

ACTIVE islander

WINTER/SPRING
2013



VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER



Pedal Power

Young athletes have more to smile about this season with Tri4Kidz and Tri4Teens, a multi-sports program just for youth. Turn to page 6 to learn more.

Information for Residents

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Village Officials and Staff

Mayor Franklin Caplan
Vice Mayor Michael E. Kelly
Councilmember Michael Davey
Councilmember Theodore Holloway
Councilmember Mayra Peña Lindsay
Councilmember Ed London
Councilmember James Taintor
Village Manager
John C. Gilbert
Director of Parks and Recreation
Todd Hofferberth
Community Center Manager
Ana J. Colls

PARTY PACKAGES AND ISLAND ROOM RENTALS

Planning a party or special event? The Community Center offers a variety of party packages for groups of up to 30 people. Choose from our Basic Party Package; Arts and Crafts Package; Pool Party Package; or the Face-Painting and Balloon Art Party Package.

We also have facilities to accommodate adult parties, meetings, and other special events. The Island Room (also known as the Multi-Purpose Room) on the second floor can accommodate up to 150 guests, offers small and large rooms, as well as a warming kitchen.

For more information or to schedule your next event, please visit or call the Community Center's front desk at 305-365-8900.

BEACH PARK ACCESS CARDS

The Village of Key Biscayne's Beach Park, a resident's only facility, requires an access card to enter the park. The access cards are available to Key Biscayne residents only. For additional information please call Ana de Varona at 305-365-7574 or email ADeVarona@KeyBiscayne.fl.gov.

To Obtain a Card: Beach Park access card applications are available online or at the front desk. Please allow 2-3 business days for new cards to be activated.

Proof of Residency: Proof of residency is required when applying for a beach access card. A photo ID plus one of the following is acceptable as proof of residency:

- Current vehicle registration certificate
- Copy of current real property tax bill or deed
- Certificate or letter from the Internal Revenue Service
- Current utility bill
- Tenants must bring an annual lease

Cards per Household: There is a limit of two (2) access cards per household and proof of residency is required for each card issued. A one-person household may only receive one access card.

Fees: There is no fee for the first access card(s). There is a replacement card fee of \$8.00 to de-activate the lost or stolen card and re-issue a new device.

PASSPORT SERVICES

The Village of Key Biscayne is a certified acceptance facility for U.S. passport applications. As a courtesy to our residents, this service is offered by the Parks and Recreation Department at the Community Center, located at 10 Village Green Way, second floor. Rules, downloadable forms, fees, travel advisories and other information are available at the U.S. State Department passport web page. For additional information or to make an appointment, call 305-365-8953. Passport processing also is available at the U.S. Post Office located in the L'Esplanade Shopping Center at 951 Crandon Boulevard. For more information, call 305-ASK-USPS.

Days	Monday to Friday
Hours	9:30 a.m.-4:00 p.m.

Note: Appointments are required.



FREE ON-ISLAND TRANSPORTATION FOR SENIORS

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.

Message from the Village Manager



For a Better Tomorrow

Millions in Improvements Slated for 2013

Dear Islanders:

As chief executive officer of the Village government, one of my primary responsibilities is to assist in adopting a financial plan for the Village and to develop viable programs to meet with the future physical, social and cultural needs of the Village, among other important duties.

I am proud to report that on September 25, 2012 we finalized and adopted the Budget for Fiscal Year 2012-2013 and our Village Council also approved a \$2.7 million Capital Improvements Plan for Fiscal Year 2013.

Indeed, many exciting projects are slated to start in 2013. These include improvements to the Village Green, the relocation of the Public Works yard, the replacement of street signs throughout the entire Village, among many other projects.

Parents of young toddlers can breathe a sigh of relief now that the construction of a new barrier wall at the tot lot has been completed. Many residents were concerned with the proximity of this part of the park to the adjacent roadways and sidewalks, especially during peak hours, when joggers, skateboarders and children on electric scooters use it in increasing numbers. This low seating wall addresses these safety concerns.

We also are improving efficiencies within the Building, Zoning and Planning Department (BZP) by streamlining workflow and administrative processes through the use of computer technology. A new contractor computer workstation is saving contractors huge amounts of time, by allowing them to come in and print out any needed forms or documents, such as product approvals required to complete the building permit process.

The BZP department also will be receiving a new, state-of-the-art building permit system, which will decrease the time it takes to complete certain steps within the permitting process. An inspector in the field conducting an inspection will be able to input the results of that inspection into a computer tablet right on site, advising the contractor, architect, engineer and property owner immediately of the inspection results. Inspection requests will also be facilitated with this new system, allowing individuals to enter an inspection online at any time during the day.

These are just a few of the long list of improvements we will be focusing on in the months to come. I will work diligently with Village departments to ensure our Key Biscayne residents continue to receive high-quality services.

John C. Gilbert
Village Manager



John C. Gilbert
Village Manager

“Many exciting projects
are slated to start in
2013.”

COMMUNITY CENTER HOURS

General Hours of Operation

Monday - Friday 6:00 a.m. to 10:00 p.m.
Saturday and Sunday 8:00 a.m. to 8:00 p.m.

Pool Hours

(unless otherwise posted for classes and special programs)

Monday - Friday 6:15 a.m. to 8:45 p.m.
Saturday and Sunday 8:15 a.m. to 7:45 p.m.
Swim lanes are always available but may be limited for a class or special program.

Teen Room/Game Room

Monday - Friday 3:00 p.m. to 10:00 p.m.
Saturday and Sunday 10:00 a.m. to 8:00 p.m.

Indoor Playground

(children under age 10 must be supervised by an adult)
Monday - Friday 9:00 a.m. to 1:00 p.m. *(for children under the age of six)*
3:00 p.m. to 8:00 p.m.
Saturday and Sunday 9:00 a.m. to 8:00 p.m.
Access may be limited during special events or parties.

Computer Lab

Monday - Friday 9:30 a.m. to 4:00 p.m. - Adults Only
4:00 p.m. to 8:00 p.m. - All Ages
Saturday and Sunday Available upon request

Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the afternoons after 3:00 p.m.

Adult Basketball

Saturday 10:00 a.m. to 12:00 noon
(ages 35 and up)

Membership Information

Be an Active Islander – Join the Key Biscayne Community Center! Just follow these easy steps:

Complete the Community Center membership application

Forms are available at the front desk by calling 305-365-8900 or online at www.activeislander.org.

Show proof of residency

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill; tenants must bring a current lease; a yearly lease is required for an annual membership.

Pay the membership fee*

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

Membership Category Descriptions

Adults—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

Youth—A youth membership is available to any resident between the ages of 10 and 18.

Senior—A senior membership is available to any resident who is 65 or older.

Student—Any resident who is between the ages of 19 and 25 can apply for the student membership with proof of current school enrollment.

Couple—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

Senior Couple—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

Family—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$65.

Cancellation/Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

Membership Categories

Category	Daily Resident	Daily Guest	Monthly	Yearly
Adults	\$9	\$13	\$55	\$300
Youth (10-18)	\$6	\$9	\$22	\$130
Senior (65+)	\$6	\$9	\$30	\$200
Student (19-25)	\$7	\$10	\$35	\$220
Couple	N/A	N/A	\$85	\$385
Senior Couple (both 65+)	N/A	N/A	\$50	\$300
Family (4 members)	N/A	N/A	\$110	\$525

*Note: Membership fees are subject to change.

Please be aware that new Membership Categories and Fees are scheduled to take effect in 2013. This information will be published at the Front Desk and at www.ActiveIslander.org once adopted by the Village Council.

Rules and Regulations

Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership. The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building.
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- No fighting or rough play
- No glass containers
- No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- Appropriate clothing required
- No running or bouncing balls in hallways, stairwells or near pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

Guest Policy

- Guests must be accompanied by a resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a guest pass.
- Guest passes are non-refundable.
- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.

Toddler Room Drop-In Care Policies

1. Drop-in care is for children one to five years of age (no exceptions).
2. Parents must sign in their child.
3. Punch Passes must be purchased at the front desk.
 - Member pass for 10 hours: \$70
 - Member pass per hour: \$7
 - Non-member one-hour pass: \$10
4. Drop-in care is on a first-come, first-serve basis.
5. There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
6. There is a two-hour maximum time slot for each child (no exceptions).
7. Parents or guardians are responsible for all diaper changes.
8. Parents must be in the Key Biscayne Community Center while their child is in childcare.
9. Sick children will be denied entry to the drop-in program.
10. If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

Toddler Room Drop-In Care Hours of Operation

Monday - Friday	8:00 a.m.-12:00 noon 4:00 p.m.-8:00 p.m.
Saturday and Sunday	Closed

- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

ADA Policy

The Village of Key Biscayne gladly complies with the provisions of the Americans with Disabilities Act. Persons needing reasonable accommodation to attend or participate in any program may call 305-365-8900. Please allow two weeks prior to the activity or need of assistance to accommodate the request.

Youth & Teen Programs



TODDLER & YOUTH FITNESS

Mini Tennis

Looking for a fast, fun way to get kids into tennis—and keep them playing? QuickStart Tennis, by the United States Tennis Association, is an exciting new play format for learning tennis, designed to get kids excited about the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to a child's age and size. Now any child between the ages of 3 and 8 can start playing tennis almost immediately, even if he or she has never picked up a racquet.

Session 1	January 8-February 7
Session 2	February 12-March 14
Session 3	March 19-April 25 (no class March 26-28)
Session 4	April 30-June 6 (pro-rated)
Location	Gymnasium
Instructor	Jorge Ribas and Ricardo Mena
Ages	3-4 years
Days	Tuesdays and Thursdays
Time	2:30-3:00 p.m.
Member Fee	\$130 (2x/week) or \$85 (1x/week)
Non-Member Fee	\$150 (2x/week) or \$100 (1x/week)
Ages	5-6 years
Days	Tuesdays and Thursdays
Time	3:00-3:45 p.m.
Member Fee	\$150 (2x/week) or \$90 (1x/week)
Non-Member Fee	\$175 (2x/week) or \$110 (1x/week)
Ages	7-8 years
Days	Wednesdays
Time	3:30-4:30 p.m.
Member Fee	\$100 (1x/week)
Non-Member Fee	\$115 (1x/week)

Triathlon for Kids & Teens NEW!

Triathlete Sports presents a multi-sport program dedicated to physical health and improved athletic performance for kids and teens. Experienced coaches offer a varied training system that supports the physical and mental development of young athletes, while building self-confidence and a sense of achievement. Sessions include team practices divided by age groups, as well as focus on individual goals. Participants must be able to swim a continuous 25 yards using the freestyle stroke, must use a bicycle helmet, and must sign a waiver when registering. For more information, contact Coach Lilly at 786-366-5329 or Liliana.Montes@TeamTrainer.us.

Tri4Kidz

Ages	6-11 years
Time	6:00-7:00 p.m.
Days	Mondays and Wednesdays
Days	Tuesdays and Thursdays
Days	Mondays, Wednesdays and Thursdays

Location Varies

Sessions 4-week sessions begin January 7

Member Fee \$140 (2x/week) or
\$175 (3x/week)

Non-Member Fee \$168 (2x/week) or
\$210 (3x/week)

Tri4Teenz

Ages	12-15 years
Time	6:00-7:00 p.m.
Days	Mondays-Thursdays
Location	Varies

Sessions 4-week sessions begin January 7

Member Fee \$175 (4x/week)

Non-Member Fee \$210 (4x/week)



Youth & Teen Programs

Kidokinetics

Kidokinetics is the “fun way to fitness” where your child will learn a new sport each week. Kids will be introduced to the basics of each sport in a fun and non-competitive atmosphere. Activities include soccer, hockey, tennis, basketball, volleyball, football, golf, hula-hoops, obstacle courses, T-ball and more. All classes are led by experienced coaches who will provide a fun and safe environment for learning. Kidokinetics focuses on individual achievement to improve the child’s self confidence. T-shirts can be purchased for an additional \$10 fee. For more information, call 954-385-8511 or visit www.KidoKinetics.com.

Days	Thursdays
Time	11:00-11:45 a.m. (ages 2-4)
Time	4:30-5:15 p.m. (ages 3-6)
Session 1	January 10-February 21
Session 2	February 28-April 18 (no class March 28)
Session 3	April 25-June 6
Member Fee	\$84
Non-Member Fee	\$101

ARTS AND CRAFTS

Art Workshops for Teens NEW!

These monthly “Paint Your Heart Out” workshops include finding an intention dear to your heart and painting this intention on individually prepared pinched-out hearts as such. No experience in painting is necessary, just a desire to be creative and practice self expression. Participants will elaborate on their vision, create larger and more complex projects and eventually create online videos. The workshop fee includes take-home project and snacks.

Ages	13-17 years
Time	7:00-9:30 p.m.
Days	Fridays
Dates	Jan. 25, Feb. 22, Mar. 15, Apr. 26, May 31
Location	Arts & Crafts Room
Instructor	Andrea Beloff
Member Fee	\$60 each
Non-Member Fee	\$72 each

Claytime for Kids

Introduce your kids to the magical world of pottery! Their faces will light up as they see their works of art come to life. Each class will be a joyful experience where students will unleash their imagination and learn the basics of working with clay. Students will learn basic ceramic techniques including how to make handmade projects, glazing and firing. Classes are taught by caring instructors with over 20 years of experience. All materials are included in the class fee.

Ages	6-13 years
Days	Wednesdays
Time	2:30-3:30 p.m.
Location	Arts & Crafts Room
Instructor	Laura Marmol and Fabiana Jelambi
Session 1	January 9-February 27
Session 2	March 6-May 1 (no class March 27)
Session 3	May 8-June 5 (pro-rated)
Member Fee	\$175
Non-Member Fee	\$210

Jewelry Design

Create customized, stylish jewelry that’s ready for you and your friends to wear! Become your own jewelry designer, where you can choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades and will gladly help you unleash your creativity. Basic materials are included in the class fee.

Ages	6 years and up
Days	Tuesdays and Thursdays
Time	3:00-6:00 p.m.
Location	Second Floor Lobby
Instructor	Judi Koslen
Session	Ongoing
Member Fee	\$10 per class
Non-Member Fee	\$12 per class



Youth & Teen Programs



BABY & TODDLER

Mommy and Me (Yupi!)

Created for parents and their little ones, this bilingual program offers joyful and innovative experiences using non-conventional materials.

Ages	9 to 30 months
Days	Wednesdays and Fridays
Time	10:00 a.m.-12:00 noon
Location	Game Room

Session 1	January 9-March 1
Session 2	March 6-May 3 (no class March 27-29)
Session 3	May 8-June 7 (pro-rated)

Member Fee	\$160 (1x/week) or \$256 (2x/week)
Non-Member Fee	\$200 (1x/week) or \$320 (2x/week)

Sign Language for Babies

Studies show that babies who sign actually develop speech sooner and have larger vocabularies when they do start talking. The Sign, Say & Play® curriculum is a 6-week program of carefully crafted sequenced sessions developed especially for parents/caregivers and babies. By embedding the learning of signs in activities that promote cognitive, social, language, literacy and sensory-motor development more generally, this program teaches parents/caregivers specific ways to provide the support in these areas that all babies need to make the most of their critical first two years. Participants must register for the entire session; pro-rating is not allowed.

Ages	6-24 months
Days	Tuesdays
Time	11:00-11:45 a.m.
Location	Island Room

Session 1	January 15-February 19
Session 2	February 26-April 9 (no class March 26)
Session 3	April 16-May 21
Instructor	Ruth Luchnick

Member Fee	\$120
Non-Member Fee	\$144

Book Buddies

NEW!

This new class offers a fun and exciting introduction to literacy and school readiness. Children ages 2 to 5 will develop language, social and early literacy skills, as well as improve fine and gross motor abilities. In each class, children will enjoy a carefully selected story, either read aloud or acted out, and then participate in arts and crafts projects, movement and music appreciation, and free and guided play. Parents are welcome to stay but are not required to. Sessions are 7 weeks long and all materials are included in the class fee.

Ages	2-5 years
Days	Tuesdays
Time	10:00-10:45 a.m.
Location	Game Room

Session 1	January 8-February 19
Session 2	February 26-April 16 (no class March 26)
Session 3	April 23-June 4
Instructor	Allison McCormick, MS Ed.

Member Fee	\$112/session or \$20/class
Non-Member Fee	\$134/session or \$24/class

Creative Movement for Toddlers

NEW!

Children will discover the magic of movement, music and drama when they embark on magical adventures with the Little Magic Train, an innovative program created by experts at London's Royal Academy of Dance. Themed classes enhance children's early years development as part of their weekly curriculum. In addition to a combination of music, illustrations and movement, children will experience a wide range of fun sounds from Classical to Bollywood. Classes help children to build confidence and skills, including balance, walking, jumping, spatial awareness, gross and fine motor skills, posture, strength, stamina, classification and musicality.

Ages	2½-5 ½ years
Days	Wednesdays
Time	10:00-10:45 a.m.
Location	Island Room

Session 1	January 9-February 20
Session 2	February 27-April 17 (no class March 27)
Session 3	April 24-June 5
Instructor	Little Magic Train

Member Fee	\$112/session or \$20/class
Non-Member Fee	\$134/session or \$24/class

Youth & Teen Programs

MUSIC & PERFORMING ARTS

Kids Make Music I

Give your child the gift of music! Children will experience, explore and create musical possibilities in a relaxed and playful environment. In Kids Make Music I, children ages 12 months to 3 years will enjoy a fun, family-style learning experience. During the 7-week session, children meet once per week to sing, chant, move, dance and jam!

Ages	12 months-3 years
Days	Tuesdays or Fridays
Time	4:00-4:45 p.m.
Location	Island Room

Session 1 January 8-February 22

Session 2 February 26-April 19
(no class March 26-29)

Session 3 April 23-June 7

Member Fee \$90

Non-Member Fee \$126

Kids Make Music II

In Kids Make Music II, children ages 4 to 6 will receive an introduction to music, the piano and the guitar. This class consists of a series of 7 lessons that include singing, listening, movement, music reading and concepts, rhythm and exposure to a variety of musical instruments. This class will spark children's interest in learning about musical instruments and capture the magical power and excitement of interactive music learning.

Ages	4-6 years
Days	Fridays
Time	3:00-3:45 p.m.

Session 1 January 11-February 22

Session 2 March 1-April 19
(no class March 29)

Session 3 April 26-June 7

Member Fee \$105

Non-Member Fee \$126

Ultimate Guitar

This class is designed for young guitar players who are just discovering their love of the instrument or are already at an intermediate level. Taught using a highly effective curriculum, this class uses a multi-style approach focusing on correct technique and music reading. Children will have fun in a relaxed environment where they can play their favorite songs. Please bring your own guitar.

Ages	8 years and up
Days	Wednesdays (Beginners)
Time	2:30-3:30 p.m.
Days	Thursdays (Intermediate)
Time	3:30-4:30 p.m.
Location	Island Room

Session 1 January 9-February 21

Session 2 February 27-April 18
(no class March 27-28)

Session 3 April 24-June 6

Member Fee \$128

Non-Member Fee \$154



BABY AND ME GROUP

The University of Miami (UM) is providing free parenting groups for parents and infants birth to 6 months at various locations throughout Miami-Dade County. This incredible opportunity, funded by The Children's Trust, enables parents to learn from UM Parenting Specialists. Weekly classes provide parents an opportunity to develop close relationships with their infants while learning about infant development in a supportive environment. Create a scrapbook and take home baby items each week. For more information, call 305-243-8425 or e-mail FamiliesFirst@med.miami.edu. There is no charge for this program but participants must pre-register.

Ages	0-6 months
Days	Wednesdays
Time	10:00 a.m.-12:00 noon
Location	Island Room
Session	January 16-March 20
Fee	Free



Youth & Teen Programs



AGUAMARINA ART SCHOOLS

For more than a decade, Aguamarina Art Schools have been sparking the creativity of Key Biscayners both young and old. Aguamarina now offers their complete art program at the Community Center. Their programs focus on developing and stimulating the creativity of children and adults. Students will have access to a wide variety of materials, including cardboard, wood, rubber, paper, paint, crayons, pastels, fabrics, sponges, clay, Play-doh, glues, etc. As they freely construct their art projects, students will be guided through the process while learning to analyze, problem-solve and express their thoughts. Students will have an opportunity to display their works of art through exhibitions in the Community Center's public spaces.

Session January 7-June 6
Location Arts & Crafts Room

Let's Get Messy

This fun workshop lets children perform exciting color and texture exercises, as well as create collages and paintings. Students will develop fine motor skills, learn color differentiation and increase their artistic knowledge. All materials are included in the class fee. Classes meet twice per week during the 8-week session.

Ages 2-4 years
Days Mondays and Wednesdays
Days Tuesdays and Thursdays
Time 4:30-5:30 p.m.

Member Fee \$170 (1 class/week) or \$220 (2 classes/week)
Non-Member Fee \$205 (1 class/week) or \$264 (2 classes/week)

Color and Form

In this exciting workshop, children will learn how to handle colors and different creative expression techniques such as drawing, acrylic and 3-D. All materials are included in the class fee. Classes meet once per week during the 8-week session.

Ages 5-7 years
Days Tuesdays, Wednesdays or Thursdays
Time 4:00-5:30 p.m.

Member Fee \$220
Non-Member Fee \$264

Aguamarina Masters

This program focuses on the development of technical and conceptual tools in drawing and painting. Students will learn the handling of the trowel of color through exercises in complementary colors and develop composition criteria, including line, point and plane. All materials are included in the class fee. Classes meet once per week during the 8-week session.

Ages 8-14 years
Days Tuesdays or Wednesdays
Time 6:00-7:30 p.m.

Member Fee \$220
Non-Member Fee \$264

Portfolio

Serious and mature students can take advantage of this course to help meet the requirements of specialized art programs at their middle or high school. Students will receive customized instruction in their particular art interests, resulting in a portfolio that can be used for admittance into schools focused on art and design. Classes meet once per week during the 4-week session.

Ages 11-18 years
Days Tuesdays or Wednesdays
Time 6:00-7:30 p.m.

Member Fee \$150
Non-Member Fee \$180



Youth & Teen Programs

CULTURAL ENRICHMENT

NEW!

Spanish for Bilingual Children

Isabella & Ferdinand Curso Intensivo™ classes are designed for children of primary school age years who already have a solid comprehension base and adequate (but not necessarily fluent) oral ability in the Spanish language. This usually applies to children who have one or both parents (or a dedicated caregiver) who are Spanish-speaking or who have had previous significant exposure to Spanish language education. Designed to enhance oral, written and reading skills while exploring the art, history and culture of Spain and Latin America, classes have a maximum of 12 students and are taught in an immersion environment exclusively by qualified, native Spanish-speaking teachers. Siblings receive a 10% discount per child. For more information, visit www.IsabellaAndFerdinand.org.

Days	Saturdays
Time	2:30-4:30 p.m. (ages 4-6)
Time	4:30-6:30 p.m. (ages 7-10)
Location	Arts & Crafts Room
Session 1	January 12-March 16 (no class Jan. 19 or Feb. 16)
Session 2	April 6-June 2 (no class May 25)
Instructor	Isabella & Ferdinand® Instructor
Member Fee	\$480
Non-Member Fee	\$575

Chinese Culture & Language

Learn about the culture, language and people of China without leaving the Key! This course teaches students to write, read and speak basic Mandarin and introduces them to Chinese culture. An experienced instructor will provide students with an understanding of conversation fundamentals; simple Mandarin written characters; an overview of Mandarin grammar; and the history of certain Chinese traditions.

Ages	5 years and up
Days	Mondays
Time	5:30-6:30 p.m.
Location	Arts & Crafts Room
Session 1	January 7-February 25 (no class Jan. 21 or Feb. 16)
Session 2	March 4-April 15 (no class March 25)
Session 3	April 22-June 3 (no class May 27)
Instructor	Kevin Kao
Member Fee	\$225/session or \$50/class
Non-Member Fee	\$270/session or \$60/class



KB STRINGS ORCHESTRA

KB Strings offers a Suzuki Fusion String Ensemble Method with the best practices of classical string techniques. Group lessons and rehearsals are fun and exciting with this new strings program! Choose from violin, viola, cello or bass. Lessons include string technique, music theory, rhythm training and sight reading. Music appreciation, pitch matching, improvisation and ensemble skills are also integrated into the class. Previous experience and audition required for placement in the Ensemble class. A materials/registration fee will apply. For more information, visit www.KBStrings.com.

Ages	4 years and up	Session 1	Jan. 11-March 15
Days	Fridays	Session 2	March 22-May 31 (no class March 29)
Time	4:30-5:30 p.m.	Instructor	KB Strings Instructor
Location	Island Room	Member Fee	\$300
		Non-Member Fee	\$360

Youth & Teen Programs



ROBOTICS CLASS & WORKSHOPS

Green Engineering and Robotics

In this 10-week session, students will build challenge models, such as a power plant, wind turbine and dam. Students will use their problem-solving skills to build and program their robots to weave through the Green City. Class fee includes the cost of materials.

Ages	7-13 years
Days	Thursdays
Time	6:00-7:30 p.m.
Location	Arts & Crafts Room
Session	January 17-March 21
Instructor	Maria Teresa Valle
Member Fee	\$260
Non-Member Fee	\$312

Robotics Workshops

Whether you are a beginner or advanced robot builder, these workshops will teach you the basics in programming, provide clarification about the FIRST® LEGO® League Challenge, help you build sturdy robots or give you more practice time. Class fee includes the cost of materials. Don't miss this unique opportunity to learn from a robotics specialist!

Ages	7-13 years
Time	9:00 a.m.-12:00 noon
Days	Saturdays
Dates	February 9, March 9 & April 20
Location	Arts & Crafts Room
Instructor	Maria Teresa Valle
Member Fee	\$60 each
Non-Member Fee	\$72 each

OTHER PROGRAMS

Chess for Kids

Playing chess has proven to help students enhance their creativity, improve their power of concentration, develop and expand critical thinking skills, boost memory and retention and achieve superior academic performance. Students will learn opening theories, strategies, tactics, endgame techniques and check mating patterns. They will learn to record and analyze their games and play with the chess clock. Good sportsmanship and playing etiquette are emphasized at all times. All levels are welcome.

Ages	7-12 years
Days	Mondays
Time	4:30-5:45 p.m.
Location	Island Room
Days	Saturdays
Time	10:30-11:45 a.m.
Location	Adult Lounge
Sessions	Every 6 weeks beginning January 12 (no class Jan. 21, Feb. 18, March 25 or March 30)
Instructor	Oscar Maldonado, National Master
Member Fee	\$150
Non-Member Fee	\$180

Homework Club

Catch up on class work or fine-tune your academic skills with this after school club.

Ages	Grades 1-8
Days	Mondays, Tuesdays and Thursdays
Time	3:30-4:30 p.m.
Days	Wednesdays
Time	2:30-3:30 p.m.
Location	Game Room
Member Fee	Free
Non-Member Fee	\$6 per day

Dodgeball Club

Have fun with this club for dodgeball fanatics.

Ages	Grades 3-8
Days	Wednesdays
Time	2:30 p.m.
Location	Gymnasium
Fee	Every child pays \$5 per month

Youth & Teen Programs

Marine Science Workshops NEW!

In this series of workshops presented by the Marjory Stoneman Douglas Biscayne Nature Center, students will learn from real scientists and naturalists how to dissect a squid, understand the inner workings of the earth's crust using food items, learn about city planning and environmental protection, learn about the exciting sea life that exists off the Key Biscayne beaches, termite pheromone trails, and many more exciting activities and lessons. Every workshop will be fun, educational and unique! Visit www.BiscayneNatureCenter.org for more information. All supplies and materials included in class fee. Workshop requires a minimum of 10 students and registration is required at least 24 hours in advance.

Ages	8-11 years
Days	Saturdays
Dates	February 2, March 2, April 6, May 4
Time	10:00 a.m.-12:00 noon
Location	Arts & Crafts Room
Instructor	M.S.D. Biscayne Nature Center
Member Fee	Free
Non-Member Fee	\$20 each

Toastmasters Youth Leadership Program NEW!

Teenagers are often more comfortable communicating electronically than speaking face to face. This 7-week course presented by the Toastmasters International Program offers high school students many tools to develop their communication and leadership skills. Participants will learn how to prepare and present speeches and receive helpful feedback. Students will learn how to organize their ideas logically and convincingly. More experienced speakers will find out how they can take their speaking skills to the next level. Instructor Dr. Abby Lynn Ross is a psychologist and has taught public speaking at U.M. and F.I.U.

Ages	Grades 9-12
Days	Wednesdays
Time	7:00-9:00 p.m.
Location	Adult Lounge
Session	January 16-February 27
Instructor	Dr. Abby Lynn Ross
Member Fee	Free
Non-Member Fee	\$35

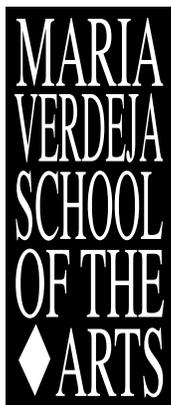


COOKING WITH KIDS WORKSHOPS NEW!

Perfect for children who love to eat and have fun, this class will teach them the difference between "real food" and "food-like" products. Using all natural and healthy ingredients, menus are designed to re-introduce your child to some of their favorite meals but with healthy alternatives. Class topics include hands-on preparation of dishes from around the world; different cooking techniques; table manners and table setting; food games and competitions; and nutrition. Class requires a minimum of 6 children. Advance registration is required.

Days	Fridays
Dates	Jan. 11 and 25; Feb. 8 and 22; March 8; April 12 and 26; May 10 and 24
Time	2:30-4:00 p.m. (ages 3-6)
Time	4:15-5:45 p.m. (ages 7-13)
Location	Arts & Crafts Room
Instructor	Cooking with Kids Miami
Member Fee	\$30 per class
Non-Member Fee	\$36 per class

Youth Dance Programs



DANCING STARS BY MVSA

The Maria Verdeja School of the Arts proudly offers its ever-popular *Dancing Stars Dance Program* at the Community Center. Here, dancers can choose from a wide variety of classes that teach various dance techniques including classical ballet, lyrical, jazz and tap. Established in 1986, this program is known for its thorough curriculum that helps strengthen dancers' technique and helps them develop a sense of confidence and increased self esteem.

Classical Ballet

Considered the foundation to all dance forms, Classical Ballet is the contrast between strong leg movements and the graceful upper body that creates its beauty. Participants in the program are required to take ballet twice a week.

Lyrical Dance

This class is the fusion of ballet and jazz techniques. Dancers use motion to interpret music and express emotion.

Jazz

This exciting form of dance is set to pop music where dancers show off skills such as high kicks and large jumps in an energetic way.

Tap

A form of dance which uses quick and precise foot work to create rhythmic sounds and syncopation with the tap shoe.

Jazz Funk

Integrating jazz, soul and funk music with dynamic movements, this class uses the strong back beat of the music to help accentuate the steps and style of this dance form.

GROUP LEVELS

GRADE	GROUP
Pre-K3	White
Pre-K4	Blue/Jazz 2/Tap
Kindergarten	Peach/Jazz 2/Tap
1st & 2nd Grade	Yellow/Jazz 4/Tap
3rd & 4th Grade	Aqua/Jazz 6/Lyrical Beg/Tap
5th & 6th Grade	Green/Jazz 6/Lyrical Beg/Tap
7th & 8th Grade	Silver/Jazz Funk/Lyrical Int/Tap

Note: All classes will take place in the Island Room.

Session Dates and Fees

Session 1	January 7-February 21 (no class Jan. 21 or Feb. 18)
Session 2	February 25-April 18 (no class March 28-April 5)
Session 3	April 22-June 6 (no class May 27)

Member Fee	7-week Session
	\$114 - 1 class/week
	\$189 - 2 classes/week
	\$280 - 3 classes/week
	\$341 - 4 classes/week
	\$394 - 5 classes/week

Non-Member Fee	7-week Session
	\$137 - 1 class/week
	\$227 - 2 classes/week
	\$336 - 3 classes/week
	\$409 - 4 classes/week
	\$473 - 5 classes/week

Additional Fees

Information about annual registration and costumes fees is provided by instructors. These fees are paid directly to Maria Verdeja.



Youth Dance Programs

YOUTH DANCE COMPANY OF KEY BISCAYNE

Let your daughter benefit from the confidence, grace, poise and discipline that the study of ballet will instill in her for a lifetime. Students will learn basic jazz and ballet techniques step by step. This program is directed by Susana Catturini, graduate of New World School of the Arts and the University of Florida, who is also a former member of the Momentum Dance Company. Ballet classes will conclude with a stage performance at the end of Session 3.

Location	Island Room
Session 1	January 7-February 20 (no class Jan. 21 or Feb. 18)
Session 2	February 25-April 17 (no class March 25 or 27)
Session 3	April 22-June 5 (no class May 27)
Instructor	Susana Catturini and Company Instructors
Additional Fees	\$90 annual registration fee, includes leotard uniform and \$90 annual costume fee made payable to Susana Catturini

Ballet I

This program is specially designed to provide children with a strong foundation in dance and movement. It teaches the young dancer basic vocabulary and basic ballet technique at the barre, in the center and across the floor.

Ages	3-5 years
Days	Mondays and Wednesdays
Time	4:00-5:00 p.m.
Member Fee	\$184
Non-Member Fee	\$220

Ballet II

Students will explore and develop an understanding of the vocabulary, technique and theoretical concepts of ballet. Special pricing available for students also registered for Jazz class offered on Mondays at 6:00 p.m.

Ages	6-9 years
Days	Mondays and Wednesdays
Time	5:00-6:00 p.m.
Member Fee	\$184 (Ballet only) \$236 (Ballet and Jazz)
Non-Member Fee	\$220 (Ballet only) \$283 (Ballet and Jazz)

Ballet III and Jazz

Explore classical ballet techniques with emphasis on precision of lines and exactness of movement. Girls will apply ballet techniques to several jazz styles. This is the appropriate combination of classes necessary to audition for middle and high school dance magnet programs. Students will benefit from the personal attention instructors provide.

Ages	10-15 years
Days	Mondays (Jazz) Wednesdays (Ballet III)
Time	6:00-7:00 p.m.
Member Fee	\$184
Non-Member Fee	\$220

Jazz

Dancers will learn several jazz techniques including classical and contemporary jazz styles using catchy rhythms of pop music. Girls will show off dance techniques by performing big jumps, turns, balance and sharp jazz movements.

Ages	7 years and up
Days	Mondays
Time	6:00-7:00 p.m.
Member Fee	\$105
Non-Member Fee	\$126



HIP-HOP KIDZ & TEENZ

Learn the latest hip hop choreography to the coolest music from shows like *So You Think You Can Dance* and *America's Best Dance Crew* in a fun, creative and easy-to-learn atmosphere. In this class, your child will learn and understand musical beats and perform to awesome choreography as if they were dancing in their very own music video. Students will attain a heightened sense of self esteem and body awareness, make new friends and learn to work as a team. Pro-rating is not allowed for this 7-week class.

Days	Mondays (ages 7-11 years)
Days	Wednesdays (ages 12-18 years)
Time	6:30-8:00 p.m.
Session 1	January 7-February 20 (no class Jan. 21 or Feb. 18)
Session 2	February 25-April 17 (no class March 25-27)
Session 3	April 22-June 5 (no class May 27)
Location	Island Room
Instructor	Hip Hop Kidz Inc.
Member Fee	\$158
Non-Member Fee	\$189



Broadway Musical Theatre Program



BROADWAY MUSICAL THEATRE PROGRAM

The Broadway Musical Theatre (BMT) Program, named “one of the best theatre programs in the country” by critic Richard Cameron, presents a theatre program that trains students in becoming triple threat performer: unparalleled actors, singers and dancers! BMT is based on the interplay among the various elements of musical theatre where students learn to dance, act and sing. Each class will consist of the technical aspects of ballet, jazz, tap and improvisation to learn the various styles and choreographies of Broadway’s most famous musicals. Students will also learn how to define a character, develop vocal techniques and master the various musical theatre techniques and styles. In the beginning levels, fundamental technique and style will be introduced in the three areas (dance, song and acting). In the more advanced levels, a range of styles, sophisticated technique and vocal performance will be the focus. Advance and Company class students need permission from the instructor before they can register. BMT’s highly experienced professional instructors include director Angelica Torres, Annette Navarro, Luis Mora, Teresa Padron and Ms. Rosario (Charyn Suarez).



SPRING SHOWS!

This spring, BMT presents two spectacular performances at the Ransom Everglades Theater. Visit www.BroadwayMusicalTheatre.com for updates and additional information.

Session	January 14-May 11 (16 weeks; no class March 25-30)
Location	Dance Studio
Member Fee	\$530
Non-Member Fee	\$636

Broadway Group 1

Ages	4 years
Days	Tuesdays and Thursdays
Time	3:15-4:00 p.m.

Broadway Group 2

Ages	5-6 years
Days	Mondays and Fridays
Time	2:30-3:30 p.m.

Broadway Group 3

Ages	7-9 years
Days	Mondays and Fridays
Time	3:30-4:30 p.m.

Broadway Group 4

Ages	9-12 years
Days	Mondays and Fridays
Time	4:30-5:30 p.m.



Broadway Musical Theatre Program

ADVANCED

These intensive classes are designed for students with strong skills in at least two areas: singing, dancing or acting. Advanced classes are taught by highly experienced professional instructors and are by invitation only.

Session	January 14-May 11 (16 weeks: no class March 25-30)
Location	Dance Studio
Member Fee	\$580
Non-Member Fee	\$696

Broadway Pre-Advanced

Ages	6-7 years
Days	Tuesdays and Thursdays
Time	4:00-5:30 p.m.

Broadway Advanced Group I

Ages	7-9 years
Days	Monday and Fridays
Time	3:30-4:30 p.m.
Days	Wednesdays
Time	3:00-4:15 p.m.

Broadway Advanced Group II

Ages	10-13 years
Days	Wednesdays
Time	4:15-5:30 p.m.
Days	Saturdays
Time	1:30-3:00 p.m.

BROADWAY BALLET NEW!

This class is specific for the performer who wants to focus mainly on ballet technique as a support in their training as an actor, singer and dancer. The session is 12 weeks long.

Session	February 9-May 4 (no class March 30)
Days	Saturdays
Time	12:30 p.m. (10 years and up) 1:30 p.m. (7-9 years)
Location	Dance Studio
Instructor	Teresa Padron
Member Fee	\$200
Non-Member Fee	\$240

COMPANY

BMT is proud to announce new Company and Company Junior classes. Led by director Angelica Torres and guest instructors, these classes are designed for the "Triple Threat" students who have a strong foundation in singing, dancing and acting. Advanced workshops in dancing, singing and acting will be held every Saturday and some Sundays for special guest teachers and rehearsals. Company Junior students are able to take any Advance II classes during the week for extra training. These classes are for serious students who will participate in the final production. *Note: Classes are by invitation only and require an audition.*

Session	January 14-May 11 (16 weeks: no class March 25-30)
Location	Dance Studio
Member Fee	\$580
Non-Member Fee	\$696

Company Junior

Ages	10-13 years
Days	Saturdays
Time	1:30-4:30 p.m.
Days	Sundays - TBA

Company

Ages	14-20 years
Days	Saturdays
Time	1:30-4:30 p.m.
Days	Sundays - TBA

BMT ADULTS

Back by popular demand, this is an open call for adults to get ready to have a wonderful time learning ballet and other aspects of musical theatre. At the end of the course you will take part in a full production (past productions include *Mamma Mia!* and *Chicago*) and become part of our famous Broadway family. The session is 12 weeks long.

Session	February 6-May 1 (no class March 27)
Days	Wednesdays
Time	12:00-1:30 p.m.
Location	Dance Studio
Instructor	Ms. Rosario (Charyn Suarez)
Member Fee	\$300
Non-Member Fee	\$360



Winter & Spring Break Camps

RAT'S DAY OFF & WINTER CAMPS

When Key Rats are off from school, they can spend the day having fun in a safe environment. Each full-day program offers a variety of activities, which may include computer lab, movies, arts and crafts, games, sports, swimming, field trips and much more. Lunch is not included, so please don't forget to bring your own. Please register in advance to ensure proper staffing and child supervision.

Ages	K-8th grades	
Time	8:00 a.m.-3:00 p.m.	
Dates	Wednesday, December 26	Friday, January 4
	Thursday, December 27	Friday, January 18
	Friday, December 28	Friday, February 1
	Wednesday, January 2	Friday, March 22
	Thursday, January 3	Friday, June 7

Member Fee	\$25 per day
Non-Member Fee	\$30 per day

Late Care	3:00-6:00 p.m.
Member Fee	\$15 per day
Non-Member Fee	\$18 per day



KBCC SPRING BREAK CAMP

Key Rats don't have to be bored at home during their vacation breaks—they can have loads of fun at KBCC Camp! A new adventure awaits campers each week. Enjoy your favorite camp activities including computer lab, movies, field games, arts and crafts, swimming and 2 field trips each week. Registration is available per week or per day (pro-rating is not allowed). Camp fees include all activities and field trips. Lunch is not included, so please don't forget to bring your own. Please register in advance to ensure proper staffing and child supervision.

Ages	K-8th grades
Time	8:00 a.m.-4:00 p.m.

Session	March 25-29
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Camp Fees

Member Fee	\$150 per week or \$40 per day
Non-Member Fee	\$200 per week or \$45 per day

Late Care	4:00-6:00 p.m.
Member Fee	\$15 per day
Non-Member Fee	\$18 per day



MARINE BIOLOGY CAMP

During camp, kids will explore the intertidal zone at Bear Cut, learn about interesting marine animals, visit the Miami Seaquarium, learn to tag fish for scientific research, and much more. Gerard Loisel, an NSU adjunct professor, has taught marine biology to students of all ages for more than four decades and was the host of the PBS television series *Marine Aquarium World*. Registration is by complete session only; pro-rating not allowed.

Ages	8-14 years
Time	9:00 a.m.-1:00 p.m.

Session 1	December 26-28 (Wednesday-Friday)
Session 2	January 2-4 (Wednesday-Friday)

Member Fee	\$99 per session
Non-Member Fee	\$119 per session

Ages	8-14 years
Time	9:00 a.m.-1:00 p.m.

Session 3	March 25-29 (Monday-Friday)
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Member Fee	\$169 per session
Non-Member Fee	\$203 per session

SPORTS CAMPS

Calling all sports enthusiasts! Whether you're a sports pro or want to learn some new skills, you'll have a blast in Tony Goudie's sports camps. This is a non-competitive environment where you can play your favorite games and perhaps learn a new sport.

Ages	6-14 years
Time	10:00 a.m.-2:00 p.m.

Member Fee	\$125/week or \$30/day
Non-Member Fee	\$150/week or \$36/day

Flag Football Camp

Session 1	December 26-28 (Wednesday-Friday)
Session 2	March 25-29 (Monday-Friday)

Location	Village Green
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Basketball Camp

Session 1	January 2-4 (Wednesday-Friday)
Session 2	April 1-5 (Monday-Friday)

Location	Gymnasium
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ATHLETICS

Welcome to another great season of Key Biscayne Spring Baseball and Softball. This fun-filled season will provide children with the skills to play recreational or travel baseball and softball. Program prices include uniforms, trophies, umpires, opening/closing day celebrations, and more.

Save the Date! Sunday, March 2, 2013

Opening Day Celebration and First Games

Registration January 14-February 17
Evaluations TBA March 2013

Boys Recreational Baseball

DIVISION	AGES	FEE
T-Ball	5-7 years	\$185
Coach Pitch	7-9 years	\$250
Mustang	10-12 years	\$250

Girls Recreational Softball

DIVISION	AGES	FEE
Junior Softball	9-12 years	\$250
Senior Softball	13-14 years	\$250

KEY BISCAYNE BASKETBALL ACADEMY

Take part in this action-packed basketball program designed to strengthen a player's game and spirit. Boys and girls will learn good sportsmanship, develop strong playing skills and build lasting friendships.

Ages 6-14 years
Days Mondays and Fridays
Times
Beginners 3:00-4:00 p.m.
Intermediate 4:00-5:00 p.m.
Advanced 5:00-6:00 p.m.
Sessions 4-week sessions begin January 7
Instructor Tony Goudie
Member Fee \$100
Non-Member Fee \$120



Spring Soccer

The Key Biscayne Soccer Club offers PeeWee, Intramural, and Travel programs from March to May of 2013.

For more information

visit: www.KeyBiscayneSoccerClub.com
 email: webmaster@KeyBiscayneSoccerClub.com



Girls Volleyball Clinics

Back by popular demand, experienced coaches will offer a series of individual and group skill development clinics at the Community Center. Each session is limited to 35 participants.

Days Mondays
Time 6:30-7:45 p.m. (ages 9-11)
Time 7:45-9:00 p.m. (ages 11-14)
Session TBA March 2013
Fee TBA

AMERICAN GYMSTERS

Join the American Gymsters coaches and staff for an outrageously good time! Boys and girls of all gymnastics skill levels will have a great time working on the vault, beam, bars, floor and trampoline... along with other fun activities!

Days Tuesdays
Times
Beginners 4:00-5:00 p.m.
Intermediate 5:00-6:00 p.m.
Advanced 6:00-7:30 p.m.
Pre-Team 6:00-7:30 p.m.

Days Saturdays
Times
Beginners 9:00-10:00 a.m.
Intermediate 9:00-10:00 a.m.
Advanced 10:00-11:30 a.m.
Pre-Team 10:00-11:30 a.m.

Session 1 January 22-March 30
Session 2 April 2-June 8

Fees
 (10 weeks per session)
Beginners and Intermediate
1 x per week
Members \$270
Non-Members \$324
2 x per week
Members \$440
Non-Members \$528
Advanced and Pre-Team
1 x per week
Members \$320
Non-Members \$384
2 x per week
Members \$450
Non-Members \$540

Additional Insurance Payment
 \$70 per year (made payable to American Gymsters)



Team Key Aquatics



Interested in joining TKA?

Please contact Coach Gaby at 786-200-6717 prior to registering.

Practice days and times are subject to change.



If you love swimming and are willing to work hard to improve your water polo game, then Team Key Aquatics (TKA) is definitely for you. TKA is a dynamic aquatic program dedicated to the future of its athletes. In addition to having fun, coaches strive to develop athletes through fundamental swimming and water polo skills that will maximize their potential. TKA will further strengthen each swimmer's athletic arsenal by preparing him or her for their high school swimming and water polo seasons. One of the many goals at TKA is to give its young athletes the tools and skills necessary to successfully compete at the high school level.

TKA has introduced a method of cross-training called Swimfit that will allow every athlete to reach his or her prime fitness level. Seamlessly mixing aquatic training with dry-land exercises, TKA coaches will train their athletes in the art of balancing swim stroke training and dry-land workouts at every Crew level. Swimfit is a conditioning program that mixes swim stroke training, swimming sprints, running sprints, pushups, pull ups, sit ups, squats, lunges and other functional movements. The more muscles worked, the more calories burned. The group workouts are short, highly intense and constantly changing, making them fun, yet challenging. As coaches, we strive to make our athletes functionally fit.

4-Week Sessions	January 7-June 7
Member Fee	\$150 (3 times per week) \$250 (5 times per week)
Non-Member Fee	\$180 (3 times per week) \$300 (5 times per week)

TKA Masters

Swimmers in TKA Masters pride themselves on swimming better and faster. High school athletes and adult swimmers benefit from interval and speed based workouts as well as stroke technique training. TKA coaches successfully supplement in-pool training with training outside of the pool.

Days	Mondays, Tuesdays, Wednesdays, Thursdays
Time	6:45-7:45 p.m.

Open Crew

Open Crew swimmers are introduced to water polo as a fun sport. The love and passion for water polo is introduced at this level. Swimmers are coached on basic water polo techniques and are taught entry level drills and exercises. After mastering the basics, Open Crew swimmers will practice with their age groups.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	3:40-4:10 p.m.

8 Years Old & Under Crew

8 Years Old & Under Crew swimmers focus on proper water polo stroke technique. This group begins to implement freestyle and breast stroke techniques into water polo play. Aerobic water polo conditioning drills are introduced in this group.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	4:15-4:45 p.m.

9 & 10 Years Old Crew

9 & 10 Years Old Crew swimmers increase their exercise load to 45 minutes per practice and begin to implement back stroke techniques into water polo play and strategy. This group focuses on specific water polo drills and exercises and concentrates more intensely on aerobic conditioning. 9 & 10 Years Old Crew swimmers work on proper water polo technique as well as speed skills and interval training.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	4:50-5:35 p.m.

11 Years Old & Over Crew

11 Years Old & Over Crew swimmers increase their exercise load to 1 hour per practice and begin to work on game strategy and advanced speed and interval training. The 11 Years Old & Over Crew focuses on perfecting their water polo game and simulates actual high school game play. Increased game play time and specific game strategy will help swimmers prime themselves for the first season on their high school water polo team.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	5:40-6:40 p.m.

Swim Kids Swimming School

*Parents & Me: Ages 4-24 months

Ideal for babies, this Parents & Me class is an opportunity for parents to spend quality time with their children. The instructor will introduce basic swimming and water survival skills. Each class requires a 3 child minimum. Please check with the front desk for class days and times.

Turtles: Ages 2-3 years

Toddlers will be introduced to the basics of swimming and later learn freestyle strokes such as arrows, circles, airplanes, as well as dolphin and frog kicks.

Jellyfish: Ages 4-6 years

Once basic swimming and survival skills are mastered, children will learn fun mini-strokes such as arrows, circles, airplanes, back float, front float, dolphin and frog kicks.

Dolphins: Ages 7-9 years

The emphasis at this level will be on timing and swimming strokes.

Sharks: Ages 10 years and up

Advanced strokes are introduced at this level and then developed and refined, preparing the child for competition and a lifetime of physical endurance and fitness.

*Adults: Ages 18 years and up

It's never too late to learn or refresh your swimming skills. Swim Kids offers private and group swimming lessons for adults as well. Please check with the front desk for class days and times.

Class Options and Fees

Private Lessons (1 Swimmer/1 Instructor/8 Lessons)

Class Duration:	30 minutes
Member Fee	\$360
Non-Member Fee	\$432

Semi-Private Lessons

(2 Swimmers/1 Instructor/8 Lessons)

Class Duration:	30 minutes
Member Fee	\$200
Non-Member Fee	\$240

Group Lessons

(3-10 Swimmers/1 Instructor/4 week session)

Class Duration:	30-40 minutes
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Once per week

Member Fee	\$70
Non-Member Fee	\$84

Twice per week

Member Fee	\$120
Non-Member Fee	\$144

Necessary Equipment

Bathing suit, bathing cap and goggles.

** Parents & Me and Adult classes begin when minimum registration numbers are met. Please call Swim Kids prior to registering to inquire about next start date and time.*

For questions or more information, please call Swim Kids at 305-262-SWIM (7946) or log on to www.swimkidschool.com.



Synchronized swimming coming soon!

GROUP LESSONS SCHEDULE				Sessions: January 7-June 8		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
3:00 p.m. Turtles	10:00 a.m. Parents & Me					
3:30 p.m. Jellyfish	10:30 a.m. Turtles					
4:00 p.m. Dolphins	11:00 a.m. Jellyfish					
4:40 p.m. Sharks	11:30 a.m. Dolphins/Sharks					



EMPOWERING YOGA BY VERO YOGA & CO.

Empower yourself, get strong and get in shape, while bringing freedom to your mind with this empowering yoga program. Three different classes are available. All levels are welcome. For more information, please visit www.VeroYoga.com.

- Member Fee** \$18 per class or \$130 per 10-class punch pass
- Non-Member Fee** \$21 per class or \$160 per 10-class punch pass

Easy Flow

A gentle, restorative and invigorating yoga practice. This sequence aims to retain the vitality of the body by oxygenating and rejuvenating every cell of your system. It also helps promote total physical and mental well-being. Pre-natal yoga practitioners are welcome.

Flow

A new level of “Vero Yoga” practice, this sequence allows participants to flow with grace while synchronizing the breath with a progressive series of postures that produce internal heat, toning all muscles and organs, as well as calming the mind. *(Note: This class is more dynamic than the Easy Flow class and less intense than the Multi-Level class.)*

Multi-Level I and II

An intense and stimulating style of yoga, this class uses the Vinyasa-style (breathing intensive) of yoga. It’s physically demanding practice due to the constant movement from one pose to the next. The result is often improved circulation, a light and strong body and a calm mind.

VERO YOGA & CO. SCHEDULE: January 7-June 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level II Veronica	8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level II Veronica	8:30 a.m. Easy Flow Veronica
12:30 p.m. Multi-Level I Veronica	11:00 a.m. Flow Angeles	4:00 p.m. Young Kids Yoga Cecilia		
		5:00 p.m. Kids Yoga Cecilia		
		6:30 p.m. Teen Yoga Cecilia		Adult classes are 90 minutes and held in the Island Room.

MEDITATION & BREATHING WORKSHOP

Learn to release physical tension and mental anxiety. Participants will improve concentration and enjoy better health through ancient meditation and breathing techniques.

- Dates** Mondays: Jan. 7, Feb. 4, March 4, April 1, May 6, June 3
- Time** 7:00-8:00 p.m.
- Location** Arts & Crafts Room
- Instructor** Veronica Vidal
- Member Fee** \$17
- Non-Member Fee** \$20

VERO YOGA FOR KIDS & TEENS

In this class, boys and girls will develop strong, limber and healthy bodies while cultivating self esteem, increasing focus and concentration—all in a playful environment. Children also will learn how to cope with life stressors and how to effectively relax and sleep better.

- Days** Wednesdays
- Time** 4:00-5:00 p.m. (ages 4-7)
- Time** 5:00-6:00 p.m. (ages 8-12)
- Time** 6:30-7:30 p.m. (ages 13-17)
- Location** Island Room
- Sessions** Ongoing beginning January 7
- Member Fee** \$100 for 10 classes or \$12 per class
- Non-Member Fee** \$120 for 10 classes or \$14 per class



YOGA CLASSES

Considered both physical and mental therapy, practicing yoga has numerous benefits including improving flexibility, strength and muscle tone as well as managing stress and preventing disease. As a Community Center member, why not sign up for one of our cost-effective yoga classes and start reaping the health benefits today? No previous experience is required.

Ages	16 years and up
Member Fee	\$9 per class
Non-Member Fee	\$15 per class

Yoga with Arbey

You'll break a sweat in this fun and challenging class that will help you build strength and flexibility of both body and mind. Each class is designed with a combination of asanas from various styles of yoga.

Days	Mondays, Wednesdays and Fridays
Time	10:00-11:30 a.m.
Instructor	Arbey Quiceno

Gentle Yoga

This class focuses on the basic fundamental posture of yoga. It combines breath and movement to build strength and flexibility. No previous experience is required.

Days	Tuesdays and Thursdays
Time	9:30-11:00 a.m.
Instructor	Kerstin Eskeli

Power Yoga (Multi-Level)

This Dharma Mitra style class is designed to build a strong foundation to advance in balancing, back-bending, twisting and inversions. This mentally and physically challenging class will leave you feeling energized and inspired! All levels are welcome. Wear loose clothing that stretches.

Days	Mondays and Wednesdays
Time	7:00-8:30 p.m.
Days	Saturdays
Time	9:30-11:00 a.m.
Instructor	Kerstin Eskeli



COMPLETE YOGA SCHEDULE

Classes are 90 minutes and held in the Island Room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30 a.m. Easy Flow Yoga <i>Vero Yoga & Co.</i>	8:30 a.m. Multi-Level II Yoga <i>Vero Yoga & Co.</i>	8:30 a.m. Easy Flow Yoga <i>Vero Yoga & Co.</i>	8:30 a.m. Multi-Level II Yoga <i>Vero Yoga & Co.</i>	8:30 a.m. Easy Flow Yoga <i>Vero Yoga & Co.</i>		
10:00 a.m. Yoga <i>Arbey</i>	9:30 a.m. Gentle Yoga <i>Kerstin</i>	10:00 a.m. Yoga <i>Arbey</i>	9:30 a.m. Gentle Yoga <i>Kerstin</i>	10:00 a.m. Yoga <i>Arbey</i>	9:30 a.m. Power Yoga <i>Kerstin</i>	
12:30 p.m. Multi-Level I Yoga <i>Vero Yoga & Co.</i>	11:00 a.m. Flow Yoga <i>Vero Yoga & Co.</i>	4:00 p.m. Young Kids Yoga <i>Vero Yoga & Co.</i>				
		5:00 p.m. Kids Yoga <i>Vero Yoga & Co.</i>				
		6:30 p.m. Teen Yoga <i>Vero Yoga & Co.</i>				
7:00 p.m. Power Yoga <i>Kerstin</i>		7:00 p.m. Power Yoga <i>Kerstin</i>				



Group Exercise Information



GROUP EXERCISE GENERAL INFORMATION

- Always bring a sweat towel and water bottle to class.
- You must be at least 15 years of age to participate in a group exercise class.
- Bring your valid punch pass along with your ID to class.
- Always sign in when you attend a class.
- Classes may fill up quickly (especially bike classes) so make sure to arrive a few minutes early. Please do not enter a class in progress unless the instructor has indicated that you can do so.
- Please wear appropriate clothing and footwear.
- Yoga mats will be available for use. If you practice yoga regularly, you may want to consider purchasing a mat.

Class Descriptions

Body Sculpting—Body bars, hand weights and balls are used in this 55-minute class to tone all the major muscles in your body and increase muscle endurance.

Spinning—The ultimate indoor cycling experience. You control the resistance and cadence to make the class as challenging as you need it to be!

Latin—Work out Latin style with dance moves. An excellent class for all fitness levels and dance skill levels.

Step—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing just the step. This class is moderate-to-high intensity with some abdominal work.

Zumba—High energy and motivating music with unique moves and combinations makes this a fun and easy workout!

Taconeando—A slower-paced workout experience devoted to elegant and graceful movements for the arms and hips. All levels are welcome to follow the rhythms of Salsa, Merengue, Bachata, Cha-Cha, Mambo and more!

Group Exercise Pass Prices

Single
Members \$9
Non-Members \$15

5 Pack
Members \$35
Non-Members N/A

10 Pack
Members \$60
Non-Members N/A

20 Pack
Members \$100
Non-Members N/A

Packages are not valid for yoga classes or non-members. Passes are non-transferable and non-refundable.

GROUP EXERCISE SCHEDULE

GROUP EXERCISE SCHEDULE							Classes are 55 minutes
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:15 a.m. Spinning <i>Sergio</i>	6:45 a.m. Spinning <i>Jennifer</i>	6:15 a.m. Spinning <i>Sergio</i>	6:45 a.m. Spinning <i>Jennifer</i>				
8:00 a.m. Spinning <i>Jennifer</i>	8:00 a.m. Brazilian Sculpt <i>Marquinho</i>	8:00 a.m. Spinning <i>Jennifer</i>	8:00 a.m. Brazilian Sculpt <i>Marquinho</i>	8:00 a.m. Spinning <i>Marilyn</i>	8:15 a.m. Spinning <i>Marquinho</i>		
9:00 a.m. Step <i>Jennifer</i>	9:00 a.m. Spinning <i>Jennifer</i>	9:00 a.m. Body Sculpting <i>Jennifer</i>	9:00 a.m. Step <i>Jennifer</i>	9:00 a.m. Step/Sculpt <i>Jennifer</i>	9:15 a.m. Brazilian Sculpt <i>Marquinho</i>		
10:00 a.m. Body Sculpting <i>Jennifer</i>	10:00 a.m. Shape Up <i>Jennifer</i>	10:00 a.m. Have a Ball!-Senior Class <i>Marilyn</i>	10:00 a.m. Body Sculpting <i>Jennifer</i>	10:00 a.m. Latin <i>Jennifer</i>	10:15 a.m. Step <i>Jennifer</i>	10:00 a.m. Spinning <i>Jennifer</i>	
10:00 a.m. Have a Ball!-Senior Class <i>Marilyn</i>					11:15 a.m. Zumba <i>Huayla</i>		
11:00 a.m. Spinning <i>Marqinho</i>	11:00 a.m. Zumba <i>Huayla</i>	11:00 a.m. Brazilian Sculpt <i>Marquinho</i>	11:00 a.m. Zumba <i>Huayla</i>	11:00 a.m. Brazilian Sculpt <i>Marquinho</i>			
5:45 p.m. Zumba <i>Huayla</i>	6:00 p.m. "The Ride" Spinning <i>Arturo</i>	5:45 p.m. Zumba <i>Huayla</i>	6:00 p.m. "The Ride" Spinning <i>Arturo</i>	5:45 p.m. Taconeando <i>Huayla</i>			
6:45 p.m. Spinning <i>Marilyn</i>	7:00 p.m. Brazilian Sculpt <i>Marquinho</i>	6:45 p.m. Spinning <i>Marilyn</i>	7:00 p.m. Brazilian Sculpt <i>Marquinho</i>				

Fitness Programs and Classes

Mat Pilates Course

Mat Pilates is a mind/body workout that focuses on posture, breath control, abdominal strength, flexibility and joint mobility. You will be working rigorously, without impacting your joints, by strengthening and stretching your body throughout the workout. Be prepared to activate your mind as you go through each movement, developing and increasing awareness of your body. The work is intended to be effective and thorough, allowing the instructor to give individual attention as needed. This 4-week course meets twice per week and is limited to 8 people.

Days	Tuesdays and Thursdays
Time	8:30-9:30 a.m.
Time	9:30-10:30 a.m.
Location	Island Room
Sessions	4-week sessions begin Jan. 8
Instructor	Natalie Valdez
Member Fee	\$80 (4 weeks)
Non-Member Fee	\$96 (4 weeks)

T-Fit Indoor Boot Camp

T-Fit Indoor Boot Camp is an innovative fitness program that specializes in “cross training” style sessions. The energetic T-Fit instructors create a unique environment that is motivational but also friendly to ensure participants progress within their comfort zone. Each class is limited to 20 participants. For more information, visit www.TFit360.com.

Days	Tuesdays and Thursdays
Time	TBA (inquire at the Front Desk)
Location	Gymnasium
Member Fee	\$10 per class
Non-Member Fee	\$12 per class

Swimming Endurance

Designed to build endurance, this new, fun approach to swim training is open to all adults interested in maintaining or improving their physical condition while developing their swimming skills. For more information, contact Coach Lilly at 786-366-5329 or liliana.montes@teamtrainer.us.

Days	Monday-Thursday
Time	9:00-10:15 a.m.
Location	Pool
Sessions	4-week sessions begin Jan. 7
Instructor	Liliana Montes
Member Fee	\$120 (4 weeks)
Non-Member Fee	\$144 (4 weeks)

Triathlon for Adults

Triathlete Sports presents a multi-sport program dedicated to physical health and improved athletic performance for adults. Experienced coaches offer a group training system for athletes preparing for competitive races or those who want to maintain a competitive edge. Participants will receive weekly training sessions in swimming, biking and running. For more information, contact Coach Lilly at 786-366-5329 or info@TeamTrainer.us.

Ages	20 years and up
Days	Tuesdays and Thursdays (swim)
Time	6:30-7:45 a.m. or 7:45-8:45 p.m.
Days	Wednesdays (run/bike)
Time	6:45-8:00 p.m.
Days	Saturdays (run/bike)
Time	TBA
Location	Varies
Sessions	4-week sessions begin January 8
Instructor	Triathlete Sports
Member Fee	\$135 (4 weeks)
Non-Member Fee	\$162 (4 weeks)



Senior Fitness Programs and Classes



Name
Pat Stroud

Originally from
California and Texas

How long have you lived on the Key?
5 years

Profession
Retired photographer

Hobbies
Reading, taking care of my grandchildren and going to the opera and the ballet

Favorite activities at the Community Center?
Teaching the Matter of Balance course and exercise group for seniors

Enhance Fitness

Are you ready to get energized? Enhance Fitness is a low-cost, evidenced-based exercise program that's helping older adults (age 60 and over) at all levels of fitness become more active, energized and empowered to sustain independent lives. Based on solid research and tested at over 80 sites nationwide, Enhance Fitness focuses on stretching, flexibility, balance, low impact aerobics and strength training exercises.

Days	Mondays, Wednesdays and Fridays
Times	2:00-3:00 p.m. and 5:30-6:30 p.m.
Location	Community Room (1st floor, Village Hall)
Session	January 2-April 19
Instructor	Marilyn Myles
Fee	\$120 (16 weeks)

Have a Ball!

This beginner movement class uses stability balls to help you to strengthen and tone your body while improving your overall flexibility and balance. This fun, safe and effective exercise class is guided by a senior fitness specialist.

Days	Mondays and Wednesdays
Time	10:00-11:00 a.m.
Location	Gym or Dance Studio
Session	Ongoing
Instructor	Marilyn Myles
Member Fee	\$9 per class or Group Exercise Pass

Splash! Water Workout

Splash your way into fitness with this fun and exciting water workout designed to be easier on your joints. Get fit in the pool while increasing your overall endurance and strength.

Days	Tuesdays and Thursdays
Time	10:30-11:30 a.m.
Location	Pool
Session 1	January 8-February 14
Session 2	February 18-March 28
Session 3	April 30-June 6
Instructor	Marilyn Myles
Member Fee	\$120
Non-Member Fee	\$135

FREE!

Improving Balance Through Tai-Chi

Tai Chi is a centuries-old Chinese practice designed to exercise the mind and body through a series of gentle, flowing postures that create a kind of synchronized dance. All levels are welcome.

Days	Wednesdays (Island Room) and Sundays (Village Green)
Time	8:30 a.m.
Session	Ongoing
Instructor	Marius Robinson
Fee	Free



Adult and Senior Programs

ARTS & CRAFTS

NEW!

Art Workshop for Adults

The monthly "Paint Your Heart Out" workshops include finding an intention dear to your heart and painting this intention on individually prepared punched-out hearts as such. No experience in painting is necessary just a desire to be creative and practice self expression. Participants will elaborate on their vision, create larger hearts and eventually more complex projects. Workshop fee includes take-home project and refreshments.

Time	10:00 a.m.-12:00 noon
Days	Thursdays
Dates	Jan. 24, Feb. 28, April 25, May 23
Location	Arts & Crafts Room
Instructor	Andrea Beloff
Member Fee	\$60 each
Non-Member Fee	\$72 each

Chinese Brush Painting

Learn Chinese brush painting from an instructor who has studied with internationally known artists Chow Chian Chiu and wife Chow Leung Chen-Ying. No previous experience is required. A materials list is available at the Community Center front desk.

Days	Mondays
Time	10:15 a.m.-12:15 p.m.
Location	Arts & Crafts Room
Session 1	January 7-February 11
Session 2	February 18-March 25
Session 3	April 1-May 6
Session 4	May 13-June 3 (pro-rated)
Member Fee	\$50
Non-Member Fee	\$60

Pottery for Adults

Get your hands dirty! Learn to work with clay from start to finish with an experienced instructor. Create functional and decorative ceramic pieces, re-new old skills or gain new ones. Students may bring their own project or the instructor will provide one. Potters of all experience levels are welcomed. Materials are not included in the class fee.

Days	Wednesdays
Time	10:00 a.m. -12:00 noon
Location	Arts & Crafts Room
Session 1	January 9-30
Session 2	February 6-27
Session 3	March 6-April 3 (no class March 27)
Session 4	April 10-May 1
Session 5	May 8-29
Member Fee	\$100/session or \$30/class
Non-Member Fee	\$120/session or \$36 class

Painting with Tony Coro

Learn tips and techniques to produce pleasing works of art. No experience is necessary. A suggested supply list can be picked up at the Community Center front desk. Please have materials on the first day of class.

Days	Tuesdays
Time	10:15 a.m.-12:15 p.m.
Location	Arts & Crafts Room
Session 1	January 8-February 12
Session 2	February 19-March 26
Session 3	April 2-May 7
Session 4	May 14-June 4 (pro-rated)
Member Fee	\$50
Non-Member Fee	\$60



Name
Vanessa Sanz de Acedo

Originally from
Miami

How long have you lived on the Key?
10 years

Profession
Realtor

Hobbies
Travelling, dancing and reading

Favorite activities at the Community Center?
Taking my kids to Broadway Musical Theatre, swimming and the jungle gym



Adult and Senior Programs



SCUBA DIVING LESSONS

Diver's Paradise, in partnership with the Community Center, will be offering introductory and advanced dive courses to those intrigued by the sea and the spectacular underwater beauty and marine life just off our shores. Certified and sanctioned through PADI (Professional Association of Dive Instructors), scuba instructor Eric Cartaya will teach introductory and more advanced courses (upon request) including **Discover Scuba** and **Open Water Diver**. All scuba gear will be provided; students are required to have their own snorkeling gear (mask, fins and snorkel). For more information, contact Eric at 786-326-1969, EJC67764@gmail.com or www.KBScuba.com.

Ages	10 years and up		
Location	Community Center		
Sessions	Classes begin on the 1st and 3rd Thursday of the month (4-person minimum required)		
Days	Thursday	6:00-7:30 p.m.	Classroom
	Saturday	1:00-4:00 p.m.	Pool
	Sunday	8:00 a.m.-1:00 p.m.	Dives 1 & 2
	Tuesday	6:00-7:30 p.m.	Classroom
	Sunday	8:00 a.m.-1:00 p.m.	Dives 3 & 4
Member Fee	\$350		
Non-Member Fee	\$420		
Additional Fees	4 open water dives to be paid directly to instructor		

Judi's Jewelry Class

Create customized, stylish jewelry ready for you and your friends to wear! Become your own jewelry designer, where you can choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades and will gladly help you unleash your creativity. Basic materials are included in class fee.

Days	Tuesdays and Thursdays
Time	10:00 a.m.-1:00 p.m.
Location	Second Floor Lobby
Session	Ongoing
Instructor	Judi Koslen
Fee	\$10 per class

FREE!

Sculpting with Rosa Barck

Don't miss this workshop with renowned sculptor Rosita Barck, who is known for her sculptures depicting some of the most famous faces in the world.

Days	Fridays
Time	10:00 a.m.
Location	Arts & Crafts Room
Sessions	Ongoing beginning January 11
Instructor	Rosa Barck
Fee	Free



FREE TRANSPORTATION FOR SENIORS

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.

Adult and Senior Programs

PERFORMING ARTS

Tango

Learn the foundations of tango (including opening, walking, frame and basic step) from an internationally renowned dance instructor. In addition to the steps, students will be introduced to the world of tango and learn the customs and atmosphere of milongas (dances). As the classes progress, more advanced steps will be introduced. Each monthly session will conclude with a mini-milonga to allow students to show off what they've learned and practice the Argentine milonga traditions.

Days	Wednesdays
Time	8:00-9:00 p.m.
Location	Dance Studio
Session 1	January 9-30
Session 2	February 6-27
Session 3	March 6-20 (pro-rated)
Session 4	April 3-24
Session 5	May 1-29 (pro-rated)
Instructor	Claudio Ponce
Member Fee	\$60
Non-Member Fee	\$72

Ladies' Andante Vocal Group

This is an ideal group for any lady wishing to take her first steps towards a unique vocal experience. The choir includes vocal technique and works with simple 2- and 3-voice musical arrangements with a varied repertoire such as classical, rock and popular music in different languages, including Latin American folk music. Whenever ready, opportunities abound for performances. Check out their latest live performances at www.andantevg.blogspot.com. No auditions are required. Just be ready to have fun by making music together! For more information, please call Angeles Padilla at 305-342-4162.

Days	Tuesdays
Time	8:00-9:30 p.m.
Location	Arts & Crafts Room
Session 1	January 15-March 5
Session 2	March 12-April 30
Session 3	May 7-June 4 (pro-rated)
Instructor	Florencia Badino & Angeles Padilla
Member Fee	\$110
Non-Member Fee	\$132

BRIDGE CLASSES

Bridge Lessons

From learning the basics to brushing up on your knowledge of the game—these classes have it all! Call Judy Reinach for details at 305-361-9562.

Days	Tuesdays
Location	Adult Lounge
Instructor	Judy Reinach
Member Fee	\$80
Non-Member Fee	\$96

Intermediate Bridge: Play of the Hand/Bidding/Supervised Play*

Session 1	January 8-February 12
Session 2	February 19-March 26
Session 3	April 2-30 (pro-rated)
Time	5:00-6:00 p.m.

Bridge for Beginners

Session 1	January 8-February 12
Time	6:00-7:00 p.m.

Intermediate Bridge: Play of the Hand—Part II/Supervised Play

Session 1	January 8-February 12
Time	7:00-8:00 p.m.

Advanced Beginners

Session 2	February 19-March 26
Time	6:00-7:00 p.m.

Intermediate Bridge: Bidding & Play of the Hand/Supervised Play*

Session 2	February 19-March 26
Time	7:00-8:00 p.m.

Competitive Bidding

Session 3	April 2-30 (pro-rated)
Time	6:00-7:00 p.m.

Intermediate Bridge: Bidding & Play of the Hand /Supervised Play II

Session 3	April 2-30 (pro-rated)
Time	7:00-8:00 p.m.

Duplicate Bridge Game

Join us for an afternoon of Duplicate Bridge every Wednesday. Call Judy Reinach for details 305-361-9562.

Days	Wednesdays
Time	12:45 p.m.
Location	Island Room
Sessions	Ongoing beginning January 9
Instructor	Judy Reinach



*Requires instructor approval

Adult and Senior Programs



Name

Maria Luisa D'Emidio

Originally from
Spain

How long have you lived on the Key?

10 years (I am a snowbird and live half the year in Virginia)

Profession

Housewife (I have 5 children, 16 grandchildren and 3 great grandchildren)

Hobbies

Speaking 5 languages

Favorite activities at the Community Center?

Special events and luncheons

LANGUAGE CLASSES

Spanish for Beginners

Learn to tell time, make simple requests, register at a hotel and conduct a basic conversation. Acquire vocabulary for work, home and social purposes.

Days	Mondays and Wednesdays
Time	9:00-11:00 a.m.
Location	Computer Lab
Sessions	TBA (check with the Front Desk)
Instructor	TBA
Member Fee	\$100
Non-Member Fee	\$120

Intermediate Spanish

Students in this class will continue to acquire new vocabulary to be able to make simple requests and conduct a basic conversation in Spanish.

Days	Tuesdays and Thursdays
Time	9:00-11:00 a.m.
Location	Computer Lab
Sessions	TBA (check with the Front Desk)
Instructor	TBA
Member Fee	\$100
Non-Member Fee	\$120

Conversational Spanish

These semi-private, self-contained classes integrate students' development of grammar and vocabulary skills through topics that begin with the immediate world of the student and progress to the world at large. Students must possess basic language skills in Spanish to take the class. Must have a minimum of 3 students for the class to take place. Pro-ration is not allowed.

Days	Mondays and Wednesdays
Time	11:00 a.m.-12:30 p.m.
Location	Computer Lab

Sessions	TBA (check with the Front Desk)
Instructor	Lupita Alvarez
Member Fee	\$162
Non-Member Fee	\$195

Conversational English

These semi-private classes will provide students with communication skills by offering opportunities to practice and expand their vocabulary. Students must possess basic grammar, reading and writing skills in English to take the class. Must have a minimum of 3 students for class to take place. Pro-ration is not allowed.

Days	Tuesdays and Thursdays
Time	11:30 a.m.-12:30 p.m.
Location	Computer Lab

Sessions	TBA (check with the Front Desk)
Instructor	Lupita Alvarez
Member Fee	\$162
Non-Member Fee	\$195



Adult and Senior Programs

TRIPS AND TOURS

Seminole Hard Rock Hotel & Casino

Enjoy more than 20 restaurants and over 25 specialty retail shops at one of South Florida's hottest retail, restaurant and live entertainment districts. Receive a free players' club card, discount vouchers for lunch and much more!

Date	Friday, January 4
Time	9:30 a.m.
Fee	\$5

Miami City Ballet's Program II at the Adrienne Arsht Center

The highlight of Program II is a world premiere ballet by 25-year-old Liam Scarlett. The Royal Ballet of London's young, celebrated choreographer has been invited back to Miami City Ballet to create a world premiere ballet fresh on the heels of the triumphant success of his *Viscera*. Also on the bill are two George Balanchine audience favorites—his *Mozartian Divertimento No. 15* and the challenging *Duo Concertant*. To close Program II is the spectacular *Don Quixote Pas de Deux*.

Date	Friday, January 11
Time	6:30 p.m.
Fee	\$31 (NRT)

Worth Avenue in Palm Beach

The Worth Avenue experience has been treasured for half a century by visitors the world over. Take advantage of this opportunity to shop the more than 250 merchants here, including legendary international boutiques and unique specialty stores found only on the Avenue.

Date	Friday, January 18
Time	9:30 a.m.
Fee	\$5

Pipe Organ Concert at Epiphany Church

Classical music lovers are invited to Weicheng Zhao's pipe organ concert at Epiphany Church in South Miami. After his memorable win at the sixth Miami International Organ competition, Weicheng Zhao returns to Epiphany for a superb concert featuring Bach, Dupre, and Liszt; plus works based on traditional Chinese tunes accompanied by violinist Fang Gao.

Date	Friday, January 25
Time	5:30 p.m.
Fee	\$5

Clyde Butcher Gallery and Everglades City

We are off to the Everglades to visit Clyde Butcher's gallery. Our first stop will be Big Cypress Gallery, where his remarkable photographs give us access to nature we rarely see or experience. We will then head out to Everglades City for lunch and a little browsing (not included in trip fee).

Date	Thursday, January 31
Time	9:30 a.m.
Fee	\$5

FGO's *The Magic Flute* at the Adrienne Arsht Center

Mozart's operatic masterpiece reveals some of opera's most beloved characters as they play out the timeless drama of good versus evil: the vengeful Queen of the Night, her conflicted daughter Pamina, the charming bird catcher Papageno and the handsome prince Tamino. Limited seats are available for this Florida Grand Opera performance.

Date	Tuesday, February 5
Time	6:45 p.m.
Fee	\$62 (NRT)



Non-Refundable Trip (NRT)

These trips require the advanced purchase of tickets. Full payment is due at time of registration and cannot be credited or refunded unless a replacement from the waiting list is available. Tickets are transferable.

Evening Trips Drop-Off Service

For trips that take place in the evening, transportation directly to your home at the end of the night is available at no extra charge. Please call 305-365-8953 to make arrangements.

Adult and Senior Programs



Name
Ed London

Originally from
Philadelphia, Pennsylvania

How long have you lived on the Key?
39 years

Profession
Mortgage lender

Hobbies
Biking and sailing

Favorite activities at the Community Center?
Exercising in the gym, luncheons and special events

Kona Kai in Key Largo

Kona Kai is a magical hideaway, teeming with the natural beauty of old Key Largo and hand-polished into one of the most exclusive resorts known in the Florida Keys. Enjoy a tour the Botanic Gardens, one of only two frost-free botanic gardens in the southeastern USA. Stroll through the fine art gallery, located on the premises, carrying only original works of art from a diverse cross section of artists from around the world. A visit to the resort will be followed by lunch at the famous Key Largo Conch House.

Date Friday, February 15
Time 9:00 a.m.
Fee TBA

Homestead Day Trip

Taste the tropics and enjoy the simple pleasures of the seasonal bounty as we visit such Redland's staples as Robert Is Here, Knauss Berry Farm and Cauley Square.

Date Friday, February 22
Time 9:30 a.m.
Fee \$5

Les Misérables at the Adrienne Arsht Center

Cameron Mackintosh presents a brand new 25th anniversary production of Boublil and Schönberg's legendary musical, *Les Misérables*, with glorious new staging and dazzling scenery inspired by the paintings of Victor Hugo. This new production has been acclaimed by critics, fans and new audiences and is breaking box office records wherever it goes. Limited seats are available.

Date Wednesday, February 27
Time 6:30 p.m.
Fee \$65 (NRT)

Orchid Tea Room at the Fairchild Tropical Botanic Garden

The veranda and ballroom of the Jean Ellen DuPont Shehan Visitor Center is the site of the Orchid Tea Room, which will be open daily during the International Orchid Festival. Enjoy a lovely tea, complete with live music, after shopping for your favorite orchids. Guests will be served scones, savories and desserts, as well as several choices of tea. Fee includes admission and tea service.

Date Friday, March 8
Time 10:30 a.m.
Fee \$40

Flamenco Festival Miami 2013 at the Adrienne Arsht Center

Flamenco Festival Miami returns for a sixth glorious season of world-class flamenco dance and music with Spain's massively popular Ballet Flamenco de Andalucía, coming to Miami for the first time direct from the land where flamenco was born!

Date Friday, March 15
Time 6:45 p.m.
Fee \$50 (NRT)

Day at Gulfstream Park Racetrack & Casino

Enjoy a day at the beautiful Gulfstream Park Racetrack and Casino. Racing package includes a delicious buffet lunch with a complimentary glass of wine, daily race program and handicapping sheet, voucher and reserved seating in the air-conditioned VIP trackside section.

Date Wednesday, March 20
Time 6:45 p.m.
Fee TBA

Vizcaya's Moonlight Garden Tours

Join us for this favorite visitor event and experience Vizcaya's gardens by moonlight. Enjoy live music in the Courtyard of the Main House, take one of the guided tours (starting at 6:30 p.m.) and visit Vizcaya's Café and Shop. Not all areas of the gardens are wheelchair accessible.

Date Wednesday, March 27
Time 6:00 p.m.
Fee \$15

Adult and Senior Programs

Le Havre at Aventura Cultural Arts Center

Part of the Aventura Foreign Film Series, *Le Havre* is a beautifully realized fable-like story from award-winning and internationally renowned director, Aki Kaurismaki. When an African boy arrives in the port city of Le Havre, an aging shoe shiner takes pity on the child and welcomes him into his home and a journey of surprises begins. French with English subtitles. Introduction and post-screening discussion by Shelly Isaacs.

Date	Tuesday, April 16
Time	5:30 p.m.
Fee	\$15

FGO's La Traviata at the Adrienne Arsht Center

Verdi's Violetta Valéry is one of opera's most sublimely drawn characters, and *La Traviata* has continued to captivate audiences for more than 150 years. Verdi's glorious music and Violetta's moving demise make *La Traviata* one of grand opera's most compelling experiences. Limited seats are available for this Florida Grand Opera performance.

Date	Wednesday, April 24
Time	6:30 p.m.
Fee	\$62 (NRT)

Miami City Ballet's Program IV at the Adrienne Arsht Center

Two incredible ballets: *Dances at a Gathering* (Robbins/Chopin) where ten dancers, live Chopin piano music, endlessly beautiful and original invention present a celebration of dance, dancers and life. And *Slaughter on Tenth Avenue* (Balanchine/Rodgers) taken from the hit Rodgers and Hart Broadway musical *On Your Toes*, this is a story of gangsters, strippers and an attempted murder plot revealed just in time. Fast-paced, with tap dancing and talking parts, this is wildly entertaining dance.

Date	Friday, May 3
Time	6:30 p.m.
Fee	\$31 (NRT)

War Horse at the Broward Center for the Performing Arts

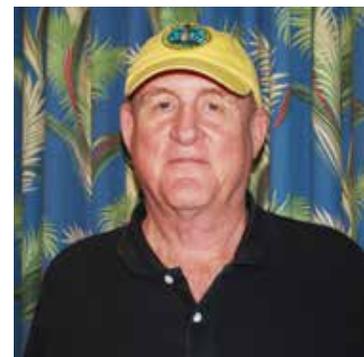
War Horse centers on the relationship between Albert, a teenager growing up on a farm in Devon, England, just before World War I, and his beloved half-thoroughbred horse. The vast stage is virtually bare, but the cast of 35 (including groups of 3 performers who control the horse puppets' "head, heart and hind") is constantly on the move in scenes that jump from the Devon countryside to the battlefields and forests of World War I-era France.

Date	Thursday, May 9
Time	6:00 p.m.
Fee	TBA

The Fox on the Fairway at Actor's Playhouse

The Fox on the Fairway is a charming screwball adventure about love, life and man's eternal love affair with... golf. Written by Ken Ludwig, the author hits a hole-in-one with his tribute to the great English farces of the 1930s and 1940s. Filled with mistaken romance, dreadful attire, emotional mulligans and silly shenanigans, *The Fox on the Fairway* is a "tour-de-course" of rapid-fire chip shots and frenzied miscommunications. Lunch on Miracle Mile will precede the show.

Date	Wednesday, May 15
Time	11:30 a.m.
Fee	\$35 (NRT)



Name
James Henry Brewster IV

Originally from
Connecticut

How long have you lived on the Key?
40 years

Profession
Self-Employed Printer

Hobbies
Walking

Favorite activities at the Community Center?
Luncheons and movies



Adult and Senior Programs – 50+ Corner



MONTHLY PROGRAMS

Key Biscayne Domino Club

Join your friends and neighbors for a friendly game of dominos... *y una tacita de café*.

Days	Mondays, Wednesdays and Fridays
Time	2:00-6:00 p.m.
Location	Adult Lounge
Fee	Free



Card Games and More

Step out of the heat! Join your friends and neighbors in the Adult Lounge for an afternoon of card games and more. Refreshments will be provided.

Days	Tuesdays
Time	1:00-4:00 p.m.
Location	Adult Lounge
Fee	Free

Q&A with Social Security

A bilingual representative from the Social Security Administration will be available to assist you with all of your Social Security and Medicare issues on the last Wednesday of the month (excluding holidays). No appointment is necessary.

Dates	Wednesdays: Jan. 30, Feb. 27, March 27, April 24, May 29
Time	9:30 a.m.-12:00 noon
Location	Second Floor
Fee	Free

A.S.K. Club Lunch

The Active Seniors on the Key (A.S.K.) Club invites all Islanders to a monthly luncheon featuring guest speakers and fun activities with your friends and neighbors. This event is generously sponsored by the Key Biscayne Community Foundation and the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Days	Thursdays
Dates	Jan. 10, Feb. 14, March 14, April 11, May 9
Location	Island Room
Time	12:00 noon
Fee	\$5

MOVIE LOVERS' CINEMA & FILM CLUB

Join us for a free viewing of recently released films every Thursday of the month. The films to be shown have been selected by local residents for the viewing pleasure of all Islanders. To submit movie suggestions for upcoming months, please contact 305-365-8953.



Thursday Matinees at 1:30 p.m.

Dates	January 3, 10, 17, 24, 31 February 7, 14, 21, 28 March 7, 14, 21, 28 April 4, 11, 18, 25 May 2, 9, 16, 23, 30
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Film Club

Movie fans are invited to a free, weekly Film Club where participants will use specially designed materials to critique the fine art of producing, directing, and acting in films. Discussions will focus on award-winning and nominated films.

Days	Tuesdays starting January 15
Time	1:30 p.m.
Location	Island Room

Lunch with an Author

Join us for lunch with a different author as they discuss their latest works and sign copies of their books. This event is generously sponsored by the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Days	Thursdays
Dates	Jan. 17, Feb. 21, March 21, April 18, May 16
Location	Island Room
Time	12:00 noon
Fee	Free

50+ Corner — Adult and Senior Programs

SPECIAL EVENTS

Florida Licensing On Wheels By Appointment Only!

A team of driver license examiners will be on hand to renew or issue replacements or duplicates of your driver's license and vehicle registration, issue new or replacement identification cards, complete out-of-state driver's license transfers and provide handicap decals. Call 305-365-8953 for appointments and information on needed documentation. *Note: Renewals can be completed up to 18 months in advance of the expiration date.*

Dates	Tuesdays: Jan. 8; Feb. 12; March 12; April 9; May 14
Time	10:00 a.m.-3:00 p.m.
Location	Adult Lounge

AARP Driver Safety Program

Take the 8-hour classroom refresher course especially designed for drivers age 55 and over and qualify for auto insurance discounts.

Date	Monday, March 4
Time	9:00 a.m.-3:00 p.m.
Location	Island Room
Fee	\$12 for AARP Members \$14 for AARP Non-Members

Key Biscayne Domino Club Winter Tournament

Join us at the Community Center for lunch and an afternoon of friendly competition. Pre-registration is required by calling 305-365-8953.

Date	TBA
Time	12:00-3:00 p.m.
Location	Adult Lounge
Fee	Free

Mother's Day Breakfast

Happy Mother's Day to all of our Moms, Grandmas and Nanas! Come to the Community Center to celebrate Mother's Day with a delectable brunch and many surprises. You don't even have to be a mom to enjoy this special event!

Date	Friday, May 10
Time	10:00 a.m.
Location	Adult Lounge
Fee	Free



Name
Fran Pressel

Originally from
Chicago, Illinois

*How long have you lived
on the Key?*
40 years

Profession
Retired teacher, currently
a tutor

Hobbies
Playing bridge, reading and
cooking

*Favorite activities at the
Community Center?*
Luncheons and trips and
tours

ANNUAL HEALTH & SERVICES FAIR

Our Annual Health Fair is back! Join us for a day of free screenings, informative presentations, useful information, speaker luncheon, plenty of giveaways and much more! Please register in advance at the Front Desk to secure your spot for the free luncheon. For more information, contact Roxy Lohuis-Tejeda at 305-365-8953.

Date	Wednesday, January 30
Time	10:00 a.m.-1:00 p.m.
Location	2nd Floor Lobby
Fee	Free



Special Events/Important Dates

Winterfest Boat Parade

Date Saturday, December 15
Time 6:00-8:30 p.m.
Location "No Name Harbor" in Bill Baggs Cape Florida State Park
Fee Free Admission

Movies on the Green

Date Friday, December 21
Time 7:00 p.m.
Location Village Green

Christmas Eve

Date Monday, December 24
Community Center will close at 4:00 p.m.

Christmas Day

Date Tuesday, December 25
Community Center will be closed.

New Year's Eve

Date Monday, December 31
Community Center will close at 4:00 p.m.



New Year's Day

Date Tuesday, January 1
Community Center will be closed.

Movies on the Green

Date Friday, January 25
Time 7:00 p.m.
Location Village Green

Movies on the Green

Date Friday, February 22
Time 7:00 p.m.
Location Village Green

23rd Annual Easter Egg Hunt

Date Saturday, March 23
Time 9:30 a.m. (sharp)
Location Village Green

VILLAGE OF KEY BISKEYNE COMMUNITY CENTER

ACTIVE
islander



**Village of Key Biscayne
Parks and Recreation Department**
10 Village Green Way
Key Biscayne, Florida 33149
Telephone: 305-365-8900

Visit us often for updates and new information at
www.ActiveIslander.org

