

KEY BISCAYNE COMMUNITY CENTER GROUP YOGA SCHEDULE 2016

Classes are 90 minutes long and held in the Island Room - 2nd floor. Exception: Yoga for 55 Older is 60 minutes long and held in the Adult Lounge - 2nd floor.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	8:15 AM YOGA for 55 & Older <i>Kerstin</i>	8:15 AM YOGA for 55 & Older <i>Kerstin</i>	8:15 AM YOGA for 55 & Older <i>Kerstin</i>	8:15 AM YOGA for 55 & Older <i>Kerstin</i>		
8:30 AM MULTI-LEVEL 1 YOGA VeroYoga & Co. <i>Veronica</i>	8:30 AM MULTI-LEVEL 2-3 YOGA VeroYoga & Co. <i>Veronica</i>	8:30 AM MULTI-LEVEL 1 YOGA VeroYoga & Co. <i>Veronica</i>	8:30 AM MULTI-LEVEL 2-3 YOGA VeroYoga & Co. <i>Veronica</i>	8:30 AM MULTI-LEVEL 1 YOGA VeroYoga & Co. <i>Veronica</i>	9:30 AM POWER YOGA <i>Kerstin</i>	9:30 AM MULTI-LEVEL 2-3 YOGA VeroYoga & Co. <i>Veronica</i>
	9:30 AM YOGA CORE & STRETCH <i>Arbey</i>					
10:00 AM YOGA <i>Arbey</i>		10:00 AM YOGA <i>Arbey</i>		10:00 AM YOGA <i>Arbey</i>		
7:00 PM POWER YOGA & STRETCH <i>Kerstin</i>		7:00 PM POWER YOGA & STRETCH <i>Kerstin</i>				

FEES	MEMBERS	NON-MEMBERS
Yoga Classes for Adults by Arbey & Kerstin	\$9 per class	\$15 per class
Yoga Classes for Adults by VeroYoga & Co.	\$18 /class or \$130 /10 class pass	\$21 /class or \$160 /10 class pass
Yoga for 55 & Older (60 minute class; takes place in Adult Lounge, 2nd floor) For students who are at least 55 years old only. Maximum of 12 students. New students MUST speak to instructor before starting: Kerstin (786) 970-3636	\$48 per 8-punch pass <i>(pass is also valid for Splash! Water Workout & Boomer Bootcamp)</i>	\$58 per 8-punch pass <i>(pass is also valid for Splash! Water Workout & Boomer Bootcamp)</i>

* SEE REVERSE FOR ADDITIONAL CLASSES *