

# ACTIVE islander

FALL  
2010



VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER

## *Autumn Arrives*

Check out all we have in store for the entire family this fall.

*Photo courtesy of Kiko Ricote.*

# Community Center Hours

## TABLE OF CONTENTS

- 3** Membership Information
- 4** Information for Residents
- 5** Rules and Regulations
- 6** New to the Community Center
- 7** Youth & Teen Programs
- 14** Youth Dance Programs
- 16** Broadway Musical Theatre Program
- 18** Athletics
- 20** Team Key Aquatics
- 21** Swim Kids Swimming School
- 22** Yoga Classes
- 24** Fitness Programs and Classes
- 24** Senior Fitness Programs
- 26** Adult and Senior Programs
- 28** 50+ Corner
- 32** Special Events



### Village Officials and Staff

Mayor Robert Vernon  
 Vice Mayor Enrique Garcia  
 Councilmember Michael Davey  
 Councilmember Robert Gusman  
 Councilmember Michael Kelly  
 Councilmember Jorge Mendia  
 Councilmember Thomas Thornton  
 Village Manager  
 Genaro "Chip" Iglesias  
 Director of Parks and Recreation  
 Todd Hofferberth  
 Community Center Manager  
 Ana J. Colls

## General Hours of Operation

Monday - Friday 6:00 a.m. to 10:00 p.m.  
 Saturday and Sunday 8:00 a.m. to 8:00 p.m.

## Pool Hours

*(unless otherwise posted for classes and special programs)*

Monday - Friday 6:15 a.m. to 8:45 p.m.  
 Saturday and Sunday 8:15 a.m. to 7:45 p.m.  
 Swim lanes are always available but may be limited for a class or special program.

## Teen Room/Game Room

Monday - Friday 3:00 p.m. to 10:00 p.m.  
 Saturday and Sunday 10:00 a.m. to 8:00 p.m.

## Indoor Playground

*(children under age 10 must be supervised by an adult)*

Monday - Friday 9:00 a.m. to 1:00 p.m.  
*(for children under the age of six)*  
 3:00 p.m. to 8:00 p.m.  
 Saturday and Sunday 9:00 a.m. to 8:00 p.m.  
 Access may be limited during special events or parties.

## Computer Lab

Monday - Friday 9:30 a.m. to 4:00 p.m. - Adults Only  
 4:00 p.m. to 8:00 p.m. - All Ages  
*(opens at 3:00 p.m. on Wednesdays)*  
 Saturday and Sunday Available upon request

## Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the afternoons after 3:00 p.m.

## Adult Basketball

Saturday 10:00 a.m. to 12:00 noon  
*(ages 35 and up)*

## Indoor Soccer

Tuesday 8:00 p.m. to 9:00 p.m.  
*(ages 30 and up)*  
 9:00 p.m. to 10:00 p.m.  
*(ages 15 to 30)*  
 Sunday 10:00 a.m. to 12:00 noon *(all ages)*

## IMPORTANT PHONE NUMBERS

Village General Information.....	305-365-5511	Senior Services/Transportation.....	305-365-8953
Village Manager's Office.....	305-365-5500	Property Tax Collector .....	305-270-4916
Village Clerk.....	305-365-5506	Miami Dade Elections Department.....	305-499-8683
Building Inspections.....	305-365-5512	Chamber of Commerce.....	305-361-5207
Building, Zoning, and Planning .....	305-365-5511 x4	Bill Baggs State Park.....	305-361-5811
Fire Rescue .....	305-365-8989	Crandon Park .....	305-361-5421
Police (non-emergency) .....	305-365-5555	Sea Turtle Information .....	305-361-5761
Police Department Administration.....	305-365-8913	Mosquito Control .....	305-592-1186
Public Works .....	305-365-8945	Pesky Critters.....	305-255-7296
Zoning Information .....	305-365-5502	Humane Animal Removal .....	305-232-1100
Code Enforcement .....	305-365-8917	Voter Information.....	305-375-5553
Occupational Licenses .....	305-365-8917	Water and Sewer Department.....	305-665-7471
Community Center .....	305-365-8900	Water and Senior Aircraft Noise Hotline Miami-Dade County Phone .....	305-876-7526
Parks and Recreation .....	305-365-8900	Emergency Ride Home Phone .....	800-234-7433
Passport Information.....	305-365-8953		

# Membership Information

## Be an Active Islander – Join the Key Biscayne Community Center! Just follow these easy steps:



### Complete the Community Center membership application

Forms are available at the front desk by calling 305-365-8900 or online at [www.activeislander.org](http://www.activeislander.org).



### Show proof of residency

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill; tenants must bring a current lease; a yearly lease is required for an annual membership.



### Pay the membership fee\*

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

## Membership Category Descriptions

**Adults**—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

**Youth**—A youth membership is available to any resident between the ages of 10 and 18.

**Senior**—A senior membership is available to any resident who is 65 or older.

**Student**—Any resident who is between the ages of 19 and 25 can apply for the student membership with proof of current school enrollment.

**Couple**—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

**Senior Couple**—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

**Family**—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$65.

## Cancellation/Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. We will provide a 100 percent refund to anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program will entitle the participant to a prorated refund.

## Membership Categories

Category	Daily Resident	Daily Guest	Monthly	Yearly
Adults	\$9	\$13	\$55	\$300
Youth (10-18)	\$6	\$9	\$22	\$130
Senior (65+)	\$6	\$9	\$30	\$200
Student (19-25)	\$7	\$10	\$35	\$220
Couple	N/A	N/A	\$85	\$385
Senior Couple (both 65+)	N/A	N/A	\$50	\$300
Family (4 members)	N/A	N/A	\$110	\$525

\*Note: Membership fees are subject to change.

# Information for Residents



## PARTY PACKAGES AND ISLAND ROOM RENTALS

Planning a party or special event? Let us host it for you! The Community Center offers a variety of party packages for groups of up to 30 people. Choose from our Basic Party Package; Arts and Crafts Package; Pool Party Package; or the Face-Painting and Balloon Art Party Package.

We also have facilities to accommodate adult parties, meetings, and other special events. The Island Room (also known as the Multi-Purpose Room) on the second floor can accommodate up to 150 guests, offers small and large rooms, as well as a warming kitchen.

### Basic Party Package

Includes tables and chairs (up to 30 children) and private use of one of the following facilities for one hour: indoor playground, computer room, half of the game room, or half the basketball gymnasium. Post-party area clean up will be provided by Community Center staff.

### Arts and Crafts Party Package

Arts and Crafts activity provided for one hour for up to 25 children. Community Center will provide a personal party assistant for duration of party. Post-party area clean up will be provided by Community Center staff.

### Face-Painting and Balloon Art Party Package

Includes tables, chairs, and face painting and balloon art provided for one hour for up to 25 children. The Instructor is Irina Patterson, the world-famous Russian Queen of Balloons (subject to instructor availability). Post-party area clean up will be provided by Community Center staff.

### Pool Party Package

Includes tables and chairs for 30 children and use of the pool for two hours. Post-party area clean up will be provided by Community Center staff.

For more information or to schedule your next event, please visit or call the Community Center's front desk at 305-365-8900.



## PASSPORT SERVICES

The Village of Key Biscayne is a certified acceptance facility for U.S. passport applications. As a courtesy to our residents, this service is offered by the Parks and Recreation Department at the Community Center, located at 10 Village Green Way, second floor. Rules, downloadable forms, fees, travel advisories, and other information are available at the U.S. State Department passport web page. Please review this website to obtain all of the necessary information to complete your passport application. For additional information or to make an appointment, call 305-365-8953. Passport processing also is available at the U.S. Post Office located in the L'Esplanade Shopping Center at 951 Crandon Boulevard. For more information, call 305-ASK-USPS.

<b>Days</b>	Monday to Friday
<b>Hours</b>	9:30 a.m.-4:00 p.m.

*Note:* Appointments are required to ensure that Village staff can fulfill your passport needs promptly and efficiently.



# Rules and Regulations

## Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership. The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building.
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

## Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- No fighting or rough play
- No glass containers
- No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- Appropriate clothing required
- No running or bouncing balls in the hallways or stairwells or by the swimming pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

## Guest Policy

- Guests must be accompanied at all times by a Key Biscayne resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a guest pass.
- Guest passes are non-refundable.

## Toddler Room Drop-In Care Policies

1. Drop-in care is for children one to five years of age (no exceptions).
2. Parents must sign in their child.
3. Punch Passes must be purchased at the front desk.
  - Member pass for 10 hours: \$70
  - Member pass per hour: \$7
  - Non-member one-hour pass: \$10
4. Drop-in care is on a first-come, first-serve basis.
5. There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
6. There is a two-hour maximum time slot for each child (no exceptions).
7. Parents or guardians are responsible for all diaper changes.
8. Parents must be in the Key Biscayne Community Center while their child is in childcare.
9. Sick children will be denied entry to the drop-in program.
10. If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

## Toddler Room Drop-In Care Hours of Operation

<b>Monday - Friday</b>	8:00 a.m.-12:00 noon 4:00 p.m.-8:00 p.m.
<b>Saturday and Sunday</b>	Closed

- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.
- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

## Refund Policy

Memberships are non-transferable and non-refundable. It is the goal of the Key Biscayne Community Center to ensure the enjoyment of all programs. If you are not satisfied with a program or are unable to participate for medical reasons, please contact the front desk immediately. Any one who makes a request before the start of the second class or scheduled program will receive a 100 percent refund. Requests received after the start of the second meeting will entitle the participant to a prorated refund. No refunds will be given after the conclusion of the program.

## ADA Policy

The Village of Key Biscayne gladly complies with the provisions of the Americans with Disabilities Act. Persons needing reasonable accommodation to attend or participate in any program may call 305-365-8900. Please allow two weeks prior to the activity or need of assistance to accommodate the request.

# New to the Community Center!



## AGUAMARINA ART SCHOOLS

For 11 years, Aguamarina Art Schools have been sparking the creativity of Key Biscayners both young and old. Aguamarina will now offer their complete art program at the Community Center. Their programs focus on developing and stimulating the creativity of children and adults. Students will have access to a wide variety of materials, including cardboard, wood, rubber, paper, paint, crayons, pastels, fabrics, sponges, clay, Play-doh, glues, etc. As they freely construct their art projects, students will be guided through the process while learning to analyze, problem-solve and express their thoughts. Students will have an opportunity to display their works of art through exhibitions in the Community Center's public spaces.

<b>Sessions</b>	August 23-December 16
<b>Location</b>	Arts and Crafts Room

## Let's Get Messy

This fun workshop lets children perform exciting color and texture exercises, as well as create collages and paintings. Students will develop fine motor skills, learn color differentiation and increase their artistic knowledge. All materials are included in the class fee. Classes meet twice per week during the eight-week session.

<b>Ages</b>	2-4 years
<b>Days</b>	Mondays and Wednesdays
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:30-5:30 p.m.
<b>Member Fee</b>	\$220
<b>Non-Member Fee</b>	\$264

## ART WORKSHOPS FOR ADULTS

This monthly workshop is tailored for adults who enjoy working with different forms of creative expression, including acrylic, oil, pastels and water colors. Students will also explore criteria of composition and pencil drawing. Classes meet once per week during the four-week session.

<b>Ages</b>	18 years and older
<b>Days</b>	Thursdays
<b>Time</b>	10:00 a.m.-1:00 p.m.
<b>Member Fee</b>	\$150
<b>Non-Member Fee</b>	\$180

## Color and Form

In this exciting workshop, children will learn how to handle colors and different creative expression techniques such as drawing, acrylic and 3-D. All materials are included in the class fee. Classes meet once per week during the eight-week session.

<b>Ages</b>	5-7 years
<b>Days</b>	Tuesdays, Wednesdays or Thursdays
<b>Time</b>	4:00-5:30 p.m.
<b>Member Fee</b>	\$220
<b>Non-Member Fee</b>	\$264

## Aguamarina Masters

This program focuses on the development of technical and conceptual tools in drawing and painting. Students will learn the handling of the trowel of color through exercises in complementary colors and develop composition criteria, including line, point and plane. All materials are included in the class fee. Classes meet once per week during the eight-week session.

<b>Ages</b>	8-14 years
<b>Days</b>	Tuesdays or Wednesdays
<b>Time</b>	6:00-7:30 p.m.
<b>Member Fee</b>	\$220
<b>Non-Member Fee</b>	\$264

## Portfolio

Serious and mature students can take advantage of this course to help meet the requirements of specialized art programs at their middle or high school. Students will receive customized instruction in their particular art interests, resulting in a portfolio that can be used for admittance into schools focused on art and design. Classes meet once per week during the four-week session.

<b>Ages</b>	11-18 years
<b>Days</b>	Thursdays
<b>Time</b>	6:00-7:30 p.m.
<b>Member Fee</b>	\$150
<b>Non-Member Fee</b>	\$180

# Youth & Teen Programs

## ARTS AND CRAFTS

### Magic Hands

Children will develop their creativity and senses by using fun and safe materials such as clay, foam, acrylics, watercolors and soft woods to create adorable projects. Through unique arts and craft activities, children will discover the magic their hands can create. Children will be divided into groups based on their age. Class fee includes all materials.

<b>Ages</b>	3 years and up
<b>Days</b>	Wednesdays
<b>Time</b>	2:30-3:30 p.m.
<b>Location</b>	Arts and Crafts Room
<b>Session 1</b>	August 25-September 15
<b>Session 2</b>	September 22-October 13
<b>Session 3</b>	October 20-November 10
<b>Session 4</b>	November 17-December 15 (no class Nov. 24)
<b>Instructor</b>	Claudia Fernandini and Doris Puga
<b>Members Fee</b>	\$52
<b>Non-Member Fee</b>	\$62

### Jewelry Design

This creative jewelry class is taught by jewelry designer Judi Koslen. All materials are supplied and range from glass beads, semi-precious stones, pearls, wooden or plastic beads, shells and Lucite that have been drilled for stringing or wiring.

<b>Ages</b>	6 years and up
<b>Days</b>	Mondays
<b>Time</b>	4:00 p.m.
<b>Days</b>	Wednesdays
<b>Time</b>	3:00 p.m.
<b>Location</b>	Second Floor Lounge
<b>Session</b>	Ongoing
<b>Member Fee</b>	\$10 per class
<b>Non-Member Fee</b>	\$12 per class

### Little Hands Food Creations

This class focuses on age-appropriate cooking recipes and projects. Your child will be introduced to a variety of healthy foods and decoration mediums, explore a range of tools, materials, textures and techniques, prepare a recipe to eat in class and be allowed to express him/herself creatively in a non-competitive and relaxing manner.

<b>Ages</b>	4-9 years
<b>Days</b>	Tuesdays
<b>Time</b>	3:30-4:30 p.m. (ages 4-6)
<b>Time</b>	4:30-5:30 p.m. (ages 7-9)
<b>Location</b>	Kitchen
<b>Session 1</b>	August 24-September 14
<b>Session 2</b>	September 21-October 12
<b>Session 3</b>	October 19-November 9
<b>Session 4</b>	November 16-December 14 (no class Nov. 23)
<b>Instructor</b>	Tania Beck
<b>Member Fee</b>	\$90
<b>Non-Member Fee</b>	\$108



*Name*  
Elisa Acquaviva

*Originally from*  
Ecuador

*How long have you lived on the Key*  
8 years

*School*  
Carrollton School of the Sacred Heart

*Hobbies*  
Singing and dancing

*Favorite activity/program at the Community Center*  
Maria Verdeja Dance Program



# Youth & Teen Programs



## MUSIC AND PERFORMING ARTS

### Ultimate Guitar

This class is designed for young guitar players who are just discovering their love of the instrument or are already at an intermediate level. Classes are designed using a highly effective curriculum and a multi-style approach, which focuses on correct technique and music reading. Children will have fun in a relaxed environment where they can play their favorite songs. Please bring your own guitar.

<b>Ages</b>	8 years and up
<b>Days</b>	Thursdays (Beginners)
<b>Time</b>	3:30-4:30 p.m.
<b>Location</b>	Island Room
<b>Days</b>	Tuesdays (Intermediate)
<b>Time</b>	3:30-4:30 p.m.
<b>Location</b>	Computer Lab
<b>Session 1</b>	August 24-October 7
<b>Session 2</b>	October 12-November 18
<b>Session 3</b>	November 23-December 16 (pro-rated session)
<b>Instructor</b>	Angeles Padilla
<b>Member Fee</b>	\$110
<b>Non-Member Fee</b>	\$132



### Island Kids Choir

Children will learn choral and vocal techniques in a varied repertoire, while exploring harmony, rhythm and instrumental accompaniment. In this class, your child will learn the basics by focusing on singing on key, developing their voice, unison and simple two-part music—in a fun environment. No auditions are necessary!

<b>Ages</b>	5-11 years
<b>Days</b>	Thursdays
<b>Time</b>	4:30-5:30 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	August 26-September 30
<b>Session 2</b>	October 7-November 11
<b>Session 3</b>	November 18-December 16 (pro-rated session)
<b>Instructor</b>	Angeles Padilla and Florencia Badino
<b>Member Fee</b>	\$90
<b>Non-Member Fee</b>	\$108



### Kids Make Music

Give your child the opportunity to make music just for the fun of it! In Kids Make Music, children will experience, explore and create musical possibilities in a non-stressful environment where performing is not required. With a little help, children will discover themselves as music makers through self and group expression. Adult participation is optional.

<b>Ages</b>	18 months-4 years
<b>Days</b>	Mondays
<b>Time</b>	10:00-10:45 a.m.
<b>Location</b>	Game Room
<b>Days</b>	Fridays
<b>Time</b>	3:45-4:30 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	August 23-October 1
<b>Session 2</b>	October 4-November 12
<b>Session 3</b>	November 15-December 17 (no class Nov. 26; pro-rated session)
<b>Instructor</b>	Angeles Padilla
<b>Member Fee</b>	\$90
<b>Non-Member Fee</b>	\$108

### Hip Hop Teenz

Learn the latest hip hop choreography to the coolest music from shows like *So You Think You Can Dance* and *America's Best Dance Crew* in a fun, creative, easy-to-learn atmosphere. In this class your child will learn and understand musical beats and perform to awesome choreography as if they were dancing in their very own music video! Students will attain a heightened sense of self esteem and body awareness, make new friends and learn to work as a team. Don't miss out on this great dance education for your child where it's all about fun, fitness and hip hop dance! Pro-rating is not allowed for this class.

<b>Ages</b>	11-17 years
<b>Days</b>	Tuesdays
<b>Time</b>	6:00-7:30 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	August 24-September 28
<b>Session 2</b>	October 5-November 9
<b>Session 3</b>	November 16-December 14 (pro-rated session)
<b>Instructor</b>	Hip Hop Kidz Inc.
<b>Member Fee</b>	\$135
<b>Non-Member Fee</b>	\$162

# Youth & Teen Programs

## Modeling School for Kids

Imbu Modeling School will teach you the fundamentals of the fashion world with this unique program. Lessons will include instruction on professional runway, makeup, hair styling, studio photography as well as preparation for the fashion world. Let your child's future shine bright by giving them the confidence and know-how to be a professional model.

<b>Ages</b>	5-9 years
<b>Days</b>	Wednesdays
<b>Time</b>	2:30-3:30 p.m.
<b>Location</b>	Island Room
<b>Session</b>	August 25-November 10
<b>Instructor</b>	Imbu Modeling School
<b>Member Fee</b>	\$90 (per month)
<b>Non-Member Fee</b>	\$108 (per month)

## Drama for Kids

Join the fantastic world of drama in this creative drama class and increase your public speaking skills and vocal ability in the process.

<b>Ages</b>	6-14 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	5:30-6:30 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	August 24-September 23
<b>Session 2</b>	September 28-October 28
<b>Session 3</b>	November 2-December 9 (no class Nov. 23 or 25)
<b>Instructor</b>	Clara Lago
<b>Member Fee</b>	\$80
<b>Non-Member Fee</b>	\$96



## OLYMPUS ORCHESTRA

**Session begins August 23**

### Level 1 Orchestra (Beginners)

Beginners have the opportunity to enter immediately into the orchestra world from the first day of class. Through the use of the violin they acquire, in a playful way, such musical notions as recognizing musical notes and instruments from the orchestra, sight reading, as well as music and rhythmic theory. A performance for children enrolled in this orchestra will take place approximately three months after the start of the program.

<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	3:15-4:15 p.m.
<b>Member Fee</b>	\$180 per month
<b>Non-Member Fee</b>	\$210 per month

### Level 2 Orchestra (Intermediate and Advanced)

At this level, children have the opportunity of choosing the instrument of their choice based on the experience acquired at the Beginners Orchestra level. By the end of the season, children will have the knowledge and musical ability to move to the highest level of the orchestra. They will play an active role in concerts and recitals.

<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	4:15-6:15 p.m.
<b>Member Fee</b>	\$300 per month
<b>Non-Member Fee</b>	\$350 per month



**Annual Registration Fee**  
All orchestra groups must pay an annual registration fee of \$150 (by check made payable to Olympus Foundation of the Americas; valid for 12 months). A sibling discount of \$50 is available for each sibling enrolled in the program. Registration is open year-round. For more information, please contact Andrea Oliveira at [acoandrea@gmail.com](mailto:acoandrea@gmail.com) or 305-469-4276.

### Private Lessons

Olympus Orchestra provides private lessons, which are available to advanced students to refine their skills as well as for those who are struggling and in need of one-on-one tutoring.

<b>Days</b>	Fridays
<b>Time</b>	To be confirmed by teacher
<b>Member Fee</b>	\$140 per month (1 hour/week)
<b>Non-Member Fee</b>	\$168 per month (1 hour/week)
<b>Orchestra Member Fee</b>	\$100 per month (1 hour/week)



# Youth & Teen Programs



*Name*  
Nicholas Cordoves

*Originally from*  
Key Biscayne

*How long have you lived on the Key*  
8 years

*School*  
Key Biscayne Elementary

*Hobbies*  
Playing catch

*Favorite activity/program at the Community Center*  
Playing basketball in the gym

## TODDLER & YOUTH FITNESS

### Fitness Yoga for Teens NEW!

This new class for teens will provide a fun and exciting way to experience fitness and yoga. Students will increase their self-esteem and fitness level through a variety of high-energy activities. If weather permits, some activities will take place outside.

<b>Ages</b>	12 years and up
<b>Days</b>	Tuesdays
<b>Time</b>	7:30-8:30 p.m.
<b>Location</b>	Island Room
<b>Sessions</b>	Ongoing
<b>Instructor</b>	Kerstin Eskeli
<b>Member Fee</b>	\$13 per class
<b>Non-Member Fee</b>	\$15 per class

### Fencing Club

The Miami Fencing Club offers students the unique experience of fencing, the fast and athletic sport of sword fighting. Learn the lessons of speed, cunning and honor in this fun class. Beginning students will be provided with all of the necessary fencing equipment. Advanced students are required to bring their own equipment. All levels are welcome, and no experience is necessary. Students must register for the six-week session as pro-rating is not allowed. Visit [www.miamifencingclub.com](http://www.miamifencingclub.com) or call 305-992-1946 for more information.

<b>Ages</b>	8 years and up
<b>Days</b>	Wednesdays
<b>Time</b>	6:30-8:00 p.m. (Beginners) 7:30-9:30 p.m. (Advanced)
<b>Location</b>	Island Room
<b>Session 1</b>	August 25-September 29
<b>Session 2</b>	October 6-November 17 (no class Nov. 10)
<b>Session 3</b>	December 1-15 (pro-rated session)
<b>Instructor</b>	Mike Elder, Miami Fencing Club
<b>Member Fee</b>	\$120
<b>Non-Member Fee</b>	\$145

### Mini Tennis

Looking for a fast, fun way to get kids into tennis—and keep them playing? This exciting new play format for learning tennis, QuickStart Tennis by the USTA, is designed to bring kids into the game by using specialized equipment, shorter court dimensions and modified scoring—all tailored to this younger age and size. Now any child between the ages of three and eight can start playing tennis almost immediately, even if he or she has never picked up a racquet. Join us to learn and have fun with this new play format.

<b>Location</b>	Gymnasium
<b>Session 1</b>	August 24-September 23
<b>Session 2</b>	September 28-October 28
<b>Session 3</b>	November 2-December 9 (no class Nov. 23-26)
<b>Instructor</b>	Jorge Ribas and Ricardo Mena
<b>Ages</b>	3-4 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	2:30-3:00 p.m.
<b>Member Fee</b>	\$130 (twice/week) or \$85 (once/week)
<b>Non-Member Fee</b>	\$150 (twice/week) or \$100 (once/week)
<b>Ages</b>	5-6 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:00-3:45 p.m.
<b>Member Fee</b>	\$150 (twice/week) or \$90 (once/week)
<b>Non-Member Fee</b>	\$175 (twice/week) or \$110 (once/week)
<b>Ages</b>	7-8 years
<b>Days</b>	Wednesdays
<b>Time</b>	3:30-4:30 p.m.
<b>Member Fee</b>	\$100 (once/week)
<b>Non-Member Fee</b>	\$115 (once/week)

# Youth & Teen Programs

## Kidokinetics

Kidokinetics is the fun way to fitness that's inspiring kids to get up, get moving and get in shape! Kidokinetics was developed to promote sports and fitness in boys and girls. These fun-filled classes include activities that develop motor skills, enhance physical fitness and improve self-confidence. Kidokinetics teaches the basics of various sports and other important physical exercises, enabling children to feel competent when playing different sports. Classes focus on a different sport each week, keeping kids interested and excited. Experienced coaches lead fun classes with a focus on individual achievement in a non-competitive environment. Kids will receive a free T-shirt with first-time enrollment. Visit [www.kidokinetics.com](http://www.kidokinetics.com) for more information.

<b>Days</b>	Tuesdays
<b>Time</b>	4:00-4:45 p.m. (ages 3-6 years)
<b>Days</b>	Thursdays
<b>Time</b>	11:00-11:45 a.m. (ages 2-4 years)
<b>Location</b>	Island Room
<b>Session 1</b>	August 24-October 14
<b>Session 2</b>	October 19-December 16 (no class Nov. 23 or 25)
<b>Instructor</b>	Coach Emily Johnson
<b>Member Fee</b>	\$96
<b>Non-Member Fee</b>	\$115

## BABYSITTER'S TRAINING COURSE

The American Red Cross will offer this training course to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, help children behave and learn about basic child care and first aid.

<b>Ages</b>	11-16 years
<b>Date</b>	Saturday, October 9
<b>Time</b>	9:00 a.m.-4:00 p.m.
<b>Location</b>	Adult Lounge
<b>Fee</b>	\$60



## BABY AND ME

### Baby Sensory Program

This innovative program provides hundreds of sensory development activities that are fun for parents and babies to share in during the vital first year. The classes include fiber optic light shows, bubbles, bells, musical fun, baby signing, puppet shows, amazing light balls and so much more. Once you've experienced these captivating parent and baby activities you will want to come back for more. Each class includes a variety of different baby development activities plus discovery playtime. Visit [www.babysensory.com](http://www.babysensory.com) to learn more.

<b>Ages</b>	2 weeks-13 months
<b>Days</b>	Tuesdays
<b>Time</b>	10:30-11:30 a.m.
<b>Location</b>	Island Room
<b>Session 1</b>	August 10-October 12
<b>Session 2</b>	October 19-December 21
<b>Instructor</b>	Carolina Forero
<b>Member Fee</b>	\$200
<b>Non-Member Fee</b>	\$239

### Mommy and Me (Yupi!)

Created for parents and their little ones, this bilingual program offers joyful and innovative experiences using non-conventional materials.

<b>Ages</b>	9-30 months
<b>Days</b>	Wednesdays and Fridays
<b>Time</b>	9:30-10:30 a.m.
<b>Location</b>	Game Room
<b>Session 1</b>	September 8-October 29
<b>Session 2</b>	November 3-December 10 (no class Nov. 24 or 26; pro-rated session)
<b>Instructor</b>	Silvina and Vanessa
<b>Member Fee</b>	\$160 (once/week) or \$256 (twice/week)
<b>Non-Member Fee</b>	\$200 (once/week) or \$320 (twice/week)



*Name*  
Camila Vizzoco

*Originally from*  
Argentina

*How long have you lived on the Key?*  
12 years

*School*  
Miami-Dade College

*Hobbies*  
Building skateboards; giving swimming lessons

*Favorite activity/program at the Community Center*  
Going to the gym

# Youth & Teen Programs

## RAT'S DAY OFF

When Key Rats are off from school, they can spend the day having fun in a safe environment. Each full-day program offers a variety of activities, which may include computer lab, movies, arts and crafts, games, sports, swimming, field trips and much more. Enrollment is limited so register early! And remember to pack a lunch since lunch is not included.

<b>Ages</b>	K-8 grades
<b>Dates</b>	Thursday, September 9 Monday, November 1 Tuesday, November 2 Monday, December 20 Tuesday, December 21 Wednesday, December 22 Thursday, December 23 Friday, December 24 Monday, December 27 Tuesday, December 28 Wednesday, December 29 Thursday, December 30 Friday, December 31
<b>Time</b>	8:00 a.m.-3:00 p.m.
<b>Member Fee</b>	\$20 per day
<b>Non-Member Fee</b>	\$25 per day



## MARINE BIOLOGY 5-DAY WINTER CAMP

**Camp Director: Gerard Loisel, NSU adjunct professor (College of Arts and Sciences Outstanding Teacher of the Year 2008)**

Professor Loisel has taught marine biology to students of all ages for the past 33 years and is the former host of the PBS television series *Marine Aquarium World*. During this five-day camp, participants will study the sea grass community, visit the lab at the University of Miami Rosenstiel School of Marine and Atmospheric Science, explore the intertidal zone at Bear Cut, learn about dangerous marine animals and take a trip to the Miami Seaquarium.

<b>Dates</b>	Monday-Friday, December 20-24, 2010
<b>Ages</b>	8-14 years
<b>Time</b>	9:00 a.m.-1:00 p.m.
<b>Location</b>	Community Center
<b>Member Fee</b>	\$159
<b>Non-Member Fee</b>	\$189

Registration is available at the front desk of the Community Center.

## EDUCATIONAL PROGRAMS



### Reading Program for K-2 Graders

Closing the Gaps Learning Center now offers a beginning reading class for students in kindergarten through second grade. This program is extensively researched and validated, with proven results, so the possibilities are endless. This specialized reading program explicitly teaches phonemic awareness, develops accuracy and fluency and builds vocabulary and comprehension. The instructional strategies minimize confusion and equip students to decode difficult words through an intensive review of phonics and word analysis strategies, ultimately preparing your child to develop a love of reading!

<b>Ages</b>	K-2 grades
<b>Days</b>	Mondays, Wednesdays and Fridays
<b>Time</b>	2:30-3:30 p.m. (K-1st grades)
<b>Time</b>	3:30-4:30 p.m. (2nd grade)
<b>Location</b>	Toddler Room
<b>Session 1</b>	August 30-October 15 (no class Sept. 6)
<b>Session 2</b>	October 25-December 10 (no class Nov. 1, 24 or 26)
<b>Member Fee</b>	\$420 (20 classes/session)
<b>Non-Member Fee</b>	\$500 (20 classes/session)

### Social Skills Group for Children

This fun program will help your child develop proficiency in social situations. Interactive group lessons encourage participants to increase self confidence, peer interactions, manage behavior and attention difficulties, develop better communication skills, and develop friendships. Participants must be evaluated first before registering. For questions or to receive an evaluation, please call the Miami PsychCenter at 305-446-0333 or visit [www.miamipsychcenter.com](http://www.miamipsychcenter.com).

<b>Ages</b>	6-15 years
<b>Days</b>	Fridays
<b>Time</b>	4:00-5:00 p.m.
<b>Location</b>	Island Room
<b>Session 1</b>	September 10-October 15
<b>Session 2</b>	October 29-December 10 (no class Nov. 26)
<b>Instructor</b>	Miami PsychCenter
<b>Member Fee</b>	\$300
<b>Non-Member Fee</b>	\$350

# Youth & Teen Programs

## OTHER PROGRAMS

### Homework Club

Catch up on class work or fine-tune your academic skills with this after-school club.

<b>Ages</b>	Grades 1-8
<b>Days</b>	Mondays, Tuesdays and Thursdays
<b>Time</b>	3:30-4:30 p.m.
<b>Location</b>	Second Floor Lounge
<b>Member Fee</b>	Free
<b>Non-Member Fee</b>	\$6 per day

### Dodgeball Club

Have fun with this club for dodgeball fanatics.

<b>Ages</b>	Grades 3-8
<b>Days</b>	Wednesdays
<b>Time</b>	2:30 p.m.
<b>Location</b>	Gymnasium
<b>Fee</b>	Every child pays \$5 per month

### Ping-Pong Club

Calling all ping-pong players at the Community Center. Show off your skills and have fun with your friends with this fun-filled club.

<b>Ages</b>	Grades 3-12
<b>Days</b>	Fridays
<b>Time</b>	3:30 p.m.
<b>Location</b>	Game Room
<b>Fee</b>	Every child pays \$5 per month



## KEY BISCAYNE BASKETBALL ACADEMY

Why sit courtside when you can take part in this action-packed basketball program? Taught by Coach Tony Goudie, practices begin Monday, August 23. So don't wait. Sign up today. Each session is four weeks/eight practices.

<b>Days</b>	Mondays and Fridays
<b>Times</b>	
Beginners	2:45-3:30 p.m.
Intermediate	3:30-4:30 p.m.
Advanced	4:30-5:30 p.m.
<b>Session</b>	August 23-December 17
<b>Member Fee</b>	\$100 per 4 weeks
<b>Non-Member Fee</b>	\$120 per 4 weeks



## AMERICAN GYMSTERS

<b>Days</b>	Tuesdays
<b>Times</b>	Beginners: 4:00-5:00 p.m. Intermediate: 5:00-6:00 p.m. Advanced: 6:00-7:30 p.m. Pre-Team: 6:00-7:30 p.m.
<b>Days</b>	Saturdays
<b>Times</b>	Beginners: 9:00-10:00 a.m. Intermediate: 9:00-10:00 a.m. Advanced: 10:00-11:30 a.m. Pre-Team: 10:00-11:30 a.m. Boys: 11:30 a.m.-12:30 p.m.

<b>Session 1</b>	August 24-October 30
<b>Session 2</b>	November 2-January 22 (no class during winter break)

### Fees (10 weeks per session)

#### Beginners and Intermediate

<b>1 x per week</b>		<b>2 x per week</b>	
<b>Members</b>	\$270	<b>Members</b>	\$440
<b>Non-members</b>	\$324	<b>Non-members</b>	\$528

#### Advanced and Pre-Team

<b>1 x per week</b>		<b>2 x per week</b>	
<b>Members</b>	\$320	<b>Members</b>	\$450
<b>Non-members</b>	\$384	<b>Non-members</b>	\$540

#### Boys

<b>1 x per week</b>		<b>Additional insurance payment:</b> \$50 per year (made payable to American Gymsters)
<b>Members</b>	\$250	
<b>Non-members</b>	\$300	



# Youth Dance Programs



## YOUTH DANCE COMPANY OF KEY BISCAWAYNE

Let your daughter benefit from the confidence, grace, poise and discipline that the study of ballet will instill for a lifetime. Students will learn step by step lyrical, jazz and ballet techniques. This program is directed by Susana Catturini, graduate of the New World School of the Arts and the University of Florida, as well as a former member of the Momentum Dance Company. Students will participate in a stage performance at the end of Session 2.

<b>Location</b>	Island Room
<b>Instructor</b>	Susana Catturini and Company Instructors
<b>Session 1</b>	August 23-October 16
<b>Session 2</b>	October 18-December 18 (no class Nov. 22-27)
<b>Additional Fees</b>	\$50 yearly registration fee made payable to Susana Catturini Ballet, Inc. \$85 yearly costume fee made payable to Susana Catturini Ballet, Inc. (not applicable for Creative Movement students)

## Creative Movement

Little ones will explore basic movements of dance as well as rhythm, space, dance vocabulary and quality of movement in this creative class.

<b>Ages</b>	2-1/2-4 years
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	4:00-5:00 p.m.
<b>Member Fee</b>	\$200
<b>Non-Member Fee</b>	\$240

## Pre-Ballet

This program is specially designed to provide children with a strong foundation in dance and movement. It teaches the young dancer basic vocabulary and basic ballet technique at the barre, in the center and across the floor.

<b>Ages</b>	3-5 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	3:30-4:30 p.m.
<b>Member Fee</b>	\$200
<b>Non-Member Fee</b>	\$240

## Ballet I-II and Jazz

Children will continue the exploration of ballet techniques with emphasis on precision of lines and exactness of movement. Jazz will be taught right after ballet. Girls will apply ballet techniques to several jazz styles with catchy rhythms and music.

<b>Ages</b>	6-9 years
<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	4:30-5:30 p.m. (Ballet only) 4:30-6:00 p.m. (Ballet and Jazz)
<b>Member Fee</b>	\$200 (Ballet only) or \$250 (Ballet and Jazz)
<b>Non-Member Fee</b>	\$240 (Ballet only) or \$300 (Ballet and Jazz)

## Ballet III, Lyrical and Jazz

Show off your ballet technique and apply it to free dance styles: lyrical and jazz. This class is designed to improve ballet techniques, including pointe, as well as to learn several dance combinations of both lyrical and jazz.

<b>Ages</b>	10 years and up
<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	5:00-6:30 p.m.
<b>Member Fee</b>	\$250
<b>Non-Member Fee</b>	\$300

## Tap

Students will learn the skills and techniques of tap dancing.

<b>Ages</b>	6-12 years
<b>Days</b>	Saturdays
<b>Time</b>	10:00-11:00 a.m.
<b>Member Fee</b>	\$120
<b>Non-Member Fee</b>	\$144

## CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
4:00 p.m. Creative Movement	3:30 p.m. Pre-Ballet	4:00 p.m. Creative Movement	3:30 p.m. Pre-Ballet	10:00 a.m. Tap
5:00 p.m. Ballet III	4:30 p.m. Ballet I & II	5:00 p.m. Ballet III	4:30 p.m. Ballet I & II	
6:00 p.m. Lyrical	5:30 p.m. Jazz	6:00 p.m. Jazz	5:30 p.m. Jazz	

# Youth Dance Programs

## DANCING STARS BY MARIA VERDEJA SCHOOL OF THE ARTS

The Maria Verdeja School of the Arts proudly offers its ever-popular “Dancing Stars” dance program at the Community Center. Here, dancers can choose from a wide variety of classes that teach various dance techniques including classical ballet, lyrical, jazz and tap. Established in 1986, this program is known for its curriculum that helps strengthen dancers’ technique and helps them develop a sense of confidence and increased self-esteem through the performances and events they can participate in. The program director will place students in appropriate classes based on her discretion.

### Classical Ballet

Considered the foundation to all dance forms, Classical Ballet is the contrast between strong leg movements and the graceful upper body that creates its beauty. Participants in the program are required to take ballet twice a week.

### Lyrical Dance

This class is the fusion of ballet and jazz techniques. Here dancers use motion to interpret music and express emotion.

### Jazz

This exciting form of dance is set to pop music where dancers show off skills such as high kicks and large jumps in an energetic way.

### Tap

A style of theatrical dance using precise rhythmical patterns of foot movement to make sounds with heels and toes.



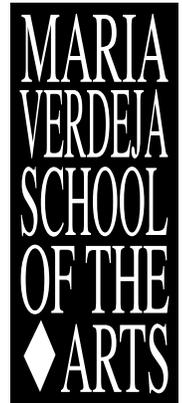
### Group Descriptions

<b>Blue</b>	Pre-K3, Pre-K4 and Kindergarten <i>Ballet only</i>
<b>Lime</b>	1st and 2nd grades <i>Ballet and Jazz 3</i>
<b>Teal</b>	3rd, 4th and 5th grades <i>Ballet, Jazz 4 and Lyrical</i>
<b>Burgundy</b>	6th grade & up <i>Ballet, Jazz 4 and Lyrical</i>
<b>Pointe</b>	Students will be placed in this class at the director’s discretion.

*Note: All classes will take place in the Island Room, except Tap, which takes place in the Arts & Crafts Room.*

### Session Dates and Fees

<b>Session 1</b>	August 23-October 14
<b>Session 2</b>	October 18-December 17 (no class Nov. 22-25)
<b>Member Fee</b>	1 class/week (8 hours total) \$120 per session 2 classes/week (16 hours total) \$200 per session 3 classes/week (24 hours total) \$250 per session 4 classes/week (32 hours total) \$320 per session 5 classes/week (40 hours total) \$355 per session
<b>Non-Member Fee</b>	1 class/week (8 hours total) \$144 per session 2 classes/week (16 hours total) \$239 per session 3 classes/week (24 hours total) \$299 per session 4 classes/week (32 hours total) \$320 per session 5 classes/week (40 hours total) \$426 per session



### Additional Fees

\$80 yearly registration fee made payable to Maria Verdeja

\$95 yearly costume fee made payable to Maria Verdeja

### DANCING STARS CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:00 p.m. BALLET Blue	4:00 p.m. BALLET Lime	3:30 p.m. BALLET Blue	4:00 p.m. BALLET Lime	4:00 p.m. TAP
5:00 p.m. BALLET Burgundy	5:00 p.m. POINTE II	4:30 p.m. BALLET Burgundy	5:00 p.m. JAZZ 3	
6:00 p.m. JAZZ 4	6:00 p.m. BALLET Teal	5:30 p.m. LYRICAL	6:00 p.m. BALLET Teal	

# Broadway Musical Theatre Program



## BROADWAY MUSICAL THEATRE PROGRAM

The Broadway Musical Theatre Program is based on the interplay between the various elements of musical theatre where children learn to dance, act and sing. Each class will consist of the technical aspects of ballet, jazz, tap and improvisation to learn the various styles and choreographies of Broadway's most famous musicals. Through this interplay, children will learn to successfully interpret some of Broadway's most memorable musicals. The program will conclude with a live theatrical performance.

**Session Dates** August 23-December 18  
(16-week session)

**Location** Dance Studio

**Instructors** Angelica Torres and Workshop Instructors

**Member Fee** \$510  
**Non-Member Fee** \$610

*Note: Program includes 32 hours of class plus 8 hours of rehearsals for a total of 40 hours.*

### Broadway Group 1

**Ages** 4 years  
**Days** Tuesdays and Thursdays  
**Time** 3:15-4:00 p.m.

### Broadway Group 2

**Ages** 5-6 years  
**Days** Mondays and Fridays  
**Time** 2:30-3:30 p.m.

### Broadway Group 3

**Ages** 6 years  
**Days** Tuesdays and Thursdays  
**Time** 4:00-5:00 p.m.

### Broadway Group 4

**Ages** 7-8 years  
**Days** Mondays and Fridays  
**Time** 3:30-4:30 p.m.

### Broadway Group 5

**Ages** 9-12 years  
**Days** Wednesdays and Fridays  
**Time** 4:30-5:30 p.m.

## Broadway Musical Theatre Advanced

These intensive classes (Pre-Advanced, Advanced Broadway, and Company) are designed for students with strong skills in at least two areas: singing, dancing or acting.

*Note: These classes are by invitation only.*

**Session Dates** August 23-December 18  
(16-week session)

### Broadway Pre-Advanced

**Days** Tuesdays and Thursdays  
**Time** 4:00-5:30 p.m.

**Member Fee** \$540  
**Non-Member Fee** \$645

### Broadway Advanced Group I

**Days** Wednesdays  
**Time** 3:00-4:30 p.m.  
**Days** Saturdays  
**Time** 12:30-1:30 p.m.

*Note: Program includes 40 hours of class plus 16 hours of rehearsals and voice training for a total of 56 hours.*

**Member Fee** \$540  
**Non-Member Fee** \$645

### Broadway Advanced Group II

**Days** Mondays  
**Time** 4:30-5:30 p.m.  
**Days** Saturdays  
**Time** 1:30-3:00 p.m.

*Note: Program includes 40 hours of class plus 60 hours of rehearsal and voice training for a total of 100 hours.*

**Member Fee** \$570  
**Non-Member Fee** \$680



# Broadway Musical Theatre Program

## Company

Company group is designed for students 13 to 21 years of age with a good level of singing, acting and dancing experience. Students also should have prior experience in musical theatre. This class meets on Saturdays for two hours and a half and includes a one-hour Acting Workshop on Thursdays. *Note: Participants must be approved by instructor before registering for this class.*

<b>Session Dates</b>	August 23-December 18
<b>Location</b>	Dance Studio
<b>Days</b>	Saturdays
<b>Time</b>	1:30-4:30 p.m.
<b>Member Fee</b>	\$570
<b>Non-Member Fee</b>	\$680

## Broadway Voice

In this class, the latest and greatest songs from Broadway are used to teach singing technique. Participants use these songs to learn the basics of solfege (just think do-re-mi), proper vocal technique (breath support and vowel formation) and sight-reading skills. Basic vocal techniques will include positive breathing habits, posture, diction, phrasing and interpretation of song literature.

<b>Session Dates</b>	September 4-December 18 (no class Nov. 27 or Dec. 11)
<b>Location</b>	Island Room
<b>Days</b>	Saturdays
<b>Ages</b>	5-6 years
<b>Time</b>	10:30-11:30 a.m.
<b>Ages</b>	7-9 years
<b>Time</b>	11:30 a.m.-12:30 p.m.
<b>Ages</b>	10 years and up
<b>Time</b>	12:30-1:30 p.m.
<b>Member Fee</b>	\$250
<b>Non-Member Fee</b>	\$295

## SAVE THE DATE!

This year's Broadway Musical Theatre holiday show will take place Saturday and Sunday, December 11th and 12th. You won't want to miss this spectacular performance. Please visit [www.BroadwayMusicalTheatre.com](http://www.BroadwayMusicalTheatre.com) for updates and additional information.

## Broadway Acting & Auditioning Workshop

Lights! Camera! Action! Do those three words thrill you? This acting workshop will provide you with great auditioning tips, improvisation skills, tips on improving stage presence and techniques to feel more comfortable in front of the camera or audience. Come strengthen your performance muscles with this workshop—which acts as a bridge between theory and performance.

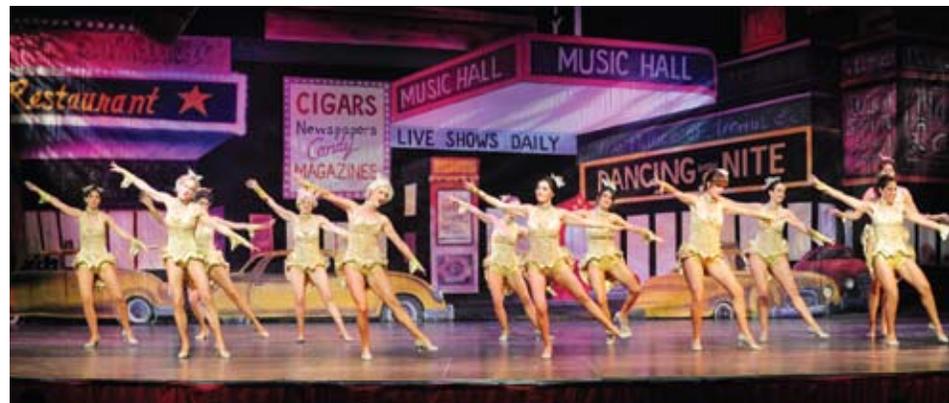
<b>Session Dates</b>	September 2-December 16 (no class Nov. 25 or Dec. 9)
<b>Location</b>	Dance Studio
<b>Days</b>	Thursdays
<b>Ages</b>	8-10 years
<b>Time</b>	3:30-4:30 p.m.
<b>Ages</b>	11 years and up
<b>Time</b>	5:00-6:00 p.m.
<b>Member Fee</b>	\$250
<b>Non-Member Fee</b>	\$295



## Broadway Musical Theatre Adults

This class is back by popular demand! This is an open call for adults to get ready to have a wonderful time learning tap, jazz and ballet focusing on musical theatre and singing. At the end of the course you will take part in a full production (past productions include *Mamma Mia* and *Chicago*) and become part of our famous Broadway family.

<b>Session Dates</b>	September 1-December 8 (no class Nov. 24)
<b>Location</b>	Dance Studio
<b>Days</b>	Wednesdays
<b>Time</b>	12:00 noon-1:30 p.m.
<b>Member Fee</b>	\$300
<b>Non-Member Fee</b>	\$354



# Key Biscayne Soccer Club



## OPEN HOUSE

The community is invited to an open house celebration filled with free give-aways, soccer clinics, music and food for the entire family. Please visit the website for more information.

**Date** Saturday, August 28  
**Time** 9:00 a.m. - 12:00 Noon  
**Location** Village Green North

**Calling All Volunteers!** Join KBSC as a Team Coach, Assistant Coach or Team Parent. If interested, e-mail [KeyBiscayneSoccerClub@gmail.com](mailto:KeyBiscayneSoccerClub@gmail.com) with age preference, available time and preference of boys or girls.

The Key Biscayne Soccer Club, Inc. (KBSC) is the new, officially sanctioned organization in Key Biscayne for girls and boys soccer for ages 3-17. The goal is to teach kids to play and love the game of soccer with an emphasis on player development. To register, participants must submit a KBSC registration form at the Community Center. For more information, visit [www.KeyBiscayneSoccerClub.com](http://www.KeyBiscayneSoccerClub.com).

## Pee-Wee Soccer Program

This program is designed to introduce and improve age-appropriate technical and tactical abilities in an environment that will foster an appreciation and enjoyment of the game while focusing on fun and coordination.

<b>Ages</b>	3-4 years old (boys and girls) D.O.B. between August 1-July 31, 2006-2007
<b>Registration Season Dates</b>	Begins August 1 September 7-May 27
<b>Fees Option 1</b>	Fall and Spring Seasons \$591 - 10% discount = \$531 <i>Fee includes training kit</i>
<b>Fees Option 2</b>	Fall Season (28 sessions) \$290 for Residents \$330 for Non-Residents <i>Fee includes training kit</i>
<b>Fees Option 3</b>	Spring Season (38 sessions) \$350 for Residents \$400 for Non-Residents <i>Fee includes training kit</i> \$50 discount for returning players
<b>Practices</b>	2 per week: Mondays and Wednesdays 3:30-4:30 p.m.



## Intramural Soccer Program

This program is designed to expand and improve age-appropriate technical and tactical abilities of the participants in an environment that will instill sportsmanship and the importance of "team."

<b>Ages</b>	5-17 years (boys and girls) D.O.B. before July 31, 2005
<b>Registration Season</b>	August 1-September 30 November 1-February 19
<b>Fees</b>	\$240/season for Residents \$300/season for Non-Residents <i>Fee includes practice and game kit</i>
<b>Practices</b>	2 per week; 1 hour practice Mondays-Thursdays from 3:30-7:30 p.m.
<b>Games</b>	Saturdays for 1 hour

*Days and times of practices and games vary. Please visit [www.KeyBiscayneSoccerClub.com](http://www.KeyBiscayneSoccerClub.com) for updates.*

## Travel Soccer Program

This competitive soccer program is designed for players who have a higher level of commitment starting as U9. Space is limited per team. Registration requirements include (2) two passport size photos, KBSC registration form, copy of Birth Certificate and parental signature of State Registration Waiver.

<b>Try-Outs</b>	August 30-September 3; please check website for more details.
<b>Ages</b>	8-16 years (boys and girls) D.O.B. on or before August 1st of each year
<b>Registration Season</b>	August 1-September 17 September 7-February 27
<b>Fees</b>	\$550/season for Residents \$600/season for Non-Residents <i>Fee includes practice and game kit</i>
<b>Practices</b>	2 per week; 1-1.5 hour practice Mondays-Thursdays from 5:30-9:00 p.m.
<b>Games</b>	Saturdays for 1 hour

*Days and times of practices and games vary. Please visit [www.KeyBiscayneSoccerClub.com](http://www.KeyBiscayneSoccerClub.com) for updates.*

## ATHLETICS

Registration for each program is available at the Community Center front desk.

### Flag Football

<b>Registration</b>	May 24-August 31
<b>Ages</b>	Boys and girls ages 6-14 as of September 1. Pee Wee Division ages 6-8. Junior Division ages 9-11. Senior Division ages 12-14.
<b>Resident Fee</b>	\$100
<b>Non-Resident Fee</b>	\$150
<b>Season</b>	September 1-October 31

### Girls Volleyball

<b>Registration</b>	August 23-31
<b>Ages</b>	Girls ages 9-14 as of September 1. Junior Division ages 9-11. Senior Division ages 12-14.
<b>Resident Fee</b>	\$140
<b>Non-Resident Fee</b>	\$210
<b>Season</b>	September 1-November 15

### Basketball

<b>Registration</b>	October 1-31
<b>Ages</b>	Boys and girls ages 6-14 as of November 1. Co-Ed Intramural League ages 6-9. Girl's League ages 10-14. Boy's League ages 10-14.
<b>Resident Fee</b>	TBD
<b>Non-Resident Fee</b>	TBD
<b>Season</b>	November 1-February 15

### Field Hockey

<b>Registration</b>	November 6-20
<b>Ages</b>	Boys and girls ages 5-18
<b>Resident Fee</b>	\$250
<b>Non-Resident Fee</b>	\$280
<b>Season</b>	November 22-May 8

E-mail [KBFieldHockey@gmail.com](mailto:KBFieldHockey@gmail.com) for more information.

### Rugby

<b>Ages</b>	Boys ages 5-14
<b>Fee</b>	TBD
<b>Season</b>	TBD

Information available at [www.RugbyRats.com](http://www.RugbyRats.com) or by e-mailing [Info@RugbyRats.com](mailto:Info@RugbyRats.com).

### Adult Softball

<b>Registration</b>	Captain's meeting Wednesday, October 6 at 6:30 p.m.
<b>Ages</b>	Men and women over the age of 18
<b>Team Fee</b>	TBD



# Team Key Aquatics



## TEAM KEY AQUATICS

**Fall 2010 Sessions:**  
**August 23-December 17**

### Programs and Training Schedules

#### Beginner Crew

Beginner Crew swimmers are introduced to swimming as a fun sport. They are coached on basic stroke technique and are taught entry level drills and exercises. The love and passion for swimming are introduced at this level.

<b>Days</b>	Monday, Wednesday and Friday
<b>Time</b>	3:15-3:45 p.m.
<b>Days</b>	Tuesday, Thursday and Friday
<b>Time</b>	3:15-3:45 p.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)

#### Beginner II Crew

Beginner Crew swimmers are introduced to swimming as a fun sport. They are coached on basic stroke technique and are taught entry level drills and exercises. The love and passion for swimming are introduced at this level. This group is for beginner swimmers who cannot attend the earlier Beginner Crew class.

<b>Days</b>	Monday, Wednesday and Friday
<b>Time</b>	5:45-6:30 p.m.
<b>Days</b>	Tuesday, Thursday and Friday
<b>Time</b>	5:45-6:30 p.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)

#### Intermediate Crew

Intermediate Crew swimmers emphasize proper stroke technique as well as speed work and interval training. This group begins to practice all four strokes with more emphasis and technique. Aerobic conditioning drills are introduced at this level.

<b>Days</b>	Monday, Wednesday and Friday
<b>Time</b>	3:50-4:35 p.m.
<b>Days</b>	Tuesday, Thursday and Friday
<b>Time</b>	3:50-4:35 p.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)

#### Advanced Crew

Advanced Crew swimmers increase their exercise load to 1 hour per practice and begin to work on race strategy and advanced speed and interval training. This group emphasizes on specific stroke and drill techniques and focuses in greater detail on aerobic conditioning.

<b>Days</b>	Monday, Wednesday and Friday
<b>Time</b>	4:40-5:40 p.m.
<b>Days</b>	Tuesday, Thursday and Friday
<b>Time</b>	4:40-5:40 p.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)

#### FGC Crew

Florida Gold Coast (FGC) Crew is an elite group of swimmers who have high ambitions and a strong commitment to succeed, setting their sights on the Junior Olympics. Dryland training and exercises contribute to the overall success of this group.

<b>Days</b>	Monday-Friday
<b>Time</b>	6:05-8:05 p.m.
<b>Days</b>	Saturday
<b>Time</b>	11:00 a.m.-1:00 p.m.
<b>Member Fee</b>	\$150 (4 weeks)
<b>Non-Member Fee</b>	\$180 (4 weeks)

#### TKA Masters

Swimmers in TKA Masters pride themselves on swimming better and faster. Swimmers here benefit from the workouts, stroke technique training, and our coaches' vast knowledge of the sport of swimming. This group takes advantage of being able to swim 2 times per day. Dryland training is also implemented into this group's training during the morning session.

<b>Days</b>	Monday-Thursday
<b>Time</b>	9:00-10:15 a.m. and 6:45-7:45 p.m.
<b>Member Fee</b>	\$100 (4 weeks)
<b>Non-Member Fee</b>	\$120 (4 weeks)

*Note: Practice days and times are subject to change.*

#### Interested in joining TKA?

Please contact Coach Iggy or Coach Gaby at 305-858-7339 prior to registering.

# Swim Kids Swimming School

## Fall 2010 Sessions: August 23-December 17

### Parents & Me: Ages 4-24 months

Ideal for babies, this Parents & Me class is an opportunity for parents to spend quality time with their children. The instructor will introduce basic swimming and water survival skills.

### Turtles: Ages 2-3 years

Toddlers will be introduced to the basics of swimming and later learn freestyle strokes such as arrows, circles, airplanes, as well as dolphin and frog kicks.

### Jellyfish: Ages 4-6 years

Once basic swimming and survival skills are mastered, children will learn fun mini-strokes such as arrows, circles, airplanes, back float, front float, dolphin and frog kicks.

### Dolphins: Ages 7-9 years

The emphasis at this level will be on timing and swimming strokes.

### Sharks: Ages 10 years and up

Advanced strokes are introduced at this level and then developed and refined, preparing the child for competition and a lifetime of physical endurance and fitness.

### Adult Classes: Ages 18 years and up

It's never too late to learn or refresh your swimming skills. Swim Kids offers private and group swimming lessons for adults as well.

## Class Options and Fees

### Private Lessons

(1 Swimmer/1 Instructor/8 Lessons)

**Class Duration:** 30 minutes

**Member Fee** \$320

**Non-Member Fee** \$384

### Semi-Private Lessons

(2 Swimmers/1 Instructor/8 Lessons)

**Class Duration:** 30 minutes

**Member Fee** \$180

**Non-Member Fee** \$225

### Group Lessons

(3-10 Swimmers/1 Instructor/4 week session)

**Class Duration:** 30-40 minutes

#### Once per week

**Member Fee** \$80

**Non-Member Fee** \$96

#### Twice per week

**Member Fee** \$140

**Non-Member Fee** \$168

#### Three times per week

**Member Fee** \$180

**Non-Member Fee** \$216

#### Four times per week

**Member Fee** \$224

**Non-Member Fee** \$268



### Necessary Equipment

Bathing suit, bathing cap and goggles.

### Make-Up Policy

All classes must be cancelled in advance. If the lesson cannot be attended, we require notice before 9:00 a.m. Make-up classes can be scheduled on the last Friday of the month, which has been reserved for make-ups.

For questions or more information, please call Swim Kids at 305-262-SWIM (7946) or log on to [www.swimkidschool.com](http://www.swimkidschool.com).

## GROUP LESSONS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		10:30 a.m. Adult Class		9:00 a.m. Adult Class	10:45 a.m. Parents & Me
		11:30 a.m. Parents & Me		10:00 a.m. Parents & Me	11:15 a.m. Turtles
3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles		11:45 a.m. Jellyfish
3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish		12:15 p.m. Dolphins/Sharks
4:00 p.m. Dolphins	4:00 p.m. Dolphins	4:00 p.m. Dolphins	4:00 p.m. Dolphins		
4:40 p.m. Sharks	4:40 p.m. Sharks	4:40 p.m. Sharks	4:40 p.m. Sharks		



## EMPOWERING YOGA BY VERO YOGA & CO.

Empower yourself, get strong and get in shape, while bringing freedom to your mind with this empowering yoga program. Three different classes are available. All levels are welcome. For more information, please visit [www.VeroYoga.com](http://www.VeroYoga.com).

- Member Fee** \$18 per class or \$130 per ten-class punch pass
- Non-Member Fee** \$21 per class or \$160 per ten-class punch pass

### Easy Flow

A gentle, restorative and invigorating yoga practice. This sequence aims to retain the vitality of the body by oxygenating and rejuvenating every cell of your system. It also helps promote total physical and mental well-being. Pre-natal yoga practitioners are welcome.

### Flow

A new level of “Vero Yoga” practice, this sequence allows participants to flow with grace while synchronizing the breath with a progressive series of postures that produce internal heat, toning all muscles and organs, as well as calming the mind. *(Note: This class is more dynamic than the Easy Flow class and less intense than the Multi-Level class.)*

### Multi-Level I and II

An intense and stimulating style of yoga, this class uses the Vinyasa-style (breathing intensive) of yoga. It's physically demanding practice due to the constant movement from one pose to the next. The result is often improved circulation, a light and strong body and a calm mind.

## VERO YOGA & CO. FALL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level II Veronica	8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level II Veronica	8:30 a.m. Easy Flow Veronica
12:30 p.m. Multi-Level I Veronica	11:00 a.m. Flow Angeles		11:00 a.m. Flow Angeles	
6:00 p.m. Kids Yoga Claudia				

Classes are 90 minutes and held in the Island Room.

### INTRO TO YOGA CLASS

This four-week beginner's series is the perfect introduction to the practice of yoga. Participants will learn that everybody can do yoga, regardless of age, weight or physical condition. Class fee includes a free Easy Flow class.

- Dates** Wednesdays: 9/15, 9/22, 9/29 & 10/6
- Time** 10:15-11:15 a.m.
- Location** Island Room
- Instructor** Wendy Murton
- Member Fee** \$70
- Non-Member Fee** \$85

### MEDITATION & BREATHING WORKSHOP

Join us on the first Monday of every month and learn to release physical tension and mental anxiety. You will improve concentration and enjoy better health through ancient meditation and breathing techniques.

- Dates** Mondays, 9/6, 10/4, 11/1, 12/6
- Time** 7:00-8:00 p.m.
- Location** Island Room
- Instructor** Veronica Vidal
- Member Fee** \$17
- Non-Member Fee** \$20

### VERO YOGA FOR KIDS

In this class, kids will develop strong, limber and healthy bodies while cultivating self-esteem, increasing focus and concentration—all in a playful environment. Children also will learn how to cope with life stressors and how to effectively relax and sleep better.

- Ages** 7-11 years
- Days** Mondays
- Time** 6:00-7:00 p.m.
- Location** Arts & Crafts Room
- Member Fee** \$100 for ten classes (\$12 per class)
- Non-Member Fee** \$120 for ten classes (\$14 per class)

## YOGA CLASSES

Considered both physical and mental therapy, practicing yoga has numerous benefits including improving flexibility, strength and muscle tone as well as managing stress and preventing disease. As a Community Center member, why not sign up for one of our cost-effective yoga classes and start reaping the health benefits today? No previous experience is required.

<b>Ages</b>	16 years and up
<b>Member Fee</b>	\$8 per class
<b>Non-Member Fee</b>	\$15 per class

## Yoga with Arbey

You'll break a sweat in this fun and challenging class that will help you build strength and flexibility of both body and mind. Each class is designed with a combination of asanas from various styles of yoga.

<b>Days</b>	Mondays, Wednesdays and Fridays
<b>Time</b>	10:00-11:30 a.m.
<b>Instructor</b>	Arbey Quiceno

## Gentle Yoga

This class focuses on the basic fundamental posture of yoga. It combines breath and movement to build strength and flexibility. No previous experience is required.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	9:30-11:00 a.m.
<b>Instructor</b>	Jenny Ryan

## Moderate Yoga

A perfect balance between our Gentle Yoga and Power Yoga classes, intermediate yoga practitioners will feel right at home in this class.

<b>Days</b>	Wednesdays
<b>Time</b>	7:00-8:30 p.m.
<b>Instructor</b>	Kerstin Eskeli

## Power Yoga (Multi-Level)

This Dharma Mitra style class is designed for those seeking physical challenges. This class builds a strong foundation to advance in balancing, back-bending, twisting and inversions. Students will be gently encouraged to pursue poses at their own pace. All levels are welcome. Remember to wear loose clothing that stretches.

<b>Days</b>	Mondays from 7:00-8:30 p.m.
<b>Days</b>	Saturdays from 9:30-11:00 a.m.
<b>Instructor</b>	Kerstin Eskeli



**NEW!**

## FITNESS YOGA FOR TEENS

This new class for teens will provide a fun and exciting way to experience fitness and yoga. Students will increase their self-esteem and fitness level through a variety of high-energy activities. If weather permits, some activities will take place outside.

<b>Ages</b>	12 years and up	<b>Sessions</b>	Ongoing
<b>Days</b>	Tuesdays	<b>Instructor</b>	Kerstin Eskeli
<b>Time</b>	7:30-8:30 p.m.	<b>Member Fee</b>	\$13 per class
<b>Location</b>	Island Room	<b>Non-Member Fee</b>	\$15 per class

## COMPLETE FALL YOGA SCHEDULE

Classes are 90 minutes and held in the Island Room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>8:30 a.m.</b> Easy Flow Yoga <i>Vero Yoga &amp; Co.</i>	<b>8:30 a.m.</b> Multi-Level II Yoga <i>Vero Yoga &amp; Co.</i>	<b>8:30 a.m.</b> Easy Flow Yoga <i>Vero Yoga &amp; Co.</i>	<b>8:30 a.m.</b> Multi-Level II Yoga <i>Vero Yoga &amp; Co.</i>	<b>8:30 a.m.</b> Easy Flow Yoga <i>Vero Yoga &amp; Co.</i>		
<b>10:00 a.m.</b> Yoga <i>Arbey</i>	<b>9:30 a.m.</b> Gentle Yoga <i>Jenny</i>	<b>10:00 a.m.</b> Yoga <i>Arbey</i>	<b>9:30 a.m.</b> Gentle Yoga <i>Jenny</i>	<b>10:00 a.m.</b> Yoga <i>Arbey</i>	<b>9:30 a.m.</b> Power Yoga <i>Kerstin</i>	
<b>12:30 p.m.</b> Multi-Level I Yoga <i>Vero Yoga &amp; Co.</i>	<b>11:00 a.m.</b> Flow Yoga <i>Vero Yoga &amp; Co.</i>		<b>11:00 a.m.</b> Flow Yoga <i>Vero Yoga &amp; Co.</i>			
<b>6:00 p.m.</b> Kids Yoga <i>Vero Yoga &amp; Co.</i>						
<b>7:00 p.m.</b> Power Yoga <i>Kerstin</i>	<b>7:30 p.m.</b> Teen Yoga <i>Kerstin</i>	<b>7:00 p.m.</b> Moderate Yoga <i>Kerstin</i>				

# Fitness Programs and Classes

## SENIOR FITNESS PROGRAMS AND CLASSES

### Splash! Water Workout

Splash your way into fitness with this fun and exciting water workout designed to be easier on your joints. Get fit in the pool while increasing your overall endurance and strength.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	10:30-11:30 a.m.
<b>Location</b>	Pool
<b>Session 1</b>	August 24-September 30
<b>Session 2</b>	October 5-November 11
<b>Session 3</b>	November 16-December 23 (no class Nov. 25)
<b>Instructor</b>	Marilyn Myles
<b>Member Fee</b>	\$120
<b>Non-Member Fee</b>	\$135

### Have a Ball!

This beginner movement class will allow you to strengthen, tone and increase your overall flexibility and balance.

<b>Days</b>	Mondays (Gym) and Wednesdays (Dance Studio)
<b>Time</b>	10:00 a.m.
<b>Session</b>	Ongoing
<b>Instructor</b>	Marilyn Myles
<b>Member Fee</b>	\$8 per class or group exercise pass

### Enhance Fitness

This low-cost, evidence-based exercise program helps older adults (over 60) at all levels of fitness become more active, energized and empowered to sustain independent lives.

Enhance Fitness is based on solid research and tested at over 80 sites nationwide.

<b>Days</b>	Mondays, Wednesdays and Fridays
<b>Time</b>	2:00-3:00 p.m. and 5:30-6:30 p.m.
<b>Location</b>	Community Room (1st floor, Village Hall)
<b>Session</b>	September 8-December 22
<b>Instructor</b>	Marilyn Myles
<b>Fee</b>	\$96 (16 weeks)

### Oriental Exercises: Elements of Tai-Chi & More

People of all ages can learn and benefit from these gentle turning and stretching movements of these self-regulated exercises, which can be adapted to any level of ability.

<b>Day</b>	Thursdays (Island Room) and Sundays (by the Village Green)
<b>Time</b>	8:30 a.m.
<b>Session</b>	Starts October 21
<b>Instructors</b>	Marius Robinson & Steven Minor
<b>Fee</b>	Free

## TRIATHLON TEAM-YOUTH

Young aspiring athletes will become inspired and motivated with this new program. Youth and teens between the ages of 6 and 15 will train in endurance sports such as running, biking, and swimming. Based on their age and athletic ability, they will be divided into three categories to compete in 50-300 yards of swimming, two to eight miles of biking, and 500 yards to two miles of running.

<b>Days</b>	Mondays, Wednesdays and Thursdays
<b>Time</b>	5:30-6:45 p.m. (combining sports daily)
<b>Member Fee</b>	\$140 per month (2 times per week)
<b>Non-Member Fee</b>	\$172 per month
<b>Member Fee</b>	\$175 per month (3 times per week)
<b>Non-Member Fee</b>	\$195 per month

## TRIATHLON TEAM-ADULTS

This program is designed with individual athletes in mind. Participants, who are guaranteed optimal results, will receive weekly training sessions, including swim sessions, bike sessions and running sessions. For more information, call Coach Vargas or Lilly at 786-366-5329 or visit [www.TeamTrainer.us](http://www.TeamTrainer.us).

### Elite Plan

Depending on the sport of your choice, this plan includes training plans, assistance via email and technical supervision two times per week.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	6:30-7:45 a.m.
<b>Member Fee</b>	\$135 per month
<b>Non-Member Fee</b>	\$160 per month

### Plus Plan

The plan (which is comprised of two swim sessions, one bike session and one running session) includes a weekly online training plan, support via email and phone, technical supervision four times per week.

<b>Days</b>	Tuesdays and Thursdays (swim)
<b>Time</b>	6:30-7:45 a.m. and 7:45-8:45 p.m.
<b>Days</b>	Wednesdays (run)
<b>Time</b>	6:45-8:00 p.m.
<b>Days</b>	Fridays or Saturdays (bike)
<b>Time</b>	TBA
<b>Member Fee</b>	\$270 per month
<b>Non-Member Fee</b>	\$318 per month

# Group Exercise Information

## GROUP EXERCISE GENERAL INFORMATION

- Always bring a sweat towel and water bottle to class.
- You must be at least 15 years of age to participate in a group exercise class.
- Bring your valid punch pass along with your ID to class.
- Always sign in when you attend a class.
- Classes may fill up quickly (especially bike classes) so make sure to arrive a few minutes early. Please do not enter a class in progress unless the instructor has indicated that you can do so.
- Please wear appropriate clothing and footwear for the class you are attending.
- Yoga mats will be available for use. If you practice yoga regularly, you may want to consider purchasing a mat.

## Group Exercise Pass Prices

Single: \$8 for members, \$15 for non-members

(includes guest fee)

5 Pack: \$29 for members

10 Pack: \$50 for members

20 Pack: \$85 for members

Packages are not valid for yoga classes or non-members.

## Class Descriptions

**Body Sculpting**—Body bars, hand weights and balls are used in this 55-minute class to tone all the major muscles in your body and increase muscle endurance.

**Kickboxing**—This intense, total-body workout combines aerobics, cardiovascular and body toning to help improve strength, aerobic fitness, flexibility, coordination and balance.

**Spinning**—The ultimate indoor cycling experience. You control the resistance and cadence to make the class as challenging as you need it to be! *First-time participants should arrive early.*

**Latin**—Work out Latin style with dance moves. An excellent class for all fitness levels and dance skill levels.

**Step**—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing just the step. This class is moderate-to-high intensity with some abdominal work.

**Water Exercise**—Water exercise is a wonderful low-impact alternative to traditional land exercise programs. It is ideal for people with arthritis and those recovering from injuries, as well as anyone looking for a good workout.

**Zumba**—High energy and motivating music with unique moves and combinations makes this a fun and easy workout!



GROUP EXERCISE SCHEDULE: SEPTEMBER 8-DECEMBER 17							Classes are 55 minutes and are held in the Dance Studio	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
6:15 a.m. Spinning Sergio	7:00 a.m. Spinning Jennifer	6:15 a.m. Spinning Sergio	7:00 a.m. Spinning Jennifer					
8:00 a.m. Spinning Jennifer	8:00 a.m. Brazilian Sculpt Marquinho	8:00 a.m. Spinning Jennifer	8:00 a.m. Brazilian Sculpt Marquinho	8:00 a.m. Spinning Marilyn	8:15 a.m. Spinning Marquinho			
9:00 a.m. Step Jennifer	9:00 a.m. Spin/Sculpt Jennifer	9:00 a.m. Step/Sculpt Jennifer	9:00 a.m. Step Jennifer	9:00 a.m. Step/Sculpt Jennifer	9:15 a.m. Brazilian Sculpt Marquinho			
10:00 a.m. Body Sculpting Jennifer	10:00 a.m. Latin Jennifer	10:00 a.m. Have a Ball!-Senior Class Marilyn	10:00 a.m. Body Sculpting Jennifer	10:00 a.m. Latin Jennifer	10:15 a.m. Step Jennifer	10:00 a.m. Zumba Maria		
10:00 a.m. Have a Ball!-Senior Class Marilyn	11:00 a.m. Zumba Huayla	11:00 a.m. Brazilian Sculpt Marquinho	11:00 a.m. Zumba Huayla	11:00 a.m. Brazilian Sculpt Marquinho	11:15 a.m. Zumba Huayla	11:00 a.m. Video Spin Linda		
11:00 a.m. Spinning Marquinho	6:00 p.m. "The Ride" Spinning Arturo	5:45 p.m. Zumba Huayla	6:00 p.m. "The Ride" Spinning Arturo	5:45 p.m. Zumba Huayla				
5:45 p.m. Zumba Huayla	7:00 p.m. Brazilian Sculpt Marquinho	6:45 p.m. Spinning Marilyn	7:00 p.m. Brazilian Sculpt Marquinho	6:45 p.m. Spinning Marilyn				
6:45 p.m. Spinning Marilyn	8:00 p.m. Kickboxing Alan		8:00 p.m. Kickboxing Alan					

# Adult and Senior Programs



*Name*  
Joanna Wragg

*Originally from*  
Orlando, Florida

*How long have you lived on the Key*  
38 years

*Profession*  
Public relations executive  
(formerly a journalist)

*Hobbies*  
"I volunteer at the Community Partnership for the Homeless. I am involved with my church and enjoy spending time with my grandchildren and two dogs. I also love to travel."

*Favorite activity/program at the Community Center*  
"The pottery class—it's one of the things that brings me to the Community Center."

## ARTS AND CRAFTS

### Creative Jewelry Design

Try out this great activity for the entire family! In this class you'll learn pattern design techniques, including stringing, knotting, wire twisting, weaving and repair techniques. Progress at your own pace. No previous experience is necessary. An additional materials fee may be required.

**Days** Mondays  
**Time** 7:00-8:30 p.m.  
**Days** Wednesdays  
**Time** 10:15 a.m.-12:15 p.m.  
**Location** Second Floor Lounge

**Session** Ongoing  
**Instructor** Judi Koslen

**Fee** \$10 per class

### OPEN STUDIO TIME FOR CERAMICS

#### Wheel-Thrown and Hand-Built Pottery

Open studio is an opportunity for beginners and experienced potters to use a studio and take advantage of the expertise of a professional instructor to explore interests and receive help with a project of their choice. All students must bring materials that will best fit their interest. Students sign up on a monthly basis. Make-up days will be arranged with the instructor. A firing service is available at an additional cost. Final cost is based on size of the piece and length of firing.

**Days** Wednesdays  
**Time** 10:00 a.m.-12:00 noon  
**Location** Art Studio

**Sessions** September 8-29  
October 6-27  
November 3-24

**Instructor** Laura Marmol

**Member Fee** \$94  
**Non-member Fee** \$112

### Painting with Tony Coro

Learn tips and techniques to produce pleasing works of art. No experience is necessary. A suggested supply list can be picked up at the Community Center front desk. Please have materials on the first day of class.

**Days** Tuesdays  
**Time** 10:15 a.m.-12:15 p.m.  
**Location** Art Studio

**Sessions** September 7-October 12  
October 19-November 23  
**Instructor** Antonio Coro

**Member Fee** \$50  
**Non-Member Fee** \$60

### Chinese Brush Painting

Chinese brush painting is meant to be more than a representation of an object; it's also a symbolic expression. Learn from an instructor who has studied with internationally known artists Chow Chian Chiu and wife Chow Leung Chen-Ying. Learn the basics starting with bamboo. No previous experience is required. A materials list is available at the Community Center front desk.

**Days** Mondays  
**Time** 10:15 a.m.-12:15 p.m.  
**Location** Art Studio

**Sessions** September 6-October 11  
October 18-November 22  
**Instructor** Joyce Olivera

**Member Fee** \$50  
**Non-Member Fee** \$60



# Adult and Senior Programs

## LANGUAGE CLASSES

### Spanish for Beginners

Learn to tell time, make simple requests, register at a hotel and conduct a basic conversation. Acquire vocabulary for work, home and social purposes.

<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	9:00-11:00 a.m.
<b>Location</b>	Computer Room
<b>Session</b>	October 4-November 10
<b>Instructor</b>	Cristina Medina
<b>Member Fee</b>	\$100
<b>Non-Member Fee</b>	\$120

### Conversational Spanish

These semi-private classes will provide students with communication skills by offering opportunities to practice and expand their vocabulary. Students must possess basic grammar, reading and writing skills in Spanish to take the class.

<b>Days</b>	Mondays and Wednesdays
<b>Time</b>	11:00 a.m.-12:30 p.m.
<b>Location</b>	Computer Room
<b>Session 1</b>	September 13-October 6
<b>Session 2</b>	October 11-November 3
<b>Session 3</b>	November 8-December 1
<b>Instructor</b>	Lupita Alvarez
<b>Member Fee</b>	\$100
<b>Non-Member Fee</b>	\$120

### Conversational English

These semi-private classes will provide students with communication skills by offering opportunities to practice and expand their vocabulary. Students must possess basic grammar, reading and writing skills in English to take the class.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	11:00 a.m.-12:30 p.m.
<b>Location</b>	Computer Room
<b>Session 1</b>	September 7-30
<b>Session 2</b>	October 5-28
<b>Session 3</b>	November 2-30 (no class Nov. 25)
<b>Instructor</b>	Lupita Alvarez
<b>Member Fee</b>	\$100
<b>Non-Member Fee</b>	\$120

## PERFORMING ARTS

### Flamenco

Join Carmen Rubio, renowned dancer and graduate of the Royal Conservatory of Madrid, and take advantage of this unique opportunity to learn the classic sevillanas and flamenco without leaving the Key.

<b>Days</b>	Wednesdays
<b>Time</b>	8:00-9:00 p.m.
<b>Location</b>	Dance Studio
<b>Session 1</b>	September 8-29
<b>Session 2</b>	October 6-27
<b>Session 3</b>	November 3-24
<b>Instructor</b>	Carmen Rubio
<b>Member Fee</b>	\$108
<b>Non-Member Fee</b>	\$132



#### *Name*

Judy Reinach

#### *Originally from*

New York City (Manhattan)

#### *How long have you lived on the Key*

Since 1975

#### *Profession*

Bridge teacher (and a former PR consultant)

#### *Hobbies*

"I am actively involved with the non-profit Miami Bridge. I also collect elephant figurines – I have 800."

#### *Favorite activity/program at the Community Center*

Bridge

## BRIDGE CLASSES

Whether you need to learn the basics or simply want to brush up on your knowledge of the card game—these classes have it all!

<b>Days</b>	Tuesdays
<b>Location</b>	Adult Lounge
<b>Session</b>	October 12-November 16
<b>Play of the Hand/ Supervised Play</b>	6:00-7:00 p.m.
<b>Bridge for Beginners</b>	7:00-8:00 p.m.
<b>Member Fee</b>	\$65
<b>Non-Member Fee</b>	\$75



## DUPLICATE BRIDGE GAME

Join us for an afternoon of duplicate bridge every Wednesday. Call Judy Reinach for details at 305-361-9562.

<b>Days</b>	Wednesdays (starting September 9)
<b>Time</b>	12:45 p.m.
<b>Location</b>	Island Room
<b>Instructor</b>	Judy Reinach

# Adult and Senior Programs – 50+ Corner



*Name*

Marty Cohen

*Originally from*

Houston, Texas (but lived in Pittsburgh, Pennsylvania for 37 years)

*How long have you lived on the Key*

5 years (we come here during the winter)

*Profession*

Retired mathematician

*Hobbies*

Playing bridge, travelling and reading

*Favorite activity/program at the Community Center*

Playing bridge

## ONGOING PROGRAMS

### KBCC CyberCafé **NEW!**

Start every morning with a fresh cup of coffee and the day's newspapers at the Community Center's Cyber Café. Bring your laptop to surf the web with our free WiFi, read about the latest happenings, chat with your friends or watch the day's headlines on TV.

<b>Days</b>	Monday-Friday
<b>Time</b>	8:30-10:00 a.m.
<b>Location</b>	Adult Lounge
<b>Fee</b>	Free

### Key Biscayne Domino Club

Join your friends and neighbors in the Key Biscayne Room for a friendly game of dominos... *y una tacita de café.*

<b>Days</b>	Mondays, Wednesdays and Fridays
<b>Time</b>	2:00-6:00 p.m.
<b>Location</b>	Adult Lounge
<b>Fee</b>	Free

### Card Games and More

Step out of the heat! Join your friends and neighbors in the Key Biscayne Room for an afternoon of card games and more. Refreshments will be provided.

<b>Days</b>	Tuesdays and Thursdays
<b>Time</b>	1:00-4:00 p.m.
<b>Location</b>	Adult Lounge
<b>Fee</b>	Free

### Birthday Bunch Lunch

Adults 50 and up come join your friends and neighbors on the second Thursday of the month for an island-wide birthday celebration. Register for our Birthday Club and lunch is on us during the month of your birthday. This event is brought to you by the Key Biscayne Community Foundation and the Active Seniors on the Key (A.S.K.) Club.

<b>Dates</b>	Thursdays, September 9 and October 14
<b>Time</b>	12:00 noon
<b>Location</b>	Island Room
<b>Fee</b>	\$5

### Lunch with an Author

Join us every month on the third Thursday for lunch with a different author as they discuss their latest works and sign copies of their books.

<b>Dates</b>	Thursdays, September 16 and October 21
<b>Location</b>	Island Room
<b>Time</b>	12:00 noon
<b>Fee</b>	Free

### Social Security @ the Village

A bilingual representative from the Social Security Administration will be here to assist you with all of your Social Security and Medicare issues on the last Wednesday of the month (excluding holidays). No appointment is necessary.

<b>Dates</b>	September 29, October 27, November 24 and December 29
<b>Time</b>	9:30 a.m.-12:00 noon
<b>Location</b>	Second Floor
<b>Fee</b>	Free



## SENIOR TRANSPORTATION PROGRAM

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick-up. The driver will wait only five minutes.

*To schedule a pick-up or for more information, please contact Roxy Lohuis-Tejeda at 305 365-8953 at least 24 hours in advance.*

# 50+ Corner – Adult and Senior Programs

## SPECIAL EVENTS

### Florida Licensing On Wheels

A team of driver license examiners will be on hand to renew or issue replacements or duplicates of your driver's license, issue new or replacement identification cards and complete out-of-state driver's license transfers. Call 305-365-8953 for more information.

<b>Date</b>	Tuesday, October 5
<b>Time</b>	10:00 a.m.-2:00 p.m.
<b>Location</b>	Adult Lounge

### Annual Flu Clinic

Avoid getting sick this year by getting the flu shot. Call 305-365-8953 for pricing information.

<b>Date</b>	Thursday, September 30
<b>Time</b>	11:00 a.m.-4:30 p.m.
<b>Location</b>	Adult Lounge

### Salsa Night

Join us for the biggest salsa happy hour in Key Biscayne. Beginners are welcome. Bring a date or a friend, but no partner is required. The night will feature beginner and intermediate salsa lessons from 6:00-7:00 p.m.

<b>Date</b>	Thursday, October 14
<b>Time</b>	5:00-9:00 p.m.
<b>Location</b>	Island Room
<b>Fee</b>	\$5

### AARP Driver Safety Program

Take the eight-hour classroom refresher course designed for drivers age 55 and over and qualify for auto insurance discounts. Participants must attend both sessions. Please call 305-365-8953 for fall dates and times.

<b>Days</b>	TBD
<b>Time</b>	TBD
<b>Fee</b>	\$12 for AARP members/ \$14 for non-members

### Bingo Night

Join your friends and neighbors for a fun night of bingo at the Community Center. Sponsored by the Active Seniors on the Key Club (A.S.K.) Club.

<b>Date</b>	Thursday, November 4
<b>Time</b>	7:00-9:00 p.m.
<b>Location</b>	Adult Lounge

## ANNUAL HOLIDAY LUNCHEONS

The Village of Key Biscayne and your friends from the A.S.K. Club invite you to celebrate the spirit of the season at the Community Center. There will be lots of food, fun, music and much more. All proceeds will benefit local, Miami area charities.

### “Giving Thanks” Thanksgiving Luncheon

<b>Date</b>	Thursday, November 18
<b>Time</b>	12:00 noon
<b>Location</b>	Island Room
<b>Fee</b>	\$5 (suggested donation)

### “Season’s Greetings” Holiday Luncheon

<b>Date</b>	Thursday, December 16
<b>Time</b>	12:00 noon
<b>Location</b>	Island Room
<b>Fee</b>	\$5 (suggested donation)



#### Name

Judi Koslen

*Originally from*  
Ohio

*How long have you lived*  
*on the Key*  
37 years

#### Profession

Jewelry designer/teacher

#### Hobbies

“I like to compete in dragonboat races (part of the local SOS team), bike and make jewelry.”

*Favorite activity/program*  
*at the Community Center*  
Jewelry making

## COMMUNITY CENTER CINEMA

Join us for a free viewing of recently released films on Thursdays in the Island Room.

### Matinees at 1:30 p.m.

**NEW TIME!**

<b>Dates</b>	September 2, 9, 23, 30 October 7, 14, 28 November 4 and 11 December 2, 9, 23, 30
--------------	---

### Evenings at 7:00 p.m.

<b>Dates</b>	September 16 October 21 November 18 December 16
--------------	--



# Adult and Senior Programs



## TRIPS AND TOURS

### Bass Museum of Art & Lincoln Road

Join us on our visit to Florida's only Egyptian gallery now open and located at the Bass Museum of Art. The gallery offers a unique opportunity to learn about one of the world's oldest and most mysterious civilizations. The visit to the museum will be followed by lunch and shopping on Lincoln Road.

<b>Date</b>	Friday, September 10
<b>Time</b>	11:00 a.m.
<b>Fee</b>	\$10



## OVERNIGHT TRIP TO FORT MYERS

Join us this fall on a get-away to one of Florida's Gulf Coast treasures—Fort Myers. During this trip, you will get to sit back, relax and enjoy yourself completely. The all-inclusive package includes:

- One night stay (double or single occupancy) at the Holiday Inn in historic downtown Ft. Myers
- Murder Mystery Dinner Train at 6:30 p.m.
- Morning hot breakfast buffet at the Holiday Inn
- Tour of the Edison Ford Winter Estates
- Lunch before returning to Key Biscayne
- Transportation to all activities



<b>Dates</b>	Wednesday, November 10 and Thursday, November 11
<b>Fee</b>	\$142 per person + transportation fee (TBA)

\*Minimum of 20 paid guests (10 paid rooms)  
\*Registration deadline: Friday, October 22

### The Galleria Mall

The Galleria Mall in Fort Lauderdale is the now the largest and most popular upscale regional shopping center in Broward County. The Galleria is the destination for shoppers due to its fabulous restaurants, sophisticated stores and world-class service.

<b>Date</b>	Friday, September 24
<b>Time</b>	9:30 a.m.
<b>Fee</b>	\$5

### Frost Museum Tour & Lunch

Get a backstage tour of the new Florida International University Frost Art Museum, designed by internationally recognized architect Yann Weymouth of Hellmuth Obata + Kassabaum (HOK). The 46,000-square-foot facility opened in November 2008.

<b>Date</b>	Friday, October 1
<b>Time</b>	9:30 a.m.
<b>Fee</b>	\$5

### Miami City Ballet Fanfare

Jerome Robbins' tribute to Queen Elizabeth II – its premiere took place on the night of her Coronation in 1953 – is an enchantingly bright and goofy take on Benjamin Britten's *The Young Person's Guide to the Orchestra*.

<b>Date</b>	Friday, October 15
<b>Time</b>	6:15 p.m. (bus departs)
<b>Fee</b>	\$48

### The Village at Gulfstream Park

The Village at Gulfstream Park is South Florida's newest outdoor shopping and entertainment destination, featuring a sizzling collection of fashion boutiques, home accessory shops, signature restaurants and outdoor cafes. The Village at Gulfstream Park is located adjacent to the legendary Gulfstream Park Racetrack and Casino, which boasts a state-of-the-art clubhouse and an elegant and exciting casino. Plan for a day of fabulous shopping, incredible food and much more.

<b>Date</b>	Friday, November 5
<b>Time</b>	9:30 a.m.
<b>Fee</b>	\$5

# Adult and Senior Programs

## 70th Annual Ramble Garden Festival at Fairchild Tropical Botanic Garden

The Ramble is South Florida's most loved and oldest garden party. Come and experience a blend of old traditions and new introductions with Nell's Tea Garden, the largest plant sale in South Florida, antiques and collectibles, garden-themed art, old and rare books, our famous Kid Way, live music and the incredible ramble raffle.

<b>Date</b>	Friday, November 12
<b>Time</b>	9:30 a.m.
<b>Fee</b>	\$20

## Florida Grand Opera's *Turandot* at the Adrienne Arsht Center

The glory and cruelty of ancient China, some of opera's most famous music and the thrill of heroic voices create the theatrical experience that every opera lover dreams of. Puccini had an unmistakable melodic gift that enriched some of the world's most beloved operas, and *Turandot*, his final opera, represents the culmination of the Italian tradition of Grand Opera.

<b>Date</b>	Tuesday, November 16
<b>Time</b>	6:15 p.m. (bus departs)
<b>Fee</b>	TBA

## Sawgrass Mills Mall

Join us as we head out to Sawgrass Mills, one of Florida's largest retail and entertainment centers, featuring more than 300 name-brand stores and outlets, full-service restaurants, cinemas and high-quality venues.

<b>Date</b>	Friday, December 10
<b>Time</b>	9:30 a.m.
<b>Fee</b>	\$5

## Festival Flea Market on Sample

Join us as we head out to this one-of-a-kind, multi-merchant marketplace filled with a diverse selection of merchandise ranging from the ordinary to the extraordinary... and all in air-conditioned comfort.

<b>Date</b>	Friday, December 17
<b>Time</b>	9:30 a.m.
<b>Fee</b>	\$5

## STAYING FIT AFTER FIFTY

Now more than ever, seniors living on the Key have even greater opportunities to fuel their active lifestyles. Active Seniors on the Key (A.S.K.) is an organization of seniors over 50 who work together to provide a wide range of volunteer activities that allow seniors to continue living independently on Key Biscayne. A.S.K. does this through social events (e.g., monthly luncheons), trips and tours, as well as effective exercise programs.

The new Enhance Fitness Program is a low-cost, research-based exercise program that helps older adults (over 60) of all fitness levels to become more active, energized and empowered to sustain independent lives. Enhance Fitness focuses on stretching, flexibility, balance, low impact aerobics and strength training exercises.

Key Biscayne resident Ed Stone was instrumental in securing the grant from the Health Foundation of South Florida to bring the national program to Key Biscayne. The cardiovascular training program, which was initially funded from May through August, will likely be extended to December, thanks to Stone's efforts in obtaining a second grant from the foundation, allowing seniors even more time to reap the program's health benefits.

"Every one of us (65 people have signed up for the program so far) have really enjoyed it," says Stone.

For more information on how to start living a more active lifestyle, call Ed Stone at 305-361-2939.



# Special Events/Important Dates



## Winterfest Boat Parade

**Date** Saturday, December 11  
**Time** 6:00-8:30 p.m.  
**Location** "No Name Harbor" in Bill Baggs Cape Florida State Park  
**Fee** Free Admission

## Movies on the Green

**Date** Friday, December 17  
**Time** 7:00 p.m.  
**Location** Village Green

## Christmas Eve

**Date** Friday, December 24  
*Community Center will close at 4:00 p.m.*

## Christmas Day

**Date** Saturday, December 25  
*Community Center Closed*

## New Year's Eve

**Date** Friday, December 31  
*Community Center will close at 6:00 p.m.*

## New Year's Day

**Date** Saturday, January 1  
*Community Center Closed*

## Halloween Haunted House

**Date** Sunday October 31  
**Time** 6:00 p.m.  
**Location** 530 Crandon Blvd. (Old Tony's Citgo)

## Lighthouse Run

**Date** Saturday, November 13  
**Time** 7:00 a.m.  
**Location** Bill Baggs Cape Florida State Park

## Thanksgiving Day

**Date** Thursday, November 25  
*Community Center Closed*

## Winterfest Eve

**Date** Saturday, December 4  
**Time** 6:00-10:00 p.m.  
**Location** Village Green  
**Fee** Free Admission

## Winterfest

**Date** Sunday, December 5  
**Time** 4:00-7:30 p.m.  
**Location** Village Green  
**Fee** Free Admission

VILLAGE OF KEY BISKEYNE COMMUNITY CENTER

**ACTIVE**  
islander



Village of Key Biscayne  
 Parks and Recreation Department  
 10 Village Green Way  
 Key Biscayne, Florida 33149  
 Telephone: 305-365-8900

Visit us often for updates and new information at  
[www.ActiveIslander.org](http://www.ActiveIslander.org)

