

# ACTIVE islander

FALL  
2009



VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER

## *Celebrating Five Years*

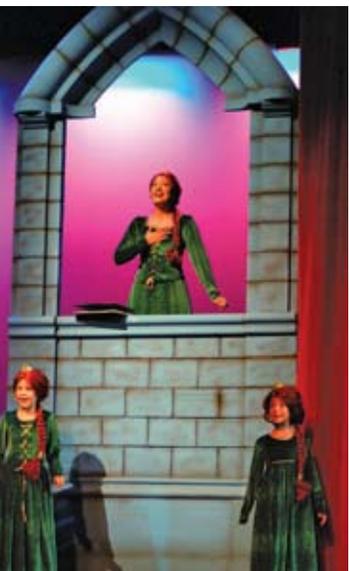
Five years ago, the dream to open a world-class Community Center became a reality. Since then, Key Biscayne residents of all ages have enjoyed ever-growing services and programs.

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## Important Phone Numbers

Village General Information.....	305-365-5511	Manatee Hotline.....	800-342-5367
Village Manager's Office.....	305-365-5500	Wildlife Rehabilitation .....	305-248-0947
Village Clerk.....	305-365-5506	Mosquito Control .....	305-592-1186
Building, Zoning, and Planning .....	305-365-5512	Pesky Critters.....	305-255-7296
Fire Rescue .....	305-365-8989	Humane Animal Removal .....	305-232-1100
Police (non-emergency) .....	305-365-5555	Voter Information.....	305-375-5553
Police Department Administration.....	305-365-8913	Water and Sewer Department.....	305-665-7471
Public Works .....	305-365-8945	Water and Senior Aircraft Noise	
Zoning Information .....	305-365-5502	Hotline Miami-Dade County Phone .....	305-876-7526
Code Enforcement .....	305-365-8917	Emergency Ride Home Phone .....	800-234-7433
Occupational Licenses .....	305-365-8917		
Community Center .....	305-365-8900		
Parks and Recreation .....	305-365-8901		
Senior Services/ Transportation.....	305-365-8953		
Property Tax Collector .....	305-270-4916		
Voter Registration.....	305-365-4600		
Chamber of Commerce.....	305-361-5207		
Bill Baggs State Park.....	305-361-5811		
Crandon Park .....	305-361-5421		
Sea Turtle Information .....	305-361-5761		



# Message from the Village Manager

## Dear Islanders:

What a difference five years can make. In that short span of time, we've succeeded in creating a special place where Active Islanders of all ages can gather as a community. Seniors, adults, as well as children and teens, now have a safe place to play, get fit, make new friends, connect with neighbors, and even take up a new pastime.

In speaking with some of our members during the last few weeks—many of whom have been with us since we opened our doors in 2004—they've repeatedly told me how they could not imagine life without the Community Center. For kids, the Center has become "ground zero"—a safe place to hang out with friends or take part in our many Youth and Teen activities such as sports programs, special events, the game room, or our ever-popular Rat's Day Off. Seniors continue to participate in our many monthly programs and special events, including trips to nearby museums, theatres, and historical gems. And for the health conscious, our state-of-the-art gym and pool, not to mention our numerous fitness classes, offer members of all ages a chance to stay fit and remain physically active.

As we look to the future, we will continue to work diligently to make the Community Center an integral part of your lives. We've listened to your input over the years, resulting in the addition, expansion, and improvement of many of our programs, courses, and activities. Such improvements will continue in the months and years to come.

We will continue to update our facilities wherever and whenever possible. As we've reported in past issues, we've recently reupholstered all of the Center's furniture, installed new fitness equipment in the gym, overhauled the play station/jungle gym, and completed the construction of a second elevator.

I would like to take this opportunity to thank each and every one of you for being a part of the Community Center during these exciting past five years. It is because of your continued membership and support that our Center remains such a vital community resource. I look forward to working with you to make the next five years just as successful.

Genaro "Chip" Iglesias  
Village Manager



As the Village of Key Biscayne Community Center celebrates its fifth-year anniversary, we look back at the positive impact the Center has had on our community and look forward to what the future has in store.



## Village Officials and Staff

Mayor Robert Vernon  
Vice Mayor Michael Davey  
Councilmember Enrique Garcia  
Councilmember Robert Gusman  
Councilmember Michael Kelly  
Councilmember Jorge Mendia  
Councilmember Thomas Thornton  
Village Manager  
Genaro "Chip" Iglesias  
Director of Parks and Recreation  
Todd Hofferberth  
Community Center Manager  
Ana J. Colls



*The Community Center when it opened in 2004. Photo courtesy of James A. Cummings, Inc., a Tutor Perini Company.*

# Celebrating Five Years



## Five Years Strong

After five years, few can imagine life without the Community Center, a resource that has provided recreation, education, and relaxation to hundreds of members. Families, children and teens, adults as well as seniors continue to reap the benefits of this state-of-the-art facility that only continues to improve over time. Here's what some families who have been with us from the beginning have to say about what the Center has meant to them.



Falla Family

"The impact the Community Center has had on our family has been extremely positive. I think it's one of the best things we have on the Key. Kids have lots of activities and a place to go so that they don't get into trouble; they are much safer at the Community Center than being on the street. It's been great for kids, adults, and for the elderly; in my opinion, it's the best thing that has happened to the Key."

— Mr. Enrique Falla

The Community Center has provided an outlet for my kids; it keeps them active and out of trouble. Even my fifteen year old likes to use the Center in the evenings, to play basketball and meet up with friends. It has provided something for everyone in the family, regardless of age. And it's a great place to see people from the community you might not otherwise see. The gym has been an important asset for me personally.

— Mrs. Robbie Easton

It has been tremendous for everyone, not just for ourselves. It's great for kids and adults to have a place to go and to meet. I wish it would stay open late at night for parties and other events because we don't have a place like that on the Key.

— Mrs. Tilky Lopez-Blanco

*Architectural renderings and photographs used on the cover as well as the ghosted photograph on pages 4-5 are courtesy of Currie Sowards Aguila Architects. Construction photos used on page 5 are courtesy of James A. Cummings, Inc., a Tutor Perini Company.*

"The Community Center has allowed for tremendous stress reduction. All of us in the family are exercise oriented so we love it. One plus is that the Center is right down the street so you don't have to get in your car and drive in stressful traffic afterwards. You can leave home or work and be there in a couple of minutes and the effects of the exercise stays with you.

— Mrs. Megan Welsh Andrews



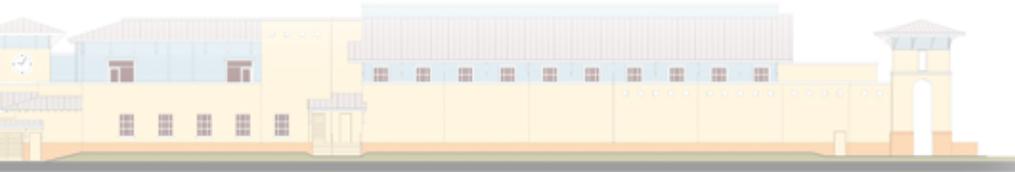
Mrs. and Mr. Lopez-Blanco

The Community Center has been an asset to the community in many ways. It offers helpful referrals for the elderly, gives them a place to meet and chat with friends, and it's a great place for the family. We have a young son that grew up here and he truly enjoyed the Community Center.

— Mr. Marino Lopez-Blanco



# Celebrating Five Years



Garcia-Montes Family

“The Center has had a huge impact on my life and on my family. It’s a facility I use six days out of the week and my children use it about four days a week.

There was a group of people who were against the idea of building the Community Center when it was proposed years ago. They questioned whether this would be something good for the community.

But it really has become a place that embodies the whole community spirit. For the kids, it’s really become ground zero—for playing basketball, for meeting up with friends, for getting together, so yes, the impact on my family has been huge.

— Mr. Gustavo Garcia-Montes

I have five children and we all use the Community Center, my wife included. We enjoy using all of the amenities. Plus many of my young kids have been employed there to help them pay for college, so we definitely use the facility a lot.

— David Moran



Moran Family

## Celebrate Five Years With Us!

Come one, come all as the Community Center celebrates five years of service. We’ve planned lots of fun-filled activities to thank residents, like you, for their continued support. So mark your calendars, and join us in the fun!

**Family Block Party**—Friday, October 30 at 7:00 p.m.

**Halloween Haunted House**—Saturday, October 31 at 6:00 p.m.

**Community Center Open House**—Sunday, November 1 from 12:00 noon to 6:00 p.m. (Free programs and activities for the entire family.)

## Our Village’s Community Center Taking Shape

November 2003



January 2004



March 2004



September 2004



January 2005



# Become a Member

## Be an Active Islander – Join the Key Biscayne Community Center! Just follow these easy steps:

### Complete the Community Center membership application

Forms are available at the front desk by calling 305-365-8900 or online at [www.activeislander.org](http://www.activeislander.org).

### Show proof of residency

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill; tenants must bring a current lease; a yearly lease is required for an annual membership.

### Pay the membership fee\*

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

## Membership Category Descriptions

**Adults**—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

**Youth**—A youth membership is available to any resident between the ages of 10 and 18.

**Senior**—A senior membership is available to any resident who is 65 or older.

**Student**—Any resident who is between the ages of 19 and 25 can apply for the student membership with proof of current school enrollment.

**Couple**—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

**Senior Couple**—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

**Family**—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$65.

## Cancellation/Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. We will provide a 100 percent refund to anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program will entitle the participant to a prorated refund.

## Membership Categories

Category	Daily Resident	Daily Guest	Monthly	Yearly
Adults	\$9	\$13	\$55	\$300
Youth (10-18)	\$6	\$9	\$22	\$130
Senior (65+)	\$6	\$9	\$30	\$200
Student (19-25)	\$7	\$10	\$35	\$220
Couple	N/A	N/A	\$85	\$385
Senior Couple (both 65+)	N/A	N/A	\$50	\$300
Family (4 members)	N/A	N/A	\$110	\$525

\*Note: Membership fees are subject to change.

# Hours of Operation

## General Hours of Operation

Monday - Friday 6:00 a.m. to 10:00 p.m.  
Saturday and Sunday 8:00 a.m. to 8:00 p.m.

## Pool Hours

*(unless otherwise posted for classes and special programs)*

Monday - Friday 6:15 a.m. to 8:45 p.m.  
Saturday and Sunday 8:15 a.m. to 7:45 p.m.  
Swim lanes are always available but may be limited for a class or special program.

## Teen Room/Game Room

Monday - Friday 3:00 p.m. to 10:00 p.m.  
Saturday and Sunday 10:00 a.m. to 8:00 p.m.

## Indoor Playground

*(children under age 10 must be supervised by an adult)*

Monday - Friday 9:00 a.m. to 1:00 p.m.  
*(for children under the age of six)*  
3:00 p.m. to 8:00 p.m.  
Saturday and Sunday 9:00 a.m. to 8:00 p.m.  
Access may be limited during special events or parties.

## Computer Lab

Monday - Friday 9:00 a.m. to 3:00 p.m.  
*(adults only)*  
4:00 p.m. to 8:00 p.m.  
*(all ages)*  
*(opens at 3:00 p.m. on Wednesdays)*  
Saturday and Sunday 12:00 noon to 6:00 p.m.  
*(all ages)*

## Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the evenings after 4:00 p.m.

## Adult Basketball

Saturday 10:00 a.m. to 12:00 noon  
*(ages 35 and up)*

## Indoor Soccer

Tuesday 8:00 p.m. to 9:00 p.m.  
*(ages 30 and up)*  
9:00 p.m. to 10:00 p.m.  
*(ages 15 to 30)*  
Sunday 10:00 a.m. to 12:00 noon  
*(all ages)*



# Rules and Regulations

## Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership. The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building.
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

## Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- No fighting or rough play
- No glass containers
- No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- Appropriate clothing required
- No running or bouncing balls in the hallways or stairwells or by the swimming pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

## Guest Policy

- Guests must be accompanied at all times by a Key Biscayne resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a guest pass.
- Guest passes are non-refundable.

## Toddler Room Drop-In Care Policies

1. Drop-in care is for children one to four years of age (no exceptions).
2. Parents must sign in their child.
3. Punch Passes must be purchased at the front desk.
  - Member pass for 10 hours: \$50
  - Member pass per hour: \$5
  - Non-member one-hour pass: \$8
4. Drop-in care is on a first-come, first-serve basis.
5. There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
6. There is a two-hour maximum time slot for each child (no exceptions).
7. Parents or guardians are responsible for all diaper changes.
8. Parents must be in the Key Biscayne Community Center while their child is in childcare.
9. Sick children will be denied entry to the drop-in program.
10. If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

## Toddler Room Drop-In Care Hours of Operation

<b>Monday - Friday</b>	8:00 a.m.-12:00 noon 4:00 p.m.-8:00 p.m.
<b>Saturday and Sunday</b>	Closed

- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.
- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

## Refund Policy

Memberships are non-transferable and non-refundable. It is the goal of the Key Biscayne Community Center to ensure the enjoyment of all programs. If you are not satisfied with a program or are unable to participate for medical reasons, please contact the front desk immediately. Any one who makes a request before the start of the second class or scheduled program will receive a 100 percent refund. Requests received after the start of the second meeting will entitle the participant to a prorated refund. No refunds will be given after the conclusion of the program.

## ADA Policy

The Village of Key Biscayne gladly complies with the provisions of the Americans with Disabilities Act. Persons needing reasonable accommodation to attend or participate in any program may call 305-365-8900. Please allow two weeks prior to the activity or need of assistance to accommodate the request.

# Youth & Teen Programs

## TODDLER & YOUTH FITNESS

### Mini Tennis NEW!

Now any child between the ages of three and eight can start playing tennis almost immediately, even if he/she has never picked up a racquet. This fast, fun program will get kids hooked on tennis—and keep them playing! Known as QuickStart Tennis by the United States Tennis Association (USTA), this exciting new play format for learning tennis is designed to bring kids into the game by using specialized equipment, shorter court dimensions, and modified scoring—all tailored to their age and size.

<b>Location</b>	Gymnasium
<b>Session 1</b>	September 1-October 1
<b>Session 2</b>	October 6-November 5
<b>Session 3</b>	November 10-December 10
<b>Instructor</b>	Jorge Ribas and Ricardo Mena
<b>Ages</b>	3-4 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	2:30-3:00 p.m.
<b>Member Fee</b>	\$130 (twice/week) or \$85 (once/week)
<b>Non-Member Fee</b>	\$150 (twice/week) or \$100 (once/week)
<b>Ages</b>	5-6 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:00-3:45 p.m.
<b>Member Fee</b>	\$150 (twice/week) or \$90 (once/week)
<b>Non-Member Fee</b>	\$175 (twice/week) or \$110 (once/week)
<b>Ages</b>	7-8 years
<b>Days</b>	Wednesdays
<b>Time</b>	4:00-5:00 p.m.
<b>Member Fee</b>	\$100 (once/week)
<b>Non-Member Fee</b>	\$115 (once/week)

### Kidokinetics NEW!

Kidokinetics inspires kids to get up, get moving, and get in shape! Kidokinetics was developed to promote sports and fitness to boys and girls. These fun-filled classes include activities that develop motor skills, enhance physical fitness, and improve self confidence. The program also teaches the basics of various sports and other important physical exercises, enabling children to feel competent when playing different sports. Classes focus on a different sport each week, keeping kids interested and excited. Experienced coaches lead fun classes with a focus on individual achievement in a non-competitive environment. Kids will receive a free T-shirt with first-time enrollment. Visit [www.kidokinetics.com](http://www.kidokinetics.com) for more information.

<b>Ages</b>	2-10 years
<b>Days</b>	Tuesdays
<b>Time</b>	4:00-5:00 p.m. (ages 3-5) 5:00-6:00 p.m. (ages 6-10)
<b>Days</b>	Thursday
<b>Time</b>	9:30-10:30 a.m. (ages 2-4)
<b>Location</b>	Island Room
<b>Session 1</b>	August 25-October 13
<b>Session 2</b>	October 20-December 15 (no class Nov. 24 or 26)
<b>Instructor</b>	Coach Emily Johnson
<b>Member Fee</b>	\$104
<b>Non-Member Fee</b>	\$120



### SOCIAL SKILLS GROUP FOR CHILDREN NEW!

Introduce your child to a fun, interactive program designed to develop and enhance proficiency in social situations. Behavior, anxiety, and attention difficulties will be addressed. Participants must be evaluated first before registering. For questions or to receive an evaluation, please call the Miami PsychCenter at 305-446-0333 or visit [www.miamipsychcenter.com](http://www.miamipsychcenter.com).

<b>Ages</b>	6-15 years
<b>Days</b>	Fridays
<b>Time</b>	4:00-5:00 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	September 11-October 16
<b>Session 2</b>	October 30-December 11 (excluding Nov. 27)
<b>Instructor</b>	Miami PsychCenter
<b>Member Fee</b>	\$300
<b>Non-Member Fee</b>	\$350

# Youth & Teen Programs



## BABY & ME

### Baby Sensory Program NEW!

Baby Sensory provides parents and babies with hundreds of sensory development activities they can share with their child during the vital first year of life. The classes include fiber optic light shows, bubbles, bells, musical fun, baby signing, puppet shows, amazing light balls, and so much more. Once you have experienced these parent and baby activities you'll want to come back again and again for more captivating experiences. Each class includes a variety of development activities plus discovery playtime. Visit [www.babysensory.com](http://www.babysensory.com) for more information.

<b>Ages</b>	2 weeks to 13 months
<b>Days</b>	Tuesdays
<b>Time</b>	9:30-10:30 a.m.
<b>Location</b>	Island Room

<b>Session 1</b>	August 25-October 27
<b>Session 2</b>	November 3-January 5
<b>Instructor</b>	Carolina Forero

<b>Member Fee</b>	\$200
<b>Non-Member Fee</b>	\$239



### Mommy and Me (Yupi!) NEW!

Created for parents and their little ones, this bilingual program offers joyful and innovative experiences using non-conventional materials.

<b>Ages</b>	9 to 30 months
<b>Days</b>	Wednesdays and Fridays
<b>Time</b>	9:30-10:30 a.m.
<b>Location</b>	Key Biscayne Room

<b>Session 1</b>	August 19-October 9
<b>Session 2</b>	October 14-December 4
<b>Instructor</b>	Silvina and Vanessa

<b>Member Fee</b>	\$160 (once/week) or \$256 (twice/week)
<b>Non-Member Fee</b>	\$200 (once/week) or \$320 (twice/week)



## MUSIC & PERFORMING ARTS

### Ultimate Guitar NEW!

This class is designed for young guitar players who are just discovering their love of the instrument or are already at an intermediate level. Children will have fun in a relaxed environment where they can play their favorite songs. Please bring your own guitar.

<b>Ages</b>	8 years and up
<b>Days</b>	Tuesdays
<b>Time</b>	3:30-4:30 p.m.
<b>Location</b>	Arts and Crafts Room

<b>Session 1</b>	September 15-October 20
<b>Session 2</b>	October 27-December 1
<b>Session 3</b>	December 8-December 29 (this session will be prorated)
<b>Instructor</b>	Angeles Padilla

<b>Member Fee</b>	\$110
<b>Non-Member Fee</b>	\$129

### Island Kids Choir NEW!

No auditions are needed to join this chorus where children learn choral and vocal techniques in a varied repertoire. Children will explore harmony, rhythm, and instrumental accompaniment while having fun.

<b>Ages</b>	5-11 years
<b>Days</b>	Tuesdays
<b>Time</b>	5:30-6:45 p.m.
<b>Location</b>	Arts and Crafts Room

<b>Session 1</b>	September 16-October 21
<b>Session 2</b>	October 28-December 2
<b>Session 3</b>	December 9-December 30 (this session will be prorated)
<b>Instructor</b>	Angeles Padilla and Florencia Badino

<b>Member Fee</b>	\$125
<b>Non-Member Fee</b>	\$146

# Youth & Teen Programs

## Kids Make Music

Give your child the opportunity to make music just for the fun of it! In Kids Make Music, children will experience, explore, and create musical possibilities in a non-stressful environment where performing is not required. With a little help, children will discover themselves as music makers through self and group expression.

<b>Days</b>	Mondays
<b>Time</b>	10:00-10:45 a.m. (ages 18 months-3 years)
<b>Location</b>	Game Room
<b>Days</b>	<b>Thursdays</b>
<b>Time</b>	2:30-3:15 pm (ages 2-4 years)
<b>Location</b>	Arts & Crafts Room
<b>Session 1</b>	September 14-October 20
<b>Session 2</b>	October 26-December 1
<b>Session 3</b>	December 7-December 29 (this session will be prorated)
<b>Instructor</b>	Angeles Padilla
<b>Member Fee</b>	\$90
<b>Non-Member Fee</b>	\$120

## Modeling School for Kids

**NEW!**

Learn the fundamentals of the fashion world with this unique program now offered by Imbu Modeling School. Lessons will include instruction on professional runway, makeup, hair styling, studio photography, and how to prepare for the fashion world. Let your child's future shine by giving them the confidence and know-how to become a professional model.

<b>Ages</b>	5-9 years
<b>Days</b>	Fridays
<b>Time</b>	3:30-4:30 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	August 28-September 18
<b>Session 2</b>	September 25-October 16
<b>Session 3</b>	October 23-November 13
<b>Session 4</b>	November 20-December 18 (no class Nov. 27)
<b>Instructor</b>	Geraldine Almendarez
<b>Member Fee</b>	\$90
<b>Non-Member Fee</b>	\$108

## OLYMPUS ORCHESTRA

Session begins **August 31**

<b>Member Fee</b>	\$300 per month
<b>Non-Member Fee</b>	\$350 per month
<b>Annual Registration Fee</b>	\$150 (Payable by check to Olympus Foundation of the Americas. Valid for 12 months.)

*Note: A sibling discount of \$50 will be applied to each sibling enrolled in the program. Registration is open year-round.*



## ORCHESTRA LEVELS

### Pizzicato Orchestra

A group dedicated to the holistic musical development of the smallest treasures of your home. Young children, ages 2 to 4, are given the opportunity to explore the creative and magical world of music by engaging in dynamic and fun activities.

<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Time</b>	2:15-3:15 p.m.
<b>Location</b>	Island Room

### Piccolo Chamber Orchestra

Beginners have the opportunity to enter immediately into the orchestra world from the first day of class. Through the use of the violin they acquire, in a playful way, such musical notions as recognizing musical notes and instruments from the orchestra, sight-reading, as well as music and rhythmic theory. A performance for children enrolled in this orchestra will take place approximately three months after starting the program.

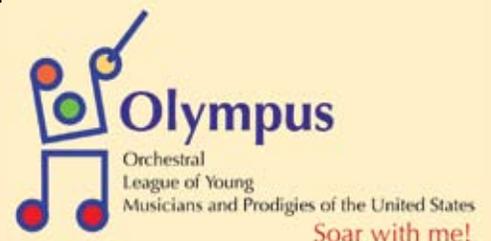
<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Time</b>	2:15-4:15 p.m. or 4:15-6:15 p.m.
<b>Location</b>	Island Room

### Vivace Chamber Orchestra

At this level, children have the opportunity of choosing the instrument of their choice based on the experience acquired at the Piccolo Orchestra level. By the end of the season, children will have the knowledge and musical ability to move to the highest level of the orchestra. They will play an active role in concerts and recitals.

<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Time</b>	2:15-4:15 p.m. or 4:15-6:15 p.m.
<b>Location</b>	Island Room

For more information, please contact Amarylli Fridegotto at [amaryllif@gmail.com](mailto:amaryllif@gmail.com).



# Youth & Teen Programs



## Hip Hop Teenz

**NEW!**

Learn the latest hip hop choreography to the coolest music from shows like *So You Think You Can Dance* and *America's Best Dance Crew* in a fun, creative, easy-to-learn atmosphere. In this class, your child will learn and understand musical beats and perform to awesome choreography as if they were dancing in their very own music video! Students will attain a heightened sense of self esteem and body awareness, make new friends, and learn to work as a team. Don't miss out on great dance instruction for your child where it's all about fun, fitness, and hip hop dance!

**Ages** 11-17 years  
**Days** Tuesdays and Thursdays  
**Time** 6:00-7:00 p.m.  
**Location** Island Room

**Session 1** August 25-September 17  
**Session 2** September 22-October 15  
**Session 3** October 20-November 12  
**Session 4** November 17-December 15  
 (no class on Nov. 26)

**Instructor** Hip Hop Kidz, Inc.

**Member Fee** \$104  
**Non-Member Fee** \$128

## Drama for Kids

Join the fantastic world of drama in this creative drama class and increase your public speaking skills and vocal ability in the process.

**Ages** 6-14 years  
**Days** Tuesdays and Thursdays  
**Time** 5:30-6:30 p.m.  
**Location** Island Room

**Session 1** August 25-September 17  
**Session 2** September 22-October 15  
**Session 3** October 20-November 12  
**Session 4** November 17-December 10  
**Instructor** Clara Lago

**Member Fee** \$80  
**Non-Member Fee** \$96

## ARTS & CRAFTS

### Little Hands Food Creations

This class focuses on age-appropriate cooking recipes and projects. Your child will be introduced to a variety of healthy foods and decoration mediums, explore a range of tools, materials, textures, and techniques, prepare a food recipe to eat in class, and be allowed to express him/herself creatively in a non-competitive and relaxing manner.

**Ages** 4-6 and 7-9 years  
**Days** Tuesdays  
**Time** 3:30-4:30 p.m. (ages 4-6)  
**Time** 4:30-5:30 p.m. (ages 7-9)  
**Location** Kitchen

**Session 1** August 18-September 8  
**Session 2** September 15-October 6  
**Session 3** October 13-November 3  
**Session 4** November 10-December 1  
**Session 5** December 8-December 29  
**Instructor** Tania Beck

**Member Fee** \$90  
**Non-Member Fee** \$120

### Magic Hands

Children will develop their creativity and senses by using fun and safe materials such as clay, foam, acrylics, watercolors, and soft woods to create adorable projects. Through unique arts and crafts activities, children will discover the magic their hands can create. Children will be divided into groups based on their age. Class fee includes all materials.

**Ages** 3 years and up  
**Days** Mondays and Wednesdays  
**Time** 3:15-4:15 p.m.  
**Location** Arts and Crafts Room

**Session 1** August 31-September 23  
**Session 2** September 28-October 21  
**Session 3** October 26-November 18  
**Session 4** November 23-December 16  
**Instructor** Claudia Fernandini and Doris Puga

**Member Fee** \$160  
**Non-Member Fee** \$185

# Youth & Teen Programs

## Art Zone

This high-energy class is designed for older children and teens. The focus is on painting and drawing, including crazy lines, color expedition, gotcha canvas, copy cat, and magic circles. Class fee includes all materials.

<b>Ages</b>	10-17 years
<b>Days</b>	Thursdays
<b>Time</b>	4:00-5:30 p.m.
<b>Location</b>	Arts and Crafts Room

<b>Session 1</b>	August 27-October 15
<b>Session 2</b>	October 22-December 10
<b>Instructor</b>	Rita Rivas

<b>Member Fee</b>	\$170
<b>Non-Member Fee</b>	\$220

## Color and Form

This fun workshop allows children to learn how to handle colors and different creative expression techniques such as drawing, acrylic, and 3-D. All materials are included in the class fee.

<b>Ages</b>	4-12 years
<b>Days</b>	Tuesdays
<b>Time</b>	4:30-5:30 p.m.
<b>Location</b>	Arts and Crafts Room

<b>Session 1</b>	August 25-October 13
<b>Session 2</b>	October 20-December 8
<b>Session 3</b>	December 15-February 2
<b>Instructor</b>	Aguamarina

<b>Member Fee</b>	\$170
<b>Non-Member Fee</b>	\$220

## Let's Get Messy

This fun workshop lets children perform exciting color/texture exercises, collages, and action painting to develop fine motor skills, color differentiation, and knowledge. All materials are included in the class fee.

<b>Ages</b>	2-4 years
<b>Days</b>	Tuesdays
<b>Time</b>	4:30-5:30 p.m.
<b>Location</b>	Arts and Crafts Room

<b>Session 1</b>	August 25-October 13
<b>Session 2</b>	October 20-December 8
<b>Session 3</b>	December 15-February 2
<b>Instructor</b>	Aguamarina

<b>Member Fee</b>	\$120
<b>Non-Member Fee</b>	\$160

## Knitting Class

Join Naekitsa Breznick who will introduce you to various fibers, different types of fine yarn, and knitting needles as well as basic knitware design. Learn how to knit, purl, cast on, cast off, decrease, and increase stitches too.

<b>Ages</b>	7 years and up
<b>Days</b>	Thursdays
<b>Time</b>	4:00-5:00 p.m.
<b>Location</b>	Second Floor Lounge

<b>Session 1</b>	August 27-October 1
<b>Session 2</b>	October 8-November 12
<b>Session 3</b>	November 19-December 31 (no class on Dec. 24)

**Instructor** Naekitsa Breznick

<b>Member Fee</b>	\$40 (beginner levels 1 and 2)
<b>Non-Member Fee</b>	\$48 (beginner levels 1 and 2)
<b>Member Fee</b>	\$60 (beginner level 3)
<b>Non-Member Fee</b>	\$68 (beginner level 3)

## Jewelry Design

This creative jewelry class is taught by Judi. All materials are supplied and range from glass beads, semi-precious stones, pearls, wooden or plastic beads, shells, and Lucite that have been drilled for stringing or wiring.

<b>Ages</b>	6 years and up
<b>Days</b>	Mondays
<b>Time</b>	4:00 p.m.
<b>Days</b>	Wednesdays
<b>Time</b>	3:00 p.m.
<b>Location</b>	Second Floor Lounge

**Session** Ongoing

<b>Member Fee</b>	\$10 per class
<b>Non-Member Fee</b>	\$12 per class



# Youth Dance Programs



## YOUTH DANCE COMPANY OF KEY BISCAIYNE

Let your daughter benefit from the confidence, grace, poise, and discipline that the study of ballet will instill in her for a lifetime. Students will learn basic jazz and ballet techniques step by step. This program is directed by Susana Catturini, a graduate of New World School of the Arts and the University of Florida, and a former member of the Momentum Dance Company.

<b>Location</b>	Island Room
<b>Session 1</b>	August 24-September 17
<b>Session 2</b>	September 21-October 15
<b>Session 3</b>	October 19-November 12
<b>Session 4</b>	November 16- December 17 (no class on Nov. 24 or 26)
<b>Instructor</b>	Susana Catturini and Alexandra Villarroel

## Creative Movement

Children will explore basic movements of dance as well as rhythm, space, dance vocabulary, and quality of movement in this creative class.

<b>Ages</b>	2.5-4 years
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	3:30-4:15 p.m.
<b>Member Fee</b>	\$120
<b>Non-Member Fee</b>	\$141

## Lyrical Ballet and Jazz

Flaunt your ballet technique and then apply it to such free dance styles as lyrical ballet and jazz. This class is designed to improve ballet techniques, including pointe, as well as help students learn several dance combinations. This class will conclude with a stage performance of the classical ballet *The Nutcracker* at the end of Session 4.

<b>Ages</b>	10 years and up
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	4:30-6:00 p.m.
<b>Member Fee</b>	\$160
<b>Non-Member Fee</b>	\$188

## Pre-Ballet

This program is specifically designed to provide children with a strong foundation in dance and movement. It teaches young dancers basic vocabulary and basic ballet technique at the barre, in the center, and across the floor. This class will conclude with a stage performance of the classical ballet *The Nutcracker* at the end of Session 4.

<b>Ages</b>	3-5 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:30-4:30 p.m.
<b>Member Fee</b>	\$120
<b>Non-Member Fee</b>	\$141

## Ballet I-II and Jazz

Children will continue the exploration of ballet techniques with an emphasis on precision of lines and exactness of movement. Jazz will be taught immediately following the ballet segment. Girls will apply ballet techniques to several jazz styles with catchy rhythms and music. This class will conclude with a stage performance of the classical ballet *The Nutcracker* at the end of Session 4.

<b>Ages</b>	6-9 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:30-5:30 p.m. (Ballet only) 4:30-6:00 p.m. (Ballet and Jazz)
<b>Member Fee</b>	\$120 (Ballet only) or \$160 (Ballet and Jazz)
<b>Non-Member Fee</b>	\$141 (Ballet only) or \$188 (Ballet and Jazz)



# Youth Dance Programs

## DANCING STARS BY MARIA VERDEJA SCHOOL OF THE ARTS

**NEW!**

The Maria Verdeja School of the Arts is proud to introduce its Dancing Stars dance program at the Community Center. Here dancers can participate in a wide variety of classes that teach various technique forms such as classical ballet, lyrical dance, jazz, and tap. Established in 1986, this program is well known for its curriculum of strengthening the dancer's technique as well as helping dancers develop a sense of confidence and high self-esteem through the performances and events they participate in. The program's director will place students in appropriate classes at her discretion. The following classes are now being offered:

### Classical Ballet

Considered the foundation to all dance forms, Classical Ballet is the contrast between strong leg movements and the graceful upper body that creates its beauty. Participants in the program are required to take ballet twice a week.

<b>Level I</b>	Ages 3-5 years
<b>Level II</b>	Ages 6-9 years
<b>Level III</b>	Ages 10-13 years
<b>Pointe Class</b>	Students will be placed in this class at the director's discretion

### Lyrical Dance

This class is the fusion of ballet and jazz techniques. Here dancers use motion to interpret music and express emotion.

<b>Ages</b>	10-14 years
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### Jazz

This exciting form of dance is set to pop music where dancers show off skills such as high kicks and large jumps in an energetic way.

<b>Level II</b>	Ages 6-9 years
<b>Level III</b>	Ages 10-14 years

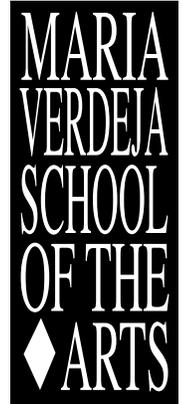
### Tap

Tap dance is a series of percussive movements where a lot of heel work and syncopated moves are used. The quick steps and timing gives this dance form a unique look.

<b>Ages</b>	7-12 years
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### Session Dates and Fees

<b>Session 1</b>	August 24-October 16
<b>Session 2</b>	October 19-December 18
<b>Member Fee</b>	1 class/week (8 hours total) \$120 per session 2 classes/week (16 hours total) \$200 per session 3 classes/week (24 hours total) \$250 per session 4 classes/week (32 hours total) \$320 per session
<b>Non-Member Fee</b>	1 class/week (8 hours total) \$144 per session 2 classes/week (16 hours total) \$239 per session 3 classes/week (24 hours total) \$299 per session 4 classes/week (32 hours total) \$379 per session
<b>Additional Fees</b>	\$50 yearly registration fee made payable to Maria Verdeja \$95 yearly costume fee made payable to Maria Verdeja



### DANCING STARS CLASS SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3:30 p.m.	Ballet Level I	Lyrical Dance	Ballet Level I	Ballet Level II
4:30 p.m.	Jazz II	Jazz III	Pointe Level III	Ballet Level III
5:30 p.m.	Ballet Level II		<del>Tap</del>	Tap*

Note: All classes will take place in the Island Room. \*Tap will take place in the Arts and Crafts Room.

# Broadway Musical Theatre Program



## BROADWAY MUSICAL THEATRE PROGRAM

The Broadway Musical Theatre Program is based on the interplay between the various elements of musical theater where children learn to dance, act, and sing. Each class will consist of the technical aspects of ballet, jazz, tap, and improvisation to learn the various styles and choreographies of Broadway's most famous musicals. Through this interplay, children will learn to successfully interpret some of Broadway's most memorable musicals. The program will conclude with a live theatrical performance.

<b>Session Dates</b>	August 24-December 13 (16-week session)
<b>Location</b>	Dance Studio
<b>Instructors</b>	Angelica Torres and Workshop Instructors
<b>Member Fee</b>	\$490
<b>Non-Member Fee</b>	\$575

*Note: Program includes 32 hours of class plus 8 hours of rehearsals for a total of 40 hours.*

### Broadway Group 1

<b>Ages</b>	4 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:15-4:00 p.m.

### Broadway Group 2

<b>Ages</b>	5-6 years
<b>Days</b>	Mondays and Fridays
<b>Time</b>	2:30-3:30 p.m.

### Broadway Group 3

<b>Ages</b>	6 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:00-5:00 p.m.

### Broadway Group 4

<b>Ages</b>	7-8 years
<b>Days</b>	Mondays and Fridays
<b>Time</b>	3:30-4:30 p.m.

### Broadway Group 5

<b>Ages</b>	9-12 years
<b>Days</b>	Wednesdays and Fridays
<b>Time</b>	4:30-5:30 p.m.

## Broadway Musical Theatre Advanced

These intensive classes (Pre-Advance, Advance Broadway, and Company) are designed for students with strong skills in at least two areas: singing, dancing, or acting.

*Note: These classes are by invitation only.*

<b>Session Dates</b>	August 24-December 13 (16-week session)
<b>Location</b>	Dance Studio
<b>Instructors</b>	Angelica Torres, Anthony Campisi, and Jesse Carlo

## Broadway Pre-Advanced

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:00-5:30 p.m.
<b>Member Fee</b>	\$520
<b>Non-Member Fee</b>	\$600

## Broadway Advanced Group I

<b>Days</b>	Wednesdays
<b>Time</b>	3:00-4:30 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	12:30-1:30 p.m.

*Note: Program includes 40 hours of class plus 16 hours of rehearsals and voice training for a total of 56 hours.*

<b>Member Fee</b>	\$520
<b>Non-Member Fee</b>	\$600

## Broadway Advanced Group II

<b>Days</b>	Mondays
<b>Time</b>	4:30-5:30 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	1:30-3:00 p.m.

*Note: Program includes 40 hours of class plus 60 hours of rehearsal and voice training for a total of 100 hours.*

<b>Member Fee</b>	\$550
<b>Non-Member Fee</b>	\$640



# Broadway Musical Theatre Program

## Broadway Voice

In this class, the latest and greatest songs from Broadway are used to teach singing technique. Participants use these songs to learn the basics of *solfege* (just think do-re-me), proper vocal technique (breath support and vowel formation), and sight-reading skills. Basic vocal techniques will include positive breathing habits, posture, diction, phrasing, and interpretation of song literature.

<b>Session Dates</b>	August 29-December 12
<b>Location</b>	Dance Studio
<b>Instructor</b>	Rebekah Diaz
<b>Ages</b>	5-6 years
<b>Days</b>	Saturdays
<b>Time</b>	10:30-11:30 a.m.
<b>Ages</b>	7-9 years
<b>Days</b>	Saturdays
<b>Time</b>	11:30 a.m.-12:30 p.m.
<b>Ages</b>	10 years and up
<b>Days</b>	Saturdays
<b>Time</b>	12:30-1:30 p.m.
<b>Member Fee</b>	\$250
<b>Non-Member Fee</b>	\$295

## Acting and Auditioning Workshop

Lights! Camera! Action! Do those three words thrill you? This acting workshop will provide you with great auditioning tips, improvisation skills, tips on improving stage presence, and techniques to feel more comfortable in front of the camera or audience. Come strengthen your performance muscles with this workshop—which acts as a bridge between theory and performance.

<b>Session Dates</b>	August 27-December 10
<b>Location</b>	Dance Studio
<b>Instructor</b>	Jesse Carlo
<b>Ages</b>	8-10 years
<b>Days</b>	Thursdays
<b>Time</b>	3:30-4:30 p.m.
<b>Ages</b>	11 years and up
<b>Days</b>	Thursdays
<b>Time</b>	5:00-6:00 p.m.
<b>Member Fee</b>	\$250
<b>Non-Member Fee</b>	\$295

Please visit [www.broadwaymusicaltheatre.com](http://www.broadwaymusicaltheatre.com) for updates and additional information.

## Company

Company group is designed for students 13 to 21 years old with a good level of singing, acting, and dancing experience. Students also should have prior experience in musical theatre. This class meets on Saturdays for two hours and a half and includes a one-hour Acting Workshop on Thursdays. *Note: Participants must be approved by instructor before registering for this class.*

<b>Session Dates</b>	August 27-December 12
<b>Location</b>	Dance Studio
<b>Days</b>	Thursdays
<b>Time</b>	5:00-6:00 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	3:00-5:00 p.m.
<b>Member Fee</b>	\$550
<b>Non-Member Fee</b>	\$640

## Broadway Musical Theatre Adults

This class is back by popular demand! This is an open call for adults to get ready to have a wonderful time learning tap, jazz and ballet focusing on musical theatre and singing. At the end of the course you will take part in a full production (past productions include *Mamma Mia* and *Chicago*) and become part of our famous Broadway family.

<b>Session Dates</b>	August 31-December 16
<b>Location</b>	Dance Studio
<b>Instructors</b>	Angelica Torres and Jesse Carlo
<b>Days</b>	Mondays, Wednesdays, and Saturdays
<b>Time</b>	12:00 noon-1:30 p.m.
<b>Member Fee</b>	\$400
<b>Non-Member Fee</b>	\$472



# Youth & Teen Programs



## TUTORING PROGRAMS

### Math Tutoring

**NEW!**

Math Matters is bringing their effective math tutoring program to the Key to help kids sharpen their math skills in all levels of math. This program will help students with math assignments as well as assess them for mathematic proficiency. Each student is given an individualized program of hands-on tutoring using worksheets and math games. Students must register for the entire session.

<b>Ages</b>	5 to 18 years
<b>Days</b>	Wednesdays
<b>Time</b>	5:30-6:45 p.m.
<b>Days</b>	Fridays
<b>Time</b>	4:30-5:45 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	August 26-October 2
<b>Session 2</b>	October 7-November 13
<b>Session 3</b>	November 18-December 18 (no class Nov. 25 or 27; this session will be prorated)
<b>Instructor</b>	Math Matters
<b>Member Fee</b>	\$150
<b>Non-Member Fee</b>	\$174



### Homework Club

Catch up on class work or fine-tune your academic skills with this new after school club.

<b>Ages</b>	Grades 1-8
<b>Days</b>	Mondays, Tuesdays and Thursdays
<b>Time</b>	3:30-4:30 p.m.
<b>Location</b>	Second Floor Lounge
<b>Member Fee</b>	Free
<b>Non-Member Fee</b>	\$6 per day



## RECREATIONAL ACTIVITIES

### Ping-Pong Club

**NEW!**

Calling all ping-pong players at the Community Center! Show off your skills and have fun with your friends with this action-packed club.

<b>Ages</b>	Grades 3-12
<b>Days</b>	Fridays
<b>Time</b>	3:30 p.m.
<b>Location</b>	Game Room
<b>Fee</b>	Every child pays \$5 per month

### Dodgeball Club

Have fun with this club for dodgeball fanatics.

<b>Ages</b>	Grades 3-8
<b>Days</b>	Wednesdays
<b>Time</b>	2:30 p.m.
<b>Location</b>	Gymnasium
<b>Fee</b>	Every child pays \$5 per month

## Friday Night Happenings

<b>Member Fee</b>	Free
<b>Non-Member Fee</b>	\$6

### August 28

#### Scavenger Hunt

<b>Ages</b>	8 years and up
<b>Time</b>	6:00 p.m.
<b>Location</b>	Meet in Gymnasium

### September 4

#### Ping-Pong Tournament

<b>Ages</b>	7 years and up
<b>Time</b>	6:00 p.m.
<b>Location</b>	Game Room

### September 11

#### Tips Basketball Tournament

<b>Ages</b>	10 years and up
<b>Time</b>	6:00 p.m.
<b>Location</b>	Gymnasium

# Youth & Teen Programs

## September 18

### Indoor Baseball

Ages	7 years and up
Time	6:00 p.m.
Location	Gymnasium

## September 25

### Two-Player Shoot Out

Ages	7 years and up
Time	6:00 p.m.
Location	Gymnasium

## October 2

### Home-Run Derby

Ages	7 years and up
Time	6:00 p.m.
Location	Gymnasium

## October 9

### Slam-Dunk Contest

Ages	13 years and up
Time	6:00 p.m.
Location	Gymnasium

## October 16

### Ping-Pong Tournament

Ages	7 years and up
Time	6:00 p.m.
Location	Game Room

## October 23

### Capture the Flag

Ages	7 years and up
Time	6:00 p.m.
Location	Gymnasium

## November 6, 13, 20

### Ultimate Frisbee Month

Ages	Grades 6-12
Time	7:00 p.m.
Location	Village Green

## December 4, 11, 18

### Flag Football Month

Ages	7 years and up
Time	7:00 p.m.
Location	Village Green

## RAT'S DAYS OFF

When Key Rats are off from school, they can spend the day having fun in a safe environment. Each full-day program offers a variety of activities, which may include computer lab, movies, arts and crafts, games, sports, swimming, field trips, and much more. Enrollment is limited so register early! And remember to pack a lunch since lunch is not included.



<b>Ages</b>	K-8 grades	
<b>Days and Dates</b>	Monday, September 28	Wednesday, December 23
	Monday, October 19	Thursday, December 24
	Friday, October 30	Monday, December 28
	Wednesday, November 11	Tuesday, December 29
	Monday, December 21	Wednesday, December 30
	Tuesday, December 22	Thursday, December 31
<b>Time</b>	8:00 a.m.-3:00 p.m.	
<b>Member Fee</b>	\$20 per day	
<b>Non-Member Fee</b>	\$25 per day	

*Note: Lunch is not included, please bring your own.*

## KEY BISCAYNE BASKETBALL ACADEMY

Why sit courtside when you can take part in this action-packed basketball program? Taught by Coach Tony Goudie, practices will begin in mid August. So don't delay. Sign up today. Practices begin Monday, August 24. Each session is four weeks/eight practices.

<b>Days</b>	Mondays and Fridays
<b>Times</b>	
Beginners	3:00-3:45 p.m.
Intermediate	4:00-5:00 p.m.
Advanced	5:00-6:00 p.m.

<b>Session</b>	August 24-October 23 (9 weeks)
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<b>Member Fee</b>	\$180
<b>Non-Member Fee</b>	\$210



# Youth & Teen Programs

## ATHLETICS

Registration for each program is available at the Community Center front desk.

### Flag Football

**Registration** Through August 28  
**Ages** Boys and girls ages 6-14 as of September 1. Pee Wee Division ages 6-8. Junior Division ages 9-11. Senior Division ages 12-14.

**Resident Fee** \$100  
**Non-Resident Fee** \$120

*Note: Season runs from September 1-October 31.*

### Girls Volleyball

**Registration** Through August 28  
**Ages** Girls ages 9-14 as of September 1. Junior Division ages 9-11. Senior Division ages 12-14.

**Resident Fee** \$100  
**Non-Resident Fee** \$120

*Note: Season runs from September 1-November 14.*

### Soccer

**Registration** August 1-September 27  
**Ages** Boys ages 5-16 and girls ages 5-14. Must be age 5 as of September 1. Cannot be 15 by July 31, 2010. U9-U16 Travel Programs begin September 1st. U5-U8 Intramural Programs begin November 3rd.

**Intramural Program Fee** \$300  
**Traveling Program Fee** \$650

*Note: Season ends in late February for all ages.*

### Basketball

**Registration** October 1-31  
**Ages** Boys and girls ages 6-14 as of November 1. Co-Ed Intramural League ages 6-9. Girl's League ages 10-14. Boy's League ages 10-14.

**Resident Fee** \$200  
**Non-Resident Fee** \$240

*Note: Season ends February 15.*

### Adult Softball

**Registration** Captains' meeting Wednesday, October 7 at 6:30 p.m. at the Community Center  
**Ages** Men and women over the age of 18

**Team Fee** TBD

*Note: Season ends in February.*

## American Gymsters

**Days** Tuesdays  
**Times** Beginners: 4:00-5:00 p.m./  
 5:00-6:00 p.m.  
 Intermediate: 5:00-6:00 p.m.  
 Advanced: 6:00-7:30 p.m.  
 Pre-Team: 6:00-7:30 p.m.

**Days** Saturdays  
**Times** Beginners: 9:00-10:00 a.m.  
 Intermediate: 9:00-10:00 a.m.  
 Advanced: 10:00-11:30 a.m.  
 Pre-Team: 10:00-11:30 a.m.

**Session 1** August 25-October 17  
**Session 2** October 20-December 12

**Fees**  
**Beginners and Intermediate**

1 x per week  
**Members** \$200  
**Non-Members** \$240  
 2 x per week  
**Members** \$295  
**Non-Members** \$340

**Advanced and Pre-Team**  
 1 x per week  
**Members** \$245  
**Non-Members** \$260  
 2 x per week  
**Member** \$325  
**Non-Members** \$360



Additional insurance payment: \$50 per year  
 (made payable to American Gymsters)

## KEY RATS CHEERLEADERS



Want to cheer for the Key's best football team? Then jump into our new cheerleading program! A part of the Miami Xtreme Cheerleading League, the Key Rats Cheerleaders will learn to jump, dance, tumble, stunt, and, of course, cheer! All levels and abilities are welcome. For more information, contact Kristina Jackson at kristinajaxn@yahoo.com. *Note: Season runs from August 1-October 31.*

**Registration** Through August 31  
**Ages** 5-12 years  
**Fee** \$80

## TEAM KEY AQUATICS

Team Key Aquatics (TKA) aims to foster the growth and development of each swimmer, regardless of age or ability, in an environment that encourages goal setting, dedication, hard work, discipline, and a personal commitment to the pursuit of excellence. TKA provides an opportunity for all swimmers to develop and maximize their competitive swimming skills—an experience that will only prove valuable to them in the future.

**Fall session runs from August 17-December 18**

### Sub-Jo Crew

This group is relatively new to swimming as a competitive sport. Sub-Jo Crew swimmers emphasize proper stroke technique as well as speed work, interval training, and aerobic conditioning. Dry-land exercise and race strategy also are introduced.

<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Time</b>	3:30-4:30 p.m.
<b>Days</b>	Tuesdays, Thursdays, and Fridays
<b>Time</b>	3:30-4:30 p.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)

### Jo Crew

Jo Crew swimmers emphasize proper stroke technique as well as speed work, interval training, and aerobic conditioning. Dry-land exercise and race strategy also are introduced. This group represents our top age group level.

<b>Days</b>	Monday-Friday
<b>Time</b>	4:45-6:15 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	8:15-9:45 a.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)

### Sectional Crew

Sectional Crew is an elite group of swimmers who have high ambitions and a strong commitment to succeed, setting their sights on the Junior Olympics and Sectional Championships.

<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Time</b>	5:00-6:15 a.m. and 6:30-8:30 p.m.
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	6:30-8:15 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	10:00 a.m.-1:00 p.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)

### TKA Masters

Swimmers in TKA Masters pride themselves on swimming better and faster. Swimmers here benefit from the workouts, stroke technique training, and our coaches' vast knowledge of the sport of swimming.

<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Time</b>	6:15-7:15 a.m.
<b>Member Fee</b>	\$100 (4 weeks)
<b>Non-Member Fee</b>	\$120 (4 weeks)
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	8:30-10:15 a.m.
<b>Member Fee</b>	\$100 (4 weeks)
<b>Non-Member Fee</b>	\$120 (4 weeks)

*Note: Practice days and times are subject to change.*

### Interested in joining TKA?

Please contact Coach Iggy or Coach Gaby at 305-858-7339 prior to registering.



# Swim Kids Swimming School



## Fall Session runs from September through December

### Parents & Me

Ideal for babies, this Parents & Me class is an opportunity for parents to spend quality time with their children. The instructor also will introduce basic swimming and water survival skills.

<b>Ages</b>	4-24 months
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	10:00-10:30 a.m.
<b>Days</b>	Saturdays
<b>Time</b>	10:45-11:15 a.m.

### Turtles

Toddlers will be introduced to the basics of swimming and later learn freestyle strokes such as arrows, circles, airplanes, as well as dolphin and frog kicks.

<b>Ages</b>	2-3 years
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	3:00-3:30 p.m.
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:00-3:30 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	11:15-11:45 a.m.

### Jellyfish

Once basic swimming and survival skills are mastered, children will learn fun mini-strokes such as arrows, circles, airplanes, back float, front float, dolphin, and frog kicks.

<b>Ages</b>	4-6 years
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	3:30-4:00 p.m.
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:30-4:00 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	11:45 a.m.-12:15 p.m.

### Dolphins

The emphasis at this level will be on timing and swimming strokes.

<b>Ages</b>	7-9 years
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	4:00-4:40 p.m.
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:00-4:40 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	12:15-1:00 p.m.

### Sharks

At this level advanced strokes are introduced, developed, and refined, preparing the child for competition and a lifetime of physical endurance and fitness.

<b>Ages</b>	10 years and up
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	4:40-5:20 p.m.
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:40-5:20 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	12:15-1:00 p.m.

### Sea Lions (Adult Classes)

It's never too late to refresh your swimming skills. Swim Kids offers private and group swimming lessons for adults as well.

<b>Ages</b>	18 years and up
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	10:30-11:30 p.m.

### Fees

#### Private Lessons (1 Swimmer/1 Instructor/8 Lessons)

<b>Class Duration</b>	30 min.
<b>Member Fee</b>	\$300
<b>Non-Member Fee</b>	\$360

*(One lesson is \$37.50 for members/\$45 for non-members)*

#### Semi-Private Lessons (2 Swimmers/1 Instructor/8 Lessons)

<b>Class Duration</b>	30 min.
<b>Member Fee</b>	\$180
<b>Non-Member Fee</b>	\$225

*(One lesson is \$22.50 for members/\$28.12 for non-members)*

#### Group Lessons (4-10 Swimmers/1 Instructor/8 Lessons)

<b>Class Duration</b>	40 min.
<b>Member Fee</b>	\$140
<b>Non-Member Fee</b>	\$172

*(One lesson is \$17.50 for members/\$21.50 for non-members)*

#### Adult Lessons/Competitive-Beginner (1 Swimmer/1 Instructor/8 Lessons)

<b>Class Duration</b>	40 min.
<b>Member Fee</b>	\$400
<b>Non-Member Fee</b>	\$500

*(One lesson is \$50 for members/\$62.50 for non-members)*

#### Baby Group Lessons (4-10 Swimmers/1 Instructor/8 Lessons)

<b>Member Fee</b>	\$140
<b>Non-Member Fee</b>	\$172

*(One lesson is \$17.50 for members/\$21.50 for non-members)*

#### Necessary Equipment

Bathing suit, bathing cap, and goggles.

#### Make-Up Policy

All classes must be cancelled in advance. If the lesson cannot be attended, we require notice before 9:00 a.m. Make-up classes can be scheduled on the last Friday of the month, which has been reserved for make-ups.

For more information on the class schedule, call Swim Kids at 305-262-SWIM (7946) or log on to [www.swimkidschool.com](http://www.swimkidschool.com).

## EMPOWERING YOGA BY VERO YOGA & CO.

Empower yourself, get strong, and get in shape, while bringing freedom to your mind with this empowering yoga program. Three different classes are available. All levels are welcome.

- Member Fee** \$18 per class or \$130 per ten-class punch pass
- Non-Member Fee** \$21 per class or \$160 per ten-class punch pass

### Easy Flow

A gentle, restorative, and invigorating yoga practice. This sequence aims to retain the vitality of the body by oxygenating and rejuvenating every cell of your system. It also helps promote total physical and mental well-being. Pre-natal yoga practitioners are welcome.

### Flow

A new level of “Vero Yoga” practice, this sequence allows participants to flow with grace while synchronizing the breath with a progressive series of postures that produce internal heat, toning all muscles and organs, as well as calming the mind. *(Note: This class is more dynamic than the Easy Flow class and less intense than the Multi-Level class.)*

### Multi-Level

An intense and stimulating style of yoga, this class uses the Vinyasa-style (breathing intensive) of yoga. It’s physically demanding practice due to the constant movement from one pose to the next. The result is often improved circulation, a light and strong body, and a calm mind.



VERO YOGA & CO. FALL CLASS SCHEDULE				
Classes are 90 minutes and held in the Island Room				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level Veronica	8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level Veronica	8:30 a.m. Easy Flow Veronica
12:30 p.m. Multi-Level Veronica	11:00 a.m. Flow Angeles		11:00 a.m. Flow Angeles	
6:00 p.m. Kids Yoga Claudia				



## MEDITATION AND BREATHING TECHNIQUES WORKSHOPS

Join us the first Monday of every month beginning in September.

- Dates** September 7, October 5, November 2, and December 7
- Time** 7:00-8:00 p.m.
- Location** Island Room
- Instructor** Veronica Vidal
- Member Fee** \$17
- Non-Member Fee** \$20

## VERO YOGA FOR KIDS NEW!

In this class, kids will develop strong, limber, and healthy bodies while cultivating self-esteem, increasing focus, and concentration—all in a playful environment. Children will also learn how to cope with life stressors and how to effectively relax and sleep better. The session starts on August 10.

- Ages** 7-11 years
- Days** Mondays
- Time** 6:00-7:00 p.m.
- Location** Island Room
- Member Fee** \$100 for ten classes (\$12 for a single class)
- Non-Member Fee** \$120 for ten classes (\$14 for a single class)

# Yoga Classes



## YOGA CLASSES

Considered both physical and mental therapy, practicing yoga has numerous benefits including improving flexibility, strength, and muscle tone as well as managing stress and preventing disease. As a Community Center member, why not sign up for one of our cost-effective yoga classes and start reaping the health benefits today? No previous experience is required.

**Ages** 16 years and up

**Member Fee** \$8 per class

**Non-Member Fee** \$15 per class

### Yoga with Arbey

You'll break a sweat in this fun and challenging class that will help you build strength and flexibility of both body and mind. Each class is designed with a combination of asanas from various styles of yoga.

**Days** Mondays, Wednesdays, and Fridays

**Time** 10:00-11:30 a.m.

**Instructor** Arbey Quiceno

### Gentle Yoga

This class focuses on the basic fundamental posture of yoga. It combines breath and movement to build strength and flexibility. No previous experience is required, just wear comfortable clothes.

**Days** Tuesdays and Thursdays

**Time** 9:30-11:00 a.m.

**Instructor** Jennifer Ryan

### Moderate Yoga

A perfect balance between our Gentle Yoga and Power Yoga classes, intermediate yoga practitioners will feel right at home in this class.

**Days** Wednesdays

**Time** 7:00-8:30 p.m.

**Instructor** Jennifer Ryan

### Power Yoga

This dynamic workout focuses on strength, flexibility, and balance. All levels are welcome. Remember to wear loose clothing that stretches.

**Days** Mondays from 7:00-8:30 p.m.

**Days** Saturdays from 9:30-11:00 a.m.

**Instructor** Jennifer Ryan

## COMPLETE FALL YOGA SCHEDULE

Classes are 90 minutes and held in the Island Room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30 a.m. Easy Flow Yoga Vero Yoga & Co.	8:30 a.m. Multi-Level Yoga Vero Yoga & Co.	8:30 a.m. Easy Flow Yoga Vero Yoga & Co.	8:30 a.m. Multi-level Yoga Vero Yoga & Co.	8:30 a.m. Easy Flow Yoga Vero Yoga & Co.		
10:00 a.m. Yoga Arbey	9:30 a.m. Gentle Yoga Jenny	10:00 a.m. Yoga Arbey	9:30 a.m. Gentle Yoga Jenny	10:00 a.m. Yoga Arbey	9:30 a.m. Power Yoga Jenny	
12:30 p.m. Multi-Level Yoga Vero Yoga & Co.	11:00 a.m. Flow Yoga Vero Yoga & Co.		11:00 a.m. Flow Yoga Vero Yoga & Co.			
6:00 p.m. Kids Yoga Vero Yoga & Co.						
7:00 p.m. Power Yoga Jenny		7:00 p.m. Moderate Yoga Jenny				

# Fitness Programs and Classes

## ATHLETIC TRAINING PROGRAMS

### Triathlon Team

This complete training program includes a monthly online training plan and constant contact with the coach. The program is designed for athletes of all skill levels, ages ten and up. Participants will receive four weekly training sessions, including two swim sessions, one bike session, and one running session. For more information, call Coach Vargas at 786-873-1563 or visit [www.eltrainer.us](http://www.eltrainer.us).

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	7:00-8:15 a.m. and 7:45-8:45 p.m.
<b>Days</b>	Saturdays
<b>Time</b>	8:15 a.m. (optional)
<b>Member Fee</b>	\$270 per month
<b>Non-Member Fee</b>	\$318 per month

### Boot Camp Key Biscayne

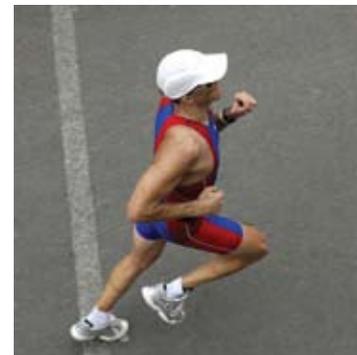
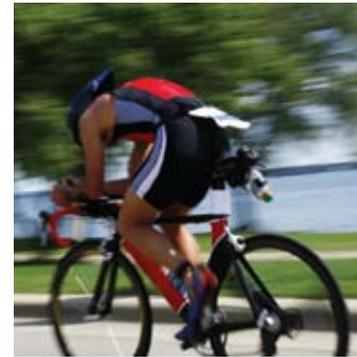
Build your body from the inside out while working at your own fitness level! Become fit with functional exercises that not only make you look better, but help you to become healthier and stronger. Suitable for all ages.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	6:00-7:15 a.m.
<b>Location</b>	Meet at the Community Center front desk
<b>Session</b>	Ongoing
<b>Instructor</b>	Boris Fernandez and Ricardo Hernandez
<b>Member Fee</b>	\$15 per class
<b>Non-Member Fee</b>	\$18 per class

### Running Club

This new program is for runners and walkers of all levels. Each member will receive a personalized training program developed by an experienced runner, a running/walking pronation analysis, discounts at local running specialty stores, and be paired up with other runners/walkers of similar ability. For more information, contact Coach Grainger at 786-877-3153 or [keyrunners@yahoo.com](mailto:keyrunners@yahoo.com).

<b>Ages</b>	12 years and up
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	7:00 p.m.
<b>Day</b>	Saturdays
<b>Time</b>	8:00 a.m.
<b>Location</b>	Meet at Community Center
<b>Session</b>	Ongoing
<b>Instructor</b>	Jeff Grainger
<b>Member Fee</b>	\$10 per week or \$40 per month
<b>Non-Member Fee</b>	\$12 per week or \$48 per month



## GYMFIT WORKOUT PROGRAM NEW!

This fun workout program will consist of circuit training, combining cardio, weights and gymnastics (tumble track, cheese mats, and the little bar). Don't let your kids have all the fun with gymnastics! Now you can tumble your way to fitness.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	10:00-11:15 a.m.
<b>Location</b>	Gymnasium
<b>Session 1</b>	August 25- September 17
<b>Session 2</b>	September 22-October 15
<b>Session 3</b>	October 20-November 12
<b>Session 4</b>	November 17-December 15 (no class Nov. 26)
<b>Instructor</b>	American Gymsters
<b>Member Fee</b>	\$160
<b>Non-Member Fee</b>	\$189



# Fitness Programs and Classes



## SENIOR FITNESS

### Splash! Water Workout

Splash into fitness with this exciting aquatic workout, designed to be easier on the joints than land-based exercise, while increasing overall strength and endurance.

**Days** Tuesdays and Thursdays  
**Time** 10:30-11:30 a.m.  
**Location** Pool

**Session 1** August 25-October 1  
**Session 2** October 6-November 12  
**Session 3** November 17-December 24  
**Instructor** Marilyn Myles

**Member Fee** \$120  
**Non-Member Fee** \$135

### Have a Ball!

Come try this movement class, specially designed for seniors, and improve your quality of life. Strengthen, tone, increase flexibility and balance with this beginner level class.

**Ages** Seniors  
**Days** Mondays  
**Location** Gym  
**Days** Wednesdays  
**Location** Dance Studio  
**Time** 10:00 a.m.

**Session** Ongoing (begins August 24)  
**Instructor** Marilyn Myles

**Member Fee** \$8 per class

## FALL LAND GROUP EXERCISE SCHEDULE

Classes are 55 minutes and are held in the Dance Studio

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15 a.m. Spinning <i>Sergio</i>	7:00 a.m. Spinning <i>Jennifer</i>	6:15 a.m. Spinning <i>Bette Ann</i>	7:00 a.m. Spinning <i>Jennifer</i>	6:15 a.m. Spinning <i>Bette Ann</i>		
8:00 a.m. Spinning <i>Jennifer</i>	8:00 a.m. Brazilian Sculpt <i>Marquinho</i>	8:00 a.m. Spinning <i>Jennifer</i>	8:00 a.m. Brazilian Sculpt <i>Marquinho</i>	8:00 a.m. Spinning <i>Marilyn</i>	8:15 a.m. Spinning <i>Marquinho</i>	
9:00 a.m. Step <i>Jennifer</i>	9:00 a.m. Spin/Sculpt <i>Jennifer</i>	9:00 a.m. Step/Sculpt <i>Jennifer</i>	9:00 a.m. Step <i>Jennifer</i>	9:00 a.m. Step/Sculpt <i>Jennifer</i>	9:15 a.m. Brazilian Sculpt <i>Marquinho</i>	
10:00 a.m. Body Sculpting <i>Jennifer</i>	10:00 a.m. Latin <i>Jennifer</i>	10:00 a.m. Have a Ball!-Senior Class <i>Marilyn</i>	10:00 a.m. Body Sculpting <i>Jennifer</i>	10:00 a.m. Latin <i>Jennifer</i>	10:15 a.m. Step <i>Jennifer</i>	10:00 a.m. Zumba <i>Maria</i>
10:00 a.m. Have a Ball!-Senior Class <i>Marilyn</i>	11:00 a.m. Zumba <i>Huayla</i>	11:00 a.m. Brazilian Sculpt <i>Marquinho</i>	11:00 a.m. Zumba <i>Huayla</i>	11:00 a.m. Brazilian Sculpt <i>Marquinho</i>	11:15 a.m. Zumba <i>Huayla</i>	11:00 a.m. Video Spin <i>Linda</i>
11:00 a.m. Spinning <i>Marquinho</i>	6:00 p.m. "The Ride" Spinning <i>Arturo</i>	5:45 p.m. Zumba <i>Huayla</i>	6:00 p.m. "The Ride" Spinning <i>Arturo</i>	5:45 p.m. Zumba <i>Huayla</i>		
5:45 p.m. Zumba <i>Huayla</i>	7:00 p.m. Brazilian Sculpt <i>Marquinho</i>	6:45 p.m. Spinning <i>Marilyn</i>	7:00 p.m. Brazilian Sculpt <i>Marquinho</i>	6:45 p.m. Spinning <i>Marilyn</i>		
6:45 p.m. Spinning <i>Marilyn</i>	7:00 p.m. Kickboxing* <i>Alan</i>		7:00 p.m. Kickboxing* <i>Alan</i>			

\* Kickboxing classes are held in the Island Room.

# Group Exercise Information

## GROUP EXERCISE GENERAL INFORMATION

- Always bring a sweat towel and water bottle to class.
- You must be at least 15 years of age to participate in a group exercise class.
- Bring your valid punch pass along with your ID to class.
- Always sign in when you attend a class.
- Classes may fill up quickly (especially bike classes) so make sure to arrive a few minutes early. Please do not enter a class in progress unless the instructor has indicated that you can do so.
- Please wear appropriate clothing and footwear for the class you are attending.
- Yoga mats will be available for use. If you practice yoga regularly, you may want to consider purchasing a mat.

## Group Exercise Pass Prices

Single: \$8 for members, \$15 for non-members

(includes guest fee)

5 Pack: \$29 for members

10 Pack: \$50 for members

20 Pack: \$85 for members

Packages are not valid for yoga classes or non-members.

## Group Exercise Schedule

For a complete schedule of group exercise classes, see our listing on page 26. Also, updated exercise schedules are posted monthly and include group exercise classes, water exercise classes and most yoga programs. All classes are 55 minutes in duration except for yoga, which is 90 minutes. Yoga is held in the Island Room.

## NEW GYM EQUIPMENT

We are proud to announce the arrival of new cardio machines in the Wellness Center. The following machines have replaced aging equipment in the facility:

- 4 Treadmills
- 3 Ellipticals
- 2 StairMasters

Five new spin bikes have also been added to our fleet, which brings the total number to 30 bikes. This means that more people can take our popular spinning classes!

## Group Exercise Class Descriptions

**Body Sculpting**—Body Sculpting is 55 minutes of muscle endurance and conditioning. Body bars, hand weights, balls and more will be used to tone all the major muscles in your body and increase muscle endurance.

**Cardio Kickboxing**—This workout combines aerobics, cardiovascular and body toning. This intense, total-body workout can improve strength, aerobic fitness, flexibility, coordination and balance.

**Spinning**—The ultimate indoor cycling experience. Ride through flats, hills and jumps as you listen to motivating, heart-pumping music. You control the resistance and cadence to make the class as challenging as you need it to be! *First-time participants should arrive earlier to receive special instructions.*

**Gentle Yoga**—This class focuses on the basic fundamental postures of yoga. It combines breath and movement to build strength and flexibility. No previous experience is required, just wear comfortable clothes.

**Hi-Low Cardio Combo**—A “high/low” choreographed exercise class, this is a high-energy workout with optional impact.

**Latin**—Work out Latin style with dance moves. An excellent class for all fitness levels and dance skill levels.

**Power Yoga**—This dynamic workout focuses on strength, flexibility and balance. All levels are welcome. Remember to wear loose clothing that stretches.

**Step**—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing just the step. This class is moderate-to-high intensity with time left at the end for abdominal work.

**Water Exercise**—Water exercise is a wonderful low-impact alternative to traditional land exercise programs. It is ideal for people with arthritis and those recovering from injuries since it's easy on the joints, as well as anyone looking for a good workout.

**Zumba**—High energy and motivating music with unique moves and combinations makes this a fun and easy workout!



# Adult and Senior Programs



## ARTS & CRAFTS

### Plein Air Landscape Painting with Rita Coll

**NEW!**

In the spirit of playful adventure, we now offer a special plein air (open air) workshop. These outdoor classes offer painting instruction in scenic outdoor locations where participants will take in a different vista at each workshop. Learn about necessary art supplies to color mixing, as well as composition and the fundamental techniques needed to create a painting—all in one scenic, outdoor session. No artistic experience is necessary! Eco-friendly water miscible oils are required. A materials list is available at the front desk. Small groups are encouraged to register. For more information, visit [www.ritacoll.com](http://www.ritacoll.com) or email Rita at [rpost3@comcast.net](mailto:rpost3@comcast.net).

<b>Days</b>	Thursdays
<b>Time</b>	9:00 a.m.-12:00 noon
<b>Location</b>	Arts and Crafts Room/Outdoors
<b>Session 1</b>	October 1-8
<b>Session 2</b>	October 15-22
<b>Member Fee</b>	\$249
<b>Non-Member Fee</b>	\$289

### Chinese Brush Painting

More than a representation of an object, Chinese brush painting is also a form of symbolic expression. Learn from an instructor who has studied with internationally known artists Chow Chian Chiu and wife Chow Leung Chen-Ying. Learn the basics starting with bamboo. No previous experience is required. A materials list is available at the Community Center front desk.

<b>Days</b>	Mondays
<b>Time</b>	10:15 a.m.-12:15 p.m.
<b>Location</b>	Arts and Crafts Room
<b>Session 1</b>	September 14-October 19
<b>Session 2</b>	October 26-November 30
<b>Instructor</b>	Joyce Olivera
<b>Member Fee</b>	\$50
<b>Non-Member Fee</b>	\$60

### Painting with Tony Coro

Learn practical tips and techniques to produce beautiful works of art. No experience is necessary. A suggested supply list can be picked up at the Community Center front desk. Please have materials on the first day of class.

<b>Days</b>	Tuesdays
<b>Time</b>	10:00 a.m.-12:00 noon
<b>Location</b>	Arts and Crafts Room
<b>Session 1</b>	September 8-October 13
<b>Session 2</b>	October 20-November 24
<b>Instructor</b>	Antonio Coro
<b>Member Fee</b>	\$50
<b>Non-Member Fee</b>	\$60

### Scrapbooking and Crafts

Unleash your creativity with this fun-filled class! Turn your photos into artistic masterpieces or create cards, gifts, and decorations for special occasions and holidays. Instructor Patricia Nino will share her craft-making passion by providing you with great ideas for fun projects. Participants will walk away with one completed project.

<b>Days</b>	Tuesdays
<b>Time</b>	10:15 a.m.-12:15 p.m.
<b>Location</b>	Second Floor Lounge
<b>Session</b>	Ongoing
<b>Instructor</b>	Patricia Nino
<b>Member Fee</b>	\$12
<b>Non-Member Fee</b>	\$15

### Creative Jewelry Design

Why not take part in this great creative activity for the entire family? Learn pattern design techniques, including stringing, knotting, wire twisting, weaving, and repair techniques in this class. Progress at your own pace. No previous experience is necessary. An additional materials fee may be required.

<b>Days</b>	Mondays
<b>Time</b>	7:00-8:30 p.m.
<b>Days</b>	Wednesdays
<b>Time</b>	10:15 a.m.-12:15 p.m.
<b>Location</b>	Second Floor Lounge
<b>Session</b>	Ongoing
<b>Instructor</b>	Judi Koslen
<b>Fee</b>	\$10 per class

# Adult and Senior Programs

## Open Studio Time for Ceramics: Wheel-Thrown and Hand-Built Pottery

Open studio is an opportunity for beginners and experienced potters to reserve time in our studio while seeking the expertise of one of our professional instructors to assist them with a project of their choice. Students must sign up monthly and bring their own supplies and materials. Make-up days can be arranged with the instructor. A firing service is available at an additional cost.

<b>Ages</b>	18 years and up
<b>Days</b>	Wednesdays
<b>Time</b>	10:00 a.m.-12:00 noon
<b>Location</b>	Arts and Crafts Room
<b>Sessions</b>	September 9-30 October 7-28 November 4-25
<b>Instructor</b>	Laura Marmol
<b>Member Fee</b>	\$94
<b>Non-Member Fee</b>	\$112

## BRIDGE CLASSES

Learn the basics, brush up on your knowledge of the game, or join us for a game of duplicate bridge.

<b>Days</b>	Tuesdays
<b>Location</b>	Key Biscayne Room
<b>Session</b>	October 13-November 17
<b>Instructor</b>	Judy Reinach
<b>Member Fee</b>	\$65
<b>Non-Member Fee</b>	\$75

### Supervised Play

<b>Time</b>	5:00-6:00 p.m.
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### Play of the Hand

<b>Time</b>	6:00-7:00 p.m.
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### Bridge for Beginners

<b>Time</b>	7:00-8:00 p.m.
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## Duplicate Bridge Game

<b>Days</b>	Wednesdays starting September 9
<b>Time</b>	12:45 p.m.
<b>Location</b>	Island Room
<b>Instructor</b>	Call Judy Reinach for details at 305-361-9562.

## COMPUTER CLASSES

### Intro to Mac Computers and Gadgets

Are you new to the world of Mac? Or perhaps you want to learn more about what your computer and its various gadgets and programs—such as the iPhone, iPod, and iTunes—have to offer. Then this class is for you.

<b>Days</b>	Tuesdays
<b>Time</b>	9:30-10:30 a.m.
<b>Location</b>	Computer Room
<b>Session 1</b>	August 25-September 15
<b>Session 2</b>	September 22-October 13
<b>Session 3</b>	October 20-November 10
<b>Session 4</b>	November 17-December 8
<b>Instructor</b>	Ernesto "Neto" Mendoza (bilingual instructor)
<b>Member Fee</b>	\$175
<b>Non-Member Fee</b>	\$210

### Mac Photos and Movies

Don't be overwhelmed by the many hi-tech functions your Mac has to offer. This class, taught by a Macintosh-certified instructor, will teach you how to make photo albums, slide shows, and even home DVD movies.

<b>Days</b>	Tuesdays
<b>Time</b>	10:30-12:00 noon
<b>Location</b>	Computer Room
<b>Session 1</b>	August 25-September 15
<b>Session 2</b>	September 22-October 13
<b>Session 3</b>	October 20-November 10
<b>Session 4</b>	November 17-December 8
<b>Instructor</b>	Ernesto "Neto" Mendoza (bilingual instructor)
<b>Member Fee</b>	\$315
<b>Non-Member Fee</b>	\$378



# Adult and Senior Programs



**NEW!**

## Intro to Computers and the Internet

Computers help you connect with friends and family, learn more about your favorite subject or hobby, shop online for great bargains, and have fun. Learn how to use your computer effectively as well as how to get online and connect online in an easy step-by-step process.

<b>Days</b>	Saturdays
<b>Time</b>	10:00-11:00 a.m.
<b>Location</b>	Computer Room
<b>Instructor</b>	Jose Rivera (bilingual instructor)
<b>Member Fee</b>	\$160
<b>Non-Member Fee</b>	\$200

### Session 1: Intro to Computers September 12-October 3

The first session is designed as an introduction for beginners. If you find computers confusing or intimidating, this session is for you. Each week, we'll cover four introductory subjects: 1) navigating your computer; 2) creating basic documents; 3) sending and receiving email; and 4) using a web browser to navigate the Internet.

### Session 2: Intro to Life on the Internet – Part 1 October 10-31

Want to connect with friends, family, or colleagues online? Then this is the session for you. During the four-class session, you'll learn how to set up e-mail and instant messenger accounts online. We will also cover how to send and receive attachments, change fonts, and create e-mail folders for storing and organizing your e-mail. We will also discuss basic e-mail protections from spam, viruses, and fraud/identity theft.

### Session 3: Life on the Internet – Part 2 November 7-December 5 (no class Nov. 28)

The class will cover setting your social network presence, including the use of the Twitter service. We'll help you set up discussion groups and your very own social network. As part of the social network session, we'll cover communications and member management.

## Basic E-Mail and Internet

Using Internet Explorer, learn general Internet concepts, connections, and service providers, browse the World Wide Web, set up email, and go shopping.

<b>Days</b>	Wednesdays
<b>Time</b>	6:15-7:15 p.m.
<b>Location</b>	Computer Room
<b>Session 1</b>	September 9-30
<b>Instructor</b>	Leo Quintana (bilingual instructor)
<b>Member Fee</b>	\$160
<b>Non-Member Fee</b>	\$200

## Digital Photography

An introduction to digital photography, this class will cover the differences between film and digital photography and how to properly use your digital camera. The course also will show you how to use your digital camera with your computer.

<b>Days</b>	Mondays
<b>Time</b>	6:15-7:15 p.m.
<b>Location</b>	Computer Room
<b>Session 1</b>	October 7-28
<b>Instructor</b>	Leo Quintana (bilingual instructor)
<b>Member Fee</b>	\$160
<b>Non-Member Fee</b>	\$200

## Adobe Photoshop

This class is designed to help all levels of Photoshop users. Students will learn about Photoshop layers, smart objects, text, gradients, adjustment layers, and more.

<b>Days</b>	Wednesdays
<b>Time</b>	6:15-7:15 p.m.
<b>Location</b>	Computer Room
<b>Session 1</b>	November 4-December 2
<b>Instructor</b>	Leo Quintana (bilingual instructor)
<b>Member Fee</b>	\$160
<b>Non-Member Fee</b>	\$200

# Adult and Senior Programs

## PERFORMING ARTS

### Flamenco

Join Carmen Rubio, renowned dancer and graduate of the Royal Conservatory of Madrid, and take advantage of this unique opportunity to learn classic *sevillanas* and *flamenco* without leaving the Key. It's a great form of exercise too!

<b>Days</b>	Thursdays
<b>Time</b>	6:30-7:30 p.m.
<b>Location</b>	Arts and Crafts Room
<b>Session 1</b>	September 3-24
<b>Session 2</b>	October 1-22
<b>Session 3</b>	October 29-November 19
<b>Instructor</b>	Carmen Rubio
<b>Member Fee</b>	\$108
<b>Non-Member Fee</b>	\$132

## LANGUAGE ARTS

### Write Your Life Story NEW!

Learn how to select and preserve the stories and details that make our lives both ordinary and magnificent. Simple and enjoyable writing exercises will help you get started on a life-story book of any length, form, and style. No writing experience is necessary, only the desire to tell your story.

<b>Days</b>	Wednesday
<b>Time</b>	10:00-11:30 a.m.
<b>Location</b>	Arts and Crafts Room
<b>Session</b>	October 21-November 11
<b>Instructor</b>	Kathy Klarreich
<b>Member Fee</b>	\$80
<b>Non-Member Fee</b>	\$92

### Spanish for Beginners

Learn to tell time, make simple requests, and conduct a basic conversation in Spanish. Acquire vocabulary for work, home, and social purposes as well.

<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	9:00-11:00 a.m.
<b>Location</b>	Island Room
<b>Session 1</b>	September 14-October 21
<b>Session 2</b>	October 26-December 2
<b>Instructor</b>	Cristina Medina
<b>Member Fee</b>	\$100
<b>Non-Member Fee</b>	\$120

### Conversational Spanish

These semi-private classes will provide students with communication skills by offering opportunities to practice and expand their vocabulary. Students must possess basic grammar, reading, and writing skills in Spanish to take the class.

<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	11:00 a.m.-12:30 p.m.
<b>Location</b>	Key Biscayne Room
<b>Session 1</b>	September 15-October 8
<b>Session 2</b>	October 13-November 5
<b>Session 3</b>	November 10-December 8
<b>Instructor</b>	Lupita Alvarez
<b>Member Fee</b>	\$100
<b>Non-Member Fee</b>	\$120



### Conversational English

These semi-private classes will provide students with communication skills by offering opportunities to practice and expand their vocabulary. Students must possess basic grammar, reading, and writing skills in English to take the class.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	11:00 a.m.-12:30 p.m.
<b>Location</b>	Key Biscayne Room
<b>Session 1</b>	September 15-October 8
<b>Session 2</b>	October 13-November 5
<b>Session 3</b>	November 10-December 8
<b>Instructor</b>	Lupita Alvarez
<b>Member Fee</b>	\$100
<b>Non-Member Fee</b>	\$120

## COMING THIS FALL!

Books & Books is bringing its renowned author event series to the Key Biscayne Community Center! Mitchell Kaplan's locally-based, independently-owned bookstore hosts local, national, and international visiting authors year round and is partnering with the Community Center to enrich cultural offerings on the Key. A free, monthly "Meet the Authors" program will launch in September and run through December. Books & Books also will provide guest authors for lectures at senior lunches this fall. Watch for a full schedule of authors and events in upcoming communications. We look forward to seeing you there!

**Books & Books**

# Adult and Senior Programs



## LECTURE SERIES AND WORKSHOPS

### Entertaining and Cooking Seminars

Chef Jacqueline Kleis will help Key Biscayne residents kick it up a notch with her bilingual culinary seminars that take place this fall. Learn everything from basic knife skills to advanced concepts. The cost of the seminars includes all ingredients and food samples for participants.

<b>Time</b>	10:00-11:30 a.m.
<b>Location</b>	Arts and Crafts Room
<b>Instructor</b>	Jacqueline Kleis

<b>Member Fee</b>	\$35
<b>Non-Member Fee</b>	\$40

### Light Gourmet Bites Thursday, September 24

The modern approach to gourmet appetizers.

### Healthy Latin Cuisine Thursday, October 29

A light approach to Latin cooking and its ingredients.

### How to Lightly Entertain Thursday, November 19

Learn everything from decorating trays to menu design and easy recipes as you play the perfect host.

### Introduction to Aromatherapy

Live a green and natural lifestyle! This free educational seminar, presented by Sophie Zambrano, a registered aromatherapist, will allow participants to experience the therapeutic qualities of essential oils and the benefits of aromatherapy in promoting overall health, vitality, and longevity. Hands-on demonstrations will be provided.

<b>Date</b>	Thursday, September 17
<b>Time</b>	7:00-8:30 p.m.
<b>Location</b>	Key Biscayne Room

<b>Fee</b>	Free
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### Life Coaching Workshop

Do you feel that you are living in a time of rapid change and that the old paradigms no longer serve you? Would you like to learn the tools and techniques that can help bring more abundance and satisfaction to your life? Then this workshop, presented by Padma Coaching, is for you! For more information call 786-291-2945 or email [osmara@padmacoaching.com](mailto:osmara@padmacoaching.com).

<b>Date</b>	Thursday, October 8
<b>Time</b>	7:30-9:00 p.m.
<b>Location</b>	Key Biscayne Room

<b>Member Fee</b>	\$30
<b>Non-Member Fee</b>	\$35



### Kelly S. Jones Feng Shui Home Series™

### Bringing Hidden Abundance into Your Life

Discover how to find abundance in an economy that's focused on scarcity. Move to an understanding of how to change your environment to change your life. Please see the Community Center front desk for a supply list.

<b>Date</b>	Saturday, November 14
<b>Time</b>	9:30 a.m.-3:30 p.m.
<b>Location</b>	Key Biscayne Room

<b>Member Fee</b>	\$168
<b>Non-Member Fee</b>	\$188



### NUTRITION SERIES: THE TASTE OF GOOD HEALTH

We really are what we eat! Don't miss this series of informational workshops, led by a registered dietitian and naturopathic physician, aimed at providing participants with successful tools to improve their health and wellbeing.

<b>Location</b>	Key Biscayne Room
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<b>Member Fee</b>	Free
<b>Non-Member Fee</b>	\$5

### Eating For Weight Management

It's not about fad diets and deprivation. It's about enjoying life and the pleasure of eating well. It's about knowing you can do it.

<b>Date</b>	Thursday, September 10
<b>Time</b>	6:00-7:00 p.m.

# Adult and Senior Programs

## Eating For Digestive Health

Find digestive wellness with an eating plan based in proven nutritional science. Topics to be discussed include: tummy discomfort, irritable bowel, bloating, food allergies, and gluten-free nutrition.

**Date** Monday, September 14  
**Time** 10:00-11:00 a.m.

## Eating For Emotional Well Being

Learn to de-stress and soothe emotional concerns through better nourishment for your mind and body. Topics to be discussed include: stress management, detox, sleep disturbance, depression, anxiety, body image issues, and Attention Deficit Disorder (ADD).

**Date** Thursday, October 8  
**Time** 6:00-7:00 p.m.

## Eating For Heart Health

Be kind to your heart with a diet based in heart healthy nutrition. Topics to be discussed include: blood pressure control, cholesterol management, circulation problems, and diabetes.

**Date** Monday, October 12  
**Time** 10:00-11:00 a.m.

## Eating For Women's Health

Feel vitality from head to toe when you take charge of your nutritional health. Topics to be discussed include: menstrual issues, fertility, PMS, menopause, and osteoporosis.

**Date** Thursday, November 12  
**Time** 6:00-7:00 p.m.

## Eating For Family Health

Give your growing, active kids and teens the gift of healthy eating. Topics include healthy meals, sports nutrition, teen needs, overweight/underweight issues, picky eaters, natural and organic options, mood swings, anxiety, and eating disorders.

**Date** Monday, November 16  
**Time** 10:00-11:00 a.m.

## SPECIAL EVENTS

### Florida Licensing On Wheels

A team of driver license examiners will be on hand to renew or issue replacements or duplicates of your driver's license, issue new or replacement identification cards and complete out-of-state driver's license transfers. No appointment is necessary. Call 305-365-8953 for information on needed documentation. *Note: Renewals can be completed up to 18 months in advance of expiration date.*

**Date** Tuesday, October 6  
**Time** 10:00 a.m.-2:00 p.m.  
**Location** Key Biscayne Room

### AARP Driver Safety Program

Take the eight-hour classroom refresher course specially designed for drivers age 55 and over and qualify for auto insurance discounts. Participants must attend both sessions.

**Dates** TBD  
**Time** 9:30 a.m.-1:00 p.m.  
**Location** Key Biscayne Room  
**Fee** \$12 for AARP members  
\$14 for non-AARP members

### Not-So-Scary Halloween Party

Bring your friends and neighbors to the Community Center to celebrate Halloween! There will be plenty of food and music, plus prizes for the best costume.

**Date** Thursday, October 29  
**Time** 12:00-3:00 p.m.  
**Location** Island Room  
**Fee** Free

### Annual Holiday Luncheon

Celebrate the spirit of the season with your friends and neighbors at the Community Center. There will be lots of food, fun, raffles, and much more.

**Date** Thursday, December 17  
**Time** 12:00 noon  
**Location** Island Room  
**Fee** Free



# Adult and Senior Programs – 50+ Corner



## MONTHLY PROGRAMS

### Seniors Mingle

Join us at our new 50+ Only Happy Hour scheduled for the first Thursday of each month in the Island Room. We will feature wine, food, great music, and karaoke. Bring all of your friends for a great time!

<b>Days</b>	Thursday Sep. 3, Oct. 1, Nov. 5, and Dec. 3
<b>Time</b>	5:00-7:00 p.m.
<b>Location</b>	Key Biscayne Room
<b>Fee</b>	\$5 per person

### Birthday Bunch Lunch

Celebrate your birthday with us at the Community Center! Adults 50 and over, come join your friends and neighbors on the second Thursday of the month for an island-wide birthday celebration. Register for our Birthday Club and lunch is on us during the month of your birthday. This event is brought to you by the Key Biscayne Foundation and Active Seniors on the Key Club.

<b>Days</b>	Thursday Sep. 10, Oct. 8, Nov. 12, and Dec. 10
<b>Time</b>	12:00 noon
<b>Location</b>	Island Room
<b>Fee</b>	\$5

### Speaker Luncheon

Join us for lunch and a very informative presentation the third Thursday of each month.

<b>Dates</b>	Thursday Sep. 17, Oct. 15, Nov. 19, and Dec. 17
<b>Time</b>	12:00 noon
<b>Location</b>	Island Room
<b>Fee</b>	Free

### Movies at the Village

Join us for a free viewing of recently released films on the second and fourth Thursday of each month.

<b>Dates</b>	Thursday Sep. 10 and 24, Oct. 8 and 22, Nov. 12, and Dec. 11
<b>Time</b>	1:00 p.m.
<b>Location</b>	Island Room
<b>Fee</b>	Free

### Social Security Comes to the Village

A bilingual representative from the Social Security Administration will be available to assist you with all of your Social Security and Medicare issues on the last Wednesday of the month (excluding holidays). No appointment is necessary.

<b>Dates</b>	Sep. 30, Oct. 28, Nov. 18, and Dec. 30
<b>Time</b>	9:30 a.m.-12:00 noon
<b>Location</b>	Second Floor Lounge
<b>Fee</b>	Free

### Key Biscayne Domino Club

Join your friends and neighbors in the Key Biscayne Room for a friendly game of dominos... *y una tacita de café*.

<b>Days</b>	Mondays, Wednesdays, and Fridays
<b>Time</b>	2:00-6:00 p.m.
<b>Location</b>	Key Biscayne Room
<b>Fee</b>	Free

### Card Games and More

Step out of the heat, and join your friends and neighbors in the Key Biscayne Room for an afternoon of card games and more. Refreshments will be provided.

<b>Days</b>	Thursdays
<b>Time</b>	2:00-6:00 p.m.
<b>Location</b>	Key Biscayne Room
<b>Fee</b>	Free



# Adult and Senior Programs

## TRIPS AND TOURS

### Taming of the Shrew at New Theater

Don't miss this classic Shakespearian tale of a shrewish woman and her strong-willed new husband, wreaking havoc on the conventions of courtship and marriage.

<b>Date</b>	Thursday, September 3
<b>Time</b>	Bus departs at 6:00 p.m. (show time is 8:00 p.m.)
<b>Fee</b>	\$35

### Clyde Butcher at the Boca Raton Museum of Art/Mizner Park

Clyde Butcher's compelling black and white photographs chronicle the last 25 years of some of America's most beautiful and complex ecosystems. The trip to the museum will be followed by a visit to Mizner Park for lunch (not included in trip fee).

<b>Date</b>	Friday, September 18
<b>Time</b>	Bus departs at 9:30 a.m. (docent tour at 11:00 a.m.)
<b>Fee</b>	\$9

### Fiddler on the Roof at the Broward Center

Hailed by critics again and again, this timeless classic has won the hearts of people all around the world. Lunch at Las Olas Riverfront before the show (not included in trip fee).

<b>Date</b>	Wednesday, October 14
<b>Time</b>	Bus departs at 11:00 a.m. (show time is 2:00 p.m.)
<b>Fee</b>	\$50

### Miami City Ballet's Company B at the Adrienne Arsht Center

One of the most acclaimed and widely performed works of the 1990s, *Company B* is in a class by itself. Set to recordings by the popular 1940s singing group, the Andrews Sisters, the dancers are spirits of the past, soldiers and bobby-soxers, invoked to dance once more.

<b>Date</b>	Friday, October 23
<b>Time</b>	Bus departs at 6:30 p.m. (show time is 8:00 p.m.)
<b>Fee</b>	\$45

### Cauley Square

This charming village offers a unique glimpse of Old South Florida at its best. Spend the day shopping and casually strolling through the shaded garden paths, quaint cottages, and antique and specialty shops. Don't forget to visit the famous Tea Room.

<b>Date</b>	Friday, November 6
<b>Time</b>	Bus departs at 9:30 a.m.
<b>Fee</b>	\$5

### Pigeon Key Tour and Lunch

Visit Pigeon Key and step back in time. Ride the ferry from the Atlantic Ocean to the Gulf of Mexico, and enjoy a guided tour of the island, the Pigeon Key Museum, and time on your own to explore. We will stop for lunch at Island Fish Company before the tour (not included in trip fee).

<b>Date</b>	Friday, November 13
<b>Time</b>	Bus departs at 9:00 a.m. (Tour at 1:30 p.m.)
<b>Fee</b>	\$15

### Florida Grand Opera's *Pagliacci* and *Suor Angelica*

The new season will open with a double-dose tragedy, Leoncavallo's *Pagliacci* and Puccini's *Suor Angelica*, a nun with a "past" and a clown's vengeful act! Don't miss the opportunity to experience this amazing evening.

<b>Date</b>	Wednesday, November 18
<b>Time</b>	Bus departs at 6:30 p.m. (show time is 8:00 p.m.)
<b>Fee</b>	\$60

### Festival Flea Market

Join us as we head out to this one-of-a-kind, multi-merchant marketplace... and all in air-conditioned comfort.

<b>Date</b>	Friday, December 4
<b>Time</b>	Bus departs at 9:30 a.m.
<b>Fee</b>	\$5

### Sawgrass Mills Mall and IKEA

You can choose to spend the day at either Sawgrass Mills or IKEA, two of Florida's most impressive retail sensations.

<b>Date</b>	Friday, December 11
<b>Time</b>	Bus departs at 9:30 a.m.
<b>Fee</b>	\$5

## COMMUNITY CENTER PRE-HOLIDAY CRUISE

Slip away to the Bahamas with your friends from the Key on a three-night cruise aboard Princess Cruises' Ruby Princess to visit Princess' private island in the Bahamas—Princess Cays! Dance all night, watch movies under the stars, get a spa treatment, try your luck in the casino, attend a class, and enjoy award-winning shows—or just do nothing at all!

<b>Date</b>	December 17-20, 2009
<b>Time</b>	Departs from Fort Lauderdale at 5:00 a.m. on Dec. 17
<b>Price</b>	From \$284 (per person)

For deposits, payments and questions call Dorothy Flannery at 305-361-6772. Note: The first 20% deposit is due on August 9. Final payment is due on Oct. 1, 2009. Cabins are available on a first-come, first-served basis so book early for the best availability!



# Special Events/Important Dates

## Key Biscayne Community Center Fifth-Year Anniversary Family Block Party

**Date** Friday, October 30  
**Time** 7:00 p.m.  
**Location** 10 Village Green Way in front of the Community Center

## Halloween Haunted House

**Date** Saturday, October 31  
**Time** 6:00 p.m.  
**Location** 530 Crandon Blvd (Old Tony's Citgo)



## Lighthouse Run

**Date** Saturday, November 14  
**Time** 7:00 a.m.  
**Location** Bill Baggs Cape Florida State Park

## Thanksgiving Day

**Date** Thursday, November 26  
*Community Center Closed*

## Winterfest

**Date** Sunday, December 6  
**Time** 4:00-7:30 p.m.  
**Location** Village Green

## Winterfest Boat Parade

**Date** Saturday, December 12  
**Time** 6:00-8:30 p.m.  
**Location** "No Name Harbor" in Bill Baggs Cape Florida State Park  
Free Admission

## Movies on the Green

**Date** Friday, December 18  
**Time** 7:00 p.m.  
**Location** Village Green

## Christmas Eve

**Date** Thursday, December 24  
*Community Center will close at 4:00 p.m.*

## Christmas Day

**Date** Friday, December 25  
*Community Center Closed*

## New Year's Eve

**Date** Thursday, December 31  
*Community Center will close at 6:00 p.m.*

## New Year's Day

**Date** Friday, January 1  
*Community Center Closed*

VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER

ACTIVE  
islander



Village of Key Biscayne  
Parks and Recreation Department  
10 Village Green Way  
Key Biscayne, Florida 33149  
Telephone: 305-365-8900

Visit us often for updates and  
new information at  
[www.activeislander.org](http://www.activeislander.org)

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