

KEY BISCAYNE COMMUNITY CENTER
NEW TEEN PROGRAM!

TOASTMASTERS LEADERSHIP PROGRAM FOR TEENS

for students in grades 9-12



Teenagers are often more comfortable communicating electronically than speaking face to face. This 7-week course presented by the Toastmasters International Program offers high school students many tools to develop their communication and leadership skills. Participants will learn how to prepare and present speeches and receive helpful feedback. Students will learn how to organize their ideas logically and convincingly. More experienced speakers will find out how they can take their speaking skills to the next level. Instructor Dr. Abby Lynn Ross is a psychologist and has taught public speaking at U.M. and F.I.U.

Can you imagine yourself saying

- ✓ I'm not as nervous talking to groups of people. I can do this!
- ✓ I never knew public speaking could be so much fun. I love it!
- ✓ Toastmasters! It was the best experience ever to help me learn new ways to communicate. And I thought I was good before! I absolutely loved it!

Sign up now for this very rare opportunity and fun chance to take part in a special program that could change your life. Teens will learn how to *enjoy* speaking in front of a group and how to further develop leadership skills and self-confidence!

GROUP SIZE WILL BE LIMITED. REGISTER TODAY!

Wednesdays
7:00-9:00 p.m.
Adult Lounge

January 16 - February 27
Member Fee FREE!
Non-Member Fee \$35

(turn over for more information)

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Toastmasters International's Youth Leadership Program

Toastmasters International's Youth Leadership Program (YLP) is a workshop course in communications sponsored by Toastmasters International. The interactive course helps develop the speaking and leadership skills thru practical experience. There are 7 sessions lasting 2 hours each session. An adult coordinator and assistants help prepare and monitor the sessions. The participants themselves conduct the meetings.

Students learn:

- Speech preparation and presentation skills
- Tips to overcome nervousness when speaking before an audience.
- How to conduct meetings
- Effective listening skills. Listen carefully to others' ideas.
- How to evaluate and how to offer advice to help others improve their speaking and leadership skills. How to receive evaluations and react non defensively
- How to participate in and lead group discussions or meetings
- To increase their self-confidence as they have fun while making new friends and learning!

What happens during the classes?

- There is an announced agenda and participants learn and practice parliamentary procedure during each meeting.
- Lecturing is minimal, but discussion is held during each session.
- Participants, working from a handbook, select officers who preside over the meetings. The remaining class members are assigned other duties on a rotating basis, so everyone is actively involved.
- Participants also volunteer to deliver short impromptu and prepared speeches.
- In every meeting, participants learn to apply the principles of listening, thinking and speaking.
- Generally, meetings follow a format similar to that of a Toastmasters club meeting.
- Participants have FUN!

The Co-Coordinator of the Toastmasters Youth Leadership Program is Dr. Abby Lynn Ross:

- Retired native Miamian and Key Biscayne resident
- Graduated from Northwestern University's Department of Speech Communication
- Earned her doctorate in Psychology from Nova University and was a licensed clinical Psychologist. She understands the fear and anxiety of speaking in front of people
- Has taught Public Speaking at University of Miami and Florida International University and in several high schools and can relate well to students
- Was awarded Toastmasters highest honor, the Distinguished Toastmasters Award (DTM) in 2001. Abby is offering her services and volunteering to facilitate this workshop to give back to her community and to share her passion of making speaking fun and to inspire and motivate others.
- *"Toastmasters changed my life in the most rewarding ways and I only wish I had discovered this incredible program when I was in high school!!" Abby Ross*