

ACTIVE islander

FALL
2012



VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER



Spike It!

Team sports is the name of the game this season. For a complete list of athletic offerings, including girls volleyball, flag football and fall soccer, turn to page 17.

Information for Residents

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Village Officials and Staff

Mayor Franklin Caplan
Vice Mayor Michael E. Kelly
Councilmember Robert Gusman
Councilmember Enrique Garcia
Councilmember Michael Davey
Councilmember Mayra Peña Lindsay
Councilmember James Taintor
Village Manager
John C. Gilbert
Director of Parks and Recreation
Todd Hofferberth
Community Center Manager
Ana J. Colls

PARTY PACKAGES AND ISLAND ROOM RENTALS

Planning a party or special event? Let us host it for you! The Community Center offers a variety of party packages for groups of up to 30 people. Choose from our Basic Party Package; Arts and Crafts Package; Pool Party Package; or the Face-Painting and Balloon Art Party Package.

We also have facilities to accommodate adult parties, meetings, and other special events. The Island Room (also known as the Multi-Purpose Room) on the second floor can accommodate up to 150 guests, offers small and large rooms, as well as a warming kitchen.

For more information or to schedule your next event, please visit or call the Community Center's front desk at 305-365-8900.

PASSPORT SERVICES

The Village of Key Biscayne is a certified acceptance facility for U.S. passport applications. As a courtesy to our residents, this service is offered by the Parks and Recreation Department at the Community Center, located at 10 Village Green Way, second floor. Rules, downloadable forms, fees, travel advisories and other information are available at the U.S. State Department passport web page. For additional information or to make an appointment, call 305-365-8953. Passport processing also is available at the U.S. Post Office located in the L'Esplanade Shopping Center at 951 Crandon Boulevard. For more information, call 305-ASK-USPS.

Days	Monday to Friday
Hours	9:30 a.m.-4:00 p.m.

Note: Appointments are required.

Cover photo courtesy of
Maria Bueno Photography, Key Biscayne
Email: MariaBueno@mac.com
Phone: 305-788-6754

BEACH PARK ACCESS CARDS

The Village of Key Biscayne's Beach Park, a resident's only facility, requires an access card to enter the park. The access cards are available to Key Biscayne residents only. For additional information please call Ana de Varona at 305-365-7574 or email ADeVarona@KeyBiscayne.fl.gov.

To Obtain a Card: Cards may be obtained at the Community Center front desk between the hours of 8:00 a.m. and 8:00 p.m. any day of the week with the proper proof of residency. Beach Park access card applications are available online or at the front desk. Please allow 2-3 business days for new cards to be activated.

Proof of Residency: Proof of residency is required when applying for a beach access card. A photo ID plus one of the following is acceptable as proof of residency:

- Current vehicle registration certificate
- Copy of current real property tax bill or deed
- Certificate or letter from the Internal Revenue Service
- Current utility bill
- Tenants must bring an annual lease

Cards per Household: There is a limit of two (2) access cards per household and proof of residency is required for each card issued. A one-person household may only receive one access card.

Fees: There is no fee for the first access card(s). There is a replacement card fee of \$8.00 to de-activate the lost or stolen card and re-issue a new device.



Message from the Village Manager



Full Steam Ahead

Since February, Chief Gilbert has accomplished many of his short-term goals. With the help of Village officials, residents and staff, the future looks bright.

Dear Islanders:

Since taking office in February, my staff and I have been working diligently to implement and complete many of the short- and long-term goals I have identified as priorities for my position.

We are proud to report that an estimated 56,000 tons of sand were successfully deposited on our beaches and that the Beach Re-Nourishment Project has been completed. As a result, we are preventing any further erosion of the Key Biscayne shoreline and residents and tourists alike are already reaping the benefits.

We are well on our way to creating a more efficient government. We recently hired two individuals—Ms. Vivian Parks, who will act as the new village finance director and Mr. Tony Brown, who will become the new public works superintendent. Please join me in welcoming these two competent individuals to our dedicated team.

In July, we reached an inter-local agreement with the Miami-Dade County School Board to create a high school for our community at the current Mast Academy site on Virginia Key, which would offer an additional public secondary school option for Key Biscayne students, particularly those transitioning to high school, and to increase the amount of playing field space at that location, with the ultimate goal of creating more open green space for our youngsters. Qualified eighth and ninth grade students from our current K-8 program (located at Key Biscayne Community School or KBCS) will be accepted to the new high school starting this fall, which will relieve some of the overcrowding that exists at KBCS. Additionally, we also are working on an estimated \$2 million renovation project at KBCS.

I want to publically thank all of the citizens, volunteers and elected officials, as well as the school board, who worked together to make this approximate 20-year dream a reality.

The various projects and priorities outlined here are just some of the many areas we will be focusing on in the months to come. Together we will continue to improve our world-class community—one project at a time.

John C. Gilbert
Village Manager



John C. Gilbert
Village Manager

“In July, we reached an inter-local agreement with the Miami-Dade County School Board to create a high school for our community at the current Mast Academy site on Virginia Key.”

COMMUNITY CENTER HOURS

General Hours of Operation

Monday - Friday 6:00 a.m. to 10:00 p.m.
Saturday and Sunday 8:00 a.m. to 8:00 p.m.

Pool Hours

(unless otherwise posted for classes and special programs)

Monday - Friday 6:15 a.m. to 8:45 p.m.
Saturday and Sunday 8:15 a.m. to 7:45 p.m.
Swim lanes are always available but may be limited for a class or special program.

Teen Room/Game Room

Monday - Friday 3:00 p.m. to 10:00 p.m.
Saturday and Sunday 10:00 a.m. to 8:00 p.m.

Indoor Playground

(children under age 10 must be supervised by an adult)
Monday - Friday 9:00 a.m. to 1:00 p.m. *(for children under the age of six)*
3:00 p.m. to 8:00 p.m.
Saturday and Sunday 9:00 a.m. to 8:00 p.m.
Access may be limited during special events or parties.

Computer Lab

Monday - Friday 9:30 a.m. to 4:00 p.m. - Adults Only
4:00 p.m. to 8:00 p.m. - All Ages
Saturday and Sunday Available upon request

Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the afternoons after 3:00 p.m.

Adult Basketball

Saturday 10:00 a.m. to 12:00 noon
(ages 35 and up)

Membership Information

Be an Active Islander – Join the Key Biscayne Community Center! Just follow these easy steps:

Complete the Community Center membership application

Forms are available at the front desk by calling 305-365-8900 or online at www.activeislander.org.

Show proof of residency

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill; tenants must bring a current lease; a yearly lease is required for an annual membership.

Pay the membership fee*

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

Membership Category Descriptions

Adults—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

Youth—A youth membership is available to any resident between the ages of 10 and 18.

Senior—A senior membership is available to any resident who is 65 or older.

Student—Any resident who is between the ages of 19 and 25 can apply for the student membership with proof of current school enrollment.

Couple—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

Senior Couple—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

Family—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$65.

Cancellation/Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

Membership Categories

Category	Daily Resident	Daily Guest	Monthly	Yearly
Adults	\$9	\$13	\$55	\$300
Youth (10-18)	\$6	\$9	\$22	\$130
Senior (65+)	\$6	\$9	\$30	\$200
Student (19-25)	\$7	\$10	\$35	\$220
Couple	N/A	N/A	\$85	\$385
Senior Couple (both 65+)	N/A	N/A	\$50	\$300
Family (4 members)	N/A	N/A	\$110	\$525

*Note: Membership fees are subject to change.

Please be aware that new Membership Categories and Fees are scheduled to take effect this fall. This information will be published at the Front Desk and at www.ActiveIslander.org once adopted by the Village Council.

Rules and Regulations

Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership. The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building.
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- No fighting or rough play
- No glass containers
- No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- Appropriate clothing required
- No running or bouncing balls in hallways, stairwells or near pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

Guest Policy

- Guests must be accompanied by a resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a guest pass.
- Guest passes are non-refundable.
- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.

Toddler Room Drop-In Care Policies

1. Drop-in care is for children one to five years of age (no exceptions).
2. Parents must sign in their child.
3. Punch Passes must be purchased at the front desk.
 - Member pass for 10 hours: \$70
 - Member pass per hour: \$7
 - Non-member one-hour pass: \$10
4. Drop-in care is on a first-come, first-serve basis.
5. There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
6. There is a two-hour maximum time slot for each child (no exceptions).
7. Parents or guardians are responsible for all diaper changes.
8. Parents must be in the Key Biscayne Community Center while their child is in childcare.
9. Sick children will be denied entry to the drop-in program.
10. If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

Toddler Room Drop-In Care Hours of Operation

Monday - Friday	8:00 a.m.-12:00 noon 4:00 p.m.-8:00 p.m.
Saturday and Sunday	Closed

- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

ADA Policy

The Village of Key Biscayne gladly complies with the provisions of the Americans with Disabilities Act. Persons needing reasonable accommodation to attend or participate in any program may call 305-365-8900. Please allow two weeks prior to the activity or need of assistance to accommodate the request.

Youth & Teen Programs



Name

Una Cambó

Originally from

Key Biscayne

How long have you lived on the Key?

10 years

School

Key Biscayne Community School

Hobbies

Playing soccer, tennis and kickball

Favorite activities at the Community Center

Playing air hockey, ping pong and going to the pool

TODDLER & YOUTH FITNESS

Mini Tennis

Looking for a fast, fun way to get kids into tennis—and keep them playing? QuickStart Tennis, by the United States Tennis Association, is an exciting new play format for learning tennis, designed to get kids excited about the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to a child's age and size. Now any child between the ages of 3 and 8 can start playing tennis almost immediately, even if he or she has never picked up a racquet.

Session 1	August 21-September 20
Session 2	September 25-October 25
Session 3	October 30-December 20 (no class Nov. 6 or 22; pro-rated)
Location	Gymnasium
Instructor	Jorge Ribas and Ricardo Mena

Ages	3-4 years
Days	Tuesdays and Thursdays
Time	2:30-3:00 p.m.

Member Fee	\$130 (twice/week) or \$85 (once/week)
Non-Member Fee	\$150 (twice/week) or \$100 (once/week)

Ages	5-6 years
Days	Tuesdays and Thursdays
Time	3:00-3:45 p.m.

Member Fee	\$150 (twice/week) or \$90 (once/week)
Non-Member Fee	\$175 (twice/week) or \$110 (once/week)

Ages	7-8 years
Days	Wednesdays
Time	3:30-4:30 p.m.

Member Fee	\$100 (once/week)
Non-Member Fee	\$115 (once/week)

Kidokinetics

Kidokinetics is the “fun way to fitness” where your child will learn a new sport each week. Kids will be introduced to the basics of each sport in a fun and non-competitive atmosphere. Activities include soccer, hockey, tennis, basketball, volleyball, football, golf, hula-hoops, obstacle courses, T-ball and more. All classes are led by experienced coaches who will provide a fun and safe environment for learning. Kidokinetics focuses on individual achievement to improve the child's self confidence. T-shirts can be purchased for an additional \$10 fee. For more information, call 954-385-8511 or visit www.kidokinetics.com.

Days	Thursdays
Time	11:00-11:45 a.m. (ages 2-4)
Time	4:30-5:15 p.m. (ages 3-6)
Location	Island Room

Session 1	August 23-October 11
Session 2	October 18-December 20 (no class Nov. 22)

Instructor Kidokinetics Coach

Member Fee	\$96 (Session 1)/\$108 (Session 2)
Non-Member Fee	\$115 (Session 1)/\$130 (Session 2)



Youth & Teen Programs

BABY AND ME

FREE!

Baby and Me Group

The University of Miami (UM) is providing free parenting groups for parents and infants at various locations throughout Miami-Dade County. This incredible opportunity, funded by The Children's Trust, enables parents to learn from UM Parenting Specialists. Weekly classes provide parents with an opportunity to develop close relationships with their infants while learning about infant development in a supportive environment. Create a scrapbook and take home baby items each week. For more information, call 305-243-8425 or e-mail FamiliesFirst@med.miami.edu. There is no charge for this program but participants must pre-register.

Ages	0-6 months
Days	Wednesdays
Time	10:00 a.m.-12:00 noon
Location	Island Room
Session	September 19-November 21
Instructor	University of Miami
Fee	Free

Mommy and Me (Yupi!)

Created for parents and their little ones, this bilingual program offers joyful and innovative experiences using non-conventional materials.

Ages	9 to 30 months
Days	Wednesdays and Fridays
Time	9:30-10:30 a.m.
Location	Game Room
Session 1	August 22-October 12
Session 2	October 17-December 21 (no class Nov. 21-23; pro-rated)
Instructor	Silvina and Vanessa
Member Fee	\$160 (once/week) or \$256 (twice/week)
Non-Member Fee	\$200 (once/week) or \$320 (twice/week)

ARTS AND CRAFTS

Claytime for Kids

Come introduce your kids to the magical world of pottery! Their faces will light up as they see their works of art come to life. Each class will be a joyful experience where students will unleash their imagination and learn the basics of working with clay. Students will learn basic ceramic techniques including how to make handmade projects, glazing and firing. Classes are taught by caring instructors with over 20 years of experience. All materials are included in the class fee.

Ages	6-13 years
Days	Wednesdays
Time	2:30-3:30 p.m.
Location	Arts & Crafts Room
Instructor	Laura Marmol and Fabiana Jelambi
Session 1	August 22-October 10
Session 2	October 17-December 19 (no class Nov. 21; pro-rated)
Member Fee	\$175
Non-Member Fee	\$210

Jewelry Design

Create customized, stylish jewelry that's ready for you and your friends to wear! Become your own jewelry designer, where you can choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades and will gladly help you unleash your creativity. Basic materials are included in the class fee.

Ages	6 years and up
Days	Mondays
Time	3:00 p.m.
Days	Wednesdays
Time	2:00 p.m.
Location	Second Floor Lobby
Instructor	Judi Koslen
Session	Ongoing
Member Fee	\$10 per class
Non-Member Fee	\$12 per class



Youth & Teen Programs



AGUAMARINA ART SCHOOLS

For 11 years, Aguamarina Art Schools have been sparking the creativity of Key Biscayners both young and old. Aguamarina now offers their complete art program at the Community Center. Their programs focus on developing and stimulating the creativity of children and adults. Students will have access to a wide variety of materials, including cardboard, wood, rubber, paper, paint, crayons, pastels, fabrics, sponges, clay, Play-doh, glues, etc. As they freely construct their art projects, students will be guided through the process while learning to analyze, problem-solve and express their thoughts. Students will have an opportunity to display their works of art through exhibitions in the Community Center's public spaces.

Session August 20-December 20
Location Arts & Crafts Room

Let's Get Messy

This fun workshop lets children perform exciting color and texture exercises, as well as create collages and paintings. Students will develop fine motor skills, learn color differentiation and increase their artistic knowledge. All materials are included in the class fee. Classes meet twice per week during the 8-week session.

Ages 2-4 years
Days Mondays and Wednesdays
Days Tuesdays and Thursdays
Time 4:00-5:00 pm
Member Fee \$170 (1 class/week) or \$220 (2 classes/week)
Non-Member Fee \$205 (1 class/week) or \$264 (2 classes/week)



Color and Form

In this exciting workshop, children will learn how to handle colors and different creative expression techniques such as drawing, acrylic and 3-D. All materials are included in the class fee. Classes meet once per week during the 8-week session.

Ages 5-7 years
Days Tuesdays, Wednesdays or Thursdays
Time 4:00-5:30 p.m.
Member Fee \$220
Non-Member Fee \$264

Aguamarina Masters

This program focuses on the development of technical and conceptual tools in drawing and painting. Students will learn the handling of the trowel of color through exercises in complementary colors and develop composition criteria, including line, point and plane. All materials are included in the class fee. Classes meet once per week during the 8-week session.

Ages 8-14 years
Days Tuesdays or Wednesdays
Time 6:00-7:30 p.m.
Member Fee \$220
Non-Member Fee \$264

Portfolio

Serious and mature students can take advantage of this course to help meet the requirements of specialized art programs at their middle or high school. Students will receive customized instruction in their particular art interests, resulting in a portfolio that can be used for admittance into schools focused on art and design. Classes meet once per week during the 4-week session.

Ages 11-18 years
Days Thursdays
Time 6:00-7:30 p.m.
Member Fee \$150
Non-Member Fee \$180

Youth & Teen Programs

MUSIC AND PERFORMING ARTS

Kids Make Music I

Give your child the gift of music! Children will experience, explore and create musical possibilities in a relaxed and playful environment. In Kids Make Music I, children ages 12 months to 3 years will enjoy a fun, family-style learning experience. During the 6-week session, children meet once per week to sing, chant, move, dance and jam!

Ages	12 months-3 years
Days	Tuesdays or Fridays
Time	4:00-4:45 p.m.
Location	Island Room

Session 1	August 21-September 28
Session 2	October 2-November 9
Session 3	November 13-December 21 (no class Nov. 20-23; pro-rated)
Instructor	Angeles Padilla

Member Fee	\$90
Non-Member Fee	\$108

Kids Make Music II

In Kids Make Music II, children ages 4 to 6 will receive an introduction to music, the piano and the guitar. This class consists of a series of six lessons that include singing, listening, movement, music reading and concepts, rhythm and exposure to a variety of musical instruments. This class will spark children's interest in learning about musical instruments and capture the magical power and excitement of interactive music learning.

Ages	4-6 years
Days	Fridays
Time	3:00-3:45 p.m.

Session 1	August 24-September 28
Session 2	October 5-November 9
Session 3	November 16-December 21 (no class Nov. 23; pro-rated)
Instructor	Angeles Padilla

Member Fee	\$90
Non-Member Fee	\$108

Ultimate Guitar

This class is designed for young guitar players who are just discovering their love of the instrument or are already at an intermediate level. Taught using a highly effective curriculum, this class uses a multi-style approach focusing on correct technique and music reading. Children will have fun in a relaxed environment where they can play their favorite songs. Please bring your own guitar.

Ages	8 years and up
Days	Wednesdays (Beginners)
Time	2:30-3:30 p.m.
Days	Thursdays (Intermediate)
Time	3:30-4:30 p.m.
Location	Island Room

Session 1	August 22-September 27
Session 2	October 3-November 8
Session 3	November 14-December 20 (no class Nov. 21-22; pro-rated)
Instructor	Angeles Padilla

Member Fee	\$110
Non-Member Fee	\$132

Hip Hop Kidz & Teenz

Learn the latest hip hop choreography to the coolest music from shows like *So You Think You Can Dance* and *America's Best Dance Crew* in a fun, creative and easy-to-learn atmosphere. In this class, your child will learn and understand musical beats and perform to awesome choreography as if they were dancing in their very own music video. Students will attain a heightened sense of self esteem and body awareness, make new friends and learn to work as a team. Don't miss out on a great dance education for your child where it's all about fun, fitness and hip hop dance! Pro-rating is not allowed for this 6-week class.

Days	Mondays (ages 7-11 years)
Days	Wednesdays (ages 12-18 years)
Time	6:30-8:00 p.m.

Session 1	August 20-September 26 (no class Sep. 3)
Session 2	October 1-November 7
Session 3	November 12-December 19 (no class Nov. 12)

Location	Island Room
Instructor	Hip Hop Kidz Inc.

Member Fee	\$135
Non-Member Fee	\$162



Name
Able Figueroa

Originally from
Miami

How long have you lived on the Key?
3 months

School
Key Biscayne Community School

Hobbies
Swimming and hanging out

Favorite activity at the Community Center
Playing basketball

Youth & Teen Programs



NEW!

KB Strings Orchestra

Instructors Ali Larson and Vivian Gonzalez are offering a Suzuki Fusion String Ensemble Method with the best practices of classical string techniques. Group lessons and rehearsals are fun and exciting with this new strings program! Choose from violin, viola, cello or bass. Lessons include string technique, music theory, rhythm training and sight reading. Music appreciation, pitch matching, improvisation and ensemble skills are also integrated into the class. Previous experience and audition required for placement in the Ensemble class. A materials/registration fee will apply. For information, visit www.KBStrings.com.

Ages 7 years and up
Days Fridays
Time 4:30-5:30 p.m.
Location Island Room

Session 1 August 24-October 26
Session 2 November 2-December 21
 (no class Nov. 23; pro-rated)

Instructor KB Strings Instructor

Member Fee \$300
Non-Member Fee \$360

AYSF String Orchestra

Amadeus Youth Symphony of Florida (AYSF) offers an innovative children's orchestra program based on the famous Venezuelan "El Sistema" philosophy. The AYSF String Orchestra program includes instruction on a variety of instruments (including violin, viola, cello and bass), group classes and ensemble rehearsals. Students are also taught music theory fundamentals. Students must bring their own instrument or rent one from AYSF by contacting program director Sylvia Constantinidis at 786-222-2105. Sessions are 8 weeks long.

Ages 4-13 years
Days Mondays
Time 4:30-5:30 p.m. (Beginners)
Time 5:30-6:30 p.m. (Intermediate)
Location Island Room

Session 1 August 20-October 15
 (no class Sep. 3)
Session 2 October 22-December 17
 (no class Nov. 12)

Instructor AYSF Instructor

Member Fee \$220
Non-Member Fee \$264
Visitor's Class \$25



CHINESE CULTURE & LANGUAGE

Learn about the culture, language and people of China without leaving the Key! This course teaches students to write, read and speak basic Mandarin and introduces them to Chinese culture. An experienced instructor will provide students with an understanding of conversation fundamentals; simple Mandarin written characters; an overview of Mandarin grammar; and the history of certain Chinese traditions.

Ages 5 and up
Days Mondays
Time 5:30-6:30 p.m.
Location Arts & Crafts Room

Session 1 August 20-October 15
 (no class Sep. 3)
Session 2 October 22-December 17
 (no class Nov. 12)

Instructor Kevin Kao

Member Fee \$300
Non-Member Fee \$360

Youth & Teen Programs

OTHER PROGRAMS

Chess for Kids NEW!

Playing chess has proven to help students enhance their creativity, improve their power of concentration, develop and expand critical thinking skills, boost memory and retention and achieve superior academic performance. Students will learn opening theories, strategies, tactics, endgame techniques and check mating patterns. They will learn to record and analyze their games and play with the chess clock. Good sportsmanship and playing etiquette are emphasized at all times. All levels are welcome.

Ages	7-12 years
Days	Saturdays
Time	10:30 a.m.-11:45 a.m.
Location	Adult Lounge
Session 1	September 8-October 20
Session 2	October 27-December 15 (no class Nov. 24)
Instructor	Oscar Maldonado, National Master
Member Fee	\$175
Non-Member Fee	\$210

Homework Club

Catch up on class work or fine-tune your academic skills with this after school club.

Ages	Grades 1-8
Days	Mondays, Tuesdays and Thursdays
Time	3:30-4:30 p.m.
Days	Wednesdays
Time	2:30-3:30 p.m.
Location	Game Room
Member Fee	Free
Non-Member Fee	\$6 per day

Dodgeball Club

Have fun with this club for dodgeball fanatics.

Ages	Grades 3-8
Days	Wednesdays
Time	2:30 p.m.
Location	Gymnasium
Fee	Every child pays \$5 per month

Marine Science Explorer's Club NEW!

In this new class presented by the Marjory Stoneman Douglas Biscayne Nature Center, students will learn from real scientists and naturalists how to dissect a squid, understand the inner workings of the earth's crust using food items, learn about city planning and environmental protection, learn about the exciting sea life that exists off the Key Biscayne beaches, termite pheromone trails, and many more exciting activities and lessons. Every lesson will be fun, educational and unique! Visit www.BiscayneNatureCenter.org for more information. All supplies and materials included in class fee. Course requires a minimum of 10 students and pro-rating is not allowed.

Ages	8-11 years
Days	Tuesdays
Time	5:00-6:30 p.m.
Location	Island Room

Session 1	August 21-September 11
Session 2	September 18-October 9
Session 3	October 16-November 6
Session 4	November 13-December 18 (pro-rated session)
Instructor	M.S.D. Biscayne Nature Center

Member Fee	\$48
Non-Member Fee	\$58

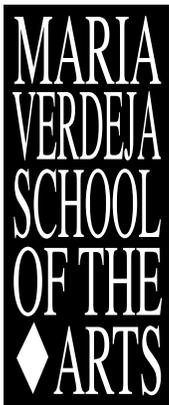
ROBOTICS WORKSHOPS

Whether you are a beginner or advanced robot builder, this workshop will teach you basics in programming, provide clarification about the FIRST® LEGO® League Challenge, help you build sturdy robots or give you more practice time. Don't miss this unique opportunity to learn from a robotics specialist!

Ages	7-13 years
Time	9:00 a.m.-12:00 noon
Days	Saturdays
Dates	Sep. 8, 22; October 6
Location	Arts & Crafts Room
Instructor	Maria Teresa Valle
Member Fee	\$60 per day
Non-Member Fee	\$72 per day



Youth Dance Programs



DANCING STARS BY MARIA VERDEJA SCHOOL OF THE ARTS

The Maria Verdeja School of the Arts proudly offers its ever-popular *Dancing Stars Dance Program* at the Community Center. Here, dancers can choose from a wide variety of classes that teach various dance techniques including classical ballet, lyrical, jazz and tap. Established in 1986, this program is known for its thorough curriculum that helps strengthen dancers' technique and helps them develop a sense of confidence and increased self esteem.

Classical Ballet

Considered the foundation to all dance forms, Classical Ballet is the contrast between strong leg movements and the graceful upper body that creates its beauty. Participants in the program are required to take ballet twice a week.

Lyrical Dance

This class is the fusion of ballet and jazz techniques. Here dancers use motion to interpret music and express emotion.

Jazz

This exciting form of dance is set to pop music where dancers show off skills such as high kicks and large jumps in an energetic way.

Tap

A form of dance which uses quick and precise foot work to create rhythmic sounds and syncopation with the tap shoe.

Jazz Funk

This dance class integrates jazz, soul and funk music with dynamic movements. It uses the strong back beat of the music to help accentuate the steps and style of this dance form.



GROUP LEVELS

GRADE	GROUP
Pre-K3	White
Pre-K4	Blue/Jazz 2/Tap
Kindergarten	Peach/Jazz 2/Tap
1st & 2nd Grade	Yellow/Jazz 4/Tap
3rd & 4th Grade	Aqua/Jazz 6/Lyrical Beg/Tap
5th & 6th Grade	Green/Jazz 6/Lyrical Beg/Tap
7th & 8th Grade	Silver/Jazz Funk/Lyrical Int/Tap

Note: All classes will take place in the Island Room.

Session Dates and Fees

Session 1

August 20-October 18
(no class Sep. 3 or Oct. 8)

Session 2

October 22-December 20
(no class Nov. 12 or 22)

Member Fee

1 class/week (8 hours total)
\$130 per session
2 classes/week (16 hours total)
\$216 per session
3 classes/week (24 hours total)
\$320 per session
4 classes/week (32 hours total)
\$390 per session
5 classes/week (40 hours total)
\$450 per session

Non-Member Fee

1 class/week (8 hours total)
\$156 per session
2 classes/week (16 hours total)
\$260 per session
3 classes/week (24 hours total)
\$384 per session
4 classes/week (32 hours total)
\$468 per session
5 classes/week (40 hours total)
\$480 per session

Additional Fees

Information about annual registration and costumes fees is provided by instructors. These fees are paid directly to Maria Verdeja.

Youth Dance Programs

YOUTH DANCE COMPANY OF KEY BISCAYNE

Let your daughter benefit from the confidence, grace, poise and discipline that the study of ballet will instill in her for a lifetime. Students will learn basic jazz and ballet techniques step by step. This program is directed by Susana Catturini, graduate of New World School of the Arts and the University of Florida, who is also a former member of the Momentum Dance Company. Ballet classes will conclude with a stage performance of *The Nutcracker* at the end of Session 2.

Location	Island Room
Session 1	August 20-October 10 (no class Sep. 3)
Session 2	October 15-December 5
Instructor	Susana Catturini and Company Instructors
Additional Fees	\$90 annual registration fee, includes leotard uniform and \$90 annual costume fee made payable to Susana Catturini

Ballet I

This program is specially designed to provide children with a strong foundation in dance and movement. It teaches the young dancer basic vocabulary and basic ballet technique at the barre, in the center and across the floor.

Ages	3-5 years
Days	Mondays and Wednesdays
Time	3:30-4:30 p.m.
Member Fee	\$210
Non-Member Fee	\$252

Ballet II

Students will explore and develop an understanding of the vocabulary, technique and theoretical concepts of ballet. Special pricing available for students also registered for Jazz class offered on Mondays at 5:30 p.m.

Ages	6-9 years
Days	Mondays and Wednesdays
Time	4:30-5:30 p.m.
Member Fee	\$210 (Ballet only) \$270 (Ballet and Jazz)
Non-Member Fee	\$252 (Ballet only) \$324 (Ballet and Jazz)

Ballet III and Jazz

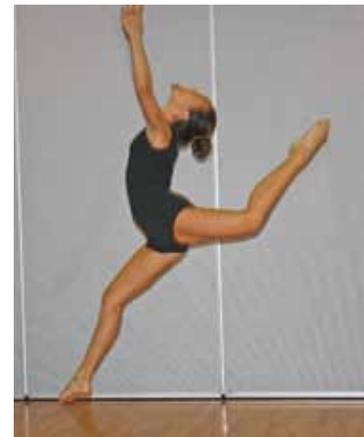
Explore classical ballet techniques with emphasis on precision of lines and exactness of movement. Girls will apply ballet techniques to several jazz styles. This is the appropriate combination of classes necessary to audition for middle and high school dance magnet programs. Students will benefit from the personal attention instructors provide.

Ages	10-15 years
Days	Mondays (Jazz) Wednesdays (Ballet III)
Time	5:30-6:30 p.m.
Member Fee	\$210
Non-Member Fee	\$252

Jazz

Dancers will learn several jazz techniques including classical and contemporary jazz styles using catchy rhythms of pop music. Girls will show off dance techniques by performing big jumps, turns, balance and sharp jazz movements.

Ages	7 years and up
Days	Mondays
Time	5:30-6:30 p.m.
Member Fee	\$120
Non-Member Fee	\$144



Broadway Musical Theatre Program



BROADWAY MUSICAL THEATRE PROGRAM

The Broadway Musical Theatre (BMT) Program, named “one of the best theatre programs in the country” by critic Richard Cameron, presents a theatre program that trains students in becoming a triple threat performer: unparalleled actors, singers and dancers! BMT is based on the interplay among the various elements of musical theatre where students learn to dance, act and sing. Each class will consist of the technical aspects of ballet, jazz, tap and improvisation to learn the various styles and choreographies of Broadway’s most famous musicals. Students will also learn how to define a character, develop vocal techniques and master the various musical theatre techniques and styles. In the beginning levels, fundamental technique and style will be introduced in the three areas (dance, song and acting). In the more advanced levels, a range of styles, sophisticated technique and vocal performance will be the focus. Advance and Company class students need permission from the instructor before they can register. BMT’s highly experienced professional instructors include director Angelica Torres, Giselle Segura, Annette Navarro, Natasha Williams, Crystal Karaginis and Nataniel Roman.



Broadway Ballet NEW!

This class is specific for the performer who wants to focus mainly on ballet technique as a support in their training as an actor, singer and dancer. The session is 12 weeks long.

Session	September 1-November 17
Location	Dance Studio
Instructor	Nataniel Roman
Days	Saturdays
Time	12:30 p.m. (10 years and up) 1:30 p.m. (7-9 years)
Member Fee	\$200
Non-Member Fee	\$240

Session	August 20-December 15 (16 weeks; no class Nov. 19-24)
Location	Dance Studio
Member Fee	\$530
Non-Member Fee	\$636

Broadway Group 1

Ages	4 years
Days	Tuesdays and Thursdays
Time	3:15-4:00 p.m.

Broadway Group 2

Ages	5-6 years
Days	Mondays and Fridays
Time	2:30-3:30 p.m.

Broadway Group 3

Ages	7-9 years
Days	Mondays and Fridays
Time	3:30-4:30 p.m.

Broadway Group 4

Ages	9-12 years
Days	Mondays and Fridays
Time	4:30-5:30 p.m.

SAVE THE DATE!

This year’s Broadway Musical Theatre show will take place December 12-13, 2012 at the Ransom Everglades Theater. You won’t want to miss this spectacular performance. Please visit www.BroadwayMusicalTheatre.com for updates and additional information.



Broadway Musical Theatre Program

BROADWAY MUSICAL THEATRE ADVANCED

These intensive classes are designed for students with strong skills in at least two areas: singing, dancing or acting. Advanced classes are taught by highly experienced professional instructors including director Angelica Torres, Nataniel Roman, Giselle Segura and Annette Navarro.

Note: Classes are by invitation only.

Session	August 20-December 15 (16 weeks; no class Nov. 19-24)
Location	Dance Studio
Member Fee	\$580
Non-Member Fee	\$696

Broadway Pre-Advanced

Ages	6-7 years
Days	Tuesdays and Thursdays
Time	4:00-5:30 p.m.

Broadway Advanced Group I

Ages	7-9 years
Days	Monday and Fridays
Time	3:30-4:30 p.m.
Days	Wednesdays
Time	3:00-4:15 p.m.

Broadway Advanced Group II

Ages	10-13 years
Days	Wednesdays
Time	4:15-5:30 p.m.
Days	Saturdays
Time	1:30-3:00 p.m.

COMPANY

BMT is proud to announce new Company and Company Junior classes. Led by director Angelica Torres and guest instructors, these classes are designed for the "Triple Threat" students who have a strong foundation in singing, dancing and acting. Advanced workshops in dancing, singing and acting will be held every Saturday and some Sundays for special guest teachers and rehearsals. Company Junior students are able to take any Advance II classes during the week for extra training. These classes are for serious students who will participate in the final production.

Note: Classes are by invitation only and require an audition.

Session	August 25-December 15 (16 weeks; no class Nov. 24-25)
Location	Dance Studio
Member Fee	\$580
Non-Member Fee	\$696

Company Junior

Ages	10-13 years
Days	Saturdays
Time	1:30-4:30 p.m.
Days	Sundays - TBA

Company

Ages	14-20 years
Days	Saturdays
Time	1:30-4:30 p.m.
Days	Sundays - TBA

BROADWAY MUSICAL THEATRE ADULTS

Back by popular demand, this is an open call for adults to get ready to have a wonderful time learning ballet and other aspects of musical theatre. At the end of the course you will take part in a full production (past productions include *Mamma Mia!* and *Chicago*) and become part of our famous Broadway family. The session is 12 weeks long.

Session Dates	August 22-November 14
Location	Dance Studio
Instructor	Nataniel Roman
Days	Wednesdays
Time	12:00-1:30 p.m.
Member Fee	\$300
Non-Member Fee	\$360



Fall & Winter Break Camps

RAT'S DAY OFF & WINTER DAY CAMPS

When Key Rats are off from school, they can spend the day having fun in a safe environment. Each full-day program offers a variety of activities, which may include computer lab, movies, arts and crafts, games, sports, swimming, field trips and much more. Lunch is not included, so please don't forget to bring your own. Please register in advance to ensure proper staffing and child supervision.

Ages	K-8th Grade	
Dates	Monday, September 17	Thursday, December 27
	Wednesday, September 26	Friday, December 28
	Friday, October 26	Wednesday, January 2
	Tuesday, November 6	Thursday, January 3
	Wednesday, December 26	Friday, January 4
Time	8:00 a.m.-3:00 p.m.	
Member Fee	\$25 per day	
Non-Member Fee	\$30 per day	
Late Care	3:00-6:00 p.m.	
Member Fee	\$15 per day	
Non-Member Fee	\$18 per day	



MARINE BIOLOGY CAMP

Gerard Loisel, an NSU adjunct professor, has taught marine biology to students of all ages for more than four decades and was the host of the PBS television series *Marine Aquarium World*. During camp, kids will explore the intertidal zone at Bear Cut, learn about interesting marine animals, visit the Miami Seaquarium, learn to tag fish for scientific research and much more. Each session requires a minimum of 10 participants, so please register early!

Ages	8-14 years
Days	Wednesday-Friday
Time	9:00 a.m. -1:00 p.m.
Session 1	December 26-28
Session 2	January 2-4
Member Fee	\$99 per session
Non-Member Fee	\$119 per session

SPORTS CAMPS

Calling all sports enthusiasts! Whether you are a sports pro or want to learn some new skills, you'll have a blast in Tony Goudie's sports camps. Each week, Tony offers a fun-filled camp experience where you'll make new friends and memories to last a lifetime. This is a non-competitive environment where you can play your favorite games and perhaps learn a new sport.

Ages	6-14 years
Days	Wednesday-Friday
Time	10:00 a.m.-2:00 p.m.
Member Fee	\$25 per day
Non-Member Fee	\$30 per day

Flag Football Camp

Session	December 26-28
Location	Village Green

Basketball Camp

Session	January 2-4
Location	Gymnasium

AMERICAN GYMSTERS

Join the American Gymsters coaches and staff this fall for an outrageously good time! Boys and girls of all gymnastics skill levels will have a great time working on the vault, beam, bars, floor and trampoline...along with other fun activities!

Days	Tuesdays	Fees	(10 weeks per session)
Times		Beginners and Intermediate	
Beginners	4:00-5:00 p.m.	1 x per week	
Intermediate	5:00-6:00 p.m.	Members	\$270
Advanced	6:00-7:30 p.m.	Non-Members	\$324
Pre-Team	6:00-7:30 p.m.	2 x per week	
Days	Saturdays	Members	\$440
Times		Non-Members	\$528
Beginners	9:00-10:00 a.m.	Advanced and Pre-Team	
Intermediate	9:00-10:00 a.m.	1 x per week	
Advanced	10:00-11:30 a.m.	Members	\$320
Pre-Team	10:00-11:30 a.m.	Non-Members	\$384
Session 1	August 21-October 27	2 x per week	
Session 2	October 30-January 19	Members	\$450
	(no class Dec 24-Jan 5)	Non-Members	\$540

Additional Insurance Payment
\$70 per year (made payable to American Gymsters)



ATHLETICS

The Village of Key Biscayne and the Youth Athletics Advisory Board are working on revised policies, procedures, fees and registration deadlines for new and returning players to be released in the fall. Please visit www.ActiveIslander.org or call the Athletics Department at 305-365-8900 for more information.

Flag Football

Ages Boys and girls ages 6-14 as of September 1.
Junior Division ages 9-11.
Senior Division ages 12-14.

Girls Volleyball

Ages Girls ages 9-14 as of September 1.
Junior Division ages 9-11.
Senior Division ages 12-14.

Basketball

Ages Boys and girls ages 6-14 as of November 1. Co-Ed Intramural League ages 6-9. Girl's League ages 10-14. Boy's League ages 10-14.

Field Hockey

Ages Boys and girls ages 5-18
E-mail KBFieldHockey@gmail.com for more information.

Rugby

Ages Boys ages 5-14
Information available at www.RugbyRats.com or by e-mailing Info@RugbyRats.com.

Adult Softball

Ages Men and women over the age of 18

Fall Soccer

The Key Biscayne Soccer Club offers PeeWee, Intramural, and Travel programs in the Fall of 2012.

For more information, please visit:
www.KeyBiscayneSoccerClub.com

or email:
webmaster@KeyBiscayneSoccerClub.com



KEY BISCAYNE BASKETBALL ACADEMY

Why sit courtside when you can take part in this action-packed basketball program? Taught by legendary Key Biscayne Coach Tony Goudie, this program is designed to strengthen a player's game as well as their spirit. Boys and girls will learn good sportsmanship, develop strong playing skills and build lasting friendships. Each session is 4 weeks/8 practices.

Ages 6-14 years
Days Mondays and Fridays
Times
Beginners 3:00-4:00 p.m.
Intermediate 4:00-5:00 p.m.
Advanced 5:00-5:30 p.m.
Sessions August 20-December 21
Instructor Tony Goudie
Member Fee \$100 (Beg & Int)
\$50 (Adv)
Non-Member Fee \$120 (Beg & Int)
\$60 (Adv)



Team Key Aquatics



Interested in joining TKA?

Please contact Coach Gaby at 786-200-6717 prior to registering.

Practice days and times are subject to change.



If you love swimming and are willing to work hard to improve your skills, then Team Key Aquatics (TKA) is definitely for you. TKA is a dynamic aquatic program dedicated to the future of its athletes. In addition to having fun, coaches strive to develop athletes through fundamental swimming skills that will maximize their potential. TKA will further strengthen each swimmer's athletic arsenal by preparing him or her for their high school swimming and water polo seasons. One of the many goals at TKA is to give its young athletes the tools and skills necessary to successfully compete at the high school level.

TKA has introduced a method of cross-training called Swimfit that will allow every athlete to reach his or her prime fitness level. Seamlessly mixing aquatic training with dry-land exercises, TKA coaches will train their athletes in the art of balancing swim stroke training and dry-land workouts at every Crew level. Swimfit is a conditioning program that mixes swim stroke training, swimming sprints, running sprints, pushups, pull ups, sit ups, squats, lunges and other functional movements. The more muscles worked, the more calories burned. The group workouts are short, highly intense and constantly changing, making them fun, yet challenging. As coaches, we strive to make our athletes functionally fit.

Sessions	August 20-December 21
Frequency	Crew swimmers meet 3 times per week
Member Fee	\$150 (4 weeks)
Non-Member Fee	\$180 (4 weeks)

TKA Masters

Swimmers in TKA Masters pride themselves on swimming better and faster. High school athletes and adult swimmers benefit from interval and speed based workouts as well as stroke technique training. TKA coaches successfully supplement in-pool training with training outside of the pool.

Days	Mondays, Tuesdays, Wednesdays, Thursdays
Time	6:45-7:45 p.m.

Open Crew

Open Crew swimmers are introduced to swimming as a fun sport. They are coached on basic stroke technique and are taught entry level drills and exercises. Focusing on freestyle, Open Crew swimmers learn the first stroke necessary for a strong swimming foundation. The love and passion for swimming is introduced at this level.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	3:40-4:10 p.m.

8 Years Old & Under Crew

8 Years Old & Under Crew swimmers emphasize proper stroke technique as well as speed work and interval training. This group begins to practice the breast stroke, further strengthening their foundation in the basics. Freestyle is worked on with more emphasis and technique. Aerobic conditioning drills are introduced in this group.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	4:15-4:45 p.m.

9 & 10 Year Olds Crew

9 & 10 Year Olds Crew swimmers increase their exercise load to 45 minutes per practice and begin to work on race strategy and advanced speed and interval training. This group begins to work on the butterfly stroke, getting even closer to the individual medley. Freestyle and breast stroke drills and techniques are emphasized in greater detail.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	4:50-5:35 p.m.

11 Years Old & Over Crew

11 Years Old & Over Crew swimmers increase their exercise load to 1 hour per practice and begin to work on race strategy and advanced speed and interval training. This group finishes the individual medley with the introduction of the back stroke. Training in all 4 strokes will prepare these swimmers for racing in the individual medley during their high school years.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	5:40-6:40 p.m.

Swim Kids Swimming School

Fall Sessions:

August 20-December 21

*Parents & Me: Ages 4-24 months

Ideal for babies, this Parents & Me class is an opportunity for parents to spend quality time with their children. The instructor will introduce basic swimming and water survival skills. Each class requires a 3 child minimum. Please check with the front desk for class days and times.

Turtles: Ages 2-3 years

Toddlers will be introduced to the basics of swimming and later learn freestyle strokes such as arrows, circles, airplanes, as well as dolphin and frog kicks.

Jellyfish: Ages 4-6 years

Once basic swimming and survival skills are mastered, children will learn fun mini-strokes such as arrows, circles, airplanes, back float, front float, dolphin and frog kicks.

Dolphins: Ages 7-9 years

The emphasis at this level will be on timing and swimming strokes.

Sharks: Ages 10 years and up

Advanced strokes are introduced at this level and then developed and refined, preparing the child for competition and a lifetime of physical endurance and fitness.

*Adult Classes: Ages 18 years and up

It's never too late to learn or refresh your swimming skills. Swim Kids offers private and group swimming lessons for adults as well. Please check with the front desk for class days and times.

Class Options and Fees

Private Lessons (1 Swimmer/1 Instructor/8 Lessons)

Class Duration:	30 minutes
Member Fee	\$360
Non-Member Fee	\$432

Semi-Private Lessons

(2 Swimmers/1 Instructor/8 Lessons)

Class Duration:	30 minutes
Member Fee	\$200
Non-Member Fee	\$240

Group Lessons

(3-10 Swimmers/1 Instructor/4 week session)

Class Duration:	30-40 minutes
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Once per week

Member Fee	\$70
Non-Member Fee	\$84

Twice per week

Member Fee	\$120
Non-Member Fee	\$144

Necessary Equipment

Bathing suit, bathing cap and goggles.

** Parents & Me and Adult classes begin when minimum registration numbers are met. Please call Swim Kids prior to registering to inquire about next start date and time.*

For questions or more information, please call Swim Kids at 305-262-SWIM (7946) or log on to www.swimkidschool.com.



GROUP LESSONS SCHEDULE					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:00 p.m. Turtles	10:00 a.m. Parents & Me				
3:30 p.m. Jellyfish	10:30 a.m. Turtles				
4:00 p.m. Dolphins	11:00 a.m. Jellyfish				
4:40 p.m. Sharks	11:30 a.m. Dolphins/Sharks				



EMPOWERING YOGA BY VERO YOGA & CO.

Empower yourself, get strong and get in shape, while bringing freedom to your mind with this empowering yoga program. Three different classes are available. All levels are welcome. For more information, please visit www.VeroYoga.com.

- Member Fee** \$18 per class or \$130 per 10-class punch pass
- Non-Member Fee** \$21 per class or \$160 per 10-class punch pass

Easy Flow

A gentle, restorative and invigorating yoga practice. This sequence aims to retain the vitality of the body by oxygenating and rejuvenating every cell of your system. It also helps promote total physical and mental well-being. Pre-natal yoga practitioners are welcome.

Flow

A new level of “Vero Yoga” practice, this sequence allows participants to flow with grace while synchronizing the breath with a progressive series of postures that produce internal heat, toning all muscles and organs, as well as calming the mind. *(Note: This class is more dynamic than the Easy Flow class and less intense than the Multi-Level class.)*

Multi-Level I and II

An intense and stimulating style of yoga, this class uses the Vinyasa-style (breathing intensive) of yoga. It's physically demanding practice due to the constant movement from one pose to the next. The result is often improved circulation, a light and strong body and a calm mind.

VERO YOGA & CO. SCHEDULE: August 6-December 21

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level II Veronica	8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level II Veronica	8:30 a.m. Easy Flow Veronica
12:30 p.m. Multi-Level I Veronica	11:00 a.m. Flow Angeles	4:00 p.m. Young Kids Yoga Cecilia		
		5:00 p.m. Kids Yoga Cecilia		Adult classes are 90 minutes and held in the Island Room.

MEDITATION & BREATHING WORKSHOP

Learn to release physical tension and mental anxiety. Participants will improve concentration and enjoy better health through ancient meditation and breathing techniques.

- Dates** Mondays: September 10, October 1, November 5, December 3
- Time** 7:00-8:00 p.m.
- Location** Arts & Crafts Room
- Instructor** Veronica Vidal
- Member Fee** \$17
- Non-Member Fee** \$20

VERO YOGA FOR KIDS

In this class, boys and girls will develop strong, limber and healthy bodies while cultivating self esteem, increasing focus and concentration—all in a playful environment. Children also will learn how to cope with life stressors and how to effectively relax and sleep better.

- Days** Wednesdays
- Time** 4:00-5:00 p.m. (ages 4-7)
- Time** 5:00-6:00 p.m. (ages 8-12)
- Location** Island Room
- Sessions** Ongoing beginning August 22
- Member Fee** \$100 for 10 classes or \$12 per class
- Non-Member Fee** \$120 for 10 classes or \$14 per class



YOGA CLASSES

Considered both physical and mental therapy, practicing yoga has numerous benefits including improving flexibility, strength and muscle tone as well as managing stress and preventing disease. As a Community Center member, why not sign up for one of our cost-effective yoga classes and start reaping the health benefits today? No previous experience is required.

Ages	16 years and up
Member Fee	\$9 per class
Non-Member Fee	\$15 per class

Yoga with Arbey

You'll break a sweat in this fun and challenging class that will help you build strength and flexibility of both body and mind. Each class is designed with a combination of asanas from various styles of yoga.

Days	Mondays, Wednesdays and Fridays
Time	10:00-11:30 a.m.
Instructor	Arbey Quiceno

Gentle Yoga

This class focuses on the basic fundamental posture of yoga. It combines breath and movement to build strength and flexibility. No previous experience is required.

Days	Tuesdays and Thursdays
Time	9:30-11:00 a.m.
Instructor	Kerstin Eskeli

Power Yoga (Multi-Level)

This Dharma Mittra style class is designed to build a strong foundation to advance in balancing, back-bending, twisting and inversions. This mentally and physically challenging class will leave you feeling energized and inspired! All levels are welcome. Wear loose clothing that stretches.

Days	Mondays and Wednesdays
Time	7:00-8:30 p.m.
Days	Saturdays
Time	9:30-11:00 a.m.
Instructor	Kerstin Eskeli

Please be aware that effective June 1, 2012, the Member Fee for yoga classes is \$9 per class.



COMPLETE YOGA SCHEDULE

Classes are 90 minutes and held in the Island Room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30 a.m. Easy Flow Yoga <i>Vero Yoga & Co.</i>	8:30 a.m. Multi-Level II Yoga <i>Vero Yoga & Co.</i>	8:30 a.m. Easy Flow Yoga <i>Vero Yoga & Co.</i>	8:30 a.m. Multi-Level II Yoga <i>Vero Yoga & Co.</i>	8:30 a.m. Easy Flow Yoga <i>Vero Yoga & Co.</i>		
10:00 a.m. Yoga <i>Arbey</i>	9:30 a.m. Gentle Yoga <i>Kerstin</i>	10:00 a.m. Yoga <i>Arbey</i>	9:30 a.m. Gentle Yoga <i>Kerstin</i>	10:00 a.m. Yoga <i>Arbey</i>	9:30 a.m. Power Yoga <i>Kerstin</i>	
12:30 p.m. Multi-Level I Yoga <i>Vero Yoga & Co.</i>	11:00 a.m. Flow Yoga <i>Vero Yoga & Co.</i>	4:00 p.m. Young Kids Yoga <i>Vero Yoga & Co.</i>				
		5:00 p.m. Kids Yoga <i>Vero Yoga & Co.</i>				
7:00 p.m. Power Yoga <i>Kerstin</i>		7:00 p.m. Power Yoga <i>Kerstin</i>				

Group Exercise Information



Group Exercise Pass Prices

New fees effective June 1, 2012

Single	
Members	\$9
Non-Members	\$15
5 Pack	
Members	\$35
Non-Members	N/A
10 Pack	
Members	\$60
Non-Members	N/A
20 Pack	
Members	\$100
Non-Members	N/A

Packages are not valid for yoga classes or non-members. Passes are non-transferable and non-refundable.

GROUP EXERCISE GENERAL INFORMATION

- Always bring a sweat towel and water bottle to class.
- You must be at least 15 years of age to participate in a group exercise class.
- Bring your valid punch pass along with your ID to class.
- Always sign in when you attend a class.
- Classes may fill up quickly (especially bike classes) so make sure to arrive a few minutes early. Please do not enter a class in progress unless the instructor has indicated that you can do so.
- Please wear appropriate clothing and footwear.
- Yoga mats will be available for use. If you practice yoga regularly, you may want to consider purchasing a mat.

Group Exercise Class Descriptions

Body Sculpting—Body bars, hand weights and balls are used in this 55-minute class to tone all the major muscles in your body and increase muscle endurance.

Spinning—The ultimate indoor cycling experience. You control the resistance and cadence to make the class as challenging as you need it to be!

Latin—Work out Latin style with dance moves. An excellent class for all fitness levels and dance skill levels.

Step—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing just the step. This class is moderate-to-high intensity with some abdominal work.

Zumba—High energy and motivating music with unique moves and combinations makes this a fun and easy workout!

GROUP EXERCISE SCHEDULE

Classes are 55 minutes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15 a.m. Spinning <i>Sergio</i>	6:45 a.m. Spinning <i>Jennifer</i>	6:15 a.m. Spinning <i>Sergio</i>	6:45 a.m. Spinning <i>Jennifer</i>			
8:00 a.m. Spinning <i>Jennifer</i>	8:00 a.m. Brazilian Sculpt <i>Marquinho</i>	8:00 a.m. Spinning <i>Jennifer</i>	8:00 a.m. Brazilian Sculpt <i>Marquinho</i>	8:00 a.m. Spinning <i>Marilyn</i>	8:15 a.m. Spinning <i>Marquinho</i>	
9:00 a.m. Step <i>Jennifer</i>	9:00 a.m. Spinning <i>Jennifer</i>	9:00 a.m. Body Sculpting <i>Jennifer</i>	9:00 a.m. Step <i>Jennifer</i>	9:00 a.m. Step/Sculpt <i>Jennifer</i>	9:15 a.m. Brazilian Sculpt <i>Marquinho</i>	
10:00 a.m. Body Sculpting <i>Jennifer</i>	10:00 a.m. Shape Up <i>Jennifer</i>	10:00 a.m. Have a Ball!-Senior Class <i>Marilyn</i>	10:00 a.m. Body Sculpting <i>Jennifer</i>	10:00 a.m. Latin <i>Jennifer</i>	10:15 a.m. Step <i>Jennifer</i>	10:00 a.m. Spinning <i>Jennifer</i>
10:00 a.m. Have a Ball!-Senior Class <i>Marilyn</i>					11:15 a.m. Zumba <i>Huayla</i>	
11:00 a.m. Spinning <i>Marquinho</i>	11:00 a.m. Zumba <i>Huayla</i>	11:00 a.m. Brazilian Sculpt <i>Marquinho</i>	11:00 a.m. Zumba <i>Huayla</i>	11:00 a.m. Brazilian Sculpt <i>Marquinho</i>		
5:45 p.m. Zumba <i>Huayla</i>	6:00 p.m. "The Ride" Spinning <i>Arturo</i>	5:45 p.m. Zumba <i>Huayla</i>	6:00 p.m. "The Ride" Spinning <i>Arturo</i>	5:45 p.m. Zumba <i>Huayla</i>		
6:45 p.m. Spinning <i>Marilyn</i>	7:00 p.m. Brazilian Sculpt <i>Marquinho</i>	6:45 p.m. Spinning <i>Marilyn</i>	7:00 p.m. Brazilian Sculpt <i>Marquinho</i>			

Fitness Programs and Classes

NEW!

Mat Pilates Course

Mat Pilates is a mind/body workout that focuses on posture, breath control, abdominal strength, flexibility and joint mobility. You will be working rigorously, without impacting your joints, by strengthening and stretching your body throughout the workout. Be prepared to activate your mind as you go through each movement, developing and increasing awareness of your body. The work is intended to be effective and thorough, allowing the instructor to give individual attention as needed. This 4-week course meets twice per week and is limited to 8 people.

Days	Tuesdays and Thursdays
Time	9:30-10:30 a.m.
Location	Island Room
Sessions	4-week sessions begin Sep. 4
Instructor	Natalie Valdez
Member Fee	\$80 (4 weeks)
Non-Member Fee	\$96 (4 weeks)

T-Fit Indoor Boot Camp

T-Fit Indoor Boot Camp is an innovative fitness program that specializes in “cross training” style sessions. The energetic T-Fit instructors create a unique environment that is motivational but also friendly to ensure participants progress within their comfort zone. Each class is limited to 20 participants. For more information, visit www.TFit360.com.

Days	Tuesdays and Thursdays
Time	TBA (inquire at the Front Desk)
Location	Gymnasium
Member Fee	\$10 per class
Non-Member Fee	\$12 per class

Swimming Endurance

NEW!

Designed to build endurance, this new, fun approach to swim training is open to all adults interested in maintaining or improving their physical condition while developing their swimming skills. For more information, contact Coach Lilly at 786-366-5329 or liliana.montes@teamtrainer.us.

Days	Monday-Thursday
Time	8:45-10:00 a.m.
Location	Pool
Sessions	4-week sessions begin Aug. 20
Instructor	Liliana Montes
Member Fee	\$120 (4 weeks)
Non-Member Fee	\$144 (4 weeks)

TRIATHLON TEAM

This program is designed with individual athletes in mind. Participants will receive weekly training sessions, including swim, bike and running sessions. For more information, call 786-366-5329 or visit www.TeamTrainer.us.

Elite Plan

Depending on the sport of your choice, this plan includes training plans, assistance via email and technical supervision two times per week.

Days	Tuesdays and Thursdays
Time	6:30-7:45 a.m.
Member Fee	\$135 (4 weeks)
Non-Member Fee	\$160 (4 weeks)

Plus Plan

The plan (which is comprised of two swim sessions, one bike session and one running session) includes a weekly online training plan, support via email and phone, technical supervision four times per week.

Days	Tuesdays and Thursdays (swim)
Time	6:30-7:45 a.m. and 7:45-8:45 p.m.
Days	Wednesdays (run)
Time	6:45-8:00 p.m.
Days	Fridays or Saturdays (bike)
Time	TBA
Member Fee	\$270 (4 weeks)
Non-Member Fee	\$318 (4 weeks)

Youth Triathlon Team

Young aspiring athletes will become inspired and motivated with this new program. Youth and teens between the ages of 6 and 15 will train in endurance sports such as running, biking and swimming. Based on their age and athletic ability, they will be divided into three categories to compete in 50-300 yards of swimming, two to eight miles of biking, and 500 yards to two miles of running.

Days	Mondays, Wednesdays and Thursdays
Time	5:45-6:45 p.m. (combining sports daily)
Member Fee	\$140 per month (2 times per week)
Non-Member Fee	\$172 per month
Member Fee	\$175 per month (3 times per week)
Non-Member Fee	\$195 per month



Senior Fitness Programs and Classes



Name

Marisa Zayas-Bazán
Rodríguez

Originally from

Camaguey, Cuba

How long have you lived on the Key?

12 years

Profession

Retired business manager
at FIU

Hobbies

Shopping, going to the
movies and traveling

Favorite activity at the Community Center?

Enhance Fitness

Enhance Fitness

Are you ready to get energized? Enhance Fitness is a low-cost, evidenced-based exercise program that's helping older adults (age 60 and over) at all levels of fitness become more active, energized and empowered to sustain independent lives. Based on solid research and tested at over 80 sites nationwide, Enhance Fitness focuses on stretching, flexibility, balance, low impact aerobics and strength training exercises.

Days	Mondays, Wednesdays and Fridays
Times	2:00-3:00 p.m. and 5:30-6:30 p.m.
Location	Community Room (1st floor, Village Hall)
Session	August 20-December 14
Instructor	Marilyn Myles
Fee	\$120 (16 weeks)

Have a Ball!

This beginner movement class will allow you to strengthen, tone and increase your overall flexibility and balance.

Days	Mondays, Wednesdays and Fridays
Time	10:00-11:00 a.m.
Session	Ongoing
Instructor	Marilyn Myles
Member Fee	\$9 per class or Group Exercise Pass

Splash! Water Workout

Splash your way into fitness with this fun and exciting water workout designed to be easier on your joints. Get fit in the pool while increasing your overall endurance and strength.

Days	Tuesdays and Thursdays
Time	10:30-11:30 a.m.
Location	Pool
Session 1	August 21-September 27
Session 2	October 2-November 8
Session 3	November 13-December 20 (no class Nov. 22)
Instructor	Marilyn Myles
Member Fee	\$120
Non-Member Fee	\$135

Oriental Exercises: Elements of Tai-Chi & More

People of all ages can learn and benefit from the gentle turning and stretching movements of these self-regulated exercises, which can be adapted to any level of ability.

Days	Wednesdays (Island Room) and Sundays (Village Green)
Time	8:30 a.m.
Session	Ongoing
Instructor	Marius Robinson
Fee	Free



Adult and Senior Programs

ARTS & CRAFTS

Judi's Jewelry Class

Create customized, stylish jewelry ready for you and your friends to wear! Become your own jewelry designer, where you can choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades and will gladly help you unleash your creativity. Basic materials are included in class fee.

Days	Mondays
Time	6:30-8:30 p.m.
Days	Wednesdays
Time	10:15 a.m.-12:15 p.m.
Location	Second Floor Lobby
Session	Ongoing
Instructor	Judi Koslen
Fee	\$10 per class

Pottery for Adults

Get your hands dirty! Learn to work with clay from start to finish with an experienced instructor. Create functional and decorative ceramic pieces, re-new old skills or gain new ones. Students may bring their own project or the instructor will provide one. Potters of all experience levels are welcomed. Materials are not included in the class fee.

Days	Wednesdays
Time	10:00 a.m.-12:00 noon
Location	Arts & Crafts Room
Session 1	September 5-26
Session 2	October 3-24
Session 3	October 31-November 21
Member Fee	\$100/session or \$30/class
Non-Member Fee	\$120/session or \$36/class

Chinese Brush Painting

Learn Chinese brush painting from an instructor who has studied with internationally known artists Chow Chian Chiu and wife Chow Leung Chen-Ying. No previous experience is required. A materials list is available at the Community Center front desk.

Days	Mondays
Time	10:15 a.m.-12:15 p.m.
Location	Arts & Crafts Room
Session 1	August 20-October 1 (no class Sep. 3)
Session 2	October 8-November 12
Session 3	November 19-December 17 (pro-rated session)
Member Fee	\$50
Non-Member Fee	\$60

Painting with Tony Coro

Learn tips and techniques to produce pleasing works of art. No experience is necessary. A suggested supply list can be picked up at the Community Center front desk. Please have materials on the first day of class.

Days	Tuesdays
Time	10:15 a.m.-12:15 p.m.
Location	Arts & Crafts Room
Session 1	September 11-October 16
Session 2	October 23-November 27
Instructor	Antonio Coro
Member Fee	\$50
Non-Member Fee	\$60



Name
Patricia Mattar

Originally from
Venezuela

How long have you lived on the Key?
8 months

Profession
Realtor

Hobbies
All types of sports

Favorite activities at the Community Center
Taking Marquinho's Brazilian Sculpt class and Arbey's yoga class

Adult and Senior Programs



SCUBA DIVING LESSONS

Diver's Paradise, in partnership with the Community Center, will be offering introductory and advanced dive courses to those intrigued by the sea and the spectacular underwater beauty and marine life just off our shores. Certified and sanctioned through PADI (Professional Association of Dive Instructors), scuba instructor Eric Cartaya will teach introductory and more advanced courses (upon request) including **Discover Scuba** and **Open Water Diver**.

Beginning with classroom and pool work, all students will have ample time to develop their skills before diving in open water. All scuba gear will be provided; students are required to have their own snorkeling gear (mask, fins and snorkel). For more information, contact Eric at 786-326-1969, EJC67764@gmail.com, www.KBScuba.com or www.KeyDivers.com.

Ages	10 years and up		
Location	Community Center		
Sessions	Classes begin on the 1st and 3rd Thursday of the month (4-person minimum required)		
Days	Thursday	6:00-7:30 p.m.	Classroom
	Saturday	1:00-4:00 p.m.	Pool
	Sunday	8:00 a.m.-1:00 p.m.	Dives 1 & 2
	Tuesday	6:00-7:30 p.m.	Classroom
	Sunday	8:00 a.m.-1:00 p.m.	Dives 3 & 4
Member Fee	\$350		
Non-Member Fee	\$420		
Additional Fees	4 open water dives to be paid directly to instructor		

BRIDGE CLASSES

Bridge Lessons

From learning the basics to brushing up on your knowledge of the game—these classes have it all! Call Judy Reinach for details at 305-361-9562.

Days	Tuesdays
Location	Adult Lounge
Instructor	Judy Reinach
Session	October 16-November 20
Member Fee	\$80
Non-member Fee	\$96

Intermediate Bridge: Play of the Hand/Bidding/Supervised Play (requires instructor approval)

Time	5:00-6:00 p.m.
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Bridge for Beginners

Time	6:00-7:00 p.m.
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Intermediate Bridge: Play of the Hand/Bidding

Time	7:00-8:00 p.m.
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Duplicate Bridge Game

Join us for an afternoon of Duplicate Bridge every Wednesday. Call Judy Reinach for details at 305-361-9562.

Days	Wednesdays
Time	12:45 p.m.
Location	Island Room
Sessions	Ongoing beginning August 22
Instructor	Judy Reinach



Senior Transportation Program

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.

Adult and Senior Programs

PERFORMING ARTS

Tango

Learn the foundations of tango (including opening, walking, frame and basic step) from an internationally renowned dance instructor. In addition to the steps, students will be introduced to the world of tango and learn the customs and atmosphere of milongas (dances). As the classes progress, more advanced steps will be introduced. Each monthly session will conclude with a mini-milonga to allow students to show off what they've learned and practice the Argentinian milonga traditions.

Days	Wednesdays
Time	8:00-9:00 p.m.
Location	Dance Studio
Session 1	September 5-26
Session 2	October 3-24
Session 3	October 31-November 28 (no class Nov. 21)
Session 4	December 5-19 (pro-rated session)
Instructor	Claudio Ponce
Member Fee	\$60
Non-Member Fee	\$72

Salsa

Learn salsa the fun, easy and affordable way! Rather than teaching complicated dance patterns, seasoned instructors will patiently and kindly teach you the tools to learn salsa or broaden your skills. In addition to being fun, dancing salsa is an excellent way to exercise and meet new people. All levels are welcome. Great for couples or singles.

Days	TBA
Time	TBA
Location	Dance Studio
Sessions	Ongoing
Instructor	TBA
Member Fee	\$15 per class
Non-Member Fee	\$18 per class

Ladies' Andante Vocal Group

This is an ideal group for any lady wishing to take her first steps towards a unique vocal experience. The choir includes vocal technique and works with simple 2- and 3-voice musical arrangements with a varied repertoire such as classical, rock and popular music in different languages, including Latin American folk music. Whenever ready, opportunities abound for performances. Check out our latest live performances at www.andantevg.blogspot.com. No auditions are required. Just be ready to have fun by making music together! For more information, please call Angeles Padilla at 305-342-4162.

Days	Tuesdays
Time	8:00-9:30 p.m.
Location	Arts & Crafts Room
Session 1	September 4-October 23
Session 2	October 30-December 11 (pro-rated)
Instructor	Florencia Badino & Angeles Padilla
Member Fee	\$110
Non-Member Fee	\$132



Name
Paulette Monserrate Schena

Originally from
Puerto Rico

How long have you lived on the Key?
9 years

Profession
Mom and real estate agent

Hobbies
Working out

Favorite activities at the Community Center?
Taking group exercise classes and the T-Fit class

Name
Franco Schena

Originally from
Miami

How long have you lived on the Key?
7 years

Hobbies
Playing flag football, baseball, soccer and basketball

Favorite activities at the Community Center?
Playing basketball and the Tony Goudie camp

Adult and Senior Programs



Name

Tilky Lopez-Blanco

Originally from

Havana, Cuba

How long have you lived in the Key?

23 years

Profession

Retired nurse; Currently teaching Spanish

Hobbies

Rowing with the Miami Rowing Club and walking on the beach

Favorite activity at the Community Center

Enhance Fitness

LANGUAGE CLASSES

Spanish for Beginners

Learn to tell time, make simple requests, register at a hotel and conduct a basic conversation. Acquire vocabulary for work, home and social purposes.

Days	Mondays and Wednesdays
Time	9:00-11:00 a.m.
Location	Computer Lab
Sessions	TBA (inquire at the Front Desk)
Instructor	Cristina Medina
Member Fee	\$100
Non-Member Fee	\$120

Intermediate Spanish

Students in this class will continue to acquire new vocabulary to be able to make simple requests and conduct a basic conversation in Spanish.

Days	Tuesdays and Thursdays
Time	9:00-11:00 a.m.
Location	Computer Lab
Sessions	TBA (inquire at the Front Desk)
Instructor	Cristina Medina
Member Fee	\$100
Non-Member Fee	\$120

Conversational Spanish

These semi-private, self-contained classes integrate students' development of grammar and vocabulary skills through topics that begin with the immediate world of the student and progress to the world at large. Students must possess basic language skills in Spanish to take the class. Must have a minimum of 3 students for class to take place. Pro-ration is not allowed.

Days	Mondays and Wednesdays
Time	11:00 a.m.-12:30 p.m.
Location	Computer Lab
Sessions	TBA (inquire at the Front Desk)
Instructor	Lupita Alvarez
Member Fee	\$162
Non-Member Fee	\$195

Conversational English

These semi-private classes will provide students with communication skills by offering opportunities to practice and expand their vocabulary. Students must possess basic grammar, reading and writing skills in English to take the class. Must have a minimum of 3 students for class to take place. Pro-ration is not allowed.

Days	Tuesdays and Thursdays
Time	11:30 a.m.-12:30 p.m.
Location	Computer Lab
Sessions	TBA (inquire at the Front Desk)
Instructor	Lupita Alvarez
Member Fee	\$162
Non-Member Fee	\$195

TRIPS AND TOURS

Gold Coast Railroad Museum

Join us on a trip to the Gold Coast Railroad Museum, sure to delight train lovers both young and old. The museum is home to several historic train cars, including the Ferdinand Magellan Railcar, built for President Franklin D. Roosevelt. The museum visit will be followed by lunch (not included in trip fee).

Date	Friday, September 7
Time	9:45 a.m.
Fee	\$12

The Galleria Mall

Enjoy a truly world-class shopping experience. The Galleria is a popular destination in Ft. Lauderdale for fabulous restaurants, sophisticated stores and world-class service.

Date	Friday, September 14
Time	9:30 a.m.
Fee	\$5

Adult and Senior Programs

Boca Raton Museum of Art & Mizner Park

Join us on as we visit to *Big Art: Miniature Golf*, a unique exhibition that explores the fusion between art, design and play. Visitors will see, and play on, a diverse selection of artist-created miniature golf holes (clubs will be provided) ranging from an orbit around the sun to the world's smallest version of the world's largest miniature golf course. Each hole offers a one-of-a-kind experience for all visitors, be they golf lovers, art lovers, or both. Afterwards, spend the rest of your afternoon at Mizner Park, a beautiful setting with great shops and plenty of places to relax and eat.

Date	Friday, September 28
Time	9:45 a.m.
Fee	\$9

Miami City Ballet – Program 1 at the Adrienne Arsht Center

Program I opens the season with works by leading choreographers of the 20th century, such as George Balanchine's *Apollo*, Frederick Ashton's *Les Patineurs*, and Paul Taylor's tango-flavored spectacular *Piazzolla Caldera*.

Date	Friday, October 5
Time	6:45 p.m.
Fee	TBA (NRT)

The Kampong Gardens & CocoWalk

Visitors of the Kampong in Coconut Grove can explore the 11-acre bay front estate and gardens of renowned botanist and plant explorer David Fairchild. This hidden oasis is not well known by visitors or even by most locals. Listed on the National Register of Historic Places, it serves as the mainland campus of the National Tropical Botanic Garden and is truly a unique place showcasing an amazing variety of fruit and flowering trees, palms and plants. Lunch on your own at CocoWalk will follow.

Date	Friday, November 2
Time	10:00 a.m.
Fee	TBA

Festival Flea Market on Sample Road

Join us as we head out to this one-of-a-kind, multi-merchant marketplace filled with a diverse selection of merchandise ranging from the ordinary to the extraordinary... and all in air-conditioned comfort.

Date	Friday, November 16
Time	9:30 a.m.
Fee	\$5

La Bohème at the Adrienne Arsht Center

Don't miss this extraordinary opportunity to enjoy one of the world's most popular operas. To be young, in love, and in Paris... the magic of the famous Latin Quarter and Puccini's unmatched ability to capture love's passion, hope and sorrow have made *La Bohème* one of the world's best loved operas. Audiences have not stopped returning to revel in this moving story and Puccini's famous score since its debut in 1896.

Date	Tuesday, November 27
Time	6:45 p.m.
Fee	TBA (NRT)

Sawgrass Mills Mall

Join us a head to Sawgrass Mills Mall, one of Florida's largest retail and entertainment centers, featuring more than 300 name-brand stores and outlets, full-service restaurants, cinemas and other high-quality venues.

Date	Friday, December 7
Time	9:30 a.m.
Fee	\$5

Opera Luncheon at Brooks Restaurant

"Happy Holidays to You!" Ring in the holiday season with a wonderful array of yuletide favorites, carols and sing-alongs! Enjoy operatic and Broadway classics with seasonal themes as well. Opera luncheons are all inclusive. Price includes transportation, a three-course meal, entertainment, tax and gratuity.

Date	Wednesday, December 12
Time	10:30 a.m.
Fee	\$40



Non-Refundable Trip (NRT)

These trips require the advanced purchase of tickets. Full payment is due at time of registration and cannot be credited or refunded unless a replacement from the waiting list is available. Tickets are transferable.

Evening Trips Drop-Off Service

For trips that take place in the evening, transportation directly to your home at the end of the night is available at no extra charge. Please call 305-365-8953 to make arrangements.

Adult and Senior Programs – 50+ Corner



Name

Roberto de Cespedes

Originally from

Havana, Cuba

How long have you lived on the Key?

31 years

Profession

Retired airline executive

Hobbies

Cooking and traveling

Favorite activity at the Community Center?

Playing dominoes

MONTHLY PROGRAMS

Key Biscayne Domino Club

Join your friends and neighbors for a friendly game of dominos... *y una tacita de café.*

Days	Mondays, Wednesdays and Fridays
Time	2:00-6:00 p.m.
Location	Adult Lounge
Fee	Free

Card Games and More

Step out of the heat! Join your friends and neighbors in the Key Biscayne Room for an afternoon of card games and more. Refreshments will be provided.

Days	Tuesdays
Time	1:00-4:00 p.m.
Location	Adult Lounge
Fee	Free

Q&A with Social Security

A bilingual representative from the Social Security Administration will be available to assist you with all of your Social Security and Medicare issues on the last Wednesday of the month (excluding holidays). No appointment is necessary.

Dates	Wednesdays: September 26, October 31, November 28, December 19
Time	9:30 a.m.-12:00 noon
Location	Second Floor
Fee	Free

Lunch with an Author

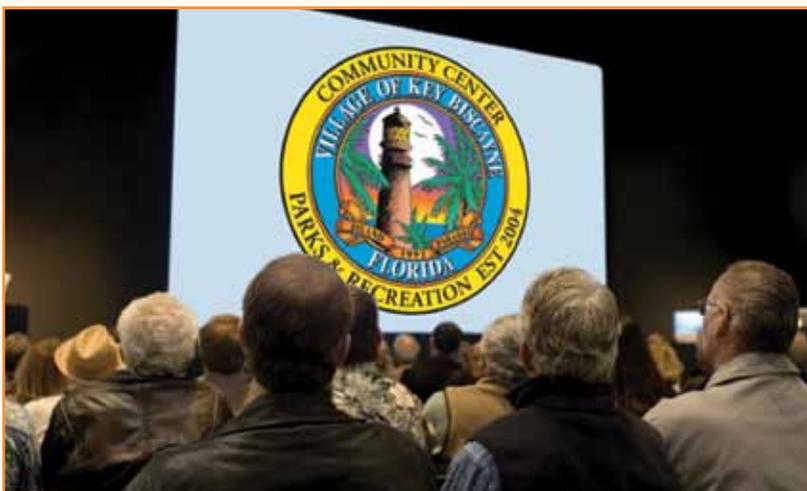
Join us for lunch with a different author as they discuss their latest works and sign copies of their books. This event is generously sponsored by the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Days	Thursdays
Dates	September 20 and October 18
Location	Island Room
Time	12:00 noon
Fee	Free

A.S.K. Club Lunch

The Active Seniors on the Key (A.S.K.) Club invites all Islanders to a monthly luncheon featuring guest speakers and fun activities with your friends and neighbors. This event is generously sponsored by the Key Biscayne Community Foundation and the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Days	Thursdays
Dates	September 13 and October 11
Location	Island Room
Time	12:00 noon
Fee	\$5



MOVIE LOVERS' CINEMA

Join us for a free viewing of recently released films every Thursday of the month. The films to be shown have been selected by local residents for the viewing pleasure of all Islanders. To submit movie suggestions for upcoming months, please contact 305-365-8953.

Thursday Matinees at 1:30 p.m.

Dates	September 6, 13, 20, 27 October 4, 11, 18, 25 November 1, 8, 15, 29 December 6, 13, 20, 27
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50+ Corner — Adult and Senior Programs

SPECIAL EVENTS

Florida Licensing On Wheels — By Appointment Only

A team of driver license examiners will be on hand to renew or issue replacements or duplicates of your driver's license and vehicle registration, issue new or replacement identification cards, complete out-of-state driver's license transfers and provide handicap decals. Call 305-365-8953 for appointments and information on needed documentation. Note: Renewals can be completed up to 18 months in advance of the expiration date.

Dates	Tuesdays: September 18 and October 30
Time	10:00 a.m.-3:00 p.m.
Location	Adult Lounge

Annual Flu Clinic

According to the Centers for Disease Control and Prevention, the single best way to protect against the flu is to get vaccinated each year. The flu shot is approved for use in people older than 6 months, including healthy people and people with chronic medical conditions. Call 305-365-8953 for pricing information.

Date	Tuesday, September 18
Time	11:00 a.m.-4:00 p.m.
Location	Island Room

Dance & Dine the Night Away

Your friends from the Active Seniors on the Key Club invite all Islanders to an evening of dance, music and great food at the Community Center. Bring a date or a friend, but no partner is required. The night will feature free dance lessons and lots of fun. This event is generously sponsored by the Key Biscayne Community Foundation and the Village of Key Biscayne. Please register in advance at the Front Desk.

Dates	Fridays: October 12 and November 9
Time	6:30-9:00 p.m.
Location	Island Room
Fee	\$10 per night

AARP Driver Safety Program

Take the 8-hour classroom refresher course especially designed for drivers age 55 and over and qualify for auto insurance discounts.

Date	Monday, October 29 (English) Monday, TBA (Spanish)
Time	9:00 a.m.-3:00 p.m.
Location	Adult Lounge
Fee	\$12 for AARP Members \$14 for AARP Non-Members

Annual Holiday Luncheons

Key Biscayne residents are invited to celebrate the spirit of the season at their Community Center. Luncheons include delicious food, holiday entertainment and much more. All proceeds benefit local charities in the Miami area. These events are generously sponsored by the Key Biscayne Community Foundation and the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Giving Thanks Thanksgiving Luncheon

Date	Thursday, November 15
Time	12:00 noon
Location	Island Room
Fee	\$5 (suggested donation)

Season's Greetings Holiday Luncheon

Date	Thursday, December 20
Time	12:00 noon
Location	Island Room
Fee	\$5 (suggested donation)



Special Events/Important Dates



Lighthouse Run

Date Saturday, November 10
Time 7:00 a.m.
Location Bill Baggs Cape Florida State Park

Thanksgiving Day

Date Thursday, November 22
Community Center is closed.

Winterfest Eve

Date Saturday, December 1
Time 6:00-10:00 p.m.
Location Village Green

Winterfest

Date Sunday, December 2
Time 4:00-7:30 PM
Location Village Green

Winterfest Boat Parade

Date Saturday, December 15
Time 6:00-8:30 p.m.
Location "No Name Harbor" in Bill Baggs Cape Florida State Park
Fee Free Admission

Movies on the Green

Date Friday, December 21
Time 7:00 p.m.
Location Village Green

Christmas Eve

Date Monday, December 24
Community Center will close at 4:00 p.m.

Christmas Day

Date Tuesday, December 25
Community Center is closed.

New Year's Eve

Date Monday, December 31
Community Center will close at 4:00 p.m.

New Year's Day

Date Tuesday, January 1
Community Center is closed.

VILLAGE OF KEY BISKEYNE COMMUNITY CENTER

ACTIVE
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Village of Key Biscayne
Parks and Recreation Department
10 Village Green Way
Key Biscayne, Florida 33149
Telephone: 305-365-8900

Visit us often for updates and new information at
www.ActiveIslander.org

