on Saturday, March 5, 2011.

### Boys Recreational Baseball

Registration runs January 17-February 27, 2011. Evaluation dates in March will be announced.

### T-Ball

<b>Ages</b>	5-7 years
<b>Fee</b>	\$185

### Coach Pitch

<b>Ages</b>	7-9 years
<b>Fee</b>	\$250

### Mustang

<b>Ages</b>	10-12 years
<b>Fee</b>	\$250

### Bronco

<b>Ages</b>	13-14 years
<b>Fee</b>	\$250 (subject to number of players registered)

### Girls Recreational Softball

Registration runs January 17-February 27, 2011. Evaluation dates in March to be announced.

### Junior Softball

<b>Ages</b>	9-12 years
<b>Fee</b>	\$250

### Senior Softball

<b>Ages</b>	13-14 years
<b>Fee</b>	\$250

## American Gymsters

<b>Days</b>	Tuesdays
<b>Times</b>	Beginners: 4:00-5:00 p.m. Intermediate: 5:00-6:00 p.m. Advanced: 6:00-7:30 p.m. Pre-Team: 6:00-7:30 p.m.

<b>Days</b>	Saturdays
<b>Times</b>	Beginners: 9:00-10:00 a.m. Intermediate: 9:00-10:00 a.m. Advanced: 10:00-11:30 a.m. Pre-Team: 10:00-11:30 a.m. Boys: 11:30 a.m.-12:30 p.m.

<b>Session 1</b>	January 25-April 2
<b>Session 2</b>	April 5-June 11

### Fees (10 weeks per session)

#### Beginners and Intermediate

<b>1 x per week</b>		<b>2 x per week</b>	
<b>Members</b>	\$270	<b>Members</b>	\$440
<b>Non-members</b>	\$324	<b>Non-members</b>	\$528

#### Advanced and Pre-Team

<b>1 x per week</b>		<b>2 x per week</b>	
<b>Members</b>	\$320	<b>Members</b>	\$450
<b>Non-members</b>	\$384	<b>Non-members</b>	\$540

#### Boys

<b>1 x per week</b>	
<b>Members</b>	\$250
<b>Non-members</b>	\$300

#### Additional insurance

**payment:** \$50 per year (made payable to American Gymsters)



## Key Biscayne Basketball Academy

Why sit courtside when you can take part in this action-packed basketball program? Taught by Coach Tony Goudie, practices begin Monday, January 3. So don't wait. Sign up today. Each session is four weeks/eight practices.

<b>Days</b>	Mondays and Fridays
<b>Times</b>	
<b>Beginners</b>	3:00-4:00 p.m.
<b>Intermediate</b>	4:00-5:00 p.m.
<b>Advanced</b>	5:00-6:00 p.m.

<b>Session</b>	January 3-June 10
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<b>Member Fee</b>	\$100 per 4 weeks
<b>Non-Member Fee</b>	\$120 per 4 weeks



# Team Key Aquatics



If you love swimming and are willing to work hard to improve on the skills necessary to take your water polo game to the next level, then Team Key Aquatics (TKA) is definitely for you. TKA is a dynamic aquatic program dedicated to the future of its athletes. While having fun, TKA develops its athletes' potential through fundamental swimming and water polo skills. TKA will further strengthen each swimmer's athletic arsenal by preparing him or her for high school swimming and water polo teams.

## Programs and Training Schedules

Winter/Spring 2011 Sessions: January 3-June 10

### Beginner I & II Crew

Beginner Crew swimmers are introduced to Water polo as a fun sport. They are coached on basic Water polo techniques and are taught entry level drills and exercises. The love and passion for Water polo is introduced at this level.

<b>Days</b>	Mondays, Wednesdays and Fridays
<b>Time</b>	3:15-3:45 p.m. or 5:45-6:30 p.m.
<b>Days</b>	Tuesdays, Thursdays and Fridays
<b>Time</b>	3:15-3:45 p.m. or 5:45-6:30 p.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)

### Intermediate Crew

Intermediate Crew swimmers emphasize proper Water polo techniques as well as speed work and interval training. This group begins to apply all four strokes learned in the fall season with more emphasis on Water polo technique. Aerobic conditioning drills are introduced in this group.

<b>Days</b>	Mondays, Wednesdays and Fridays
<b>Time</b>	3:50-4:35 p.m.
<b>Days</b>	Tuesdays, Thursdays and Fridays
<b>Time</b>	3:50-4:35 p.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)

### Advanced Crew

Advanced Crew swimmers increase their exercise load to one hour per practice and begin to work on game strategy and advanced speed and interval training. This group emphasizes specific stroke and drill techniques and focuses in greater detail on aerobic conditioning.

<b>Days</b>	Mondays, Wednesdays and Fridays
<b>Time</b>	4:40-5:40 p.m.
<b>Days</b>	Tuesdays, Thursdays and Fridays
<b>Time</b>	4:40-5:40 p.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)

### TKA Masters

Swimmers in TKA Masters pride themselves on swimming better and faster. Swimmers here benefit from interval and speed based workouts as well as stroke technique training. This group takes advantage of being able to swim two times per day.

<b>Days</b>	Mondays, Tuesdays, Wednesdays and Thursdays
<b>Time</b>	9:00-10:15 a.m. and 6:45-8:05 p.m.
<b>Member Fee</b>	\$100 (4 weeks)
<b>Non-Member Fee</b>	\$120 (4 weeks)

*Note: Practice days and times are subject to change.*

### Interested in joining TKA?

Please contact Coach Coach Gaby at 786-200-6717 prior to registering.



## WILD ABOUT WATER POLO

Donning gold dolphin earrings and a winning smile, it's obvious Guillermina Pons feels at home in the water.

Her passion for the wet stuff eventually led her to the Community Center pool where swimming and practicing water polo are now two essential pastimes for the athletic 12-year-old, who entered seventh grade this fall.

Water polo has become a surprisingly enjoyable sport for Pons, one that takes swimming to another level, she says. Pons also enjoys playing tennis and running, but water-based sports still seem to be her favorite athletic diversion.

"At TKA, we're like a big family. Swimming with the team has helped me gain endurance, and I swim a lot faster now too," she says. "Some of the younger kids think swimming is boring, but when they see us playing water polo they say 'that looks like fun.'"



# Swim Kids Swimming School

## Winter/Spring 2011 Sessions: January 3-June 10

### Parents & Me: Ages 4-24 months

Ideal for babies, this Parents & Me class is an opportunity for parents to spend quality time with their children. The instructor will introduce basic swimming and water survival skills.

### Turtles: Ages 2-3 years

Toddlers will be introduced to the basics of swimming and later learn freestyle strokes such as arrows, circles, airplanes, as well as dolphin and frog kicks.

### Jellyfish: Ages 4-6 years

Once basic swimming and survival skills are mastered, children will learn fun mini-strokes such as arrows, circles, airplanes, back float, front float, dolphin and frog kicks.

### Dolphins: Ages 7-9 years

The emphasis at this level will be on timing and swimming strokes.

### Sharks: Ages 10 years and up

Advanced strokes are introduced at this level and then developed and refined, preparing the child for competition and a lifetime of physical endurance and fitness.

### Adult Classes: Ages 18 years and up

It's never too late to learn or refresh your swimming skills. Swim Kids offers private and group swimming lessons for adults as well.

## Class Options and Fees

### Private Lessons

(1 Swimmer/1 Instructor/8 Lessons)

**Class Duration:** 30 minutes

**Member Fee** \$320

**Non-Member Fee** \$384

### Semi-Private Lessons

(2 Swimmers/1 Instructor/8 Lessons)

**Class Duration:** 30 minutes

**Member Fee** \$180

**Non-Member Fee** \$225

### Group Lessons

(3-10 Swimmers/1 Instructor/4 week session)

**Class Duration:** 30-40 minutes

#### Once per week

**Member Fee** \$80

**Non-Member Fee** \$96

#### Twice per week

**Member Fee** \$140

**Non-Member Fee** \$168

#### Three times per week

**Member Fee** \$180

**Non-Member Fee** \$216

#### Four times per week

**Member Fee** \$224

**Non-Member Fee** \$268



### Necessary Equipment

Bathing suit, bathing cap and goggles.

### Make-Up Policy

All classes must be cancelled in advance. If the lesson cannot be attended, we require notice before 9:00 a.m. Make-up classes can be scheduled on the last Friday of the month, which has been reserved for make-ups.

For questions or more information, please call Swim Kids at 305-262-SWIM (7946) or log on to [www.swimkidschool.com](http://www.swimkidschool.com).

## GROUP LESSONS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		10:30 a.m. Adult Class		9:00 a.m. Adult Class	10:45 a.m. Parents & Me
		11:30 a.m. Parents & Me		10:00 a.m. Parents & Me	11:15 a.m. Turtles
3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles	11:45 a.m. Jellyfish
3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	12:15 p.m. Dolphins/Sharks
4:00 p.m. Dolphins	4:00 p.m. Dolphins	4:00 p.m. Dolphins	4:00 p.m. Dolphins	4:00 p.m. Dolphins	
4:40 p.m. Sharks	4:40 p.m. Sharks	4:40 p.m. Sharks	4:40 p.m. Sharks	4:40 p.m. Sharks	



## EMPOWERING YOGA BY VERO YOGA & CO.

Empower yourself, get strong and get in shape, while bringing freedom to your mind with this empowering yoga program. Three different classes are available. All levels are welcome. For more information, please visit [www.VeroYoga.com](http://www.VeroYoga.com).

- Member Fee** \$18 per class or \$130 per ten-class punch pass
- Non-Member Fee** \$21 per class or \$160 per ten-class punch pass

### Easy Flow

A gentle, restorative and invigorating yoga practice. This sequence aims to retain the vitality of the body by oxygenating and rejuvenating every cell of your system. It also helps promote total physical and mental well-being. Pre-natal yoga practitioners are welcome.

### Flow

A new level of “Vero Yoga” practice, this sequence allows participants to flow with grace while synchronizing the breath with a progressive series of postures that produce internal heat, toning all muscles and organs, as well as calming the mind. *(Note: This class is more dynamic than the Easy Flow class and less intense than the Multi-Level class.)*

### Multi-Level I and II

An intense and stimulating style of yoga, this class uses the Vinyasa-style (breathing intensive) of yoga. It's physically demanding practice due to the constant movement from one pose to the next. The result is often improved circulation, a light and strong body and a calm mind.

## VERO YOGA & CO. SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level II Veronica	8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level II Veronica	8:30 a.m. Easy Flow Veronica
12:30 p.m. Multi-Level I Veronica	11:00 a.m. Flow Angeles			
6:00 p.m. Kids Yoga Claudia				

**Classes are 90 minutes and held in the Island Room.**  
**All classes cancelled: Wednesday, December 22 through Sunday, January 2**

## VERO YOGA FOR KIDS

In this class, kids will develop strong, limber and healthy bodies while cultivating self-esteem, increasing focus and concentration—all in a playful environment. Children also will learn how to cope with life stressors and how to effectively relax and sleep better.

- Ages** 7-11 years
- Days** Mondays
- Time** 6:00-7:00 p.m.
- Location** Arts & Crafts Room
- Member Fee** \$100 for ten classes (\$12 per class)
- Non-Member Fee** \$120 for ten classes (\$14 per class)

## MEDITATION & BREATHING WORKSHOP

Join us on the first Monday of every month and learn to release physical tension and mental anxiety. You will improve concentration and enjoy better health through ancient meditation and breathing techniques.

- Dates** Mondays, 2/7, 3/7, 4/4, 5/2
- Time** 7:00-8:00 p.m.
- Location** Island Room
- Instructor** Veronica Vidal
- Member Fee** \$17
- Non-Member Fee** \$20

## INTRO TO YOGA CLASS

This four-week beginner's series is the perfect introduction to the practice of yoga. Participants will learn that everybody can do yoga, regardless of age, weight or physical condition. Class fee includes a free Easy Flow or Flow class.

- Dates** Wednesdays: 3/2, 3/9, 3/16 & 3/23
- Time** 10:00-11:15 a.m.
- Location** Island Room
- Instructor** Wendy Murton
- Member Fee** \$70
- Non-Member Fee** \$85

## YOGA CLASSES

Considered both physical and mental therapy, practicing yoga has numerous benefits including improving flexibility, strength and muscle tone as well as managing stress and preventing disease. As a Community Center member, why not sign up for one of our cost-effective yoga classes and start reaping the health benefits today? No previous experience is required.

<b>Ages</b>	16 years and up
<b>Member Fee</b>	\$8 per class
<b>Non-Member Fee</b>	\$15 per class

### Yoga with Arbey

You'll break a sweat in this fun and challenging class that will help you build strength and flexibility of both body and mind. Each class is designed with a combination of asanas from various styles of yoga.

<b>Days</b>	Mondays, Wednesdays and Fridays
<b>Time</b>	10:00-11:30 a.m.
<b>Instructor</b>	Arbey Quiceno

### Gentle Yoga

This class focuses on the basic fundamental posture of yoga. It combines breath and movement to build strength and flexibility. No previous experience is required.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	9:30-11:00 a.m.
<b>Instructor</b>	Jenny Ryan

### Moderate Yoga

A perfect balance between our Gentle Yoga and Power Yoga classes, intermediate yoga practitioners will feel right at home in this class.

<b>Days</b>	Wednesdays
<b>Time</b>	7:00-8:30 p.m.
<b>Instructor</b>	Kerstin Eskeli

### Power Yoga (Multi-Level)

This Dharma Mittra style class is designed to build a strong foundation to advance in balancing, back-bending, twisting and inversions. All levels are welcome. Wear loose clothing that stretches.

<b>Days</b>	Mondays (7:00-8:30 p.m.)
<b>Days</b>	Saturdays (9:30-11:00 a.m.)
<b>Instructor</b>	Kerstin Eskeli



## FITNESS YOGA FOR TEENS

This new class for teens ages 12 and up will provide a fun and exciting way to experience fitness and yoga. Students will increase their self-esteem and fitness level through a variety of high-energy activities. If weather permits, some activities will take place outside. Instructor is an AFPA certified Children's Fitness Specialist and yoga teacher. Pre-registration is required.

<b>Ages</b>	12 years and up
<b>Days</b>	Thursdays
<b>Time</b>	6:00-7:00 p.m.
<b>Location</b>	Island Room
<b>Sessions</b>	Every eight weeks beginning January 6
<b>Instructor</b>	Kerstin Eskeli
<b>Member Fee</b>	\$104/session or \$18/class
<b>Non-Member Fee</b>	\$124/session or \$21/class

## COMPLETE YOGA SCHEDULE

Classes are 90 minutes and held in the Island Room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30 a.m. Easy Flow Yoga Vero Yoga & Co.	8:30 a.m. Multi-Level II Yoga Vero Yoga & Co.	8:30 a.m. Easy Flow Yoga Vero Yoga & Co.	8:30 a.m. Multi-Level II Yoga Vero Yoga & Co.	8:30 a.m. Easy Flow Yoga Vero Yoga & Co.		
10:00 a.m. Yoga Arbey	9:30 a.m. Gentle Yoga Jenny	10:00 a.m. Yoga Arbey	9:30 a.m. Gentle Yoga Jenny	10:00 a.m. Yoga Arbey	9:30 a.m. Power Yoga Kerstin	
12:30 p.m. Multi-Level I Yoga Vero Yoga & Co.	11:00 a.m. Flow Yoga Vero Yoga & Co.					
6:00 p.m. Kids Yoga Vero Yoga & Co.			6:00 p.m. Teen Yoga Kerstin			
7:00 p.m. Power Yoga Kerstin		7:00 p.m. Moderate Yoga Kerstin				

# Senior Fitness Programs and Classes



## Name

Gabrielle Ottavio

## Originally from

Benevento, Italy

## How long have you lived on the Key?

Over 10 years

## Profession

Consultant/Entrepreneur

## Hobbies

Community volunteering (Adrienne Arsht Center, American Cancer Society), nutrition, cooking, fitness, dancing and swimming.

## Favorite activity/program at the Community Center

The exercise classes, movies and community meetings. "I love teaching Zumba classes. The reason is simple: Zumba combines fitness and international rhythms together making every class feel like a party! Come join me and you'll see what I mean. Just follow my lead. It's easy!"

## Zumba Gold

**NEW!**

This Latin-inspired dance fitness program provides the participant with a safe and effective total body workout. Its lower impact and easy-to-follow routines include merengue, salsa, cumbia, bellydance, flamenco and tango. No prior dance experience is required.

<b>Days</b>	Tuesdays
<b>Time</b>	2:00 p.m.
<b>Days</b>	Fridays
<b>Time</b>	1:00 p.m.
<b>Location</b>	Island Room

<b>Session 1</b>	January 4-February 25
<b>Session 2</b>	March 1-April 22
<b>Instructor</b>	Gabrielle Ottavio

<b>Member Fee</b>	\$64 (once/week)/ \$99 (twice/week)
<b>Non-member Fee</b>	\$77 (once/week)/ \$118 (twice/week)

## Enhance Fitness

This low-cost, evidenced-based exercise program helps older adults (over 60) at all levels of fitness become more active, energized and empowered to sustain independent lives. Based on solid research and tested at over 80 sites nationwide, Enhance Fitness focuses on stretching, flexibility, balance, low impact aerobics and strength training exercises.

<b>Days</b>	Mondays, Wednesdays and Fridays
<b>Times</b>	2:00-3:00 p.m. and 5:30-6:30 p.m.
<b>Location</b>	Community Room (1st floor, Village Hall)

<b>Session 1</b>	Jan. 3- April 22
<b>Session 2</b>	April 25-August 12
<b>Instructor</b>	Marilyn Myles

<b>Fee</b>	\$96 (16 weeks)
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## Have a Ball!

This beginner movement class will allow you to strengthen, tone and increase your overall flexibility and balance.

<b>Days</b>	Mondays (Gym) and Wednesdays (Dance Studio)
<b>Time</b>	10:00 a.m.
<b>Session</b>	Ongoing
<b>Instructor</b>	Marilyn Myles
<b>Fee</b>	\$8 per class or group exercise pass

## Splash! Water Workout

Splash your way into fitness with this fun and exciting water workout designed to be easier on your joints. Get fit in the pool while increasing your overall endurance and strength.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	10:30-11:30 a.m.
<b>Location</b>	Pool

<b>Session 1</b>	January 3-February 10
<b>Session 2</b>	February 15-March 24
<b>Session 3</b>	April 5-May 12
<b>Session 4</b>	May 17-June 23
<b>Instructor</b>	Marilyn Myles

<b>Member Fee</b>	\$120
<b>Non-Member Fee</b>	\$135

## Oriental Exercises: Elements of Tai-Chi & More

People of all ages can learn and benefit from the gentle turning and stretching movements of these self-regulated exercises, which can be adapted to any level of ability.

<b>Day</b>	Thursdays (Island Room) and Sundays (Village Green)
<b>Time</b>	8:30 a.m.
<b>Session</b>	Starts January 6
<b>Instructors</b>	Marius Robinson & Steven Minor
<b>Fee</b>	Free

# Fitness Programs and Classes

## TRIATHLON TEAM-ADULTS

This program is designed with individual athletes in mind. Participants, who are guaranteed optimal results, will receive weekly training sessions, including swim sessions, bike sessions and running sessions. For more information, call Coach Vargas or Lilly at 786-366-5329 or visit [www.TeamTrainer.us](http://www.TeamTrainer.us).

### Elite Plan

Depending on the sport of your choice, this plan includes training plans, assistance via email and technical supervision two times per week.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	6:30-7:45 a.m.
<b>Member Fee</b>	\$135 per month
<b>Non-Member Fee</b>	\$160 per month

### Plus Plan

The plan (which is comprised of two swim sessions, one bike session and one running session) includes a weekly online training plan, support via email and phone, technical supervision four times per week.

<b>Days</b>	Tuesdays and Thursdays (swim)
<b>Time</b>	6:30-7:45 a.m. and 7:45-8:45 p.m.
<b>Days</b>	Wednesdays (run)
<b>Time</b>	6:45-8:00 p.m.
<b>Days</b>	Fridays or Saturdays (bike)
<b>Time</b>	TBA
<b>Member Fee</b>	\$270 per month
<b>Non-Member Fee</b>	\$318 per month

## TRIATHLON TEAM-YOUTH

Young aspiring athletes will become inspired and motivated with this new program. Youth and teens between the ages of 6 and 15 will train in endurance sports such as running, biking and swimming. Based on their age and athletic ability, they will be divided into three categories to compete in 50-300 yards of swimming, two to eight miles of biking, and 500 yards to two miles of running.

<b>Days</b>	Mondays, Wednesdays and Thursdays
<b>Time</b>	5:45-6:45 p.m. (combining sports daily)
<b>Member Fee</b>	\$140 per month (2 times per week)
<b>Non-Member Fee</b>	\$172 per month
<b>Member Fee</b>	\$175 per month (3 times per week)
<b>Non-Member Fee</b>	\$195 per month



# Group Exercise Information



## GROUP EXERCISE GENERAL INFORMATION

- Always bring a sweat towel and water bottle to class.
- You must be at least 15 years of age to participate in a group exercise class.
- Bring your valid punch pass along with your ID to class.
- Always sign in when you attend a class.
- Classes may fill up quickly (especially bike classes) so make sure to arrive a few minutes early. Please do not enter a class in progress unless the instructor has indicated that you can do so.
- Please wear appropriate clothing and footwear for the class you are attending.
- Yoga mats will be available for use. If you practice yoga regularly, you may want to consider purchasing a mat.

## Group Exercise Pass Prices

Single: \$8 for members, \$15 for non-members  
(includes guest fee)

5 Pack: \$29 for members

10 Pack: \$50 for members

20 Pack: \$85 for members

Packages are not valid for yoga classes or non-members.

## Class Descriptions

**Body Sculpting**—Body bars, hand weights and balls are used in this 55-minute class to tone all the major muscles in your body and increase muscle endurance.

**Kickboxing**—This intense, total-body workout combines aerobics, cardiovascular and body toning to help improve strength, aerobic fitness, flexibility, coordination and balance.

**Spinning**—The ultimate indoor cycling experience. You control the resistance and cadence to make the class as challenging as you need it to be! *First-time participants should arrive early.*

**Latin**—Work out Latin style with dance moves. An excellent class for all fitness levels and dance skill levels.

**Step**—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing just the step. This class is moderate-to-high intensity with some abdominal work.

**Water Exercise**—Water exercise is a wonderful low-impact alternative to traditional land exercise programs. It is ideal for people with arthritis and those recovering from injuries, as well as anyone looking for a good workout.

**Zumba**—High energy and motivating music with unique moves and combinations makes this a fun and easy workout!

GROUP EXERCISE SCHEDULE: JANUARY 3-JUNE 10							Classes are 55 minutes and are held in the Dance Studio	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
6:15 a.m. Spinning <i>Sergio</i>	7:00 a.m. Spinning <i>Jennifer</i>	6:15 a.m. Spinning <i>Sergio</i>	7:00 a.m. Spinning <i>Jennifer</i>					
8:00 a.m. Spinning <i>Jennifer</i>	8:00 a.m. Brazilian Sculpt <i>Marquinho</i>	8:00 a.m. Spinning <i>Jennifer</i>	8:00 a.m. Brazilian Sculpt <i>Marquinho</i>	8:00 a.m. Spinning <i>Marilyn</i>	8:15 a.m. Spinning <i>Marquinho</i>			
9:00 a.m. Step <i>Jennifer</i>	9:00 a.m. Spin/Sculpt <i>Jennifer</i>	9:00 a.m. Step/Sculpt <i>Jennifer</i>	9:00 a.m. Step <i>Jennifer</i>	9:00 a.m. Step/Sculpt <i>Jennifer</i>	9:15 a.m. Brazilian Sculpt <i>Marquinho</i>			
10:00 a.m. Body Sculpting <i>Jennifer</i>	10:00 a.m. Latin <i>Jennifer</i>	10:00 a.m. Have a Ball!-Senior Class <i>Marilyn</i>	10:00 a.m. Body Sculpting <i>Jennifer</i>	10:00 a.m. Latin <i>Jennifer</i>	10:15 a.m. Step <i>Jennifer</i>			
10:00 a.m. Have a Ball!-Senior Class <i>Marilyn</i>	11:00 a.m. Zumba <i>Huayla</i>	11:00 a.m. Brazilian Sculpt <i>Marquinho</i>	11:00 a.m. Zumba <i>Huayla</i>	11:00 a.m. Brazilian Sculpt <i>Marquinho</i>	11:15 a.m. Zumba <i>Huayla</i>	11:00 a.m. Video Spin <i>Linda</i>		
11:00 a.m. Spinning <i>Marquinho</i>	6:00 p.m. "The Ride" Spinning <i>Arturo</i>	5:45 p.m. Zumba <i>Huayla</i>	6:00 p.m. "The Ride" Spinning <i>Arturo</i>	5:45 p.m. Zumba <i>Huayla</i>				
5:45 p.m. Zumba <i>Huayla</i>	7:00 p.m. Brazilian Sculpt <i>Marquinho</i>	6:45 p.m. Spinning <i>Marilyn</i>	7:00 p.m. Brazilian Sculpt <i>Marquinho</i>	6:45 p.m. Spinning <i>Marilyn</i>				
6:45 p.m. Spinning <i>Marilyn</i>	8:00 p.m. Kickboxing <i>Alan</i>		8:00 p.m. Kickboxing <i>Alan</i>					

# Adult and Senior Programs

## ARTS AND CRAFTS

### Creative Jewelry Design

Learn pattern design techniques, including stringing, knotting, wire twisting, weaving and repair techniques. No previous experience is necessary. An additional materials fee may be required.

<b>Days</b>	Mondays
<b>Time</b>	7:00-8:30 p.m.
<b>Days</b>	Wednesdays
<b>Time</b>	10:15 a.m.-12:15 p.m.
<b>Location</b>	Second Floor Lounge
<b>Session</b>	Ongoing
<b>Instructor</b>	Judi Koslen
<b>Fee</b>	\$10 per class

### Painting With Tony Coro

Learn tips and techniques to produce pleasing works of art. No experience is necessary. A suggested supply list can be picked up at the Community Center front desk. Please have materials on the first day of class.

<b>Days</b>	Tuesdays
<b>Time</b>	10:15 a.m.-12:15 p.m.
<b>Location</b>	Art Studio
<b>Session 1</b>	January 4-February 8
<b>Session 2</b>	February 15-March 22
<b>Session 3</b>	March 29-May 3
<b>Session 4</b>	May 10-June 7 (pro-rated session)
<b>Instructor</b>	Antonio Coro
<b>Member Fee</b>	\$50
<b>Non-Member Fee</b>	\$60

### Chinese Brush Painting

Learn Chinese brush painting from an instructor who has studied with internationally known artists Chow Chian Chiu and wife Chow Leung Chen-Ying. No previous experience is required. A materials list is available at the front desk.

<b>Days</b>	Mondays
<b>Time</b>	10:15 a.m.-12:15 p.m.
<b>Location</b>	Art Studio
<b>Session 1</b>	January 3-February 7
<b>Session 2</b>	February 14-March 21
<b>Session 3</b>	March 28-May 2
<b>Session 4</b>	May 9-June 6 (no class May 30; pro-rated session)
<b>Member Fee</b>	\$50
<b>Non-Member Fee</b>	\$60



### Pottery for Adults

Get your hands dirty! This class specializes in teaching wheel-thrown pottery, hand-building and glazes. All potters welcomed. Materials are not included in the class fee.

<b>Days</b>	Wednesdays
<b>Time</b>	10:00 a.m.-12:00 noon
<b>Location</b>	Art Studio
<b>Sessions</b>	Every 4 weeks beginning Jan. 5
<b>Instructor</b>	Laura Marmol
<b>Member Fee</b>	\$100/session or \$30/class
<b>Non-Member Fee</b>	\$120/session or \$36/class



## DO-IT-YOURSELF (DIY) STUDIO WORKSHOPS

Learn to paint fabric, create paper and experience layered textures. Each DIY studio workshop offers a unique and creative experience like no other.

<b>Days</b>	Fridays	<b>Member Fee</b>	\$25 per workshop
<b>Time</b>	10:00 a.m.-1:00 p.m.	<b>Non-Member Fee</b>	\$30 per workshop
<b>Location</b>	Art Studio	<b>Material Fee</b>	\$5 per workshop
<b>Instructor</b>	Joyce Olivera		

### January 14: Decorative Paper

Learn how to make your own paper using plants and natural materials. Great for envelopes, tags, stationery, decorative packaging and even jewelry.

### February 4: Emboss and Embellish

Just in time for Valentine's Day! If you're tired of "off-the-rack" cards, you can make them from scratch and give them a personal touch in this class.

### March 4: Tisket-a-Tasket

Create your own Easter baskets and turn them into memorable keepsakes. Learn basic weaving using reed and other natural fibers for a decorative touch.

### April 8: Fabulous Fandangles

You won't believe your eyes! These jewelry pieces can be made from paper bags and are as good as gold (or silver).

### May 6: Fabric Painting

Decorate silk scarves using dyes, mixing colors and different painting techniques, such as batik and tie-dye.

### June 3: Landscape Painting

Even if you can't draw a straight line, by the end of this class you will have a true masterpiece that develops right before your eyes.

# Adult and Senior Programs

## BRIDGE CLASSES

Whether you need to learn the basics or simply want to brush up on your knowledge of the card game—these classes have it all!

<b>Days</b>	Tuesdays
<b>Location</b>	Adult Lounge
<b>Session 1</b>	January 11-February 15
Play of the Hand-Part II/ Supervised Play	6:00-7:00 p.m.
Advanced Beginner	7:00-8:00 p.m.
<b>Session 2</b>	February 22-March 29
Bidding & Play of the Hand/ Supervised Play	6:00-7:00 p.m.
Competitive Bidding	7:00-8:00 p.m.
<b>Session 3</b>	April 5-May 10
Bidding & Play of the Hand/ Supervised Play II	6:00-7:00 p.m.
Competitive Bidding - Part II	7:00-8:00 p.m.
<b>Member Fee</b>	\$65
<b>Non-member Fee</b>	\$75



## Duplicate Bridge Game

Join us for an afternoon of Duplicate Bridge every Wednesday. Call Judy Reinach for details at 305-361-9562.

<b>Days</b>	Wednesdays (starting January 5)
<b>Time</b>	12:30 p.m.
<b>Location</b>	Island Room
<b>Instructor</b>	Judy Reinach

## COMPUTER CLASSES

**NEW!**

### Intro to Computers (Beginners)

For real beginners only! This class is designed for those who need to learn computer basics such as using a mouse, icons, start-up menus and much more.

<b>Days</b>	Tuesdays
<b>Time</b>	10:00 a.m.-12:00 noon
<b>Location</b>	Computer Lab
<b>Session 1</b>	January 11-February 1
<b>Session 2</b>	February 8-March 1
<b>Instructor</b>	George Zaleta
<b>Member Fee</b>	\$80
<b>Non-member Fee</b>	\$96

**NEW!**

### E-mail and Internet (Beginners)

This basic course is for Internet beginners who already know how to use a computer (keyboard, mouse, etc.). Learn how to connect to and explore the World Wide Web (Internet), and how to find information anywhere in the world from the comfort of your own seat.

<b>Days</b>	Tuesdays
<b>Time</b>	1:00-2:30 p.m.
<b>Location</b>	Computer Lab
<b>Session 1</b>	January 11-February 1
<b>Session 2</b>	February 8-March 1
<b>Instructor</b>	George Zaleta
<b>Member Fee</b>	\$60
<b>Non-member Fee</b>	\$72



## FREE PARENTING GROUP **NEW!**

In conjunction with the University of Miami, the Families First Network will be providing free parenting groups for parents of children ages one through five years of age at the Key Biscayne Community Center. This is an incredible opportunity to learn from University of Miami Parenting Specialists at no cost! Snacks and refreshments will be provided. For more information, call 305-243-8425 or e-mail FamiliesFirst@med.miami.edu. There is no charge for this program but pre-registration is required.

## Strengthening Families and Communities Overview

For parents of children one to five years of age. Classes meet once a week for 12 weeks. Discuss and learn ways to help children identify and express their feelings, improve children's behavior, teach children to handle anger and sadness.

<b>Days</b>	Wednesdays
<b>Time</b>	7:00-9:00 p.m.
<b>Location</b>	Adult Lounge
<b>Session</b>	January 19-April 13th (no class March 16)
<b>Fee</b>	Free

# Adult and Senior Programs

## LANGUAGE CLASSES

### Spanish for Beginners

Learn to tell time, make simple requests, register at a hotel and conduct a basic conversation. Acquire vocabulary for work, home and social purposes.

<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	9:00-11:00 a.m.
<b>Location</b>	Island Room
<b>Session 1</b>	January 10-February 2
<b>Session 2</b>	April 4-27
<b>Session 3</b>	May 2-25
<b>Instructor</b>	Christina Medina
<b>Member Fee</b>	\$100
<b>Non-Member Fee</b>	\$120

### Intermediate Spanish

Students in this class will continue to acquire new vocabulary to be able to make simple requests and conduct a basic conversation in Spanish.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	9:00-11:00 a.m.
<b>Location</b>	Island Room
<b>Session 1</b>	January 11-February 3
<b>Session 2</b>	April 5-28
<b>Session 3</b>	May 3-26
<b>Instructor</b>	Cristina Medina
<b>Member Fee</b>	\$100
<b>Non-Member Fee</b>	\$120

### Conversational Spanish

These semi-private, self-contained classes integrate students' development of grammar and vocabulary skills through topics that begin with their immediate world and progress to the world at large. Students must possess basic Spanish language skills.

<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	11:00 a.m.-12:30 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	January 10-February 2
<b>Session 2</b>	February 7-March 2
<b>Session 3</b>	March 7-30
<b>Session 4</b>	April 4-27
<b>Instructor</b>	Lupita Alvarez
<b>Member Fee</b>	\$135/session or \$20/class
<b>Non-Member Fee</b>	\$162/session or \$24/class

### Conversational English

These semi-private, self-contained classes integrate students' development of grammar and vocabulary skills through topics that begin with their immediate world and progress to the world at large. Students must possess basic English language skills.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	11:00 a.m.-12:30 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	January 11-February 3
<b>Session 2</b>	February 8- March 3
<b>Session 3</b>	March 8-31
<b>Session 4</b>	April 5-28
<b>Instructor</b>	Lupita Alvarez
<b>Member Fee</b>	\$135/session or \$20/class
<b>Non-Member Fee</b>	\$162/session or \$24/class

## PERFORMING ARTS

### Flamenco

Join Carmen Rubio, renowned dancer and graduate of the Royal Conservatory of Madrid, and take advantage of this unique opportunity to learn the classic sevillanas and flamenco without leaving the Key.

<b>Days</b>	Wednesdays
<b>Time</b>	8:00-9:00 p.m.
<b>Location</b>	Dance Studio
<b>Session 1</b>	January 5-26
<b>Session 2</b>	February 2-23
<b>Session 3</b>	March 2-30 (no class March 16)
<b>Session 4</b>	April 6-27
<b>Session 5</b>	May 4-25
<b>Member Fee</b>	\$108
<b>Non-Member Fee</b>	\$132



*Name*  
Vivian Galego-Mendez

*Originally from*  
Miami

*How long have you lived on the Key?*  
11 years

*Profession*  
EWM managing broker

*Hobbies*  
Going to the beach

*Favorite activity/program at the Community Center*  
Zumba class



# Adult and Senior Programs – 50+ Corner



## MONTHLY PROGRAMS

### KBCC Cybercafé

Start every morning with a fresh cup of coffee and the day's newspapers at the Community Center's Cybercafé. Bring your laptop to surf the web with our free WiFi, read about the latest happenings, chat with your friends or watch the day's headlines on TV.

<b>Days</b>	Monday-Friday
<b>Time</b>	8:30-10:00 a.m.
<b>Location</b>	Adult Lounge
<b>Fee</b>	Free



### Key Biscayne Domino Club

Join your friends and neighbors in the Key Biscayne Room for a friendly game of dominos... *y una tacita de café.*

<b>Days</b>	Mondays, Wednesdays and Fridays
<b>Time</b>	2:00-6:00 p.m.
<b>Location</b>	Adult Lounge
<b>Fee</b>	Free

### Card Games and More

Step out of the heat! Join your friends and neighbors in the Key Biscayne Room for an afternoon of card games and more. Refreshments will be provided.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	1:00-4:00 p.m.
<b>Location</b>	Adult Lounge
<b>Fee</b>	Free

### Birthday Bunch Lunch

Adults 50 and up come join your friends and neighbors on the second Thursday of the month for an island-wide birthday celebration. Register for our Birthday Club and lunch is on us during the month of your birthday. This event is brought to you by the Key Biscayne Community Foundation and the Active Seniors on the Key (A.S.K.) Club.

<b>Dates</b>	Thursdays: January 13, February 10, March 10 & April 14
<b>Time</b>	12:00 noon
<b>Location</b>	Island Room
<b>Fee</b>	\$5

### Lunch with an Author

Join us every month on the third Thursday for lunch with a different author as they discuss their latest works and sign copies of their books.

<b>Dates</b>	Thursdays: January 20; February 17, March 17 & April 21
<b>Location</b>	Island Room
<b>Time</b>	12:00 noon
<b>Fee</b>	Free



## SENIOR TRANSPORTATION PROGRAM

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick-up. The driver will wait only five minutes.

*To schedule a pick-up or for more information, please contact Roxy Lohuis-Tejeda at 305 365-8953 at least 24 hours in advance.*

# Adult and Senior Programs – 50+ Corner

## Social Security Comes to the Community Center

A bilingual representative from the Social Security Administration will be here to assist you with all of your Social Security and Medicare issues on the last Wednesday of the month (excluding holidays). No appointment is necessary.

<b>Dates</b>	Wednesdays: January 26, February 23, March 30, April 27 & May 25
<b>Time</b>	9:30 a.m.-12:00 noon
<b>Location</b>	Second Floor
<b>Fee</b>	Free

## SPECIAL EVENTS

### Florida Licensing On Wheels

A team of driver license examiners will be on hand to renew or issue replacements or duplicates of your driver's license, issue new or replacement identification cards and complete out-of-state driver's license transfers. This service is available by appointment only. Call 305-365-8953 for more information or to schedule your appointment.

<b>Date</b>	Tuesday, January 18
<b>Time</b>	10:00 a.m.-2:00 p.m.
<b>Location</b>	Adult Lounge

### Key Biscayne Annual Health & Services Fair

Our annual health fair is back! Join us for free health screenings, informative presentations, lunch with an author, and many helpful resources.

<b>Date</b>	Thursday, January 20
<b>Time</b>	9:00 a.m.-1:00 p.m.
<b>Location</b>	Community Center's Second Floor

### AARP Driver Safety Program

Only one day now! Take this classroom refresher course especially designed for drivers age 50 and over and qualify for auto insurance discounts. Pre-registration is required. AARP members must bring their membership card to receive the discount.

<b>Date</b>	Friday, March 25
<b>Time</b>	9:30 a.m.
<b>Fee</b>	\$12 for AARP members/ \$14 for non-members

### Key Biscayne Domino Club Winter Tournament

Join us for lunch and an afternoon of friendly competition. Pre-registration is required.

<b>Date</b>	TBA
<b>Time</b>	12:00-3:00 p.m.
<b>Location</b>	Adult Lounge

### Mother's Day Celebration

Happy Mother's Day to all of our moms, grandmas and nanas! Come to the Community Center to help us celebrate Mother's Day with a delectable lunch. You don't even have to be a mom to enjoy this spread! RSVP by Monday, May 9. Lunch will be followed by a movie.

<b>Date</b>	Thursday, May 12
<b>Time</b>	11:00 a.m.
<b>Location</b>	Island Room

<b>Senior Resident Fee</b>	Free
<b>Non-Resident Fee</b>	\$5



## COMMUNITY CENTER CINEMA

Join us for a free viewing of recently released films on Thursdays in the Island Room.

### Matinees at 1:30 p.m.

<b>Dates</b>	January 6; 13, 27 February 3, 10, 24 March 3, 10, 24, 31 April 7, 14, 28 May 5, 12, 26
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### Evenings at 7:00 p.m.

<b>Dates</b>	January 20 February 17 March 17 April 21 May 19
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# Adult and Senior Programs



*Name*  
Joy Fried

*Originally from*  
Woodbury, Tennessee

*How long have you lived on the Key?*  
Since 1951

*Profession*  
Formerly in education and real estate (also a mother and a wife)

*Hobbies*  
Tennis and gardening

*Favorite activity/program at the Community Center*  
Going to the fitness center, movies, A.S.K. luncheons and the trips and tours.

## TRIPS AND TOURS

### A Round-Heeled Woman at GableStage

Come join us as we watch *A Round Heeled Woman*, starring Sharon Gless, a multiple Emmy and Golden Globe winner (*Burn Notice, Queer as Folk, Cagney & Lacey*). A retired school teacher places an ad in the personals section of the *New York Review of Books*. Her adventures and the resulting emotional entanglements are both comic and touching.

**Date** Thursday, January 6  
**Time** 6:00 p.m. (curtain at 8:00 p.m.)  
**Fee** TBA

### Worth Avenue

The Worth Avenue experience has been treasured for half a century by visitors the world over. Take advantage of this opportunity to shop the more than 250 merchants here, including legendary international boutiques and unique specialty stores found only on the Avenue.

**Date** Friday, January 21  
**Time** 9:30 a.m.  
**Fee** \$5

### Seminole Hard Rock Hotel & Casino

Seminole Hard Rock Hotel & Casino is one of South Florida's hottest retail, restaurant and live entertainment districts. Enjoy more than 20 restaurants and over 25 specialty retail shops and the region's top live performance venue. Receive a free player's club card, discount vouchers for lunch and much more.

**Date** Friday, January 14  
**Time** 9:30 a.m.  
**Fee** \$5

### Florida Grand Opera's *The Tales of Hoffmann*

One of the best-loved French operas, Offenbach's *The Tales of Hoffmann* brings the stories of Hoffmann as he regales his friends in the tavern with the stories of his three past loves and his current object of his desire, Stella.

**Date** Friday, January 28  
**Time** 6:15 p.m.  
**Fee** \$65

### Miami City Ballet's *Promethean Fire*

In this powerful transcendent piece, as has been suggested, is Paul Taylor's response to 9/11. Set to Leopold Stokowski's magnificent orchestral transcriptions of Bach, it has been hailed widely as a masterpiece.

**Date** Friday, February 11  
**Time** 6:15 p.m. (curtain at 8:00 p.m.)  
**Fee** \$63

### Homestead Day Trip

Venture down south to taste the tropics and enjoy the simple pleasures of the seasonal bounty as we visit Redland hotspots such as Robert Is Here and Knauss Berry Farm.

**Date** Friday, February 18  
**Time** 9:30 a.m.  
**Fee** \$5

### Flamenco Festival at the Adrienne Arsht Center

Direct from Spain, the Ballet Nacional de España, returns to the Arsht Center with a dazzling ensemble that boasts 40 riveting flamenco dancers, singers and musicians for two of their best loved works, *Dualia* and *La Leyenda*. During its 30 years, Ballet Nacional de España has received some of the highest accolades, and for the first time in nearly a decade, Spain's crowning cultural achievement returns to Miami.

**Date** Wednesday, February 23  
**Time** 9:30 a.m.  
**Fee** \$60

### Vatican Splendors at the Museum of Art in Fort Lauderdale

One of the largest collections of art, documents and historically significant objects from the Vatican ever to tour North America arrives at the museum in 2011. Vatican Splendors presents spectacular paintings, mosaics, sculptures, Papal jewels, intricately embroidered silk vestments and much more.

**Date** Friday, March 11  
**Time** 9:30 a.m.  
**Fee** TBA

# Adult and Senior Programs

## August: Osage County at the Actors' Playhouse

Meet the Westons, a family of unforgettable characters approaching a total meltdown. Ask anyone who's seen it and he or she will tell you, *August: Osage County* is one of the most unforgettable evenings you will ever spend at the theatre. Every night, gasps reverberate throughout the theatre as each new bombshell is dropped in this hilarious and stinging look at an American family in crisis.

<b>Date</b>	Thursday, March 17
<b>Time</b>	6:15 p.m.
<b>Fee</b>	TBA

## Miami City Ballet's Romeo and Juliet

Don't miss John Cranko's acclaimed full-evening version of the world's most famous love story which is "arguably the best dance treatment of Prokofiev's celebrated score" according to *The New York Times*. An unforgettable ballet that is not to be missed.

<b>Date</b>	Friday, March 25
<b>Time</b>	6:15 p.m.
<b>Fee</b>	\$65

## In the Heights at the Adrienne Arsht Center

This sensational show about chasing your dreams and finding your true home has an amazing cast, incredible Tony® Award-winning dancing and a thrilling Tony® Award-winning score. *In the Heights* is an exhilarating journey into a vibrant Manhattan community, a place where the coffee is light and sweet, the windows are always open and the breeze carries the rhythm of three generations of music.

<b>Date</b>	Saturday, April 2
<b>Time</b>	12:45 p.m.
<b>Fee</b>	\$43

## Visit to Kona Kai, Key Largo

Head out with us to Key Largo to visit the Kona Kai Resort. This magical hideaway houses a fine art gallery representing an expanding group of talented artists from around the world and a botanic garden with over 300 different tropical species, many of them not seen on the mainland of South Florida. Lunch will follow.

<b>Date</b>	Friday, April 8
<b>Time</b>	9:30 a.m.
<b>Fee</b>	TBA

## Florida Grand Opera's Don Giovanni

Considered by many to be the most perfect opera ever written, Mozart's *Don Giovanni* continues to thrill audiences today as it did at its premiere in 1787. Mozart used the story of the infamous lover, Don Juan, to create one of opera's most vivid characters and one of the world's most popular operas. Limited number of seats available.

<b>Date</b>	Friday, April 22
<b>Time</b>	6:15 p.m.
<b>Fee</b>	\$65

## Bal Harbor Shops

If you're looking for some high-class shopping, few places in the world compare to Bal Harbour Shops. Located on Collins Avenue in Bal Harbour, stores include Tiffany & Co, Prada, Saks Fifth Avenue and Neiman Marcus. Shop, eat and enjoy a marvelous day!

<b>Date</b>	Friday, May 6
<b>Time</b>	9:30 a.m.
<b>Fee</b>	\$5

## Sample Road Flea Market

Join us as we head out to this one-of-a-kind, multi-merchant marketplace filled with a diverse selection of items ranging from the ordinary to the extraordinary... and all in air-conditioned comfort.

<b>Date</b>	Friday, June 3
<b>Time</b>	9:30 a.m.
<b>Fee</b>	\$5

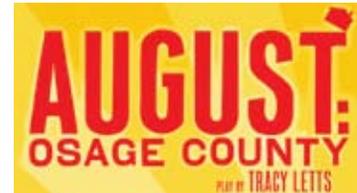


Photo © Karin Cooper for Washington National Opera

## EVENING TRIPS DROP-OFF SERVICE

For trips that take place in the evening, transportation directly to your home at the end of the night is available at no extra charge. Please call 305-365-8953 to make arrangements.

# Special Events/Important Dates



Photo courtesy of Kiko Ricote.

## VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER

**ACTIVE**  
*islander*



Village of Key Biscayne  
Parks and Recreation Department  
10 Village Green Way  
Key Biscayne, Florida 33149  
Telephone: 305-365-8900

Visit us often for updates and new information at  
[www.ActiveIslander.org](http://www.ActiveIslander.org)

### Movies on the Green

**Date** Friday, December 17  
**Time** 7:00 p.m.  
**Location** Village Green

### Christmas Eve

**Date** Friday, December 24  
*Community Center will close at 4:00 p.m.*

### Christmas Day

**Date** Saturday, December 25  
*Community Center Closed*

### New Year's Eve

**Date** Friday, December 31  
*Community Center will close at 6:00 p.m.*

### New Year's Day

**Date** Saturday, January 1  
*Community Center Closed*

### Movies on the Green

**Date** Friday, January 21  
**Time** 7:00 p.m.  
**Location** Village Green

### Movies on the Green

**Date** Friday, February 18  
**Time** 7:00 p.m.  
**Location** Village Green

### 21st Annual Easter Egg Hunt

**Date** Saturday, April 16  
**Time** 9:30 a.m. (sharp)  
**Location** Village Green

