

KEY BISCAYNE COMMUNITY CENTER
INCLUSIVE SPORTS PROGRAM FOR TODDLERS
FALL 2019

YOUNG ATHLETES

for ages 2 ½ to 5 years

Young Athletes Program (YAP) is an *inclusive* early childhood sports play program that includes games, songs, and other fun physical activities for young children. YAP unites children with and without disabilities to play together as they practice basic sports skills.

Young Athletes learn basic sports skills to help prepare them to participate in traditional sports programs when they are older, such as those offered by the Village of Key Biscayne and Special Olympics. Participants also develop motor, social, language, and cognitive skills important for success in life beyond the athletic arena. Motor development activities improve balance, flexibility, strength, and coordination as they practice their sports skills. A recent study confirmed that children with developmental delays showed significantly more motor development if they participated in a structured Young Athletes Program than if they did not. Children who participated also showed gains in confidence as their motor development progressed. For more information, please visit www.SpecialOlympics.org/Young-Athletes.

TUESDAYS & THURSDAYS
4:15 – 4:45 PM
2nd Floor, Adult Lounge

Fall 2019 Session:
September 3 – November 21

This program is FREE OF CHARGE.
Pre-registration at the Front Desk is required.

PARENTS/CAREGIVERS
must be able to stay and
participate with their children



ABOUT THE COACHES

*This program is run by **Coach David E. Patlan**, Physical Education Teacher at the Key Biscayne K-8 Center and **Coach David Plotkin**, Youth & Teens Program Coordinator at the Village of Key Biscayne. As fathers and experienced educators, both coaches are passionate about helping children with special needs achieve their maximum potential.*