

ACTIVE islander

WINTER/SPRING
2014



VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER



Hello, Polo!

Learn the basics of water polo or perfect your game by joining a water polo crew. For a complete list of swim options, turn to page 18.

Information for Residents

TABLE OF CONTENTS

- 2** Information for Residents
- 3** Message from the Village Manager
- 4** Membership Information
- 5** Rules and Regulation
- 6** Youth and Teen Programs
- 13** Broadway Musical Theatre
- 14** Youth Dance Programs
- 16** Winter and Spring Break Camps
- 17** Athletics
- 18** Team Key Aquatics
- 19** Swim Kids Swimming School
- 20** Yoga Classes
- 21** Group Exercise Classes
- 22** Fitness Programs and Classes
- 23** Senior Fitness Programs and Classes
- 24** Adult and Senior Programs
- 30** 50+ Corner
- 32** Special Events and Important Dates



Village Officials and Staff

Mayor Franklin Caplan
Vice Mayor Mayra Peña Lindsay
Councilmember Michael Davey
Councilmember Theodore Holloway
Councilmember Michael E. Kelly
Councilmember Ed London
Councilmember James Taintor
Village Manager
John C. Gilbert
Director of Parks and Recreation
Todd Hofferberth
Community Center Manager & Asst.
Director of Parks and Recreation
Ana J. Colls

PARTY PACKAGES AND ISLAND ROOM RENTALS

Planning a party or special event? The Community Center offers a variety of party packages for groups of up to 30 people. Choose from our Basic Party Package; Arts and Crafts Package; Pool Party Package; or the Face-Painting and Balloon Art Party Package.

We also have facilities to accommodate adult parties, meetings and other special events. The Island Room (also known as the Multi-Purpose Room) on the second floor can accommodate up to 150 guests, offers small and large rooms, as well as a warming kitchen.

For more information or to schedule your next event, please visit or call the Community Center's front desk at 305-365-8900.

BEACH PARK ACCESS CARDS

The Village of Key Biscayne's Beach Park, a resident's only facility, requires an access card to enter the park. The access cards are available to Key Biscayne residents only. For additional information please call Ana de Varona at 305-365-7574 or email ADeVarona@KeyBiscayne.fl.gov.

To Obtain a Card: Beach Park access card applications are available online or at the front desk. Please allow 2-3 business days for new cards to be activated.

Proof of Residency: Proof of residency is required when applying for a beach access card. A photo ID plus one of the following is acceptable as proof of residency:

- Current vehicle registration certificate
- Copy of current real property tax bill or deed
- Certificate or letter from the Internal Revenue Service
- Current utility bill
- Tenants must bring an annual lease

Cards per Household: There is a limit of two (2) access cards per household and proof of residency is required for each card issued. A one-person household may only receive one access card.

Fees: There is no fee for the first access card(s). There is a replacement card fee of \$8.00 to de-activate the lost or stolen card and re-issue a new device.

PASSPORT SERVICES

The Village of Key Biscayne is a certified acceptance facility for U.S. passport applications. As a courtesy to our residents, this service is offered by the Parks and Recreation Department at the Community Center, located at 10 Village Green Way, second floor. Rules, downloadable forms, fees, travel advisories and other information are available at the U.S. State Department passport web page. For additional information or to make an appointment, call 305-365-8953. Passport processing also is available at the U.S. Post Office located in the L'Esplanade Shopping Center at 951 Crandon Boulevard. For more information, call 305-ASK-USPS.

Days	Monday to Friday
Hours	9:30 a.m.-4:00 p.m.

Note: Appointments are required.



FREE ON-ISLAND TRANSPORTATION FOR SENIORS

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full- or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.

Message from the Village Manager



Progress Report

Dear Islanders:

Since the last issue of the *Active Islander*, we have been working diligently on various improvement projects throughout the Village. In this issue, I am pleased to report that some projects have been completed while others are advancing as scheduled. Below is an update on our progress.

To the delight of students and sports enthusiasts alike, the installation of the artificial turf and lighting at the M.A.S.T. Academy athletic fields has been completed and the fields are fully functional. In addition, the Interlocal Agreement for usage of the fields by both the Village of Key Biscayne and the Miami-Dade County School Board has been fully executed.

Renovations at the Key Biscayne K-8 Center—including the installation of new windows, air conditioning system and classroom lighting retrofits among other enhancements—began in early November. Modular temporary classrooms are now on-site and are being utilized. In the meantime, Mayor Franklin H. Caplan and I have been working closely with Miami-Dade County School Board officials to address the overcrowding issues at the Key Biscayne K-8 Center. More importantly, we are actively pursuing viable solutions to solve this problem and will report on our progress in the weeks to come.

Village residents residing in our coastal condominium buildings have voiced concerns about the Village's Lighting Ordinance and the manner in which our beaches are maintained. To that end, a workshop has been scheduled for **Tuesday, December 10, 2013 at 7:00 p.m.** in our Village Council Chambers. Subject matter experts and Village Officials will be invited to speak to our residents regarding beach maintenance programs, sea-turtle nesting season and the Village's Lighting Ordinance.

As many residents are aware, standing water and flooding issues can be problematic, especially when high tides coincide with heavy rainfall. To help alleviate future flooding on Key Biscayne, the Village Council recently approved a \$3.4 million stormwater infrastructure project that will commence during the first quarter of 2014. The project, which should take approximately 18-24 months to complete, will include constructing additional deep-water drainage wells, adding backflow preventers on the outfalls and completing some infrastructure repair work that is long overdue. Small-scale engineering studies have already begun in certain areas of our community.

Lastly, I am very happy to report that Miami-Dade County is approaching the last stages of the Bear Cut and West Bridge rehabilitation project. Construction is advancing on both bridges. However, some additional traffic pattern changes will still be required. I greatly appreciate your continued patience and support as we enter into the final phase of this project.

Wishing all of you a safe and happy holiday season!

John C. Gilbert, Village Manager



John C. Gilbert
Village Manager

COMMUNITY CENTER HOURS

General Hours of Operation

Monday - Friday 6:00 a.m. to 10:00 p.m.
Saturday and Sunday 8:00 a.m. to 8:00 p.m.

Pool Hours

(unless otherwise posted for classes and special programs)

Monday - Friday 6:15 a.m. to 8:45 p.m.
Saturday and Sunday 8:15 a.m. to 7:45 p.m.

Swim lanes are always available but may be limited for a class or special program.

Teen Room/Game Room

Monday - Friday 3:00 p.m. to 10:00 p.m.
Saturday and Sunday 10:00 a.m. to 8:00 p.m.

Indoor Playground

(children under age 10 must be supervised by an adult)

Monday - Friday 9:00 a.m. to 1:00 p.m. *(for children under the age of six)*

3:00 p.m. to 8:00 p.m.

Saturday and Sunday 9:00 a.m. to 8:00 p.m.

Access may be limited during special events or parties.

Computer Lab

Monday - Friday 9:30 a.m. to 4:00 p.m. - Adults Only
4:00 p.m. to 8:00 p.m. - All Ages
Saturday and Sunday Available upon request

Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the afternoons after 3:00 p.m.

Adult Basketball

Saturday 10:00 a.m. to 12:00 noon
(ages 35 and up)

Membership Information

Be an Active Islander – Join the Key Biscayne Community Center! Just follow these easy steps:

Complete the Community Center membership application

Forms are available at the front desk by calling 305-365-8900 or online at www.activeislander.org.

Show proof of residency

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill; tenants must bring a current lease; a yearly lease is required for an annual membership.

Pay the membership fee*

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

Membership Category Descriptions

Adults—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

Youth—A youth membership is available to any resident between the ages of 10 and 18.

Senior—A senior membership is available to any resident who is 65 or older.

Student—Any resident who is between the ages of 19 and 25 can apply for the student membership with proof of current school enrollment.

Couple—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

Senior Couple—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

Family—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$65.

Cancellation/Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

Membership Categories

Category	Daily Resident	Daily Guest	Monthly	Yearly
Adults	\$9	\$13	\$55	\$300
Youth (10-18)	\$6	\$9	\$22	\$130
Senior (65+)	\$6	\$9	\$30	\$200
Student (19-25)	\$7	\$10	\$35	\$220
Couple	N/A	N/A	\$85	\$385
Senior Couple (both 65+)	N/A	N/A	\$50	\$300
Family (4 members)	N/A	N/A	\$110	\$525

*Note: Membership fees are subject to change.

Rules and Regulations

Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership. The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building.
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- No fighting or rough play
- No glass containers
- No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- Appropriate clothing required
- No running or bouncing balls in hallways, stairwells or near pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

Guest Policy

- Guests must be accompanied by a resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a guest pass.
- Guest passes are non-refundable.
- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.

Toddler Room Drop-In Care Policies

1. Drop-in care is for children one to five years of age (no exceptions).
2. Parents must sign in their child.
3. Punch Passes must be purchased at the front desk.
 - Member pass for 10 hours: \$70
 - Member pass per hour: \$7
 - Non-member one-hour pass: \$10
4. Drop-in care is on a first-come, first-serve basis.
5. There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
6. There is a two-hour maximum time slot for each child (no exceptions).
7. Parents or guardians are responsible for all diaper changes.
8. Parents must be in the Key Biscayne Community Center while their child is in childcare.
9. Sick children will be denied entry to the drop-in program.
10. If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

Toddler Room Drop-In Care Hours of Operation

Monday - Friday	8:00 a.m.-12:00 noon 4:00 p.m.-8:00 p.m.
Saturday and Sunday	Closed

- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

ADA Policy

The Village of Key Biscayne gladly complies with the provisions of the Americans with Disabilities Act. Persons needing reasonable accommodation to attend or participate in any program may call 305-365-8900. Please allow two weeks prior to the activity or need of assistance to accommodate the request.

Youth & Teen Programs



Name

Enrique Lara

Originally from
Venezuela

How long have you lived on the Key?
3 years

School
Key Biscayne K-8 Center

Hobbies
Playing tennis with my mom

Favority activities at the Community Center
Swimming with TKA

TODDLER & YOUTH FITNESS

Mini Tennis

Looking for a fast, fun way to get kids into tennis—and keep them playing? QuickStart Tennis, by the United States Tennis Association, is an exciting new play format for learning tennis, designed to get kids excited about the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to a child's age and size. Now any child between the ages of 3 and 8 can start playing tennis almost immediately, even if he or she has never picked up a racquet.

Session 1	January 7-February 6
Session 2	February 11-March 20 (pro-rated)
Session 3	April 1-May 1
Session 4	May 6-June 5
Location	Gymnasium
Instructor	Jorge Ribas and Ricardo Mena
Ages	3-4 years
Days	Tuesdays and Thursdays
Time	2:30-3:00 p.m.
Member Fee	\$130 (2x/week) or \$85 (1x/week)
Non-Member Fee	\$150 (2x/week) or \$100 (1x/week)
Ages	5-6 years
Days	Tuesdays and Thursdays
Time	3:00-3:45 p.m.
Member Fee	\$150 (2x/week) or \$90 (1x/week)
Non-Member Fee	\$175 (2x/week) or \$110 (1x/week)
Ages	7-8 years
Days	Wednesdays
Time	3:30-4:30 p.m.
Member Fee	\$100 (1x/week)
Non-Member Fee	\$115 (1x/week)



Triathlon for Kids & Teens

Tri4Kidz is the first youth-focused USA Triathlon Club in South Florida, encouraging healthy lifestyle choices through multi-sport training with an emphasis on fun. The program is open to children ages 6 to 15, and while previous experience is not necessary, participants should be able to swim 25 yards using the freestyle stroke, confidently ride a bike without training wheels and run for 10 minutes continuously. These athletic prerequisites ensure the safety and enjoyment of triathletes and coaches. Sessions include team practices divided by age groups, as well as focus on individual goals. Participants must use a bicycle helmet and sign a liability waiver when registering. For more information, contact Coach Lilly at info@tri4kidz.com or 305-766-6861.

Tri4Kidz

Ages	6-11 years
Days	Mondays, Tuesdays and Wednesdays
Time	5:00-6:00 p.m.
Location	Varies
Sessions	4-week sessions begin January 6
Member Fee	\$150 (2x/week) or \$180 (3x/week)
Non-Member Fee	\$180 (2x/week) or \$216 (3x/week)

Tri4Teenz

Ages	12-15 years
Days	Mondays-Thursdays
Time	6:00-7:00 p.m.
Location	Varies
Sessions	4-week sessions begin January 6
Member Fee	\$180 (4x/week)
Non-Member Fee	\$216 (4x/week)



Youth & Teen Programs

Kidokinetics

Kidokinetics is the “fun way to fitness” where your child will learn a new sport each week. Kids will be introduced to the basics of each sport in a fun and non-competitive atmosphere. Activities include soccer, hockey, tennis, basketball, volleyball, football, golf, hula-hoops, obstacle courses, T-ball and more. Kidokinetics focuses on individual achievement to improve the child’s self confidence. T-shirts can be purchased for an additional \$10 fee. For more information, call 954-385-8511 or visit www.KidoKinetics.com.

Days	Thursdays
Time	10:30-11:15 a.m. (ages 2-4)
Time	4:30-5:15 p.m. (ages 3-6)
Location	Island Room
Session 1	January 9-February 20
Session 2	February 27-April 17 (no class March 27)
Session 3	April 24-June 5
Member Fee	\$84
Non-Member Fee	\$101

BABY & TODDLER

Mommy and Me (Yupi!)

Created for parents/caregivers and their little ones, this bilingual program by Yupi! offers joyful and innovative experiences using non-conventional materials. Pro-rating for the 7-week session is not allowed after the first 2 weeks (participants must then pay per class).

Ages	9-30 months
Days	Wednesdays and Fridays
Time	9:30-10:30 a.m.
Location	Game Room
Session 1	January 8-February 21
Session 2	February 26-April 18 (no class March 26 or 28)
Session 3	April 23-June 6
Instructor	Agustina Lopez-Hill & Silvina Zuain
Member Fee	\$140 (1x/week) \$224 (2x/week) \$25 (per class)
Non-Member Fee	\$168 (1x/week) \$268 (2x/week) \$30 (per class)

Book Buddies

A fun and exciting introduction to literacy and school readiness. Children ages 2-5 will develop language, social and early literacy skills, as well as improve fine and gross motor abilities. They will explore wonderful children’s literature through this multi-sensory approach. Parents are welcome to stay but is not required. Sessions are 6 weeks long and all materials are included in the class fee.

Ages	2-5 years
Days	Mondays
Time	10:00-10:45 a.m.
Location	Game Room
Session 1	January 6-February 24 (no class Jan. 20 or Feb. 17)
Session 2	March 3-April 14 (no class Mar. 24)
Session 3	April 21-June 2 (no class May 26)
Instructor	Allison McCormick, MS Ed.
Member Fee	\$96/session or \$20/class
Non-Member Fee	\$115/session or \$24/class



Free Parenting Groups

The University of Miami (UM) is providing free parenting groups facilitated by the Families First Network. Funded by The Children’s Trust, this incredible opportunity enables parents and caregivers to learn from UM Parenting Specialists. Programs are free of charge and open to the public, but participants must pre-register. For more information, call 305-243-8425 or e-mail FamiliesFirst@med.miami.edu.

Baby and Me

Weekly classes provide parents and caregivers an opportunity to develop close relationships with their infants while learning about infant development in a supportive environment. Bring your babies!

Ages	0-6 months	Session	January 15-March 19
Days	Wednesdays		
Time	10:00 a.m.-12:00 noon		
Location	Island Room		

Parenting Group for Parents of Children 1-7 Years

The “Strengthening Families and Communities” group meets weekly for parents and caregivers to discuss and learn ways to help children identify and express their feelings; improve children’s behavior; and teach children to handle anger and sadness.

Ages	Adults only	Session	February 4-April 29 (no class March 25)
Days	Tuesdays		
Time	10:00 a.m.-12:00 noon		
Time	7:00-9:00 p.m.		
Location	Adult Lounge or Island Room		

Youth & Teen Programs



ARTS AND CRAFTS

Art Lab for Toddlers

Yupi! introduces a new art program for young children. Students will be introduced to a variety of artistic materials, including paint, clay, watercolors, paper, feathers, fabrics, homemade dough and much more. The exposure to these materials will allow children to explore and develop their creative selves. Sessions are 7 weeks long and may not be pro-rated after the first 2 weeks (participants must then pay per class). Class fee includes all materials and take-home projects.

Ages	18 mos-3 years
Days	Fridays
Time	10:45-11:45 a.m.
Ages	2½-4 years
Days	Thursdays
Time	4:30-5:30 p.m.
Location	Arts & Crafts Room
Session 1	January 9-February 21
Session 2	February 27-April 18 (no class March 27 or 28)
Session 3	April 24-June 6
Instructor	Agustina Lopez-Hill & Silvina Zuain
Member Fee	\$175/session or \$28/class
Non-Member Fee	\$210/session or \$33/class



Art Lab for Kids

Dripping Dot invites children on an exciting art journey where they not only learn about the most influential art movements and artists in history, but also participate and enjoy hands-on projects based on famous artists. Explore Picasso, Matisse and Van Gogh, among other artists, through drawing, painting, collage, printmaking and sculpture using a large variety of materials and techniques. Students will work on a series of guided projects that encourage creativity, exploration and self-expression through the artistic process. They will develop skills and technique while producing 2D and 3D media. Working from still life to personal experience, photographs and imagination, children will explore various media including charcoal, paint, ink and clay to create their own pieces. The instructor is an experienced visual artist who combines creativity through hands-on experimentation and an art history reference approach. Limit of 12 students per class. Class fee includes all materials and take-home projects.

Art Lab for Kids Ages 5-8 Years

Days	Mondays
Time	5:00-6:30 p.m.
Location	Arts & Crafts Room
Session 1	January 13-March 17 (no class Jan. 20 or Feb. 17)
Session 2	March 31-May 19
Instructor	Laura Villarreal
Member Fee	\$280
Non-Member Fee	\$336

Art Lab for Kids Ages 9-12 Years

Days	Wednesdays
Time	5:00-6:30 p.m.
Location	Arts & Crafts Room
Session 1	January 15-March 19
Session 2	April 2-May 21
Instructor	Laura Villarreal
Member Fee	\$350 (Session 1) \$280 (Session 2)
Non-Member Fee	\$420 (Session 1) \$336 (Session 2)

Youth & Teen Programs

Claytime for Kids

Introduce your kids to the magical world of pottery! Each class will be an exciting experience where students will unleash their imagination and see their works of art come to life. Students will learn to create projects from clay with the basic methods of hand building: coiling, pinching and slab work. Children will also learn to use the potter's wheel. They will make a variety of bowls, containers and sculptural art pieces while being guided step-by-step through the processes, including decorating, glazing and firing. All work will be fired in the kiln twice, which makes the pottery safe to use for food and drinks. Classes are taught by caring instructors with over 20 years of experience. Sessions are 4 weeks long and may not be pro-rated. An additional materials fee will apply.

Ages	6-16 years
Days	Mondays and Wednesdays
Time	3:30 p.m.-4:30 p.m.
Location	Arts & Crafts Room
Session 1	January 6-29 (no class Jan. 20)
Session 2	February 3-26 (no class Feb. 17)
Session 3	March 3-April 2 (no class March 24 or 26)
Session 4	April 7-30
Session 5	May 5-June 4 (pro-rated; no class May 26)
Instructor	Laura Marmol & Fabiana Jelambi
Member Fee	\$100 (1x/week) \$160 (2x/week) \$28 (per class)
Non-Member Fee	\$120 (1x/week) \$192 (2x/week) \$33 (per class)
Materials Fee	\$40



Brazilian Art Workshops

Discover Brazil through the arts! The Brazil-USA Cultural Center (CCBU), along with Key Biscayne artist Silvana Soriano, are offering a series of workshops for children focused on the art and culture of each of the 2014 FIFA World Cup host cities. Workshops (which are taught in Portuguese) provide a variety of creative artistic experiences while promoting and enriching knowledge about Brazilian culture and language. Students will have the opportunity to create art projects based on the artistic production of each region and learn various artistic procedures such as drawing, printmaking, painting, sculpture and installation. The workshops will focus on the following cities: Natal (January 11), Belo Horizonte (February 8), Porto Alegre (March 15), São Paulo (April 12) and Rio de Janeiro (May 17). The class fee includes materials and take-home projects.

Ages	5-12 years
Days	Saturdays
Dates	January 11, February 8, March 15, April 12 & May 17
Time	9:30 a.m.-12:30 p.m.
Location	Arts & Crafts Room
Instructor	Silvana Soriano
Member Fee	\$60 each
Non-Member Fee	\$72 each



Painting & Collage Workshops

In these monthly workshops, students will find a theme for each project, write it down and then paint from that intention. Projects will be embellished with handmade papers through collage techniques. No experience is necessary, just a desire to be creative and practice self expression. Students will develop and express their creativity and enjoy an unforgettable experience.

Ages	8-15 years
Days	Saturdays
Dates	January 25, February 22, March 15, April 19 & May 31
Time	2:00-4:30 p.m.
Location	Arts & Crafts Room
Instructor	Andrea Beloff
Member Fee	\$60 each
Non-Member Fee	\$72 each



Youth & Teen Programs

KB STRINGS ORCHESTRA

KB Strings offers a Suzuki Fusion String Ensemble Method with the best practices of classical string techniques. Group lessons and rehearsals are fun and exciting with this strings program! Choose from violin, viola, cello, bass or any wind instrument (flute, clarinet, trumpet, trombone, French horn, saxophone, oboe, bassoon, percussion). Lessons include string technique, music theory, rhythm training and sight reading. Music appreciation, pitch matching and ensemble skills are also integrated into the class. Previous experience and audition are required for placement in the String Ensemble Advanced class. A materials/registration fee will apply and must be paid directly to the instructor. Students may participate in one trial class. If the student chooses to register for the program, the payment for the trial class will be included in the session payment. For more information, visit www.KBStrings.com.



Session Dates January 6-June 3

Classes will not take place on the following dates:

Monday, January 20
 Monday, February 17
 Monday-Friday, March 24-28
 Monday-Friday, April 14-18
 Monday-Tuesday, April 21-22
 Monday, May 26

FEES		
	Member Fee	Non-Member Fee
Music Together <i>Ages 0-5 years</i>	\$250 (10 Weeks) \$225 (9 Weeks)	\$300 (10 Weeks) \$270 (9 Weeks)
Toddler Strings (Pre-Twinkle) <i>Ages 3-6 years</i>	\$475 (19 Weeks)	\$570 (19 Weeks)
String Ensemble (Play In) <i>Ages 6 years & up</i> *may attend Wednesday & Friday SE classes	\$570 (19 Weeks)	\$684 (19 Weeks)
String Ensemble Advanced <i>By audition only</i>	\$480 (16 Weeks)	\$576 (16 Weeks)

GROUP LESSONS SCHEDULE				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
String Ensemble <i>Advanced</i>	Toddler Strings <i>Pre-Twinkle</i>	String Ensemble <i>Play In</i>	Music Together	String Ensemble <i>Play In</i>
7:00-8:00 p.m.	3:30-4:15 p.m.	2:30-3:15 p.m.	11:45 a.m.-12:30 p.m. or 3:30-4:15 p.m.	3:30-4:15 p.m.

MUSIC & PERFORMING ARTS

Kids Make Music I

Give your child the gift of music! This program provides an opportunity for young children to experience, explore and create music in a relaxed and playful environment. Classes meet once a week for 45 minutes to sing, chant, move, dance and jam! Sessions are 5 weeks long and may not be pro-rated.

Ages 1-2 years
Days Tuesdays
Time 9:30-10:15 a.m.
Location Game Room

Session 1 January 7-February 4
Session 2 February 11-March 18 (pro-rated)
Session 3 April 1-29
Session 4 May 6-June 3
Instructor Angeles Padilla

Member Fee \$100/session or \$25/class
Non-Member Fee \$120/session or \$30/class

Kids Make Music II

In this class, kids are invited to explore their musical abilities by playing various instruments, improvising, learning musical concepts and singing. They will have fun learning about classical composers as well as pop stars. These budding musicians will become confident and creative, while discovering the wonderful world of music. Sessions are 5 weeks long and may not be pro-rated.

Ages 3-5 years
Days Thursdays
Time 2:30-3:15 p.m.
Location Island Room

Session 1 January 9-February 6
Session 2 February 13-March 20 (pro-rated)
Session 3 April 3-May 1
Session 4 May 8-June 5
Instructor Angeles Padilla

Member Fee \$100/session or \$25/class
Non-Member Fee \$120/session or \$30/class

Youth & Teen Programs

Choir for Kids

The Andante Choir is calling all boys and girls who love music and would like to sing in a group! This is your chance to explore fun ways of sight-singing, ear training and vocal techniques to become a confident singer. Song repertoires will include popular songs and two-part arrangements. Auditions are not required. Sessions are 6 weeks long.

Ages	8-14 years
Days	Mondays
Time	6:00-7:00 p.m.
Location	Island Room
Session 1	January 6-February 24 (no class Jan. 20 or Feb. 17)
Session 2	March 3-April 14 (no class March 24)
Session 3	April 21-June 2 (no class May 26)
Instructor	Florencia Badino
Member Fee	\$108
Non-Member Fee	\$129

Ultimate Guitar

This class is designed for young guitar players who are just discovering their love of the instrument or are already at an intermediate level. Taught using a highly effective curriculum, this class uses a multi-style approach focusing on correct technique and music reading. Children will have fun in a relaxed environment where they can play their favorite songs. Please bring your own guitar. Sessions are 5 weeks long.

Ages	8 years and up
Days	Wednesdays
Time	2:30-3:20 p.m. (Beginner)
Time	3:30-4:20 p.m. (Intermediate)
Time	4:30-5:20 p.m. (Beginner)
Location	Island Room
Session 1	January 8-February 5
Session 2	February 12-March 19 (pro-rated)
Session 3	April 2-30
Session 4	May 7-June 4
Instructor	Angeles Padilla
Member Fee	\$100
Non-Member Fee	\$120

SPECIAL PROGRAMS

Spanish for Bilingual Children

Join Isabella & Ferdinand Curso Intensivo® for an exciting tour of the Americas. Students will learn about Guatemalan Mayan culture, the Costa Rican rainforest, the Panama Canal, Spanish flamenco and even explore the legends behind the Alhambra. Students will improve their oral, written and reading skills while exploring the art, literature, music and culture of the Spanish-speaking world. The 4 p.m. class is designed for children who are bilingual or have a solid comprehension base of Spanish. The 5 p.m. class is designed for children who understand some Spanish but who are not yet bilingual. Classes have a maximum of 10 students and are taught in an immersion environment exclusively by qualified, native Spanish-speaking teachers. Siblings receive a 10% discount. For more information, visit www.IsabellaAndFerdinand.org.

Days	Fridays
Time	4:00-5:00 p.m. (ages 3-5 years)
Time	5:00-6:00 p.m. (ages 5-7 years)
Location	Island Room

Session 1	January 10-March 14 (no class Jan. 17 or Feb. 7)
Session 2	April 4-May 30 (no class April 18)
Instructor	Isabella & Ferdinand® Instructor

Member Fee	\$200
Non-Member Fee	\$240

Jewelry Design

Create customized, stylish jewelry that's ready for you and your friends to wear! Choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades and will gladly help you unleash your creativity. Basic materials are included in the class fee.

Ages	6 years and up
Days	Tuesdays and Thursdays
Time	3:00-6:00 p.m.
Location	Second Floor Lobby

Session	Ongoing
Instructor	Judi Koslen

Member Fee	\$10 per class
Non-Member Fee	\$12 per class



Name
Gaby Isaacs and Susy Londoño

Originally from
Venezuela and Colombia

How long have you lived on the Key?
8 years and 10 years

School
Key Biscayne K-8 Center

Hobbies
Rollerblading and hanging out (Gaby)
Dancing and rollerblading (Susy)

Favorite activities at the Community Center
Playing futsal and doing my homework (Gaby)
Dancing and playing basketball in the gym (Susy)

Youth & Teen Programs



Chess for Kids & Families

Playing chess has proven to help students enhance their creativity, improve their power of concentration, develop and expand critical thinking skills, boost memory and retention and achieve superior academic performance. Students will learn opening theories, strategies, tactics, endgame techniques and check mating patterns. They will learn to record and analyze their games and play with the chess clock. Good sportsmanship and playing etiquette are emphasized at all times. All levels are welcome. Parents can participate but must also register for the class. Sessions are 8 weeks and may not be pro-rated after the second week (participants must then pay per class).

Ages	7 years and up
Days	Saturdays
Time	10:30-11:30 a.m.
Location	Adult Lounge
Session 1	January 11-March 15 (no class Jan. 18 or Feb. 15)
Session 2	April 5-May 31 (no class May 24)
Instructor	Oscar Maldonado, National Master
Member Fee	\$120/session or \$20/class
Non-Member Fee	\$144/session or \$24/class



Homework Club

Catch up on class work or fine-tune your academic skills with this after school club.

Ages	Grades 1-8
Days	Mondays, Tuesdays and Thursdays
Time	3:30-4:30 p.m.
Days	Wednesdays
Time	2:30-3:30 p.m.
Location	Game Room
Member Fee	Free
Non-Member Fee	\$6 per day

Dodgeball Club

Have fun with this club for dodgeball fanatics.

Ages	Grades 3-8
Days	Wednesdays
Time	2:30 p.m.
Location	Gymnasium
Fee	Every child pays \$5 per month

ROBOTICS WORKSHOPS

Whether you are a beginner or advanced robot builder, these workshops will teach you how to be an engineer by learning basics in programming, playing with LEGOS®, building sturdy robots and giving you more practice time. Don't miss this unique opportunity to learn from a robotics specialist! Class fee includes the cost of materials.

Ages	7-11 years
Time	9:00 a.m.-12:00 noon
Days	Saturdays
Dates	January 18 & 25 February 22 March 8 & 22 April 5 & 26 May 10 & 31
Location	Arts & Crafts Room
Instructor	Maria Teresa Valle
Member Fee	\$60 each
Non-Member Fee	\$72 each



Broadway Musical Theatre Program

The Broadway Musical Theatre (BMT) Program, named “one of the best theatre programs in the country” by critic Richard Cameron, presents a theatre program that trains students in becoming triple threat performers: unparalleled actors, singers and dancers! Each class will consist of the technical aspects of ballet, jazz, tap and improvisation to learn the various styles and choreographies of Broadway’s most famous musicals. Students will also learn how to define a character, develop vocal techniques and master the various musical theatre techniques and styles. In the beginning levels, fundamental technique and style will be introduced in the three areas (dance, song and acting). In the more advanced levels, a range of styles, sophisticated technique and vocal performance will be the focus. Advanced and Company class students need permission from the instructor before they can register. For more information, go to www.BroadwayMusicalTheatre.com.

Session	January 21-May 17 (16 weeks: no class March 24-29)
Location	Dance Studio
Member Fee	\$560
Non-Member Fee	\$670

Broadway Group 1

Ages	5-6 years
Days	Tuesdays and Thursdays
Time	4:30-5:30 p.m.

Broadway Group 2

Ages	5-6 years
Days	Mondays and Fridays
Time	2:30-3:30 p.m.

Broadway Group 3

Ages	7-8 years
Days	Mondays and Fridays
Time	3:30-4:30 p.m.

Broadway Group 4

Ages	9-12 years
Days	Mondays and Fridays
Time	4:30-5:30 p.m.

ADVANCED & COMPANY

Advanced classes are designed for students with strong skills in at least two of the following areas: singing, dancing or acting. Company classes are designed for the “Triple Threat” students who have a strong foundation in all three areas: singing, dancing and acting. For Company students, advanced workshops will be held every Saturday and some Sundays for special guest teachers and rehearsals. Company classes are for serious students who will participate in the final production. These classes are taught by experienced instructors and are by invitation only.

Session	January 21-May 17 (16 weeks: no class March 24-29)
Location	Dance Studio
Member Fee	\$610
Non-Member Fee	\$732

Broadway Advanced Group I

Ages	7-9 years
Days	Tuesdays and Thursdays
Time	3:30-4:30 p.m.
Days	Wednesdays
Time	3:00-4:15 p.m.

Broadway Advanced Group II

Ages	10-13 years
Days	Wednesdays
Time	4:15-5:30 p.m.
Days	Saturdays
Time	12:30-3:00 p.m.

Company

Ages	By audition only
Days	Saturdays
Time	12:30-4:30 p.m.
Days	Sundays - TBA

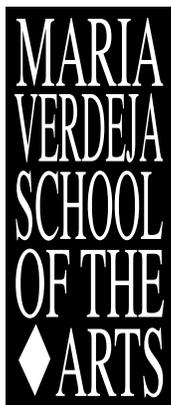


BMT ADULTS

This is an open call for adults to learn ballet and other aspects of musical theatre. At the end of the course, participants will take part in a full production (past shows include *Mamma Mia!* and *Chicago*) and join our famous Broadway family. Session is 12 weeks long.

Session	February 19-May 14 (no class March 26)	Location	Dance Studio
Days	Wednesdays	Member Fee	\$300
Time	12:00-1:30 p.m.	Non-Member Fee	\$360

Youth Dance Programs



The Maria Verdeja School of the Arts proudly offers its ever-popular dance program at the Community Center. Dancers can choose from a wide variety of classes that teach various dance techniques.

Classical Ballet

Considered the foundation to all dance forms, Classical Ballet is the contrast between strong leg movements and the graceful upper body.

**Participants are required to take ballet twice per week.*

Lyrical Dance

This class is the fusion of ballet and jazz techniques. Dancers use motion to interpret music and express emotion.

Jazz

This exciting dance form is set to pop music where dancers show off energetic skills such as high kicks and large jumps.

Jazz Funk

Integrating jazz, soul and funk music with dynamic movements, this class uses the music's strong backbeat to accentuate the steps and style of this dance form.

Tap

A form of dance that uses quick and precise footwork to create rhythmic sounds and syncopation with the tap shoe.

Acro

This tumbling course develops balance, coordination, strength and elasticity by perfecting skills in dance stunts and flips.

Session 1

January 6-February 20
(no class Jan. 20 or Feb. 17)

Session 2

February 24-April 10

Session 3

April 14-June 5
(no class April 17-26 or May 26)

Classes/Week	7-Week Session	
	Member	Non-Member
1 class	\$126	\$151
2 classes	\$224	\$269
3 classes	\$294	\$353
4 classes	\$336	\$403
5 classes	\$385	\$462
6 classes	\$420	\$504

Additional Fees: Information about annual registration and costume fees is provided by instructors. These fees are paid directly to Maria Verdeja School of the Arts.

GROUP LEVELS

Grade	Group
Pre-K3	Pink
Pre-K4	Mint
Kindergarten	Fuscia/Jazz 3-4/Tap Beg 2/Acro
1st Grade	Lime/Jazz 3-6/Tap Beg 2/Acro
2nd Grade	Red/Jazz 5-6/Tap Beg 2/Acro
3rd Grade	Lilac/Jazz 7-8/Tap Int 2/Lyrical 7-8/Acro
4th Grade	Royal/Jazz 7-8/Tap Int 2/Lyrical 7-8/Acro
5th, 6th & 7th Grade	Burgundy/Jazz 9-10/Tap Int 2/Lyrical 9-10/Acro
Placed by Instructor	Chocolate/Pointe



Youth Dance Programs

YOUTH DANCE COMPANY OF KEY BISCAIYNE

Let your daughter benefit from the confidence, grace, poise and discipline that the study of ballet, modern dance and jazz will instill in her for a lifetime. This program is directed by Susana Catturini, a graduate of New World School of the Arts and the University of Florida. In **Ballet I**, young children will develop a strong foundation in dance and movement, while learning basic vocabulary and basic ballet technique at the barre, in the center and across the floor. In **Ballet II**, students will explore and develop a deeper understanding of the vocabulary, technique and theoretical concepts of ballet. Older and more advanced students can take **Modern Dance and Jazz** to learn a variety of techniques including classical, contemporary and eclectic styles. This class is designed to improve dance techniques as well as to teach several dance combinations of both modern dance and jazz. Classes will conclude with a stage performance at the end of Session 3.

Session 1	January 6-February 19 (no class Jan. 20 or Feb. 17)
Session 2	February 24-April 19 (no class March 24, 26 or 29)
Session 3	April 21-June 7 (no class May 26)
Instructor	Susana Catturini and Company Instructors
Additional Fees	Registration and costume fees paid directly to Susana Catturini

Ballet I & II

Days	Mondays and Wednesdays
Time	4:00-5:00 p.m. (ages 3-5 years)
Time	5:00-6:00 p.m. (ages 6-10 years)
Location	Island Room
Member Fee	\$184
Non-Member Fee	\$220

Modern Dance & Jazz

Days	Saturdays
Ages	11 years and up
Time	5:00-6:30 p.m.
Location	Dance Studio
Member Fee	\$138
Non-Member Fee	\$165

HIP HOP KIDZ & TEENZ

Learn the latest hip-hop choreography to the coolest music from shows like *So You Think You Can Dance* and *America's Best Dance Crew* in a fun, creative and easy-to-learn atmosphere. In this class, your child will learn and understand musical beats and perform to awesome choreography as if they were dancing in their very own music video. Students will attain a heightened sense of self esteem and body awareness, make new friends and learn to work as a team. Pro-rating is not allowed for this 7-week class.

Days	Wednesdays
Time	6:30-7:30 p.m. (ages 7-11 years)
Time	7:30-9:00 p.m. (ages 12-18 years)
Location	Island Room
Session 1	January 8-February 19
Session 2	February 26-April 16 (no class Mar. 26)
Session 3	April 23-June 4
Instructor	Ali Rae
Member Fee	\$105 (ages 7-11 years) \$158 (ages 12-18 years)
Non-Member Fee	\$126 (ages 7-11 years) \$189 (ages 12-18 years)



GYMNASTICS

Join the American Gymsters coaches and staff for an outrageously good time! Boys and girls of all gymnastics skill levels will have a great time working on the vault, beam, bars, floor and trampoline... along with other fun activities!

Session 1	Jan. 21-Mar. 29	Fees	
Session 2	April 1-June 7		(10 weeks per session)
Days	Tuesdays	Beginners and Intermediate	
Times		1 x per week	
Beginners	4:00-5:00 p.m.	Members	\$270
Intermediate	5:00-6:00 p.m.	Non-Members	\$324
Advanced	6:00-7:30 p.m.	2 x per week	
Pre-Team	6:00-7:30 p.m.	Members	\$440
		Non-Members	\$528
Days	Saturdays	Advanced and Pre-Team	
Times		1 x per week	
Beginners	9:00-10:00 a.m.	Members	\$320
Intermediate	9:00-10:00 a.m.	Non-Members	\$384
Advanced	10:00-11:30 a.m.	2 x per week	
Pre-Team	10:00-11:30 a.m.	Members	\$450
		Non-Members	\$540

Additional Insurance Payment
\$70 per year (made payable to American Gymsters)



Winter & Spring Break Camps



MARINE BIOLOGY CAMP

NSU adjunct professor and marine biology enthusiast Gerard Loisel leads this camp where kids explore the intertidal zone at Bear Cut, learn about interesting marine animals, visit Bill Baggs State Park, learn to tag fish for scientific research and much more. Participants must register for entire session.

Ages	8-14 years
Instructor	Gerard Loisel
Time	9:00 a.m.-4:00 p.m.
Dates	Monday & Tuesday: Dec. 23 & 24
Dates	Thursday & Friday: Jan. 2 & 3
Member Fee	\$125 per 2-day session
Non-Member Fee	\$149 per 2-day session
Time	9:00 a.m.-1:00 p.m.
Dates	Monday-Friday: March 24-28
Member Fee	\$165
Non-Member Fee	\$198

SCIENCE MINI CAMPS

Learn science while having fun! This camp offers exciting, hands-on and interactive activities led by the professional staff of Nutty Scientists™ who use a unique, award-winning methodology. By combining fun with learning, each day of camp will incorporate an educational component or theme such as Crazy Chemistry, Taking Care of the Earth, Electricity and Sparks, Famous Scientists, Water and many other great subjects. Children will learn how to implement experimentation as a learning tool. The camp fee includes all materials. Campers are required to bring their own lunch and snacks.

Ages	5-10 years
Days	Thursday and Friday
Time	9:00 a.m.-4:00 p.m.
Location	Arts & Crafts Room
Session 1	December 26 & 27
Session 2	January 2 & 3
Instructor	Nutty Scientist™ Instructors
Member Fee	\$100 per 2-day session
Non-Member Fee	\$120 per 2-day session

RAT'S DAY OFF (TEACHER PLANNING DAYS)

When Key Rats are off from school, they can spend the day having fun in a safe environment. Each full-day program offers a variety of activities, which may include computer lab, movies, arts and crafts, games, sports, swimming, field trips and much more. Lunch is not included, so please don't forget to bring your own. Please register in advance to ensure proper staffing and child supervision.

Ages	K-8th Grade	Member Fee	\$30 per day
Time	8:00 a.m.-3:00 p.m.	Non-Member Fee	\$36 per day
Dates	Monday, December 23	Late Care	3:00-6:00 p.m.
	Thursday, January 2	Member Fee	\$15 per day
	Friday, January 3 & 17	Non-Member Fee	\$18 per day
	Friday, February 7		
	Friday, March 21		
	Friday, April 18		
	Friday, June 6		

KBCC SPRING BREAK CAMP

Ages	K-8th grades	Session	March 24-28
Time	8:00 a.m.-4:00 p.m.	Late Care	4:00-6:00 p.m.
Camp Fees		Member Fee	\$15 per day
Member Fee	\$150/week or \$40/day	Non-Member Fee	\$18 per day
Non-Member Fee	\$200/week or \$45/day		

SPORTS CAMPS

Calling all sports enthusiasts! Whether you're a sports pro or want to learn some new skills, you'll have a blast in Tony Goudie's sports camps. Tony offers a fun-filled camp experience in a non-competitive environment where you can play your favorite games and perhaps learn a new sport.

Ages	6-14 years
Time	10:00 a.m.-2:00 p.m.
Location	Gymnasium or Village Green
Member Fee	\$30 per day
Non-Member Fee	\$36 per day

Basketball Camp

Dates	December 23, 24, 26 & 27
Dates	Monday, January 20
Dates	March 24-28

Flag Football Camp

Dates	December 30, 31, January 2 & 3
Dates	Monday, February 17
Dates	April 21-25

ATHLETICS

Welcome to another great season of Key Biscayne Spring Baseball and Softball. This fun-filled season will provide children with the skills to play recreational or travel baseball and softball. Program prices include uniforms, trophies, umpires, opening/closing day celebrations, and more.

Save the Date! Saturday, March 8, 2014

Opening Day Celebration and First Games

Registration	January 6-February 9
Evaluations	TBA March 2014

Co-Ed Recreational Baseball

DIVISION	AGES	FEE
T-Ball	5-7 years	\$185
Coach Pitch	7-9 years	\$250
Mustang	10-12 years	\$250

Girls Recreational Softball

DIVISION	AGES	FEE
Junior Softball	9-12 years	\$250
Senior Softball	13-14 years	\$250

Girls Softball Clinics

These clinics will train players in all aspects of softball, regardless of skill or ability level, including: hitting, fielding, base running, pitching, team plays and much more. Beginners are welcome and encouraged to participate. Free practice T-shirt will be given to participants who register for all 6 clinics. For questions or more information, contact Coach Johanna at 786-255-9449.

Ages	8-14 years (must be 9 years old by March 1, 2014)
Days	Saturdays (6 weeks)
Dates	December 7 & 14 January 11, 18 & 25 February 1
Time	9:00-10:30 a.m.
Location	Key Biscayne K-8 Center
Member Fee	\$120/session or \$25/clinic
Non-Member Fee	\$144/session or \$30/clinic

Co-Ed Volleyball Clinics

Back by popular demand, experienced coaches will offer a series of individual and group skill development clinics at the Community Center. Each clinic is limited to 35 participants and will fill up quickly. For more information, contact Jill Stephens at 786-302-2327.

Days	Sundays (5 weeks)
Dates	Jan. 12 & 26; Feb. 2, 9 & 23
Time	3:00-4:15 p.m. (ages 8-11)
Time	4:15-5:30 p.m. (ages 12-14)
Location	Gymnasium

Member Fee	\$75/session or \$20/clinic
Non-Member Fee	\$90/session or \$24/clinic

Days	Mondays (10 weeks)
Dates	March 10-May 19 (except March 24)
Time	6:30-7:45 p.m. (ages 8-11)
Time	7:45-9:00 p.m. (ages 12-14)
Location	Gymnasium

Member Fee	\$150/session or \$20/clinic
Non-Member Fee	\$180/session or \$24/clinic

Spring Soccer

The Key Biscayne Soccer Club offers PeeWee, Intramural and Travel programs from March to May of 2014.



For more information

visit: www.KeyBiscayneSoccerClub.com
email: webmaster@KeyBiscayneSoccerClub.com



Key Biscayne Basketball Academy

Take part in this action-packed basketball program designed to strengthen a player's game and spirit. Boys and girls will learn good sportsmanship, develop strong playing skills and build lasting friendships.

Ages	6-14 years	Sessions	4-week sessions begin January 6
Days	Mondays and Fridays	Member Fee	\$120
Times	Beginners 3:00-4:00 p.m. Intermediate 4:00-5:00 p.m. Advanced 5:00-6:00 p.m.	Non-Member Fee	\$144



Team Key Aquatics



Interested in joining TKA?

Please contact Coach Gaby at 786-200-6717 prior to registering.

Practice days and times are subject to change.



If you love swimming and are willing to work hard to improve your skills, then Team Key Aquatics (TKA) is definitely for you. TKA is a dynamic aquatic program dedicated to the future of its athletes. In addition to having fun, coaches strive to develop athletes through fundamental swimming skills that will maximize their potential. TKA will further strengthen each swimmer's athletic arsenal by preparing him or her for their high school swimming and water polo seasons. One of the many goals at TKA is to give its young athletes the tools and skills necessary to successfully compete at the high school level.

TKA has introduced a method of cross-training called Swimfit that will allow every athlete to reach his or her prime fitness level. Seamlessly mixing aquatic training with dry-land exercises, TKA coaches will train their athletes in the art of balancing swim stroke training and dry-land workouts at every Crew level. Swimfit is a conditioning program that mixes swim stroke training, swimming sprints, running sprints, pushups, pull ups, sit ups, squats, lunges and other functional movements. The more muscles worked, the more calories burned. The group workouts are short, highly intense and constantly changing, making them fun, yet challenging. As coaches, we strive to make our athletes functionally fit.

4-Week Sessions	January 6-June 6
Member Fee	\$150 (1-3 times/week) \$200 (4 times/week) \$250 (5 times/week)
Non-Member Fee	\$180 (1-3 times/week) \$240 (4 times/week) \$300 (5 times/week)

TKA Masters

Swimmers in TKA Masters pride themselves on swimming better and faster. High school athletes and adult swimmers benefit from interval and speed based workouts as well as stroke technique training. TKA coaches successfully supplement in-pool training with training outside of the pool.

Days	Mondays, Tuesdays, Wednesdays, Thursdays
Time	6:45-7:45 p.m.

Swimfit Open Crew

Swimfit Open Crew swimmers are introduced to swimming as a fun sport. They are coached on basic stroke technique and are taught entry-level drills and exercises. Focusing on Freestyle and Breaststroke, Open Crew swimmers learn the first strokes necessary for a strong swimming foundation.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	3:40-4:10 p.m.

Water Polo Open Crew

Water Polo Open Crew swimmers are introduced to water polo as a fun sport. Open Crew swimmers are coached on basic water polo techniques and are taught entry-level drills and exercises. After mastering the basics, Water Polo Open Crew athletes will practice with their age groups.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	4:15-4:45 p.m.

10 Years & Under Crew

10 Years & Under Crew swimmers increase their exercise load to 45 minutes per practice and begin to implement backstroke techniques into water polo play and strategy. This group emphasizes specific water polo drills and exercises and focuses in greater detail on aerobic conditioning. 10 Years & Under Crew swimmers work on proper water polo technique as well as speed work and interval training.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	4:50-5:35 p.m.

11 Years & Over Crew

11 Years & Over Crew swimmers increase their exercise load to 1 hour per practice and begin to work on game strategy and advanced speed and interval training. The 11 Years & Over Crew focuses on perfecting their water polo game and simulates actual high school game play. Increased game time and specific game strategy will help 11 Years & Over Crew athletes prime themselves for the first season on their high school water polo team.

Days	Mondays, Wednesdays, Fridays
Days	Tuesdays, Thursdays, Fridays
Time	5:40-6:40 p.m.

Swim Kids Swimming School

*Parents & Me: Ages 4-24 months

Ideal for babies, this Parents & Me class is an opportunity for parents to spend quality time with their children.

The instructor will introduce basic swimming and water survival skills. Each class requires a minimum of 3 children. Please check with the front desk for class days and times.

Turtles: Ages 2-3 years

Toddlers will be introduced to the basics of swimming and later learn freestyle strokes such as arrows, circles, airplanes, as well as dolphin and frog kicks.

Jellyfish: Ages 4-6 years

Once basic swimming and survival skills are mastered, children will learn fun mini-strokes such as arrows, circles, airplanes, back float, front float, dolphin and frog kicks.

Dolphins: Ages 7-9 years

The emphasis at this level will be on timing and swimming strokes.

Sharks: Ages 10 years and up

Advanced strokes are introduced at this level and then developed and refined, preparing the child for competition and a lifetime of physical endurance and fitness.

*Adults: Ages 18 years and up

It's never too late to learn or refresh your swimming skills. Swim Kids offers private and group swimming lessons for adults as well. Please check with the front desk for class days and times.

Class Options and Fees

Private Lessons (1 Swimmer/1 Instructor/8 Lessons)

Class Duration:	30 minutes
Member Fee	\$360
Non-Member Fee	\$432

Semi-Private Lessons

(2 Swimmers/1 Instructor/8 Lessons)

Class Duration:	30 minutes
Member Fee	\$200
Non-Member Fee	\$240

Group Lessons

(3-10 Swimmers/1 Instructor/4 week session)

Class Duration:	30-40 minutes
------------------------	---------------

Once per week

Member Fee	\$70
Non-Member Fee	\$84

Twice per week

Member Fee	\$120
Non-Member Fee	\$144

Necessary Equipment

Bathing suit, bathing cap and goggles.

** Parents & Me and Adult classes begin when minimum registration numbers are met. Please call Swim Kids prior to registering to inquire about next start date and time.*

For questions or more information, please call Swim Kids at 305-262-SWIM (7946) or log on to www.swimkidschool.com.



GROUP LESSONS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles	3:00 p.m. Turtles	10:00 a.m. Parents & Me
3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	3:30 p.m. Jellyfish	10:30 a.m. Turtles
4:00 p.m. Dolphins	4:00 p.m. Dolphins	4:00 p.m. Dolphins	4:00 p.m. Dolphins	4:00 p.m. Dolphins	11:00 a.m. Jellyfish
4:40 p.m. Sharks	4:40 p.m. Sharks	4:40 p.m. Sharks	4:40 p.m. Sharks	4:40 p.m. Sharks	11:30 a.m. Dolphins/Sharks
	5:20 p.m. Turtles/Jellyfish		5:20 p.m. Turtles/Jellyfish		
	5:50 p.m. Dolphins		5:50 p.m. Dolphins		



EMPOWERING YOGA BY VERO YOGA & CO.

Empower yourself, get strong and get in shape, while bringing freedom to your mind with this empowering yoga program. Three different classes are available. All levels are welcome. For more information, please visit www.VeroYoga.com.

- Member Fee** \$18 per class or \$130 per 10-class punch pass
- Non-Member Fee** \$21 per class or \$160 per 10-class punch pass

Easy Flow

A gentle, restorative and invigorating yoga practice. This sequence aims to retain the vitality of the body by oxygenating and rejuvenating every cell of your system. It also helps promote total physical and mental well-being. Pre-natal yoga practitioners are welcome.

Flow

A new level of “Vero Yoga” practice, this sequence allows participants to flow with grace while synchronizing the breath with a progressive series of postures that produce internal heat, toning all muscles and organs, as well as calming the mind. *(Note: This class is more dynamic than the Easy Flow class and less intense than the Multi-Level class.)*

Multi-Level I and II

An intense and stimulating style of yoga, this class uses the Vinyasa-style (breathing intensive) of yoga. It's physically demanding practice due to the constant movement from one pose to the next. The result is often improved circulation, a light and strong body and a calm mind.

VERO YOGA & CO. SCHEDULE: January 6-June 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level II Veronica	8:30 a.m. Easy Flow Veronica	8:30 a.m. Multi-Level II Veronica	8:30 a.m. Easy Flow Veronica	9:30 a.m. NEW! Multi-Level II Veronica
12:30 p.m. Multi-Level I Veronica			5:30 p.m. Kids Yoga Cecilia		
			6:45 p.m. Teen Yoga Cecilia		

Adult classes are 90 minutes and held in the Island Room.

MEDITATION & BREATHING WORKSHOP

Learn to release physical tension and mental anxiety. Participants will improve concentration and enjoy better health through ancient meditation and breathing techniques.

- Dates** Mondays: January 13, February 3, March 3, April 7, May 5 & June 2
- Time** 7:00-8:00 p.m.
- Location** Arts & Crafts Room
- Instructor** Veronica Vidal
- Member Fee** \$17
- Non-Member Fee** \$20

VERO YOGA FOR KIDS & TEENS

In this class, boys and girls will develop strong, limber and healthy bodies while cultivating self esteem, increasing focus and concentration—all in a playful environment. Students will learn how to cope with life stressors and how to effectively relax and sleep better.

- Days** Thursdays
- Time** 5:30-6:30 p.m. (ages 6-11)
- Time** 6:45-7:45 p.m. (ages 12-17)
- Location** Island Room
- Instructor** Cecilia Rubio
- Sessions** Ongoing beginning January 9
- Member Fee** \$100 for 10 classes or \$12 per class
- Non-Member Fee** \$120 for 10 classes or \$14 per class



Group Exercise & Yoga Classes

YOGA CLASSES

Considered both physical and mental therapy, practicing yoga has numerous benefits including improving flexibility, strength and muscle tone as well as managing stress and preventing disease. As a Community Center member, why not sign up for one of our cost-effective yoga classes and start reaping the health benefits today? No previous experience is required.

Ages	16 years and up
Member Fee	\$9 per class
Non-Member Fee	\$15 per class

Yoga with Arbey

You'll break a sweat in this fun and challenging class that will help you build strength and flexibility of both body and mind. Each class is designed with a combination of asanas from various styles of yoga.

Days	Mondays, Wednesdays and Fridays
Time	10:00-11:30 a.m.
Instructor	Arbey Quiceno

Yoga Core & Stretch

This class uses gentle yoga techniques and stretching to develop the abdominal core and improve flexibility. No previous experience required.

Days	Tuesdays
Time	9:30-11:00 a.m.
Instructor	Kerstin Eskeli

Power Yoga & Stretch

This class is designed to safely build a strong abdominal core through yoga techniques and stretching. Ideal for athletes and those interested in a mentally and physically challenging class. Participants will leave feeling energized and inspired.

Days	Mondays and Wednesdays
Time	7:00-8:30 p.m.
Days	Saturdays
Time	9:30-11:00 a.m.
Instructor	Kerstin Eskeli

GROUP EXERCISE CLASSES

The Community Center offers a variety of fun and affordable group exercise classes. The following rules and regulations are enforced to ensure the safety and well-being of our members.

- You must be at least 15 years of age to participate in a group exercise class.
- No person under the age of 15 may be in the room while a group exercise class is taking place.
- Bring your valid punch pass along with your ID to class.
- Always provide your name to the attendant when you attend a class.
- Classes may fill up quickly (especially spinning classes) so make sure to arrive early to secure your spot.
- Do not enter a class in progress unless the instructor has indicated you can do so.
- Please wear appropriate clothing and footwear. Open-toed shoes (including flip-flops) are not permitted.
- Yoga mats will be available for use. If you practice yoga regularly, you may want to consider purchasing a mat.
- Always bring a sweat towel and water bottle to class.

Class Descriptions

Body Sculpting—Body bars, hand weights and balls are used in this 55-minute class to tone all the major muscles in your body and increase muscle endurance.

Spinning—The ultimate indoor cycling experience. You control the resistance and cadence to make the class as challenging as you need it to be!

Latin—Work out Latin style with fun dance moves. An excellent class for all fitness levels and dance skill levels.

Step—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing the step. This class is moderate-to-high intensity with some abdominal work.

Zumba—High energy and motivating music with unique moves and combinations makes this a fun and easy workout!

Group Exercise Schedule

The most current and up-to-date Group Exercise Schedule can always be found at the Community Center Front Desk or by visiting www.Activelslander.org.

Group Exercise Pass Prices

Single	
Members	\$9
Non-Members	\$15
5 Pack	
Members	\$35
Non-Members	N/A
10 Pack	
Members	\$60
Non-Members	N/A
20 Pack	
Members	\$100
Non-Members	N/A

Packages are not valid for yoga classes or non-members. Passes are non-transferable and non-refundable.



Fitness Programs and Classes



Kettlebell Fusion

NEW!

This 45-minute high intensity metabolic conditioning class combines strength training, core training and fat burning. Participants use kettlebells, TRX suspension training and ropes to achieve their optimal fitness goals. Each class is limited to 10 people so please register early. Pro-rating is not allowed for the 4-week session.

Days Tuesdays and Thursdays
Time 9:00-9:45 a.m.
Location Gymnasium

Sessions 4-week sessions begin January 7
Instructor Robert Beldzik

Member Fee \$200/session or \$30/class
Non-Member Fee \$240/session or \$36/class



Mat Pilates

Mat Pilates is a mind/body workout that focuses on posture, breath control, abdominal strength, flexibility and joint mobility. Work out rigorously without impacting your joints, by strengthening and stretching your body. This course is limited to 8 people per class. Pro-rating is not allowed for the 4-week session.

Days Tuesdays and Thursdays
Time 8:15-9:15 a.m.
Time 9:15-10:15 a.m.
Time 10:15-11:15 a.m.
Location Island Room

Sessions 4-week sessions begin January 7
Instructor Natalie Valdez

Member Fee \$104 (4 weeks)
Non-Member Fee \$125 (4 weeks)



Swimming Endurance

Designed to improve overall fitness and strength, this fun approach to swim training is ideal for anyone interested in maintaining or improving their physical condition and swimming skills. Participants may or may not be preparing for a race. For more information, contact Coach Lilly at info@tri4kidz.com or 305-766-6861.

Days Monday-Thursday
Time 8:45-10:00 a.m.
Location Pool

Sessions 4-week sessions begin January 6
Instructor Liliana Montes

Member Fee \$120 (4 weeks)
Non-Member Fee \$144 (4 weeks)

Triathlon for Adults

Triathlete Sports presents a multi-sport program dedicated to physical health and improved athletic performance for adults. Experienced coaches offer a group training system for athletes preparing for competitive races or those who want to maintain a competitive edge. Participants will receive weekly training sessions in swimming, biking and running. For more information, contact Coach Edwin at 786-873-1563 or CoachEdwinVargas@gmail.com.

Ages 20 years and up
Days Tuesdays and Thursdays (swim)
Time 6:30-7:45 a.m. or 7:45-8:45 p.m.
Days Wednesdays (run/bike)
Time 6:45-8:00 p.m.
Days Saturdays (run/bike)
Time TBA
Location Varies

Sessions 4-week sessions begin January 7
Instructor Triathlete Sports Instructor

Member Fee \$135 (4 weeks)
Non-Member Fee \$162 (4 weeks)



Senior Fitness Programs and Classes

Improving Balance Through Tai-Chi FREE!

Tai Chi is a centuries-old Chinese practice designed to exercise the mind and body through a series of gentle, flowing postures that create a kind of synchronized dance. All levels are welcome. Advance registration at the Front Desk is required.

Days	Wednesdays (Island Room) and Sundays (Village Green)
Time	8:30 a.m.
Session	Ongoing
Instructor	Marius Robinson
Fee	Free

Balance Chair Exercise Group FREE!

Older adults are invited to this fun and interactive group that meets to exercise their minds, bodies and spirits. Enjoy a complimentary cup of coffee and stimulating social interaction. Participants must register at the Front Desk prior to joining the class.

Days	Mondays and Thursdays
Time	10:15-11:15 a.m.
Location	Adult Lounge
Session	Ongoing
Instructor	Pat Stroud
Fee	Free

Enhance Fitness

Are you ready to get energized? Enhance Fitness is a low-cost, evidenced-based exercise program that's helping older adults (age 60 and over) at all levels of fitness become more active, energized and empowered to sustain independent lives. Tested at over 80 sites nationwide, Enhance Fitness focuses on stretching, flexibility, balance, low impact aerobics and strength training exercises.

Days	Mondays, Wednesdays and Fridays
Times	2:00-3:00 p.m. and 5:30-6:30 p.m.
Location	Community Room (1st floor, Village Hall)
Session 1	January 6-April 25
Session 2	April 28-August 15
Instructor	Marilyn Myles
Fee	\$140 (16 weeks)

Boomer Boot Camp

Fitness after 50 just became more fun! Workout with balls, bells, bands and balance training aids in an "old school" format with "new age" results! This exercise class is guided by a senior fitness specialist and personal trainer.

Days	Tuesdays & Thursdays
Time	11:15 a.m.-12:15 p.m.
Location	Dance Studio
Session	Ongoing beginning January 7
Instructor	Marilyn Myles
Fee	\$9 per class or Group Exercise Pass

Splash! Water Workout

Splash your way into fitness with this fun and exciting water workout designed to be easier on your joints. Get fit in the pool while increasing your overall endurance and strength.

Days	Tuesdays and Thursdays
Time	10:00-11:00 a.m.
Location	Pool
Session 1	January 7-February 13
Session 2	February 18-March 27
Session 3	April 1-May 8
Session 4	May 13-June 19
Instructor	Marilyn Myles
Member Fee	\$120
Non-Member Fee	\$135



Yoga for 55 & Older NEW!

Yoga has been shown to help alleviate or reduce many health challenges. Armed with medical knowledge and the ability to modify poses to accommodate specific health issues, an experienced instructor helps students augment their energy and vitality, enhance range of movement, increase stability and improve respiratory systems. This 4-week course meets twice per week and is limited to 12 people. Pre-registration and full session payment is required.

Ages	55 and up
Days	Tuesdays and Thursdays
Time	8:15-9:15 a.m.
Sessions	4-week sessions begin January 7
Location	Adult Lounge
Instructor	Kerstin Eskeli
Member Fee	\$40 (4 weeks)
Non-Member Fee	\$56 (4 weeks)



Adult and Senior Programs



ARTS & CRAFTS

Open Pottery Studio for Adults

Work at your own pace or have an experienced instructor assist you with your project. Work on the wheel, learn how to make your own glazes, and improve your technique. Potters of all experience levels are welcomed. Materials are not included in the class fee.

Days	Wednesdays
Time	10:30 a.m. -12:30 p.m.
Location	Arts & Crafts Room
Session 1	January 8-29
Session 2	February 5-26
Session 3	March 5-April 2 (no class March 26)
Session 4	April 9-30
Session 5	May 7-28
Instructor	Laura Marmol
Member Fee	\$100/session or \$30/class
Non-Member Fee	\$120/session or \$36/class
Materials Fee	\$40



Sculpting with Rosa Barck

Don't miss this exciting workshop with renowned sculptor Rosita Barck, known for her sculptures depicting some of the most famous faces in the world. Through step by step instruction, you will learn the traditional skills needed to make compelling sculptures. Class is free but there is a materials fee.

Days	Fridays
Time	12:30-2:30 p.m.
Location	Arts & Crafts Room
Sessions	Ongoing beginning January 10
Instructor	Rosa Barck
Fee	Free
Materials Fee	TBA



Open Art Studio

Dripping Dot presents an Open Art Studio program where students will have the opportunity to create their own pieces through the discovery of their personal artistic language. Students will be guided through the creative process while learning technique and skill in media like acrylic and oil paint, ink, charcoal, etc. The instructor is an experienced visual artist who combines hands-on experimentation with an art history reference approach. Sessions are 4 weeks long and there is a limit of 12 students per class. A materials list is available at the Front Desk.

Days	Tuesdays
Time	10:00 a.m.-1:00 p.m.
Location	Arts & Crafts Room
Session 1	January 7-28
Session 2	February 4-25
Session 3	March 4-25
Session 4	April 1-29 (no class April 22)
Session 5	May 6-27
Instructor	Laura Villarreal
Member Fee	\$140
Non-Member Fee	\$168

Adult and Senior Programs

Chinese Brush Painting

Learn Chinese brush painting from an instructor who has studied with internationally known artists Chow Chian Chiu and wife Chow Leung Chen-Ying. No previous experience is required. A materials list is available at the Front Desk.

Days	Mondays
Time	10:15 a.m.-12:15 p.m.
Location	Arts & Crafts Room
Session 1	January 6-February 10
Session 2	February 17-March 24
Session 3	March 31-May 5
Session 4	May 12-June 2 (Pro-rated session)
Instructor	Joyce Olivera
Member Fee	\$50
Non-Member Fee	\$60

Judi's Jewelry Class

Create customized, stylish jewelry ready for you and your friends to wear! Choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades and will gladly help you unleash your creativity. Basic materials are included in the class fee.

Days	Tuesdays and Thursdays
Time	10:00 a.m.-1:00 p.m.
Location	Second Floor Lobby
Session	Ongoing
Instructor	Judi Koslen
Fee	\$10 per clas

Poetry Workshop NEW!

Immerse yourself in the world of poetry. Each workshop will consist of selected readings and then several writing exercises. Participants will read and critique poems submitted on a weekly basis. A poetry reading will be held at the end of session.

Day	Mondays
Time	6:30-8:30 pm
Location	Adult Lounge
Session 1	January 6-February 24
Session 2	April 7-May 26
Instructor	Claire Ibarra
Member Fee	\$120
Non-Member Fee	\$144



BRIDGE CLASSES

Bridge Lessons

From learning the basics to brushing up on your knowledge of the game—these classes have it all! Call Judy Reinach for details at 305-361-9562.

Days	Tuesdays
Location	Adult Lounge
Instructor	Judy Reinach
Session 1	January 7-February 11
Session 2	February 18-March 25
Session 3	April 1-May 6
Member Fee	\$80
Non-Member Fee	\$96



Intermediate Bridge: Play of the Hand/Bidding/Supervised Play (requires instructor approval)

Time	5:00-6:00 p.m.
-------------	----------------



Intermediate Bridge: Play of the Hand/Bidding

Time	6:00-7:00 p.m.
-------------	----------------



Bridge for Beginners

Time	7:00-8:00 p.m.
-------------	----------------

Duplicate Bridge Game

Enjoy an afternoon of Duplicate Bridge every Wednesday. Call Judy Reinach for details at 305-361-9562.

Days	Wednesdays
Time	12:30 p.m.
Location	Adult Lounge
Sessions	Ongoing beginning January 8
Instructor	Judy Reinach

Adult and Senior Programs



Name
Nestor Perez

Originally from
Colombia

How long have you lived on the Key?
6 years

Profession
Gym owner

Hobbies
Biking

Favorite activities at the Community Center
Taking my children to various activities

COMPUTER CLASSES

Learn everything you need to know about your home computer from an experienced and patient instructor. Additional sessions may be offered if demand exists. Please inquire at the Front Desk. Students must register and pay for the entire 4-week course.

Session	January 8- 29
Location	Computer Lab
Instructor	Leo Quintana
Fee	\$20 per 4-week session

Basic Computer Applications NEW!

Explore the different features, learn how to perform basic troubleshooting; familiarize yourself with e-mail and Internet.

Days	Wednesdays
Time	11:00 a.m.-12:00 noon

Intermediate Computer Applications NEW!

Gain a working knowledge of Microsoft Office programs (MS Word, Excel, Publisher); go shopping online; acquaint yourself with social media.

Days	Wednesdays
Time	10:00-11:00 a.m.

PERFORMING ARTS

Ballroom Dance NEW!

Would you like to learn how to dance salsa, merengue, cha cha, fox trot, swing, rumba and more? Let someone who dances for a living and participates in world class competitions show you the right moves. Never again stay in your chair without enjoying the fun and natural art of dancing. Whether you have a partner or not, you are welcome to join us. **A free demo and dance performance will take place on January 13 at 8:00 p.m.**

Days	Mondays
Time	8:00-9:00 p.m.
Location	Dance Studio
Sessions	Ongoing beginning January 13
Instructor	Eugenia Spotar
Member Fee	\$12
Non-Member Fee	\$15

Tango

Learn the foundations of tango (including opening, walking, frame and basic step) from an internationally renowned dance instructor. In addition to the steps, students will be introduced to the world of tango and learn the customs and atmosphere of milongas (dances). As the classes progress, more advanced steps will be introduced. Each monthly session will conclude with a mini-milonga to allow students to show off what they've learned and practice the Argentine milonga traditions.

Days	Wednesdays
Time	8:00-9:00 p.m.
Location	Dance Studio
Session 1	January 8-29
Session 2	February 5-26
Session 3	March 5-26
Session 4	April 2-23
Session 5	April 30-May 21
Instructor	Claudio Ponce
Member Fee	\$60
Non-Member Fee	\$72

Ladies' Andante Vocal Group

This is an ideal group for any lady wishing to take her first steps towards a unique vocal experience. The choir includes vocal technique and works with simple 2- and 3-voice musical arrangements with a varied repertoire such as classical, rock and popular music in different languages, including Latin American folk music. Whenever ready, opportunities abound for performances. Check out our latest live performances at www.andantevg.blogspot.com. No auditions are required. Just be ready to have fun by making music together! For more information, please call Angeles Padilla at 305-342-4162.

Days	Tuesdays
Time	8:00-9:30 p.m.
Location	Adult Lounge
Session 1	January 14-March 18
Session 2	April 1-June 3
Instructor	Florencia Badino & Angeles Padilla
Member Fee	\$138
Non-Member Fee	\$165

Adult and Senior Programs

LANGUAGE CLASSES

The Community Center offers affordable language classes for Key Biscayne residents who want to learn a new language or improve their language skills. Classes require a minimum of 3 students and will begin once a group has been formed. Please inquire at the Front Desk about upcoming session dates.

Beginner & Intermediate Spanish

Beginner students can learn to tell time, make simple requests, register at a hotel and conduct a basic conversation. They will acquire vocabulary for work, home and social purposes. Intermediate students will continue to acquire new vocabulary to be able to make simple requests and conduct a basic conversation in Spanish. Classes meet twice per week and may not be pro-rated.

Days	TBA
Time	TBA
Location	Computer Lab
Sessions	TBA (check with the Front Desk)
Instructor	Cristina Medina
Member Fee	\$100 (4 weeks)
Non-Member Fee	\$120 (4 weeks)

Conversational Spanish & English

These semi-private, self-contained classes integrate students' development of grammar and vocabulary skills through topics that begin with the immediate world of the student and progress to the world at large. Students must possess basic language skills in Spanish or English to take the class. These classes meet twice per week and may not be pro-rated.

Days	TBA
Time	TBA
Location	Computer Lab
Sessions	TBA (check with the Front Desk)
Instructor	Lupita Alvarez
Member Fee	\$162 (4 weeks)
Non-Member Fee	\$195 (4 weeks)

TRIPS & TOURS

Miami City Ballet's Program II: See the Music at the Arsht Center

Miami City Ballet is returning this season with world premieres and classics as they present *Program II: See the Music*. The program will consist of Concerto Barocco (Balanchine/Bach), Jardí Tancat (Duato/del Mar Bonet), Chutes and Ladders (Peck/Britten) and Symphonic Dances (Ratmansky/Rachmaninoff).

Date	Friday, January 10
Time	6:30 p.m.
Fee	\$34 (NRT)

Hialeah Park & Casino

Known as "The World's Most Beautiful Race Course," Hialeah Park has recently undergone massive renovations to bring South Florida a beautiful new casino, mirroring the old-world elegance that made Hialeah Park a legend many years ago. Enjoy the day at South Florida's newest destination location for gaming, entertainment and fine dining.

Date	Friday, January 17
Time	9:30 a.m.
Fee	\$5

End of the Rainbow at the Actors' Playhouse

This savagely funny drama offers unique insight into the inner conflict that inspired and consumed one of the most beloved figures in American popular culture, Judy Garland. This powerful new play features over a half dozen of Judy's signature songs performed live on stage. *End of the Rainbow* was a huge hit in London's West End, and on Broadway just last season, and features an evening of explosive acting, classic songs and fierce emotion.

Date	Wednesday, January 22
Time	11:30 a.m.
Fee	\$40 (NRT)



Non-Refundable Trip (NRT)

These trips require the advanced purchase of tickets. Full payment is due at time of registration and cannot be credited or refunded unless a replacement from the waiting list is available. Tickets are transferable.

Evening Trips Drop-Off Service

For trips that take place in the evening, transportation directly to your home at the end of the night is available at no extra charge. Please call 305-365-8953 to make arrangements.

Adult and Senior Programs



Name

Adriana Masso Von Fedak (left) & Bettina Goetz Meyer

Originally from

Venezuela

How long have you lived on the Key?

4 years

Profession

Full-time mom (Adriana); Church volunteer (Bettina)

Hobbies

Fishing and going to the beach

Favorite activities at the Community Center

Going to gym and swimming in the pool (Adriana); Going to the gym (Bettina)

Worth Avenue

The Worth Avenue experience has been treasured for half a century by visitors the world over. Enjoy shopping the more than 250 merchants here, including legendary international boutiques and unique specialty stores found only on the Avenue.

Date	Friday, January 31
Time	9:30 a.m.
Fee	\$5

Miami Beach Botanical Garden

Join us as we tour and explore this tropical oasis and its latest collections and exhibitions. We will also visit the weekly Garden Market and its vendors selling freshly made bread and pastries, local produce, honey, candles and more.

Date	Wednesday, February 5
Time	10:00 a.m.
Fee	\$5

Laffing Matterz... With a Vengeance at the Broward Center

Named "Best Dinner Theatre" by The New Times, *Laffing Matterz* returns for another hilarious season. Enjoy a delicious meal that surpasses any dinner theater fare you've tasted before and a performance of original satirical songs and creative skits plucked from the today's headlines.

Date	Thursday, February 13
Time	6:00 p.m.
Fee	\$65 (NRT)

Jewish Food Walking Tour

In conjunction with its Growers, Grocers and Gefilte Fish exhibit, Jewish Museum of Florida-FIU is proud to host a Jewish Food Walking Tour. Learn the history of the SoFi neighborhood and the staple Jewish-owned restaurants past and present, including tastings from places such as My Ceviche, Pita Loca and of course key lime pie from Joe's Stone Crab Restaurant. You'll also hear about historic Jewish businesses and restaurants, including the Nemo Hotel, Goldstein & Gilbert's and Famous & Friedman's. Price includes museum admission and guided tour.

Date	Thursday, February 20
Time	10:00 a.m.
Fee	TBA (NRT)

Stars of Flamenco at the Arsht Center

A star-studded flamenco celebration is set to launch the 7th Annual Flamenco Festival Miami! The premiere performance for the 2014 festival brings together four of the world's most celebrated flamenco dancers: Antonio Canales, Carlos Rodríguez, the sensationally beautiful and riveting Karime Amaya, and young flamenco sensation Jesús Carmona – a full evening showcasing the most beloved dance from Spain in all its fiery glory.

Date	Thursday, February 27
Time	6:45 p.m.
Fee	\$75 (NRT)

Homestead Day Trip

Taste the tropics and enjoy the simple pleasures of the seasonal bounty as we visit such Redland's staples as Robert Is Here, Knauss Berry Farm and Cauley Square.

Date	Friday, March 7
Time	9:30 a.m.
Fee	\$5

John Pennekamp Glass Bottom Boat Tour & Lunch

Welcome aboard the Sprit of Pennekamp. Enjoy a unique glimpse into the serene undersea world of the Florida Keys National Marine Sanctuary in style and comfort. The itinerary includes a number of shallow reefs teeming with wildlife. Lunch will precede boat tour and is not included in the trip fee. Requires a minimum of 25 participants.

Date	Friday, March 14
Time	10:00 a.m.
Fee	TBA (NRT)

Adult and Senior Programs

Miami City Ballet's *Don Quixote* at the Broward Center

Miami City Ballet brings back its joyous full-length production of *Don Quixote*, set to the irresistible Minkus score filled with oom-pah-pah rhythms and Spanish accents. Skirts will swirl, fans will flutter and the stage will be over-run with macho bullfighters and sensual gypsies in this all-time popular work.

Date	Friday, March 21
Time	6:00 p.m.
Fee	\$32 (NRT)

Tour of Bonnet House and Lunch at Las Olas Blvd.

This historic beachfront Florida estate rests on 30+ acres of land and can instantly transport you back in time. The wild monkeys in the trees, the beautiful palms, the gardens brimming with bromeliads and orchids make the grounds truly extraordinary. Enjoy a guided tour of the Main House, followed by a tram ride along the Nature Trail. Lunch on your own at Las Olas Blvd. will follow the visit to the museum.

Date	Friday, March 28
Time	9:45 a.m.
Fee	\$20

Clark Gable Slept Here at the Arsht Center

A world premiere satire by multiple Carbonell Award-winning playwright and Zoetic Stage co-founder Michael McKeever. *Clark Gable Slept Here* transports the audience into the fantastical world of Tinseltown and looks behind the closed doors of the Hollywood elite, presenting a jet-black satire on what it means to be a "man" in the make-believe world of motion pictures, where nothing is ever what it seems and closets are used for so much more than just hanging up your tuxedo.

Date	Wednesday, April 2
Time	6:30 p.m.
Fee	\$45 (NRT)

Florida Grand Opera's *Tosca* at the Broward Center

Come see what *Tosca* means when she says, "This is *Tosca's* kiss." *Tosca* includes some of the most inspired and memorable music in all of opera. When it premiered in 1895 it was an immediate hit and has been an opera fan favorite for 118 years.

Date	Thursday, April 10
Time	6:30 p.m.
Fee	TBA (NRT)

Sightseeing Cruise on the Lady Delray

Enjoy first class comfort aboard The Delray Lady Yatch Cruise. Experience the calm waters of the Intracoastal Waterway during a two-hour narrated tour past some of the area's most beautiful mansions. See a variety of marine life in its natural habitat. Learn a little about the area's history. Cruise from Veterans Park on East Atlantic Avenue, Delray Beach south to Boca Raton.

Date	Friday, April 25
Time	11:30 a.m.
Fee	TBA (NRT)

Blue Man Group at the Arsht Center

Experience what *The New York Times* heralds as "One of the most delightful performance pieces ever staged." Blue Man Group is perfect for people of all ages, languages and cultures. Blue Man Group is now on the road for its first U.S. theatrical tour. This unique experience is a form of entertainment like nothing else and guaranteed to be an outing you will never forget.

Date	Wednesday, May 14
Time	6:30 p.m.
Fee	\$75 (NRT)



Name
Miguel Zaldivar

Originally from
Cuba

How long have you lived on the Key?
7 years

Profession
Lawyer

Hobbies
Playing baseball

Favorite activities at the Community Center
Playing dominoes

Adult and Senior Programs – 50+ Corner



Name

Nilda La Rosa

Originally from

Cuba

How long have you lived on the Key?

16 years

Profession

Retired school teacher

Hobbies

Reading and going to the movies

Favorite activities at the Community Center

Going on the trips and tours, taking the ceramics class and watching movies at the Movie Lovers' Cinema

ONGOING PROGRAMS

A.S.K. Club Lunch

The Active Seniors on the Key (A.S.K.) Club invites all Islanders to a monthly luncheon featuring guest speakers and fun activities with your friends and neighbors. This event is generously sponsored by the Key Biscayne Community Foundation and the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Days	Thursdays
Dates	January 9, February 13, March 13, April 10, May 8
Location	Island Room
Time	12:00 noon
Fee	\$5

Lunch with an Author

Join us for lunch with a different author as they discuss their latest works and sign copies of their books. This event is generously sponsored by the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

Day	Thursdays
Dates	January 16, February 20, March 20, April 17, May 15
Location	Island Room
Time	12:00 noon
Fee	Free

Key Biscayne Domino Club

Join your friends and neighbors for a friendly game of dominos... *y una tacita de café.*

Days	Mondays & Fridays
Time	2:00-6:00 p.m.
Days	Wednesdays
Time	3:30-6:00 p.m.
Location	Adult Lounge
Fee	Free

Mahjong, Card Games and More

Interested in learning and/or playing Mahjong? Or perhaps engaging in a friendly game of Rummikub? Groups are forming on an ongoing basis. Call Roxy Lohuis-Tejeda at 305-365-8953 for additional information. Complimentary refreshments are provided.

Days	Tuesdays
Time	1:00-4:00 p.m.
Location	Adult Lounge
Fee	Free

Q&A with Social Security

A bilingual representative from the Social Security Administration will be available to assist you with all of your Social Security and Medicare issues on the last Wednesday of the month (excluding holidays). No appointment is necessary.

Dates	Wednesdays: Jan. 29, Feb. 26, March 26, April 30, May 28
Time	9:30 a.m.-12:00 noon
Location	Second Floor
Fee	Free



Adult and Senior Programs

SPECIAL EVENTS

Florida Licensing On Wheels By Appointment Only!

A team of driver license examiners will be on hand to renew or issue replacements or duplicates of your driver's license and vehicle registration, issue new or replacement identification cards, complete out-of-state driver's license transfers and provide handicap decals. Call 305-365-8953 for appointments and information on needed documentation. *Note: Renewals can be completed up to 18 months in advance of the expiration date.*

Days	Tuesdays
Dates	January 14, March 11 and May 13
Time	By Appointment Only
Location	Adult Lounge

AARP Driver Safety Program

Take the 6-hour classroom refresher course especially designed for drivers age 55 and over and qualify for auto insurance discounts.

Date	Friday, March 7
Time	9:00 a.m.-3:00 p.m.
Location	Island Room
Fee	\$15 for AARP Members \$20 for AARP Non-Members

Key Biscayne Domino Club Winter Tournament

Join us at the Key Biscayne Community Center for lunch and an afternoon of friendly competition. Pre-registration is required by calling 305-365-8953.

Date	TBA
Time	12:00-3:00 p.m.
Location	Adult Lounge
Fee	Free



Movie Lovers' Cinema

Join us for a free viewing of recently released films every Thursday of the month. The films to be shown have been selected by local residents for the viewing pleasure of all Islanders. To submit movie suggestions for upcoming months, please contact 305-365-8953.

Thursday Matinees at 1:30 p.m.

Dates	January 2, 9, 16, 23, 30 February 6, 13, 20, 27 March 6, 13, 20, 27 April 3, 10, 17, 24 May 1, 8, 15, 22, 29
--------------	--



Film Club

Movie fans are invited to a free, weekly Film Club where participants will use specially designed materials to critique the fine art of producing, directing, and acting in films. Discussions will focus on award-winning and nominated films.

Days	Tuesdays beginning January 21
Time	1:30 p.m.
Location	Island Room

French Comedy Film Series

Join us the first Thursday of every month for a tribute to France's most versatile comedians. Films, courtesy of Red Chemistry, Inc., are shown in French with English subtitles.

Dates	Thursdays: January 2, February 6, March 6, April 3, May 1
Location	Adult Lounge
Time	1:30 pm

SENIOR TRANSPORTATION PROGRAM

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full- or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.



Special Events/Important Dates

COMMUNITY CENTER HOLIDAY HOURS & CLOSURES

Christmas Eve

Date Tuesday, December 24
Hours 6:00 a.m.-4:00 p.m.

Christmas Day

Date Wednesday, December 25
Hours CLOSED

New Year's Eve

Date Tuesday, December 31
Hours 6:00 a.m.-4:00 p.m.

New Year's Day

Date Wednesday, January 1
Hours CLOSED

Dr. Martin Luther King, Jr. Holiday

Date Monday, January 20
Hours 8:00 a.m.-8:00 p.m.

Presidents' Day Holiday

Date Monday, February 17
Hours 8:00 a.m.-8:00 p.m.

Memorial Day Holiday

Date Monday, May 26
Hours 8:00 a.m.-8:00 p.m.

ANNUAL HEALTH & SERVICES FAIR

Our Annual Health Fair is back! Join us for a day of free screenings, informative presentations, useful information, speaker luncheon, plenty of giveaways and much more! Please register in advance at the Front Desk to secure your spot for the free luncheon. For more information, contact Roxy Lohuis-Tejeda at 305-365-8953.

Date Wednesday, January 29
Time 10:00 a.m.-1:00 p.m.
Location 2nd Floor Lobby



Winterfest Eve

Date Saturday, December 7
Time 6:00-10:00 p.m.
Location Village Green

Winterfest

Date Sunday, December 8
Time 4:00-7:30 p.m.
Location Village Green

Winterfest Boat Parade

Date Saturday, December 14
Time 6:00-8:30 p.m.
Location "No Name Harbor" in Bill Baggs Cape Florida State Park

Fee Free Admission

Movies on the Green

Date Friday, December 20
Time 7:00 p.m.
Location Village Green

Movies on the Green

Date Friday, January 24
Time 7:00 p.m.
Location Village Green

Movies on the Green

Date Friday, February 21
Time 7:00 p.m.
Location Village Green

24th Annual Easter Egg Hunt

Date Saturday, April 12
Time 9:30 a.m. (sharp)
Location Village Green



VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER

ACTIVE islander



Village of Key Biscayne
Parks and Recreation Department
10 Village Green Way
Key Biscayne, Florida 33149
Telephone: 305-365-8900

Visit us often for updates and new information at www.ActiveIslander.org

