

ACTIVE islander

FALL
2014



VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER



*Celebrating 10 Years
of the Key Biscayne Community Center*

Information for Residents

TABLE OF CONTENTS

- 2** Information for Residents
- 3** Message from the Village Manager
- 4** Membership Information
- 5** Rules and Regulations
- 6** Special 10-Year Anniversary Infographic
- 8** Youth and Teen Programs
- 15** Youth Dance Programs
- 16** Broadway Musical Theatre
- 17** Maria Verdeja Dance Program
- 18** Fall and Winter Break Camps
- 19** Athletics
- 20** Team Key Aquatics
- 21** Swim Kids Swimming School
- 22** Yoga Classes
- 23** Group Exercise Classes
- 24** Fitness Programs and Classes
- 25** Senior Fitness Programs and Classes
- 26** Adult and Senior Programs
- 33** 50+ Corner
- 36** Special Events and Important Dates



Village Officials and Staff

Mayor Franklin Caplan
Vice Mayor Michael Davey
Councilmember Theodore Holloway
Councilmember Michael E. Kelly
Councilmember Mayra Peña Lindsay
Councilmember Ed London
Councilmember James Taintor
Village Manager
John C. Gilbert
Director of Parks and Recreation
Todd Hofferberth
Community Center Manager & Asst. Director of Parks and Recreation
Ana J. Colls

PARTY PACKAGES AND ISLAND ROOM RENTALS

Planning a party or special event? The Community Center offers a variety of party packages for groups of up to 30 people. Choose from our Basic Party Package; Arts and Crafts Package; Pool Party Package; or the Face-Painting and Balloon Art Party Package.

We also have facilities to accommodate adult parties, meetings and other special events. The Island Room (also known as the Multi-Purpose Room) on the second floor can accommodate up to 150 guests, offers small and large rooms, as well as a warming kitchen.

For more information or to schedule your next event, please visit or call the Community Center's front desk at 305-365-8900.

BEACH PARK ACCESS CARDS

The Village of Key Biscayne's Beach Park, a resident's only facility, requires an access card to enter the park. The access cards are available to Key Biscayne residents only. For additional information please call 305-365-8900.

To Obtain a Card: Beach Park access card applications are available online or at the front desk. Please allow 2-3 business days for new cards to be activated.

Proof of Residency: Proof of residency is required when applying for a beach access card. A photo ID plus one of the following is acceptable as proof of residency:

- Current vehicle registration certificate
- Copy of current real property tax bill or deed
- Certificate or letter from the Internal Revenue Service
- Current utility bill
- Tenants must bring an annual lease

Cards per Household: There is a limit of two (2) access cards per household and proof of residency is required for each card issued. A one-person household may only receive one access card.

Fees: There is no fee for the first access card(s). There is a replacement card fee of \$8.00 to de-activate the lost or stolen card and re-issue a new device.

PASSPORT SERVICES

The Village of Key Biscayne is a certified acceptance facility for U.S. passport applications. As a courtesy to our residents, this service is offered by the Parks and Recreation Department at the Community Center, located at 10 Village Green Way, second floor. Rules, downloadable forms, fees, travel advisories and other information are available at the U.S. State Department passport web page. For additional information or to make an appointment, call 305-365-8953. Passport processing also is available at the U.S. Post Office located in the L'Esplanade Shopping Center at 951 Crandon Boulevard. For more information, call 305-ASK-USPS.

Days	Monday to Friday
Hours	9:30 a.m.-4:00 p.m.

Note: Appointments are required.



FREE ON-ISLAND TRANSPORTATION FOR SENIORS

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full- or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.

Message from the Village Manager



Looking Ahead

Dear Islanders:

As we bid farewell to the last few days of summer and begin to set our sights on the fall, I would like to share some project updates and other pertinent administrative information with Key Biscayne residents.

The budget workshop, which is designed to roll out a preliminary budget, was held on June 17th. At this meeting, the Village Council shared information on the 2014 preliminary (taxable) property values, which were recently released by the Miami-Dade County's Property Appraiser's office. Figures revealed that Village of Key Biscayne property values increased by approximately 8.85%, which equates to another \$1.5 million in revenue. Department directors also presented their operating budgets for the 2014-2015 fiscal year, reporting a 0.73% increase over the previous year's operating budgets. An initial Capital Improvement Program (CIP) was also presented in preparation for the September 9th and 23rd budget hearings.

Demolition and groundbreaking efforts have officially taken place at M.A.S.T. Academy, and although we are excited about the progress being made there, we realize the start of the 2014-15 school year will be fraught with challenges, including increased traffic congestion and other inconveniences.

An increase in police presence will be in effect to assist with traffic flow issues during the first few weeks of school. However, we ask that residents be patient, especially during early morning drop off and afternoon pick up times when traffic delays will be at their peak.

Miami-Dade County's progress continues on the new Rickenbacker Causeway Toll Plaza Sun Pass System, which is expected to be operational this fall. The conversion to the SunPass system will eliminate cash collection and the ability to read C-Pass transponders from the toll plaza. The newly installed electronic toll collection system should improve current traffic congestion at the entrance of the Rickenbacker Causeway.

The Key Biscayne K-8 Center renovations continue, as do our efforts to address the overcrowding issues there. An Education Advisory Board, comprised of Key Biscayne parents and Miami-Dade County School representatives, has been created to improve the influx of new students being registered at the school. Additionally, temporary arrangements have been developed and implemented to immediately improve the student/teacher ratio at the Key Biscayne K-8 Center.

Lastly, October marks the 10-year anniversary of the Community Center. Celebrations are in store, so mark your calendars for Sunday, October 26th to pay tribute to this invaluable community resource.

John C. Gilbert, Village Manager



John C. Gilbert
Village Manager

COMMUNITY CENTER HOURS

General Hours of Operation

Monday - Friday 6:00 a.m. to 10:00 p.m.
Saturday and Sunday 8:00 a.m. to 8:00 p.m.

Pool Hours

(unless otherwise posted for classes and special programs)

Monday - Friday 6:15 a.m. to 8:45 p.m.
Saturday and Sunday 8:15 a.m. to 7:45 p.m.
Swim lanes are always available but may be limited for a class or special program.

Teen Room/Game Room

Monday - Friday 3:00 p.m. to 10:00 p.m.
Saturday and Sunday 10:00 a.m. to 8:00 p.m.

Indoor Playground

(children under age 10 must be supervised by an adult)

Monday - Friday 9:00 a.m. to 1:00 p.m.
(for children under the age of 6)
3:00 p.m. to 8:00 p.m.
Saturday and Sunday 9:00 a.m. to 8:00 p.m.
Access may be limited during special events or parties.

Computer Lab

Monday - Friday 9:30 a.m. to 4:00 p.m. - Adults Only
4:00 p.m. to 8:00 p.m. - All Ages
Saturday and Sunday Available upon request

Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the afternoons after 3:00 p.m.

Adult Basketball

Saturday 10:00 a.m. to 12:00 noon
(ages 35 and up)

Membership Information

Be an Active Islander – Join the Key Biscayne Community Center! Just follow these easy steps:

Complete the Community Center membership application

Forms are available at the front desk by calling 305-365-8900 or online at www.activeislander.org.

Show proof of residency

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill; tenants must bring a current lease; a yearly lease is required for an annual membership.

Pay the membership fee*

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

Membership Category Descriptions

Adults—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

Youth—A youth membership is available to any resident between the ages of 10 and 18.

Senior—A senior membership is available to any resident who is 65 or older.

Student—Any resident who is between the ages of 19 and 25 can apply for the student membership with proof of current school enrollment.

Couple—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

Senior Couple—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

Family—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$65.

Cancellation/Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

Membership Categories

Category	Daily Resident	Daily Guest	Monthly	Yearly
Adults	\$9	\$13	\$55	\$300
Youth (10-18)	\$6	\$9	\$22	\$130
Senior (65+)	\$6	\$9	\$30	\$200
Student (19-25)	\$7	\$10	\$35	\$220
Couple	N/A	N/A	\$85	\$385
Senior Couple (both 65+)	N/A	N/A	\$50	\$300
Family (4 members)	N/A	N/A	\$110	\$525

*Note: Membership fees are subject to change.

Rules and Regulations

Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership. The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building.
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- No fighting or rough play
- No glass containers
- No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- Appropriate clothing required
- No running or bouncing balls in hallways, stairwells or near pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

Guest Policy

- Guests must be accompanied by a resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a guest pass.
- Guest passes are non-refundable.
- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.

Toddler Room Drop-In Care Policies

1. Drop-in care is for children one to five years of age (no exceptions).
2. Parents must sign in their child.
3. Punch Passes must be purchased at the front desk.
 - Member pass for 10 hours: \$70
 - Member pass per hour: \$7
 - Non-member one-hour pass: \$10
4. Drop-in care is on a first-come, first-serve basis.
5. There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
6. There is a two-hour maximum time slot for each child (no exceptions).
7. Parents or guardians are responsible for all diaper changes.
8. Parents must be in the Key Biscayne Community Center while their child is in childcare.
9. Sick children will be denied entry to the drop-in program.
10. If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

Toddler Room Drop-In Care Hours of Operation

Monday - Friday	8:00 a.m.-12:00 noon 4:00 p.m.-8:00 p.m.
Saturday and Sunday	Closed

- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

ADA Policy

The Village of Key Biscayne gladly complies with the provisions of the Americans with Disabilities Act. Persons needing reasonable accommodation to attend or participate in any program may call 305-365-8900. Please allow two weeks prior to the activity or need of assistance to accommodate the request.

Keeping

Soccer Field at MAST
Built in 2013

Baseball Field
at KBCS

KEY BISCAIYNE COMMUNITY SCHOOL

SAVE THE
DATE

10-Year Anniversary
Celebration
Sunday, October 26

RESIDENTS

- **12,344** residents as of 2010 Census
- **75%** of Key Biscayne residents speak a language other than English at home

VILLAGE
HALL

Built in 2002

for 10 YEARS

Islanders Active

COMMUNITY CENTER

- Opened in October 2004
- Operates **361 days/year**
- Languages spoken by our staff:
**English, Spanish,
Portuguese, French &
German**
- Serves as Key Biscayne's:
**Youth Center, Senior Center,
Athletics Facility, Fitness
Center, Cultural Center,
Civic Center**

VILLAGE GREEN

- Purchased in 1993
- **9.5 acres**
- **Half-mile** jogging course

ATHLETICS

- **263% Increase** in enrollment since 1995
- Basketball
- Volleyball
- Rugby
- Field Hockey
- Baseball
- Football
- Soccer

SPECIAL EVENTS

- Lighthouse Run
- Winterfest
- Movies on the Green
- Easter Egg Hunt
- 4th of July Celebration
- Civic Celebrations
- Concerts

& Counting

Youth & Teen Programs



Name
Oliver Wechsler

Originally from
Miami

How long have you lived on the Key?
4 years

School
Ransom Everglades

Hobbies
Coming to the Community Center and studying

Favorite activities at the Community Center
Weight room, basketball

TODDLER & YOUTH FITNESS

Mini Tennis

Looking for a fast, fun way to get kids into tennis—and keep them playing? QuickStart Tennis, by the United States Tennis Association, is an exciting new play format for learning tennis, designed to get kids excited about the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to a child's age and size. Now any child between the ages of 3 and 8 can start playing tennis almost immediately, even if he or she has never picked up a racquet.

Session 1	August 19-September 18 (no class Aug. 26)
Session 2	September 23-October 23
Session 3	October 28-December 18 (no class Nov. 4, 11 or 27; pro-rated)
Location	Gymnasium
Instructor	Jorge Ribas and Ricardo Mena
Ages	3-4 years
Days	Tuesdays and Thursdays
Time	2:30-3:00 p.m.
Member Fee	\$130 (2x/week) or \$85 (1x/week)
Non-Member Fee	\$150 (2x/week) or \$100 (1x/week)
Ages	5-6 years
Days	Tuesdays and Thursdays
Time	3:00-3:45 p.m.
Member Fee	\$150 (2x/week) or \$90 (1x/week)
Non-Member Fee	\$175 (2x/week) or \$110 (1x/week)
Ages	7-8 years
Days	Wednesdays
Time	3:30-4:30 p.m.
Member Fee	\$100 (1x/week)
Non-Member Fee	\$115 (1x/week)

Triathlon for Kids & Teens

Tri4Kidz is the first youth-focused USA Triathlon Club in South Florida, encouraging healthy lifestyle choices through multi-sport training with an emphasis on fun. The program is open to children ages 6 to 15, and while previous experience is not necessary, participants should be able to swim 25 yards using the freestyle stroke, confidently ride a bike without training wheels and run for 10 minutes continuously. These athletic prerequisites ensure the safety and enjoyment of triathletes and coaches. Sessions include team practices divided by age groups, as well as focus on individual goals. Participants must use a bicycle helmet and sign a liability waiver when registering. For more information, contact Coach Lilly at info@tri4kidz.com.

Session	4-week sessions begin August 18
Location	Varies
Instructor	Liliana Montes

Tri4Kidz

Ages	6-11 years
Days	Mondays, Tuesdays and Wednesdays
Time	5:00-6:00 p.m.
Member Fee	\$150 (2x/week) or \$180 (3x/week)
Non-Member Fee	\$180 (2x/week) or \$216 (3x/week)

Tri4Teenz

Ages	12-15 years
Days	Mondays-Thursdays
Time	6:00-7:00 p.m.
Member Fee	\$180 (4x/week)
Non-Member Fee	\$216 (4x/week)



Youth & Teen Programs

Kidokinetics

Kidokinetics is the “fun way to fitness” where your child will learn a new sport each week. Kids will be introduced to the basics of each sport in a fun and non-competitive atmosphere. Activities include soccer, hockey, tennis, basketball, volleyball, football, golf, hula-hoops, obstacle courses, T-ball and more. Kidokinetics focuses on individual achievement to improve the child’s self confidence. T-shirts can be purchased for an additional \$10 fee. For more information, call 954-385-8511 or visit www.KidoKinetics.com.

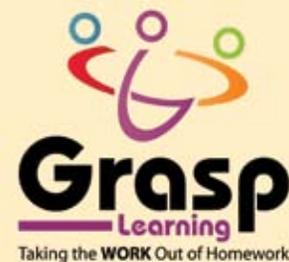
Days	Thursdays
Time	4:30-5:15 p.m. (ages 3-6)
Location	Island Room
Session 1	September 4-October 16
Session 2	October 23-December 18 (no class Nov. 27)
Member Fee	\$84 (Session 1) \$96 (Session 2)
Non-Member Fee	\$101 (Session 1) \$115 (Session 2)



ACADEMIC SUPPORT & ENRICHMENT NEW! BY GRASP LEARNING

Grasp is a bilingual, personalized, out-of-school academic support and enrichment program for students in grades K-8. Participants attend 90-minute sessions in a learning community setting, guided by Grasp-certified learning coaches, who work with small groups. Students complete their day-to-day homework assignments and learn to apply enduring skills, such as test taking, organization of materials, time management, planning, note-taking, effective listening, reading comprehension and others. This integrated learning approach incorporates a fun learning and motivation program from Stanford University and includes games, play and movement activities. Individual tutoring sessions are available for an additional charge. Grasp believes it’s time to unleash a joy of learning and instill pride in academic achievement! A 10% sibling discount is available for each additional student enrolled. Students may register for multiple days per week but they must pay for the entire 4-week session. For more information, please visit www.Grasp-Learning.com or call 786-763-3780.

Ages	K-8 Grades
Days	Tuesdays and Fridays
Time	3:30-5:00 p.m.
Days	Saturdays
Time	9:30-11:00 a.m.
Location	Island Room
Session 1	September 2-27
Session 2	September 30-October 25
Session 3	October 28-November 22 (no class Nov. 11)
Session 4	November 25-December 20 (no class Nov. 28 or 29)
Instructor	Grasp-certified learning coach
Member Fee	\$120 (1x/week)
Non-Member Fee	\$144 (1x/week)



Youth & Teen Programs



ARTS AND CRAFTS

Art Lab for Toddlers

Yupi! presents an art program for young children where they will be introduced to a variety of artistic materials, including paint, clay, watercolors, paper, feathers, fabrics, homemade dough and much more. The exposure to these materials will allow children to explore and develop their creative selves. Sessions are 5 weeks long and may not be pro-rated after the first 2 weeks (participants must then pay per class). Class fee includes all materials and take-home projects.

Days	Thursdays
Time	4:30-5:30 p.m. (ages 2½-4 years)
Days	Fridays
Time	10:45-11:45 a.m. (ages 18 mos-3 years)
Location	Arts & Crafts Room
Session 1	August 28-September 26
Session 2	October 2-31
Session 3	November 6-December 12 (no class Nov. 27 or 28)
Instructor	Agustina Lopez-Hill & Silvina Zuain
Member Fee	\$125/session or \$28/class
Non-Member Fee	\$150/session or \$33/class



Art Lab for Kids

Dripping Dot invites children on an exciting art journey where they not only learn about the most influential art movements and artists in history, but also participate and enjoy hands-on projects based on famous artists. Explore Picasso, Matisse and Van Gogh among other artists through drawing, painting, collage, printmaking and sculpture using a large variety of materials and techniques. Students will work on a series of guided projects that encourage creativity, exploration and self-expression through the artistic process. They will develop skills and technique while producing on 2D and 3D media. Working from still life to personal experience, photographs and imagination, children will explore media like charcoal, paint, ink, clay, etc. to create their own pieces. The instructor is an experienced visual artist who combines creativity through hands-on experimentation and an art history reference approach. Limit of 12 students per class. Class fee includes all materials and take-home projects.

Location	Arts & Crafts Room
Instructor	Laura Villarreal
Member Fee	\$280 (7 weeks) \$320 (8 weeks)
Non-Member Fee	\$336 (7 weeks) \$384 (8 weeks)

Art Lab for Kids Ages 5-8 Years

Days	Mondays
Time	5:00-6:30 p.m.
Session 1	August 25-October 13 (no class Sep. 1)
Session 2	October 20-December 8

Art Lab for Kids Ages 5-12 Years

Days	Tuesdays
Time	5:00-6:30 p.m.
Session 1	August 26-October 14
Session 2	October 21-December 9 (no class Nov. 11)

Youth & Teen Programs

NEW!

Ceramics & Pottery for Kids & Teens

Introduce your kids to the magical world of pottery! Each class will be an exciting experience where students will unleash their imagination and see their works of art come to life. Students will learn to create projects from clay with the basic methods of hand-building: coiling, pinching, and slab work. Children will also learn to use the potter's wheel. They will make a variety of bowls, containers and sculptural art pieces while being guided step by step through the processes, including decorating, glazing and firing. All work will be fired in the kiln twice, which makes the pottery safe to use for food and drinks. Classes are taught by caring instructors with over 20 years of experience. Sessions are 4 weeks long and may not be pro-rated. An additional materials fee applies.

Session 1	September 3-29
Session 2	October 1-27
Session 3	October 29-November 24
Session 4	December 1-17 (pro-rated)
Instructor	Laura Marmol

Claytime for Kids Ages 6-14 Years

Days	Mondays and Wednesdays
Time	3:30-4:30 p.m.
Location	Arts & Crafts Room
Member Fee	\$100 (1x/week) \$200 (2x/week) \$28 (per class)
Non-Member Fee	\$120 (1x/week) \$240 (2x/week) \$33 (per class)
Materials Fee	\$45

Claytime for Teens Ages 12 Years & Up

Days	Wednesdays
Time	5:00-6:30 p.m.
Location	Arts & Crafts Room
Member Fee	\$100 (4 weeks) or \$28 per class
Non-Member Fee	\$120 (4 weeks) or \$33 per class
Materials Fee	\$45

Jewelry Design

Create customized, stylish jewelry that's ready for you and your friends to wear! Choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades and will gladly help you unleash your creativity. Basic materials are included in the class fee.

Ages	6 years and up
Days	Tuesdays and Thursdays
Time	3:00-6:00 p.m.
Location	Second Floor Lobby
Session	Ongoing
Instructor	Judi Koslen
Member Fee	\$10 per class
Non-Member Fee	\$12 per class

BABY & TODDLER

Mommy and Me (Yupi!)

Created for parents/caregivers and their little ones, this bilingual program by Yupi! offers joyful and innovative experiences using non-conventional materials.

Ages	8-30 months
Days	Wednesdays and Fridays
Time	9:30-10:30 a.m.
Location	Game Room
Session 1	August 27-September 26
Session 2	October 1-31
Session 3	November 7-December 12 (no class Nov. 26 or 28)
Instructor	Agustina Lopez-Hill & Silvina Zuain
Member Fee	\$110 (1x/week) \$180 (2x/week)
Non-Member Fee	\$132 (1x/week) \$216 (2x/week)



Name
Luciana and Ema Dithurbide

Originally from
Argentina

How long have you lived on the Key?
1 month

Profession/School
Social worker/Key Biscayne
K-8 Center

Hobbies
Reading and going to the beach (Luciana)
Painting and cooking (Ema)

Favority activities at the Community Center
Summer camp, Judi's jewelry class

Youth & Teen Programs



Name

Skyler Lara

Originally from
Oregon

How long have you lived
on the Key?
1 year

School

Key Biscayne K-8 Center

Hobbies

Babysitting

Favorite activities at the
Community Center

Hip-Hop Kidz

MUSIC & PERFORMING ARTS

Kids Make Music

Give your child the gift of music! This program provides an opportunity for young children to experience, explore and create music in a relaxed and playful environment. Classes meet once a week for 45 minutes to sing, chant, move, dance and jam! Sessions are 6 weeks long and may not be pro-rated.

Ages	1 year and up
Days	Tuesdays
Time	9:30-10:15 a.m.
Location	Game Room
Session 1	August 19-September 23
Session 2	September 30-November 4
Session 3	November 11-December 16
Instructor	Angeles Padilla
Member Fee	\$120/session or \$25/class
Non-Member Fee	\$144/session or \$30/class

Choir for Kids

The Andante Choir is calling all boys and girls who love music and would like to sing in a group! This is your chance to explore fun ways of sight-singing, ear training and vocal techniques to become a confident singer. Song repertoires will include popular songs and two-part arrangements. Auditions are not required.

Ages	8-14 years
Days	Tuesdays
Time	6:00-7:00 p.m.
Location	Island Room
Session 1	September 9-October 7
Session 2	October 14-November 11
Session 3	November 18-December 16
Instructor	Florencia Badino
Member Fee	\$100
Non-Member Fee	\$120

Ultimate Guitar

This class is designed for young guitar players who are just discovering their love of the instrument or are already at an intermediate level. Taught using a highly effective curriculum, this class uses a multi-style approach focusing on correct technique and music reading. Children will have fun in a relaxed environment where they can play their favorite songs. Please bring your own guitar. Sessions are 6 weeks long.

Ages	8 years and up
Days	Wednesdays
Time	2:30-3:20 p.m. (Beginner)
Time	3:30-4:30 p.m. (Intermediate)
Time	6:00-7:00 p.m. (Beginner)
Location	Island Room
Session 1	August 20-September 24
Session 2	October 1-November 5
Session 3	November 12-December 17
Instructor	Angeles Padilla
Member Fee	\$120
Non-Member Fee	\$144



Youth & Teen Programs

Music Together NEW!

KB Strings is offering Music Together this fall! Music Together is an internationally recognized early childhood music program for infants, toddlers, preschoolers, kindergartners and the adults who love them. Music Together classes are based on the recognition that all children are musical. All children can learn to sing in tune, keep a beat and participate with confidence in the music of our culture, provided that their early environment supports such learning. Participants must register for the entire 10-week session. For more information, please visit www.KBStrings.MyMusicStaff.com or call Ashley at 305-331-7219.

Ages 0-6 years
Days Tuesdays
Time 2:15-3:00 p.m.
Location Dance Room

Session September 2-November 4
Instructor Music Together Instructor

Member Fee \$250
Non-Member Fee \$300



KB STRINGS ORCHESTRA

KB Strings offers a Suzuki Fusion String Ensemble Method with the best practices of classical string techniques. Group lessons and rehearsals are fun and exciting with this strings program! Choose from violin, viola, cello or bass. Previous experience and/or audition are required for placement in the Suzuki Strings Group Class and Advanced String Ensemble. Instrumental private lessons are available. Students must register for the entire session and may attend classes on both days. For more information, please visit www.KBStrings.MyMusicStaff.com or call Ashley at 305-331-7219.

Session Dates August 25-December 19

*Classes **will not** take place on the following dates:*

Monday, September 1
 Friday, September 26
 Friday, October 10
 Friday, October 17
 Wednesday-Friday, November 26-28

Suzuki Strings

Ages 6 years and up
Days Wednesdays (16 weeks)
Time 2:30-3:30 p.m.
Days Fridays (13 weeks)
Time 3:30-4:30 p.m.
Location Island Room
Instructor KB Strings Instructor
Member Fee \$480 (Wednesdays)
 \$390 (Fridays)
Non-Member Fee \$576 (Wednesdays)
 \$468 (Fridays)

Advanced String Ensemble

Ages By audition only
Days Mondays (16 weeks)
Time 7:00-8:00 p.m.
Location Island Room
Instructor KB Strings Instructor
Member Fee \$480
Non-Member Fee \$576

Youth & Teen Programs



OTHER PROGRAMS

Social Skills Group

A fun and interactive 6-week program to help your child develop proficiency in social situations and increase self-confidence with peer interactions. Group lessons encourage participants to practice leadership skills, increase assertiveness and creative expression. For more information, contact instructor Martha Alvarez of the Miami PsychCenter at 305-446-0333 or info@MiamiPsychCenter.com.

Ages	8-12 years
Days	Wednesdays
Time	4:45-5:45 p.m.
Location	Island Room
Session	September 10-October 15
Instructor	Martha Alvarez
Member Fee	\$250
Non-Member Fee	\$300



Homework Club

Catch up on class work or fine-tune your academic skills with this after school club.

Ages	Grades 1-8
Days	Mondays, Tuesdays and Thursdays
Time	3:30-4:30 p.m.
Days	Wednesdays
Time	2:30-3:30 p.m.
Location	Game Room
Member Fee	Free
Non-Member Fee	\$6 per day

Dodgeball Club

Have fun with this club for dodgeball fanatics.

Ages	Grades 3-8
Days	Wednesdays
Time	2:30 p.m.
Location	Gymnasium
Fee	Every child pays \$5 per month



ROBOTICS WORKSHOPS

Whether you are a beginner or advanced robot builder, these workshops will teach you how to be an engineer by learning basics in programming, playing with LEGOS,[®] building sturdy robots and giving you more practice time. Class fee includes the cost of materials. Don't miss this unique opportunity to learn from a robotics specialist!

Ages	7-11 years
Time	9:00 a.m.-12:00 noon
Days	Saturdays
Dates	August 23 September 20 October 18 November 15
Location	Arts & Crafts Room
Instructor	Maria Teresa Valle
Member Fee	\$60 each
Non-Member Fee	\$72 each

Youth Dance Programs

YOUTH DANCE COMPANY OF KEY BISCAIYNE

Let your daughter benefit from the confidence, grace, poise and discipline gained from the study of ballet, modern dance and jazz. This program is directed by Susana Catturini, a graduate of New World School of the Arts and the University of Florida. In **Ballet I**, young children will develop a strong foundation in dance and movement, while learning basic vocabulary and ballet technique at the barre, in the center and across the floor. In **Ballet II**, students will explore and develop a deeper understanding of the vocabulary, technique and theoretical concepts of ballet. Students who remain for **Jazz** will apply ballet techniques to several jazz styles with catchy rhythms and music. Older and more advanced students can take **Pointe & Modern Dance** to learn a variety of techniques including classical, contemporary and eclectic styles. This class is designed to improve dance techniques as well as to teach several dance combinations of both pointe and modern dance. Classes will conclude with a stage performance at the end of Session 2.

Session 1	August 18-October 11 (no class Sep. 1)
Session 2	October 13-December 6
Instructor	Susana Catturini and Company Instructors
Additional Fees	Registration and costume fees paid directly to Susana Catturini

Ballet I & II and Jazz

Days	Mondays and Wednesdays
Time	4:00-5:00 p.m. (Ballet ages 3-5 years)
Time	5:00-6:00 p.m. (Ballet ages 6-10 years)
Time	5:00-6:30 p.m. (Ballet & Jazz ages 6-10 years)
Location	Island Room
Member Fee	\$200 (Ballet only) \$260 (Ballet & Jazz)
Non-Member Fee	\$240 (Ballet only) \$312 (Ballet & Jazz)

Pointe & Modern Dance

Days	Saturdays
Ages	11 years and up
Time	5:00-6:30 p.m.
Location	Dance Studio
Member Fee	\$150
Non-Member Fee	\$180



Hip-Hop Kidz & Teenz

Learn the latest hip-hop choreography to the coolest music from shows like *So You Think You Can Dance* and *America's Best Dance Crew* in a fun, creative and easy-to-learn atmosphere. In this class, your child will learn and understand musical beats and perform to awesome choreography as if they were dancing in their very own music video. Students will attain a heightened sense of self esteem and body awareness, make new friends and learn to work as a team. Pro-rating is not allowed for this 6-week class.

Days	Mondays
Time	4:00-5:00 p.m. (ages 7-11 years)
Time	5:00-6:30 p.m. (ages 12-18 years)
Location	Island Room



Session 1	August 18-September 29 (no class Sep. 1)
Session 2	October 6-November 10
Session 3	November 17-December 15 (pro-rated)
Instructor	Ali Rae
Member Fee	\$90 (ages 7-11 years) \$135 (ages 12-18 years)
Non-Member Fee	\$108 (ages 7-11 years) \$162 (ages 12-18 years)



Broadway Musical Theatre Program



The Broadway Musical Theatre (BMT) Program, named “one of the best theatre programs in the country” by critic Richard Cameron, presents a theatre program that trains students in becoming triple threat performers: unparalleled actors, singers and dancers! Each class will consist of the technical aspects of ballet, jazz, tap and improvisation to learn the various styles and choreographies of Broadway’s most famous musicals. Students will also learn how to define a character, develop vocal techniques and master the various musical theatre techniques and styles. In the beginning levels, fundamental technique and style will be introduced in the three areas (dance, song and acting). In the more advanced levels, a range of styles, sophisticated technique and vocal performance will be the focus. Advanced and Company class students need permission from the instructor before they can register. For more information, go to www.BroadwayMusicalTheatre.com.

Session	August 25-December 20 (16 weeks: no class Nov. 24-29)
Location	Dance Studio
Member Fee	\$600
Non-Member Fee	\$720

Broadway Group 1

Ages	5-6 years
Days	Tuesdays and Thursdays
Time	4:30-5:30 p.m.

Broadway Group 2

Ages	5-6 years
Days	Mondays and Fridays
Time	2:30-3:30 p.m.

Broadway Group 3

Ages	7-8 years
Days	Mondays and Fridays
Time	3:30-4:30 p.m.

Broadway Group 4

Ages	9-12 years
Days	Mondays and Fridays
Time	4:30-5:30 p.m.

BROADWAY ADVANCED

Advanced classes are designed for students with strong skills in at least two of the following areas: singing, dancing or acting.

Session	August 25-December 20 (16 weeks; no class Nov. 24-29)
Member Fee	\$650
Non-Member Fee	\$780

Advanced Group I

Ages	7-9 years
Days	Tuesdays and Thursdays
Time	3:30-4:30 p.m.
Days	Wednesdays
Time	3:00-4:15 p.m.

Advanced Group II

Ages	10-13 years
Days	Wednesdays
Time	4:15-5:30 p.m.
Days	Saturdays
Time	12:30-3:00 p.m.

BROADWAY COMPANY

Company classes are designed for the “Triple Threat” students who have a strong foundation in all three areas: singing, dancing and acting. Advanced workshops will be held every Saturday and some Sundays for special guest teachers and rehearsals. Company classes are for serious students who will participate in a semi-professional production. Classes are taught by experienced instructors and are by invitation only.

Session	August 30-December 20 (16 weeks; no class Nov. 29-30)
Member Fee	\$450
Non-Member Fee	\$540
Ages	By audition only
Days	Saturdays
Time	12:30-4:30 p.m.
Days	Sundays - TBA

BMT ADULTS

This is an open call for adults to learn ballet and other aspects of musical theatre. At the end of the course, participants will take part in a full production (past shows include *Mamma Mia!* and *Chicago*) and join our famous Broadway family. Session is 12 weeks long.

Session	Sep. 10-Dec. 3 (no class Nov. 26)
Days	Wednesdays
Time	12:00-1:30 p.m.
Location	Dance Studio
Member Fee	\$300
Non-Member Fee	\$360

Youth Dance Programs

The Maria Verdeja School of the Arts proudly offers its ever-popular dance program at the Community Center. Dancers can choose from a wide variety of classes that teach various dance techniques.

Classical Ballet

Considered the foundation to all dance forms, Classical Ballet is the contrast between strong leg movements and the graceful upper body.

**Participants are required to take ballet twice per week.*

Lyrical Dance

This class is the fusion of ballet and jazz techniques. Dancers use motion to interpret music and express emotion.

Jazz

This exciting dance form is set to pop music where dancers show off energetic skills such as high kicks and large jumps.

Jazz Funk

Integrating jazz, soul and funk music with dynamic movements, this class uses the music's strong backbeat to accentuate the steps and style of this dance form.

Tap

A form of dance that uses quick and precise footwork to create rhythmic sounds and syncopation with the tap shoe.

Acro

This tumbling course develops balance, coordination, strength and elasticity by perfecting skills in dance stunts and flips.

Session 1

August 18-October 16
(no class Sep. 1)

Session 2

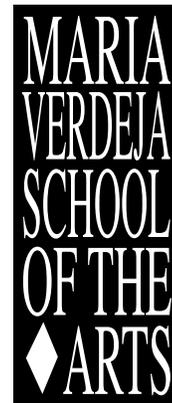
October 20-December 18
(no class Nov. 11, 13 or 27)

FEES Classes/Week	9-Week Session Fee	
	Member	Non-Member
1 class	\$162	\$194
2 classes	\$288	\$346
3 classes	\$378	\$454
4 classes	\$432	\$518
5 classes	\$495	\$594
6 classes	\$540	\$648

Additional Fees: Information about annual registration and costume fees is provided by instructors. These fees are paid directly to Maria Verdeja School of the Arts.

GROUP LEVELS

Grade	Group
Pre-K3	White
Pre-K4	Blue
Kindergarten	Fuchsia/Jazz 3-4/Tap 3-4/Acro 3-4
1st Grade	Yellow/Jazz 3-4/Tap 3-4/Acro 3-4
2nd Grade	Red/Jazz 5-6/Tap 5-6-7/Acro 5-6
3rd Grade	Lilac/Jazz 5-6/Tap 5-6-7/Lyrical 7-8/Acro 5-6
4th Grade	Aqua/Jazz 7/Tap 5-6-7/Lyrical 7-8/Acro 7-8
5th-6th Grade	Green/Jazz 8-9/Tap 8-9/Lyrical 7-8/Acro 7-8
5th-6th Grade	Plum/Jazz 8-9/Tap 8-9/Lyrical 9/Acro 9
Placed by Instructor	Chocolate/Pointe



Fall & Winter Break Camps



MARINE BIOLOGY CAMP

Gerard Loisel, an NSU adjunct professor, has taught marine biology to students of all ages for more than four decades and was the host of the PBS television series *Marine Aquarium World*. During camp kids will explore the intertidal zone at Bear Cut, learn about interesting marine animals, visit Bill Baggs State Park, learn to tag fish for scientific research and much more. Participants must register for entire session (pro-rating is not allowed).

Ages	8-14 years
Time	9:00 a.m.-4:00 p.m.
Session 1	Monday and Tuesday: Dec. 22 & 23
Session 2	Monday and Tuesday: Dec. 29 & 30
Instructor	Gerard Loisel
Member Fee	\$125 per session
Non-Member Fee	\$149 per session

SCIENCE MINI CAMPS

Learn science while having fun! This camp offers exciting, hands-on and interactive activities led by the professional staff of Nutty Scientists™ who use a unique, award-winning methodology. By combining fun with learning, each day of camp will incorporate an educational theme to keep children interested including Crazy Chemistry, Taking Care of the Earth, Electricity and Sparks, Famous Scientists, Water and many other great subjects. The camp fee includes all materials. Campers are required to bring their own lunch and snacks.

Ages	5-10 years
Days	TBA
Time	TBA
Location	Arts & Crafts Room
Session	December TBA
Instructor	Nutty Scientist™ Instructors
Member Fee	TBA
Non-Member Fee	TBA

RAT'S DAY OFF & WINTER DAY CAMPS

When Key Rats are off from school for teacher planning days, they can spend the day having fun in a safe environment. Each full-day program offers a variety of activities, which may include computer lab, movies, arts and crafts, games, sports, swimming, field trips and much more. Lunch is not included, so please don't forget to bring your own. Please register in advance to ensure proper staffing and child supervision.

Ages	K-8th Grade	Member Fee	\$30 per day
Dates	Thursday, September 25	Non-Member Fee	\$36 per day
	Friday, October 24		
	Tuesday, November 4	Late Care	3:00-6:00 p.m.
	Monday, December 22	Member Fee	\$15 per day
	Tuesday, December 23	Non-Member Fee	\$18 per day
	Monday, December 29		
	Tuesday, December 30		
Time	8:00 a.m.-3:00 p.m.		

SPORTS CAMPS

Calling all sports enthusiasts! Whether you're a sports pro or want to learn some new skills, you'll have a blast in Tony Goudie's sports camps. Tony offers a fun-filled camp experience where you'll make new friends and memories to last a lifetime. This is a non-competitive environment where you play your favorite games and learn a new sport.

Ages	6-14 years
Time	10:00 a.m.-2:00 p.m.
Location	Village Green or Gymnasium
Member Fee	\$30 per day
Non-Member Fee	\$36 per day

Football Camp

Dates	Monday, September 1
--------------	---------------------

Basketball Camp

Dates	Thursday, September 25
Dates	December 22, 23 24 & 26

All Sports Camp

Dates	Tuesday, November 11
Dates	December 29, 30, 31 & January 2



ATHLETICS

The Village of Key Biscayne and the Youth Athletics Advisory Board have developed policies, procedures, fees and registration deadlines for new and returning players. Please visit www.ActiveIslander.org or call the Athletics Department at 305-365-8900 for more information.

GIRLS VOLLEYBALL

Ages	Girls ages 9-14 as of September 1 Junior, Senior & Advanced Divisions (based on skill level)
Registration	August 6 -12 (Returning players only) August 13-19 (Open registration)
Evaluations	August 22, 27 & 29 (Mandatory player evaluations)
Season	September 3-November 15
Practices/Games	Monday, Wednesday & Friday evenings

CO-ED BASKETBALL

Ages	Boys and girls ages 5-14 as of November 1
Registration	September 18-November 3
Evaluations	TBA
Season	November 17-February 23 Monday, Wednesday & Friday evenings

FIELD HOCKEY

Ages	Boys and girls ages 5-18
Registration	August 25-31
Season	Begins September 1 Tuesdays & Thursdays

E-mail KBFieldHockey@gmail.com for more information.

RUGBY

Ages	Boys ages 5-16
-------------	----------------

Information available at www.RugbyRats.com or by e-mailing Info@RugbyRats.com.

ADULT SOFTBALL

Ages	Men and women over the age of 18
Registration	Begins October 8

SOCCER

The Key Biscayne Soccer Club offers PeeWee, Intramural and Travel programs in the Fall of 2014.



For more information, please visit: www.KeyBiscayneSoccerClub.com or email: webmaster@KeyBiscayneSoccerClub.com.

Key Biscayne Basketball Academy

Take part in this action-packed basketball program designed to strengthen a player's game and spirit. Boys and girls will learn good sportsmanship, develop strong playing skills and build lasting friendships.

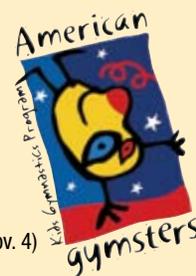
Ages	6-14 years	Sessions	4-week sessions begin August 18
Days	Mondays and Fridays	Member Fee	\$150 (Beg & Int) \$75 (Adv)
Times	Beginners 3:00-4:00 p.m. Intermediate 4:00-5:00 p.m. Advanced 5:00-5:30 p.m.	Non-Member Fee	\$180 (Beg & Int) \$90 (Adv)



GYMNASTICS

Join the American Gymsters coaches and staff for an outrageously good time! Boys and girls of all gymnastics skill levels will have a great time working on the vault, beam, bars, floor and trampoline... along with other fun activities! The year will end with special gymnast appreciation activities and a cartwheel-a-thon for charity.

Ages	4 years and up	Location	Gymnasium
Session 1	August 19-September 13 (no class Aug. 26)	Session 2	September 16-October 11
Session 3	October 14-November 8 (no class Nov. 4)	Session 4	November 11-December 20 (pro-rated; no class Nov. 25 or 29)
Days	Tuesdays	Days	Saturdays
Times	Kinder 3:30-4:25 p.m. Beginners 4:30-5:25 p.m. Intermediate 5:30-6:25 p.m. Advanced & Pre-Team 6:30-8:00 p.m.	Times	Kinder, Beginners & Intermediate 9:00-10:00 a.m. Advanced & Pre-Team 10:00-11:30 a.m.
Member Fee	\$100 (1x/week) \$180 (2x/week)	Non-Member Fee	\$120 (1x/week) \$216 (2x/week)
Additional Insurance Payment	\$70 per year (made payable to American Gymsters)		



Team Key Aquatics



Interested in joining TKA?

Please contact Coach Gaby at 786-200-6717 prior to registering.

Practice days and times are subject to change.



TKA **Swimfit** aims to take every athlete to their prime fitness level. Seamlessly mixing aquatic training with dry-land exercises, TKA coaches use a special method that balances swim stroke training and dry-land workouts simultaneously. Focusing on each and every muscle group, Swimfit is the most effective way to safely exercise and stay fit.

Swimfit is a conditioning program that mixes swim stroke training, swimming sprints, running sprints, push-ups, pull-ups, sit-ups, squats, lunges and other functional movements. The more muscles worked, the more calories burned. The group workouts are short, highly intense and constantly changing, making them fun yet challenging. Our goal as coaches is to make our athletes functionally fit.

4-Week Sessions	August 18-December 19
Member Fee	\$150 (1-3 times/week) \$200 (4 times/week) \$250 (5 times/week)
Non-Member Fee	\$180 (1-3 times/week) \$240 (4 times/week) \$300 (5 times/week)

3:05 Swimfit Crew

3:05 Swimfit Crew swimmers include “early dismissal” athletes who are introduced to swimming as a fun sport. Focusing on breathing bubbles and basic kicking and freestyle techniques, 3:05 Crew swimmers learn the first elements necessary for a strong swimming foundation. The love and passion for swimming are introduced at this level.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	3:05-3:35 p.m.

3:40 Swimfit Crew

3:40 Swimfit Crew swimmers, slightly older than the 3:05 Swimfit Crew, are also introduced to swimming as a fun sport. They are coached on basic stroke technique and are taught entry-level drills and exercises. Focusing on freestyle, swimmers learn the first stroke necessary for a strong swimming foundation. The love and passion for swimming are further reinforced at this level.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	3:40-4:10 p.m.

4:15 Swimfit Crew

4:15 Swimfit Crew swimmers emphasize proper stroke technique as well as speed work and interval training. This group begins to practice the breast stroke, further strengthening their foundation in the basics. Freestyle is worked on with more emphasis and technique. Aerobic conditioning drills are introduced in this group.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	4:15-4:45 p.m.

4:50 Swimfit Crew

4:50 Swimfit Crew swimmers increase their exercise load to 45 minutes per practice and begin to work on race strategy and advanced speed and interval training. This group begins to work on the butterfly stroke, getting even closer to the individual medley. Freestyle and breast stroke drills and techniques are emphasized in greater detail.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	4:50-5:35 p.m.

5:40 Swimfit Crew

5:40 Swimfit Crew swimmers increase their exercise load to 1 hour per practice and begin to work on race strategy and advanced speed and interval training. This group finishes the individual medley with the introduction of the backstroke. Training in all four strokes will prepare these swimmers for racing in the individual medley during their high school years.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	5:40-6:40 p.m.

Masters Crew

Swimmers in TKA's Masters pride themselves on swimming better and faster. High school athletes, triathletes and adult swimmers benefit from interval and speed based workouts as well as stroke technique training. TKA Swimfit coaches successfully supplement in-pool training with training outside of the pool.

Days	Mondays, Tuesdays, Wednesdays, Thursdays
Time	6:45-7:45 p.m.

Swim Kids Swimming School

*Parents & Me: Ages 4-24 months

Ideal for babies, this Parents & Me class is an opportunity for parents to spend quality time with their children.

The instructor will introduce basic swimming and water survival skills. Each class requires a minimum of 3 children. Please check with the front desk for class days and times.

Turtles: Ages 2-3 years

Toddlers will be introduced to the basics of swimming and later learn freestyle strokes such as arrows, circles, airplanes, as well as dolphin and frog kicks.

Jellyfish: Ages 4-6 years

Once basic swimming and survival skills are mastered, children will learn fun mini-strokes such as arrows, circles, airplanes, back float, front float, dolphin and frog kicks.

Dolphins: Ages 7-9 years

The emphasis at this level will be on timing and swimming strokes.

Sharks: Ages 10 years and up

Advanced strokes are introduced at this level and then developed and refined, preparing the child for competition and a lifetime of physical endurance and fitness.

*Adults: Ages 18 years and up

It's never too late to learn or refresh your swimming skills. Swim Kids offers private and group swimming lessons for adults as well. Please check with the Front Desk for class days and times.

Class Options and Fees

Private Lessons (1 Swimmer/1 Instructor/8 Lessons)

Class Duration:	30 minutes
Member Fee	\$400
Non-Member Fee	\$480

Semi-Private Lessons

(2 Swimmers/1 Instructor/8 Lessons)

Class Duration:	30 minutes
Member Fee	\$240
Non-Member Fee	\$288

Group Lessons

(3-10 Swimmers/1 Instructor/4 week session)

Class Duration:	30-40 minutes
------------------------	---------------

Once per week

Member Fee	\$80
Non-Member Fee	\$96

Twice per week

Member Fee	\$140
Non-Member Fee	\$168

Necessary Equipment

Bathing suit, bathing cap and goggles.

** Parents & Me and Adult classes begin when minimum registration numbers are met. Please call Swim Kids prior to registering to inquire about next start date and time.*

For questions or more information, please call Swim Kids at 305-262-SWIM (7946) or log on to www.swimkidschool.com.



GROUP LESSONS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles	10:00 a.m. Parents & Me
3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	10:30 a.m. Turtles
4:00 p.m. Dolphins	4:00 p.m. Dolphins	4:00 p.m. Dolphins	4:00 p.m. Dolphins	4:00 p.m. Dolphins	11:00 a.m. Jellyfish
4:40 p.m. Sharks	4:40 p.m. Sharks	4:40 p.m. Sharks	4:40 p.m. Sharks	4:40 p.m. Sharks	11:30 a.m. Dolphins/Sharks
5:20 p.m. Turtles/Jellyfish	5:20 p.m. Turtles/Jellyfish	5:20 p.m. Turtles/Jellyfish	5:20 p.m. Turtles/Jellyfish		
	5:50 p.m. Dolphins		5:50 p.m. Dolphins		



EMPOWERING YOGA BY VERO YOGA & CO.

Empower yourself, get strong and get in shape, while bringing freedom to your mind with this empowering yoga program. Three different classes are available. All levels are welcome. For more information, please visit www.VeroYoga.com.

- Member Fee** \$18 per class or \$130 per 10-class punch pass
- Non-Member Fee** \$21 per class or \$160 per 10-class punch pass

Easy Flow

A gentle, restorative and invigorating yoga practice. This sequence aims to retain the vitality of the body by oxygenating and rejuvenating every cell of your system. It also helps promote total physical and mental well-being. Pre-natal yoga practitioners are welcome.

Flow

A new level of “Vero Yoga” practice, this sequence allows participants to flow with grace while synchronizing the breath with a progressive series of postures that produce internal heat, toning all muscles and organs, as well as calming the mind. *(Note: This class is more dynamic than the Easy Flow class and less intense than the Multi-Level class.)*

Multi-Level I and II

An intense and stimulating style of yoga, this class uses the Vinyasa-style (breathing intensive) of yoga. It's physically demanding practice due to the constant movement from one pose to the next. The result is often improved circulation, a light and strong body and a calm mind.

VERO YOGA & CO. SCHEDULE: August 18-December 21

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level II Veronica	8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level II Veronica	8:30 a.m. Easy Flow Veronica	9:30 a.m. NEW! Multi-Level II Veronica
			5:30 p.m. Kids Yoga Cecilia		
			7:00 p.m. Teen Yoga Cecilia		

Adult classes are 90 minutes and held in the Island Room.

MEDITATION & BREATHING WORKSHOP

Learn to release physical tension and mental anxiety. Participants will improve concentration and enjoy better health through ancient meditation and breathing techniques.

- Dates** Mondays: September 8, October 6, November 3 & December 1
- Time** 7:00-8:00 p.m.
- Location** Arts & Crafts Room
- Instructor** Veronica Vidal
- Member Fee** \$17
- Non-Member Fee** \$20

VERO YOGA FOR KIDS & TEENS

In this class, boys and girls will develop strong, limber and healthy bodies while cultivating self esteem, increasing focus and concentration—all in a playful environment. Students will learn how to cope with life stressors and how to effectively relax and sleep better.

- Days** Thursdays
- Time** 5:30-6:30 p.m. (ages 6-11)
- Time** 7:00-8:00 p.m. (ages 12-17)
- Location** Island Room
- Instructor** Cecilia Rubio
- Session** September 4-December 11 (no class Sep. 25, Nov. 13 or 27)
- Member Fee** \$100 for 10 classes or \$12 per class
- Non-Member Fee** \$120 for 10 classes or \$14 per class



Group Exercise & Yoga Classes

YOGA CLASSES

Considered both physical and mental therapy, practicing yoga has numerous benefits including improving flexibility, strength and muscle tone as well as managing stress and preventing disease. As a Community Center member, why not sign up for one of our cost-effective yoga classes and start reaping the health benefits today? No previous experience is required.

Ages	16 years and up
Member Fee	\$9 per class
Non-Member Fee	\$15 per class

Yoga with Arbey

You'll break a sweat in this fun and challenging class that will help you build strength and flexibility of both body and mind. Each class is designed with a combination of asanas from various styles of yoga.

Days	Mondays, Wednesdays and Fridays
Time	10:00-11:30 a.m.
Instructor	Arbey Quiceno

Yoga Core & Stretch

This class uses gentle yoga techniques and stretching to develop the abdominal core and improve flexibility. No previous experience required.

Days	Tuesdays
Time	9:30-11:00 a.m.
Instructor	Kerstin Eskeli

Power Yoga & Stretch

This class is designed to safely build a strong abdominal core through yoga techniques and stretching. Ideal for athletes and those interested in a mentally and physically challenging class. Participants will leave feeling energized and inspired.

Days	Mondays and Wednesdays
Time	7:00-8:30 p.m.
Days	Saturdays
Time	9:30-11:00 a.m.
Instructor	Kerstin Eskeli

GROUP EXERCISE CLASSES

The Community Center offers a variety of fun and affordable group exercise classes. The following rules and regulations are enforced to ensure the safety and well-being of our members.

- You must be at least 15 years of age to participate in a group exercise class.
- No person under the age of 15 may be in the room while a group exercise class is taking place.
- Bring your valid punch pass along with your ID to class.
- Always provide your name to the attendant when you attend a class.
- Classes may fill up quickly (especially spinning classes) so make sure to arrive early to secure your spot.
- Do not enter a class in progress unless the instructor has indicated you can do so.
- Please wear appropriate clothing and footwear. Open-toed shoes (including flip-flops) are not permitted.
- Yoga mats will be available for use. If you practice yoga regularly, you may want to consider purchasing a mat.
- Always bring a sweat towel and water bottle to class.

Class Descriptions

Body Sculpting—Body bars, hand weights and balls are used in this 55-minute class to tone all the major muscles in your body and increase muscle endurance.

Spinning—The ultimate indoor cycling experience. You control the resistance and cadence to make the class as challenging as you need it to be!

Latin—Work out Latin style with fun dance moves. An excellent class for all fitness levels and dance skill levels.

Step—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing the step. This class is moderate-to-high intensity with some abdominal work.

Zumba—High energy and motivating music with unique moves and combinations makes this a fun and easy workout!

Group Exercise Schedule

The most current and up-to-date Group Exercise Schedule can always be found at the Community Center Front Desk or by visiting www.Activelslander.org.

Group Exercise Pass Prices

Single	
Members	\$9
Non-Members	\$15
5 Pack	
Members	\$35
Non-Members	N/A
10 Pack	
Members	\$60
Non-Members	N/A
20 Pack	
Members	\$100
Non-Members	N/A

Packages are not valid for yoga classes or non-members. Passes are non-transferable and non-refundable.



Fitness Programs and Classes



Swimming Endurance

Designed to improve overall fitness and strength, this fun approach to swim training is ideal for anyone interested in maintaining or improving their physical condition and swimming skills. Participants may or may not be preparing for a race. For more information, contact Coach Lilly at info@tri4kidz.com or 305-766-6861.

Days	Monday-Thursday
Time	8:45-10:00 a.m.
Location	Pool
Sessions	4-week sessions begin August 19
Instructor	Liliana Montes
Member Fee	\$120 (4 weeks)
Non-Member Fee	\$144 (4 weeks)



Triathlon for Adults

Triathlete Sports presents a multi-sport program dedicated to physical health and improved athletic performance. Experienced coaches offer a group training system for athletes preparing for competitive races or those who want to maintain a competitive edge. Participants will receive weekly training sessions in swimming, biking and running. This program is led by Edwin Vargas, former professional triathlete. He trained for 16 years in the Olympic cycle, qualified for IronMan Kona, Team USA 2014 World Championship. With a total of 33 years in competitive sport, Edwin has coached amateur and professional athletes for 15 years. For more information, contact Coach Edwin at 786-873-1563 or CoachEdwinVargas@gmail.com.

Ages	20 years and up
Days	Tuesdays and Thursdays (swim)
Time	6:30-7:45 a.m. or 7:45-8:45 p.m.
Days	Wednesdays (run/bike)
Time	6:45-8:00 p.m.
Days	Saturdays (run/bike)
Time	TBA
Location	Varies
Sessions	4-week sessions begin September 2
Instructor	Triathlete Sports Instructor
Member Fee	\$170 (4 weeks)
Non-Member Fee	\$204 (4 weeks)



HEALTHY AGING FOR OLDER ADULTS

The Key Biscayne Community Center provides programs that promote health and help prevent disease in older adults. We partner with the Active Seniors on the Key (ASK) Club, an initiative of the Key Biscayne Community Foundation, to create physical and social opportunities that improve the quality of life for older adults in our community.

Programs are taught by qualified fitness instructors who specialize in older adults. All Key Biscayne seniors are welcome to participate in these programs (some programs do have minimum age requirements). Advanced registration at the Front Desk is required to participate in all programs. For additional information, please contact Roxy Lohuis-Tejeda, Adult & Senior Programs Coordinator, at 305-365-8953.

FITNESS CENTER ORIENTATION FOR SENIORS

NEW!

Beginning in September 2014, senior fitness specialist and personal trainer Marilyn Myles will provide those with a Seniors' Membership at the Community Center with an orientation of the Fitness Center equipment and exercises appropriate for older adults. Please inquire at the Front Desk for the monthly schedule.



Senior Fitness Programs and Classes

Improving Balance Through Tai-Chi

FREE!

Tai Chi is a centuries-old Chinese practice that exercises the mind and body through a series of gentle, flowing postures creating a kind of synchronized dance. All levels are welcome. Advanced registration at the Front Desk is required.

Days	Wednesdays (Island Room) and Sundays (Village Green)
Time	8:30 a.m.
Session	Ongoing
Instructor	Marius Robinson
Fee	Free

Balance Chair Exercise Group

FREE!

Older adults are invited to this fun and interactive group that meets to exercise their minds, bodies and spirits. Enjoy a free cup of coffee and stimulating social interaction. Advanced registration at the Front Desk is required.

Days	Mondays, Thursdays and Saturdays
Time	10:15-11:15 a.m.
Location	Adult Lounge
Session	Ongoing
Instructor	Pat Stroud
Fee	Free

Enhance Fitness

Are you ready to get energized? Enhance Fitness is a low-cost, evidenced-based exercise program that helps older adults (age 60 and over) at all fitness levels become more active. Tested at over 80 sites nationwide, Enhance Fitness focuses on stretching, flexibility, balance, low impact aerobics and strength training exercises.

Days	Mondays, Wednesdays and Fridays
Time	9:30-10:30 a.m. (Level I)
Time	2:00-3:00 p.m. (Level II)
Time	5:30-6:30 p.m. (Level II)
Location	Community Room (1st floor, Village Hall)
Session	September 1-December 19
Instructor	Marilyn Myles
Fee	\$140 (16 weeks)

AFFORDABLE SENIOR FITNESS CLASSES

The following 3 courses require pre-registration and full session payment. Sessions are 4 weeks long and classes meet twice per week.

Ages	55 years and up	Member Fee	\$40 (4 weeks)
Session 1	September 2-25	Non-Member Fee	\$56 (4 weeks)
Session 2	September 30-October 23		
Session 3	October 28-November 20		
Session 4	November 25-December 18 (no class Nov. 27)		

Yoga for 55 & Older

Yoga has been shown to help alleviate or reduce many health challenges. Armed with medical knowledge and the ability to modify poses to accommodate specific health issues, an experienced instructor helps students augment their energy and vitality, enhance range of movement, increase stability and improve respiratory systems. Class is limited to 12 students.

Days	Tuesdays and Thursdays
Time	8:15-9:15 a.m.
Location	Adult Lounge
Instructor	Kerstin Eskeli



Splash! Water Workout

Splash your way into fitness with this fun and exciting water workout designed to be easier on your joints. Get fit in the pool while increasing your overall endurance and strength. This exercise class is guided by a senior fitness specialist and personal trainer.

Days	Tuesdays and Thursdays
Time	10:00-11:00 a.m.
Location	Pool
Instructor	Marilyn Myles



Boomer Boot Camp

Fitness after 55 just became more fun! Workout with balls, bells, bands and balance training aids in an "old school" format with "new age" results! This exercise class is guided by a senior fitness specialist and personal trainer.

Days	Tuesdays and Thursdays
Time	11:15 a.m.-12:15 p.m.
Location	Dance Studio
Instructor	Marilyn Myles



Adult and Senior Programs



ARTS & CRAFTS

Chinese Brush Painting

Learn Chinese brush painting from an instructor who has studied with internationally known artists Chow Chian Chiu and wife Chow Leung Chen-Ying. No previous experience is required. A materials list is available at the Front Desk.

Days	Mondays
Time	10:15 a.m.-12:15 p.m.
Location	Arts & Crafts Room
Session 1	August 18-September 22
Session 2	September 29-November 3
Session 3	November 10-December 15
Instructor	Joyce Olivera
Member Fee	\$70
Non-Member Fee	\$80

Judi's Jewelry Class

Create customized, stylish jewelry ready for you and your friends to wear! Choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades and will gladly help you unleash your creativity. Basic materials are included in the class fee.

Days	Tuesdays and Thursdays
Time	10:00 a.m.-1:00 p.m.
Location	Second Floor Lobby
Session	Ongoing
Instructor	Judi Koslen
Fee	\$10 per clas



Open Art Studio

Dripping Dot presents an Open Art Studio program where students will have the opportunity to create their own pieces through the discovery of their personal artistic language. Students will be guided through the creative process while learning technique and skill in media like acrylic and oil paint, ink, charcoal, etc. The instructor is an experienced visual artist who combines hands-on experimentation with an art history reference approach. Sessions are 4 weeks long and there is a limit of 12 students per class. A materials list is available at the Front Desk.

Days	Tuesdays
Time	10:00 a.m.-1:00 p.m.
Location	Arts & Crafts Room
Session 1	August 26-September 16
Session 2	September 23-October 14
Session 3	October 21-November 18 (no class November 11)
Session 4	November 25-December 16
Instructor	Laura Villarreal
Member Fee	\$180
Non-Member Fee	\$216

Adult and Senior Programs

Pottery for Adults

Work at your own pace or have an experienced instructor assist you with your project. Work on the wheel, learn how to make your own glazes, and improve your technique. Potters of all experience levels are welcomed. Materials are not included in the class fee.

Days	Wednesdays
Time	10:30 a.m.-12:30 p.m.
Location	Arts & Crafts Room
Session 1	September 3-24
Session 2	October 1-22
Session 3	October 29-November 19
Session 4	December 3-17 (pro-rated session)
Instructor	Laura Marmol
Member Fee	\$100/session or \$30/class
Non-Member Fee	\$120/session or \$36/class
Materials Fee	\$40

FREE!

Sculpting with Rosa Barck

Don't miss this exciting workshop with renowned sculptor Rosita Barck, known for her sculptures depicting some of the most famous faces in the world. Through step-by-step instruction, you will learn the traditional skills needed to make compelling sculptures. Class is free but there is a materials fee.

Days	Fridays
Time	12:30-2:30 p.m.
Location	Arts & Crafts Room
Sessions	Ongoing beginning August 22
Instructor	Rosa Barck
Fee	Free
Materials Fee	TBA



ART CLASS FOR SENIORS **NEW!**

Learn new techniques in painting, have fun, meet friends and join other Key Biscayne artists in this inspiring and relaxing class sponsored by the Active Seniors on the Key (ASK) Club. Artists will explore different themes in painting and mixed media, while also learning about art history and Master artists. The course includes paints, paper and canvas boards. This class is open to all levels from beginners to advanced. Class fee includes all materials, light snacks and refreshments. There is a limit of 15 students per class so please register and pay in advance at the Front Desk to secure your spot.

Days	Thursdays
Time	10:00 a.m.-1:00 p.m. (class will end at 12:00 noon on 9/11, 9/18, 10/9 & 10/16 for luncheons)
Location	Arts & Crafts Room
Session 1	August 21-September 18
Session 2	September 25-October 23
Session 3	October 30-December 4
Instructor	Cristina Figueredo Zizold
Member Fee	\$50
Non-Member Fee	\$60

Adult and Senior Programs



COMPUTER CLASSES

Learn everything you need to know about your home computer from an experienced and patient instructor. Additional sessions may be offered if demand exists. Please inquire at the Front Desk. Students must register and pay for entire 4-week course.

Days	Wednesdays
Location	Computer Lab
Instructor	Leo Quintana
Member Fee	\$20 (4 weeks)
Non-Member Fee	\$24 (4 weeks)

Basic Computer Applications

Explore the different features, learn how to perform basic troubleshooting, familiarize yourself with e-mail and the Internet.

Time	10:00-11:00 a.m.
Session	October 1-22

Intermediate Computer Applications

Gain a working knowledge of Microsoft Office programs (MS Word, Excel, Publisher), e-mail and the Internet, acquaint yourself with social media and become familiar with cloud computing.

Time	11:00 a.m.-12:00 noon
Session 1	October 1-22
Session 2	October 29-November 19

iPhone/Tablet Class **NEW!**

In this class you will learn everything you need to know about your iPhone and tablet. Explore all the different features, text messaging, basic troubleshooting and learn to use FaceTime.

Time	10:00-11:00 a.m.
Session	October 29-November 19

BRIDGE CLASSES

Bridge Lessons

From learning the basics to brushing up on your knowledge of the game. These classes have it all! Call Judy Reinach for details at 305-361-9562.

Days	Tuesdays
Location	Adult Lounge
Instructor	Judy Reinach
Session	November 4-December 9
Member Fee	\$80
Non-Member Fee	\$96

Intermediate/Supervised Play

Time	5:00-6:00 p.m.
-------------	----------------

Bridge for Beginners

Time	6:00-7:00 p.m.
-------------	----------------

Duplicate Bridge Game

Enjoy an afternoon of Duplicate Bridge every Wednesday. Call Judy Reinach for details at 305-361-9562.

Days	Wednesdays
Time	12:30 p.m.
Location	Adult Lounge
Sessions	Ongoing beginning August 20
Instructor	Judy Reinach



Adult and Senior Programs

PERFORMING ARTS

Ballroom Dance

Would you like to learn how to dance salsa, merengue, cha cha, fox trot, swing, rumba and more? Let someone who dances for a living and participates in world-class competitions show you the right moves. You'll never stay in your chair with this opportunity to enjoy the fun and natural art of dancing. Whether you have a partner or not, you are welcome to join us.

Days	Mondays
Time	8:00-9:00 p.m.
Location	Dance Studio
Sessions	Ongoing beginning August 18
Instructor	Eugenia Spotar
Member Fee	\$12
Non-Member Fee	\$15

Tango

Learn the foundations of tango (including opening, walking, frame and basic step) from an internationally renowned dance instructor. In addition to the steps, students will be introduced to the world of tango and learn the customs and atmosphere of milongas (dances). As the classes progress, more advanced steps will be introduced. Each monthly session will conclude with a mini-milonga to allow students to show off what they've learned and practice the Argentine milonga traditions.

Days	Wednesdays
Time	8:00-9:00 p.m.
Location	Dance Studio
Session 1	September 3-24
Session 2	October 1-22
Session 3	October 29-November 19
Session 4	November 26-December 17
Instructor	Claudio Ponce
Member Fee	\$60
Non-Member Fee	\$72

Ladies' Andante Vocal Group

This is an ideal group for any lady wishing to take her first steps towards a unique vocal experience. The choir includes vocal technique and works with simple 2- and 3-voice musical arrangements with a varied repertoire such as classical, rock and popular music in different languages, including Latin American folk music. Whenever ready, opportunities abound for performances. Check out our latest live performances at www.andantevg.blogspot.com. No auditions are required. Just be ready to have fun by making music together! For more information, please call Angeles Padilla at 305-342-4162 or Florencia Badino at 786-395-0485.

Days	Wednesdays
Time	12:00-1:30 p.m.
Location	Island Room

Session 1	September 3-October 22
Session 2	October 29-December 17
Instructor	Florencia Badino & Angeles Padilla

Member Fee	\$160
Non-Member Fee	\$192



Adult and Senior Programs



Non-Refundable Trip (NRT)

These trips require the advanced purchase of tickets. Full payment is due at time of registration and cannot be credited or refunded unless a replacement from the waiting list is available. Tickets are transferable.

Evening Trips Drop-Off Service

For trips that take place in the evening, transportation directly to your home at the end of the night is available at no extra charge. Please call 305-365-8953 to make arrangements.

TRIPS & TOURS

The Community Center Adult and Senior Services Division offers affordable excursions to exciting destinations and events throughout South Florida. In order to properly plan for these outings, full payment must be received by the registration deadline. A full refund will be provided only if the trip is cancelled. Please contact Roxy Lohuis-Tejeda for more information at 305-365-8953.

Evening at the Mai Kai

Escape to one of the most unique dining and entertainment places in South Florida. Join us for an evening of great Polynesian food and fantastic entertainment at the Mai Kai. Price includes appetizer, entrée, dessert and show.

Registration Deadline: Friday, August 1

Date	Wednesday, August 6
Time	5:00 p.m.
Fee	\$55

Festival Flea Market on Sample

Join us as we head out to this one-of-a-kind, multi-merchant marketplace filled with a diverse selection of merchandise ranging from the ordinary to the extraordinary... and all in air-conditioned comfort.

Registration Deadline: Friday, August 15

Date	Friday, August 22
Time	9:30 a.m.
Fee	\$5

IMAX Movie & Afternoon Tea at Oscar's Tea Room

Enjoy a magnificent movie on the largest screen in South Florida followed by afternoon tea at Oscar's Tea Room, the only tea room in South Florida where you can indulge in an authentic English tea time, with Victorian linens and fine China imported from England. The menu includes unlimited tea (coffee, wine or soft drinks are available for non-tea drinkers), sandwiches, scones, cakes and much more.

Registration Deadline: Friday, August 22

Date	Friday, August 29
Time	3:45 p.m.
Fee	TBA

Evening Stroll at Morikami Museum & Japanese Gardens

Morikami welcomes guests on select Friday evenings throughout the summer to experience and explore its Japanese gardens, sip craft sake selections (not found anywhere else in South Florida), indulge in Pan-Asian cuisine from Morikami's Cornell Café and enjoy roaring drum performances by Fushu Daiko. A not-to-be-missed experience! Admission price does not include food.

Registration Deadline: Friday September 5

Date	Friday, September 12
Time	3:45 p.m.
Fee	\$12



Photo courtesy of Morikami Museum and Japanese Gardens

Adult and Senior Programs

The Miami Generation: Revisited at the Museum of Modern Art in Fort Lauderdale

The groundbreaking exhibition *The Miami Generation* was presented in 1983, representing a pivotal moment in South Florida's cultural history. It brought together for the first time nine emerging artists from Miami's Cuban exile community who were part of a first generation that received its artistic education in the United States. Now, more than 30 years later, Nova Southeastern University's Museum of Art Fort Lauderdale picks up where this exhibition left off, with *The Miami Generation: Revisited*, a new exhibition featuring works created since 1983 by the original nine artists: Mario Bencomo, María Brito, Humberto Calzada, Pablo Cano, Emilio Falero, Fernando García, Juan González, Carlos Maciá and César Trasobares. Lunch will follow the visit to the museum.

Registration Deadline: Friday, September 12

Date	Friday, September 19
Time	10:00 a.m.
Fee	\$12

I Love Lucy® Live on Stage at the Adrienne Arsht Center

I Love Lucy® Live on Stage is the brand-new hit stage show adapted from the most beloved program in television history! This absolutely brilliant and utterly engaging tribute to that iconic television show is guaranteed to be the most entertaining stage production you've seen in years – including Broadway!

Registration Deadline: Friday, September 19

Date	Wednesday, October 1
Time	6:45 p.m.
Fee	TBA

Miami City Ballet's Romeo and Juliet at the Adrienne Arsht Center

Widely regarded as the finest choreographic interpretation of the classic play, John Cranko's masterpiece *Romeo and Juliet* deftly recreates Shakespeare's timeless drama with passion and tragedy, lavish sets, romantic costumes and Prokofiev's thrilling score.

Registration Deadline: Friday, October 10

Date	Friday, October 17
Time	6:45 p.m.
Fee	TBA



Name

Marilyn and Irving Kreisberg

Originally from

New York and New Jersey

How long have you lived on the Key?

37 years (married 67 years)

Profession

Retired dancer and entrepreneur

Hobbies

Reading and walking (Marilyn)
Watching CNN (Irving)

Favorite activities at the Community Center

Trips and tours, Balance Chair Exercise Group, Enhanced Fitness, Movie Lovers' Cinema



Photo by Patrick Farrell

Adult and Senior Programs



Name

Jett Mavris

Originally from

Denmark

How long have you lived on the Key?

15 years

Profession

Retired

Hobbies

Painting, sewing, knitting, and reading

Favorite activities at the Community Center

Movie Lover's Cinema, luncheons and bingo

Day at the Seminole Hard Rock Hotel and Casino

The Seminole Hard Rock Hotel and Casino is one of South Florida's hottest retail, restaurant and live entertainment districts. Enjoy more than 20 restaurants and over 25 specialty retail shops.

Registration Deadline: Friday, October 10

Date	Friday, October 24
Time	10:00 a.m.
Fee	\$5

Ballet Nacional de España at the Adrienne Arsht Center

Following its sold-out, critically acclaimed Arsht Center debut three years ago, *Ballet Nacional de España* makes a triumphant return to Miami with its newest brilliantly staged full-length production, *Sorolla*, a breathtaking dance kaleidoscope illustrating the many provinces of Spain, each region brought stunningly to life by its local dance traditions, music and costumes.

Registration Deadline: Friday, October 31

Date	Thursday, November 6
Time	6:45 p.m.
Fee	TBA

Day at Perez Art Museum Miami

Spend the day at the Perez Art Museum Miami (PAMM), Miami's newest state-of-the-art cultural facility. Tour its many galleries and exhibitions, explore Museum Park, a waterfront oasis on the banks of Biscayne Bay and savor Verde's creative, locally-inspired cuisine featuring dishes prepared with the freshest, seasonal ingredients.

Registration Deadline: Friday, November 7

Date	Friday, November 14
Time	9:45 a.m.
Fee	TBA

Sawgrass Mills Trip

Join us as we head out to Sawgrass Mills, one of Florida's largest retail and entertainment centers. Sawgrass Mills features more than 300 name-brand stores and outlets, full-service restaurants, cinemas and high-quality venues.

Registration Deadline: Friday, November 14

Date	Friday, November 21
Time	9:30 a.m.
Fee	\$5

Dolphin Mall

We are headed to one of the largest, most exciting shopping and entertainment destinations in Miami, Dolphin Mall. Have lunch, take in a movie or visit some of their over 240 retail outlets and name-brand discounters.

Registration Deadline: Friday, November 26

Date	Wednesday, December 3
Time	9:45 a.m.
Fee	\$5

George Balanchine's *The Nutcracker* at the Adrienne Arsht Center

Witness the number-one holiday spectacular as performed by one of America's most beloved dance companies, the Miami City Ballet. Join Marie and her Nutcracker prince in a lavish performance featuring magnificent scenery, elaborate costumes and the magical music of Tchaikovsky.

Registration Deadline: Friday, December 5

Date	Friday, December 19
Time	12:45 p.m.
Fee	TBA



50+ Corner – Adult and Senior Programs

ONGOING PROGRAMS

Health Seminars

Having the knowledge and understanding of one's own health is vitally important. These seminars will focus on health-related topics to educate and empower those in attendance. Following the seminar, healthy refreshments will be served in order to give residents time to reflect and discuss the topic.

Dates	Thursdays: September 4, October 2, November 6
Location	Adult Lounge
Time	11:30 a.m.
Fee	Free

Caring for the Caregiver Support Group

Are you caring for an ill relative or friend? This group will provide a supportive and confidential environment for caregivers in our community to build relationships, share information and resources and learn to cope with the challenges of being a caregiver.

Dates	Fridays: August 29, September 26, October 31, November 21 & December 19
Location	Adult Lounge
Time	11:00 a.m.
Facilitator	Dora Posada, LCSW
Fee	Free

A.S.K. Book Club

Attention all book lovers! Join your friends and neighbors for a literary afternoon at the Active Seniors on the Key (A.S.K.) Book Club featuring good books, good discussions and good people. Please bring your own lunch. Coffee will be served.

Dates	Mondays: August 4, September 8, October 6, November 3, December 1
Location	Second Floor Lobby
Time	12:30 p.m.
Facilitator	Katherine Vale
Fee	Free

Men's Support Group

An ongoing, safe, and confidential group for men to discuss challenges and gain feedback and support from each other. Topics of discussion will include: building a new circle of friends; personal growth; stress and anxiety management; self esteem; and relationships with family, friends, and significant others.

Dates	Wednesdays: August 6 & 20, September 3 & 17, October 1, 15 & 29, November 12, December 10
Location	Adult Lounge
Time	7:00 p.m.
Facilitator	Arthur Ackerman
Fee	Free



FLORIDA LICENSING ON WHEELS BY APPOINTMENT ONLY!

A team of driver's license representatives will be on hand to renew or issue replacements or duplicates of your driver's license and vehicle registration, issue new or replacement identification cards, complete out-of-state driver's license transfers and provide handicap decals. Call 305-365-8953 for appointments and information on needed documentation. *Note: Renewals can be completed up to 18 months in advance of the expiration date.*

Days	Tuesdays
Dates	September 9; October 7; November 4; December 9
Time	By Appointment Only
Location	Adult Lounge

Adult and Senior Programs – 50+ Corner



Name

Audrey and Donald Murray

Originally from

London and Syracuse, NY

How long have you lived on the Key?

43 years (married 54 years)

Profession

Former flight attendant and property manager

Hobbies

Walking and shopping together (Audrey)
Playing poker (Donald)

Favorite activities at the Community Center

Exercise classes, Movie Lovers' Cinema

Key Biscayne Domino Club

Join your friends and neighbors for a friendly game of dominos... *y una tacita de café.*

Days Mondays & Fridays

Time 2:00-6:00 p.m.

Days Wednesdays

Time 3:30-6:00 p.m.

Location Adult Lounge

Fee Free

Mahjong, Card Games and More

Interested in learning and/or playing Mahjong? Or perhaps engaging in a friendly game of Rummikub? Groups are forming on an ongoing basis. Call Roxy Lohuis-Tejeda at 305-365-8953 for additional information. Complimentary refreshments are provided.

Days Tuesdays

Time 1:00-4:00 p.m.

Location Adult Lounge

Fee Free

Q&A with Social Security

A bilingual representative from the Social Security Administration will be available to assist you with all of your Social Security and Medicare issues on the last Wednesday of the month (excluding holidays). No appointment is necessary.

Dates Wednesdays: Sep. 24, Oct. 29, Nov. 19, Dec. 17

Time 9:30 a.m.-12:00 noon

Location Second Floor

Fee Free

Movie Lovers' Cinema

Join us for a free viewing of recently released films every Thursday of the month. The films to be shown have been selected by local residents for the viewing pleasure of all Islanders. To submit movie suggestions for upcoming months, please contact 305-365-8953.

Thursday Matinees at 1:30 p.m.

Dates August 7, 14, 21, 28
September 4, 11, 18, 25
October 2, 9, 16, 23, 30
November 6, 13, 20
December 4, 11, 18

Location Adult Lounge

Fee Free

SENIOR TRANSPORTATION PROGRAM

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full- or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.



50+ Corner – Adult and Senior Programs

SPECIAL EVENTS

AARP Driver Safety Program

Take the 6-hour classroom refresher course especially designed for drivers age 55 and over and qualify for auto insurance discounts.

Date	Monday October 27
Time	9:00 a.m.-3:00 p.m.
Location	Island Room
Fee	\$15 for AARP Members \$20 for AARP Non-Members

Halloween Ice Cream Social & Movie Matinee

This is an invitation for the young at heart to join us for our Halloween Ice Cream Social and Movie Matinee. Wear your best costume or come just as you are. Enjoy a variety of flavors with all your favorite toppings following a not-so-scary movie.

Date	Thursday, October 30
Time	3:30 p.m.
Location	Adult Lounge

A.S.K. Club Lunch

The Active Seniors on the Key (A.S.K.) Club invites all Islanders to a monthly luncheon featuring guest speakers and fun activities with your friends and neighbors. This event is generously sponsored by the Key Biscayne Community Foundation and the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Days	Thursdays
Dates	September 11 & October 9
Location	Island Room
Time	12:00 noon
Fee	\$5



Lunch with an Author

Join us for lunch with a different author as they discuss their latest works and sign copies of their books. This event is generously sponsored by the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Day	Thursdays
Dates	August 21, September 18 & October 16
Location	Island Room
Time	12:00 noon
Fee	Free

Annual Holiday Luncheons

Key Biscayne residents are invited to celebrate the spirit of the season at their Community Center. Luncheons include delicious food, holiday entertainment and much more. All proceeds benefit schools in Key Biscayne. These events are generously sponsored by the Key Biscayne Community Foundation and the Village of Key Biscayne. Advance registration at the Front Desk is required to secure your spot.



Giving Thanks Thanksgiving Luncheon

Date	Thursday, November 20
Time	12:00 noon
Location	Island Room
Fee	\$5 (suggested donation)

Season's Greetings Holiday Luncheon

Date	Thursday, December 11
Time	12:00 noon
Location	Island Room
Fee	\$5 (suggested donation)



Special Events/Important Dates

COMMUNITY CENTER HOLIDAY HOURS & CLOSURES

Labor Day

Date Monday, September 1
Hours 8:00 a.m.-8:00 p.m.

Halloween

Date Friday, October 31
Hours 6:00 a.m.- 8:00 p.m.

Veterans Day

Date Tuesday, November 11
Hours 8:00 a.m.-8:00 p.m.

Thanksgiving Day

Date Thursday, November 27
Hours CLOSED

After Thanksgiving Day

Date Friday, November 28
Hours 8:00 a.m.-8:00 p.m.

Christmas Eve

Date Wednesday, December 24
Hours 6:00 a.m.- 4:00 p.m.

Christmas Day

Date Thursday, December 25
Hours CLOSED

New Year's Eve

Date Wednesday, December 31
Hours 6:00 a.m.-4:00 p.m.

New Year's Day

Date Thursday, January 1
Hours CLOSED



KBCC 10-Year Anniversary Celebration

Date Sunday, October 26
Time TBA
Location Community Center

Lighthouse Run

Date Saturday, November 8
Time 7:00 a.m.
Location Bill Baggs Cape Florida State Park

Winterfest Eve

Date Saturday, December 6
Time 6:00-10:00 p.m.
Location Village Green

Winterfest

Date Sunday, December 7
Time 4:00-7:30 p.m.
Location Village Green

Winterfest Boat Parade

Date TBA
Time 6:00-8:30 p.m.
Location "No Name Harbor" in Bill Baggs Cape Florida State Park

Movies on the Green

Date Friday, December 19
Time 7:00 p.m.
Location Village Green

VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER

ACTIVE
islander



**Village of Key Biscayne
Parks and Recreation Department**
10 Village Green Way
Key Biscayne, Florida 33149
Telephone: 305-365-8900

*Visit us often for updates and
new information at*
www.ActiveIslander.org

