KEY BISCAYNE COMMUNITY CENTER
ADULT & SENIOR PROGRAMS
50+ Corner Virtual Calendar
Week of July 13-July 19, 2020

Enjoy these complimentary programs as "we stay at home to flatten the curve." For programs available on Zoom in Eastern Standard Time (EST), simply download and install the Zoom app on any electronic device to facilitate entry. Then, click the "link to join" for one of the classes below. New to Zoom? Get it at https://zoom.us/

MONDAY, JULY 13, 2020

9:30 a.m. **Memoir Writing (New Session)** https://zoom.us/ Meeting ID: **7731203935** Passcode: **98765 *Must register***

10:00 a.m. **Pilates (Sponsored by the City of Coral Gables Adult Activity Center)**
Register in advance at https://us02web.zoom.us/webinar/register/WN_6y2u9tSQTAimTsnBBT6-mg

11:00 a.m. **Line Dance (Sponsored by the City of Coral Gales Adult Activity Center)**
Register in advance at https://us02web.zoom.us/webinar/register/WN_Vq_3fgebSySwJHNEjco2rQ

12:00 p.m. Tai Chi https://zoom.us/ Meeting ID: **93213096343** Passcode: **zoom**

2:00 p.m. Enhance Fitness with Marilyn Myles https://zoom.us/ Meeting ID: **6557496003** Passcode: **6557496003**

3:00 p.m. **Baptist Health & Allegro present Insight to Health Series: Aging Well—Eating Right to Feel Your Best**
https://zoom.us/ Meeting ID: **98383636021** Passcode: **zoom**

6:30 p.m. KB Zumba with Rita https://zoom.us/ Meeting ID: **6527714896** Passcode: **418972**

7:00 p.m. *Bernadette Peters: A Special Concert* https://broadwaycares.org/pre-event/bernadette-peters-a-special-concert

8:00 p.m. **The Old Vic presents *The Greatest Wealth: A Series of TS Eliot's Monologues***
https://www.oldvictheatre.com/whats-on/2020/your-old-vic/the-greatest-wealth

\

TUESDAY, JULY 14, 2020

8:00 a.m. Group Exercise with Marilyn Myles https://www.youtube.com/watch?v=LzTW333hHCs&feature=youtu.be

8:30 a.m. Chair Aerobics & Strength https://zoom.us/ Meeting ID: **91881460879** Passcode: **zoom**

10:00 a.m. **NEW ADITA IS BACK! Free Virtual Balance & Stability Training**
https://zoom.us/ Meeting ID: **873 8334 3523** Passcode: **575833**
Recorded class will be available during the rest of the week for viewing on Channel 77

10:00 a.m. **Pinecrest's Techie Tuesday** (Learn how to take advantage of what your iPhone can do)
https://zoom.us/ Meeting ID: **990 3817 9325** Passcode: **Pinecrest**

11:00 a.m. **Vinyasa Yoga with Yoga Journey** https://zoom.us/ Meeting ID: **98131770222** Passcode: **zoom**

12:00 p.m. **Tai-Chi with Polly (Sponsored by the City of Coral Gales Adult Activity Center)** No registration required.
https://zoom.us/ Meeting ID: **532838220**

2:00 p.m. **Diabetes Self-Management Workshop (June 15-August 19) Register at：** https://www.eventbrite.com/e/miami-gardens-diabetes-prevention-self-management-program-dpp-tickets-111150447982

3:00 p.m. **Allegro Dadeland presents: *Let's Talk About Your Legacy*** https://zoom.us/ Meeting ID: **86819034171**

6:30 p.m. **AARP Florida Community Conversation with Congressional Candidates (Must register below)**
https://www.cvent.com/events/aarp-florida-community-conversation-with-congressional-candidates-7-14-2020/registration-2D0D8B4895CA45B7B01FFBB3A13C7469.aspx

7:00 p.m. **SPIN THAT WHEEL: Our Version of Wheel of Fortune (Must register to play)** https://zoom.us/

8:00 p.m. **The Royal Ballet presents *Romeo & Juliet*** https://www.youtube.com/watch?v=M8igoIhGEGQ

WEDNESDAY, JULY 15, 2020

8:30 a.m. **Zumba Gold** https://zoom.us/ Meeting ID: **993559299104** Passcode: **zoom**

10:00 a.m. **NEW BY POPULAR DEMAND! Chair Yoga with Mariana** https://zoom.us/ Meeting ID: **7731203935** Passcode: **98765**

11:30 a.m. Tai Chi https://zoom.us/ Meeting ID: **97126648177** Passcode: **zoom**

12:30 p.m. **Bellydance Healthy Hour** https://zoom.us/ Meeting ID: **97501778250** Passcode: **zoom**

2:00 p.m. Enhance Fitness with Marilyn Myles, https://zoom.us/ Meeting ID: **6557496003** Passcode: **6557496003**

6:00 p.m. **Cirque du Soleil presents *LUZIA, BAZZAR, KURIOS: Cabinet of Curiosities***
https://www.youtube.com/watch?v=IN8tkrHHXLw

7:00 p.m. **Univ. of Miami Lecture: Synthesis of the Arts @ the Central University of Venezuela/Part 3**: Armando Droulers
https://zoom.us/ Meeting ID: **94361045332**

8:30 p.m. **Public Theater presents *The Line*** https://www.youtube.com/watch?v=jViLNmDbg1g&feature=youtu.be

For more information contact 786-255-3601 or rlohuis@keybiscayne.fl.gov   7/13-7/19/20
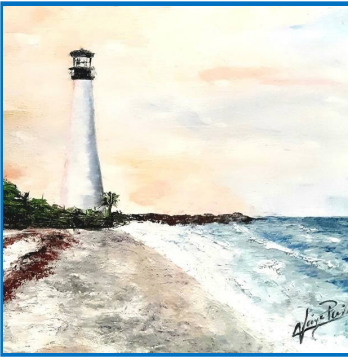#KBStayHome   #IslandCommunity   #VillageLove   #KBCC

1

KEY BISCAYNE COMMUNITY CENTER
ADULT & SENIOR PROGRAMS

50+ Corner Virtual Calendar

Week of July 13-July 19, 2020

Enjoy these complimentary programs as "we stay at home to flatten the curve." For programs available on Zoom in Eastern Standard Time (EST), simply download and install the Zoom app on any electronic device to facilitate entry. Then, click the "link to join" for one of the classes below. New to Zoom? Get it at https://zoom.us/

THURSDAY, JULY 16, 2020

8:00 a.m. Group Exercise with Marilyn Myles https://www.youtube.com/watch?v=LzTW333hHCs&feature=youtu.be

9:00 a.m. **Yoga** https://zoom.us/ Meeting ID: **95527252242** Passcode: **zoom**

10:00 a.m. Mindfulness Meditation with Cecilia Rubio (Spa) https://zoom.us/ Meeting ID: **984 272 144** Passcode: **196664**

12:00 p.m. **Tai-Chi with Polly (Sponsored by the City of Coral Gales Adult Activity Center)** No registration required. https://zoom.us/ Meeting ID: **532838220**

12:30 p.m. **LUNCH & LEARN— ELECTIONS IN 2020: VOTE LIKE YOUR LIFE DEPENDS ON IT** https://zoom.us/ Meeting ID: **7731203935** Passcode: **98765**

2:00 p.m. **National Theatre Live presents** *Amadeus* https://www.youtube.com/user/ntdiscovertheatre

5:00 p.m. **Dance Theatre of Harlem presents** *Works & Process: Dance Theatre of Harlem at 50* https://www.youtube.com/channel/UCY5gb-8rQWU6jGJIfe60DJg

6:00 p.m. **PAMM presents Live Virtual Local Views : Rosa Naday Garmendia** https://www.youtube.com/user/perezartmuseummiami

7:00 p.m. **Stratford Festival presents** *Antony & Cleopatra* https://www.stratfordfestival.ca/AtHome

FRIDAY, JULY 17, 2020

8:30 a.m. Group Exercise with Marilyn Myles https://www.youtube.com/watch?v=LzTW333hHCs&feature=youtu.be

9:30 a.m. **Meditation & Tips for Emotional Well-Being** https://zoom.us/ Meeting ID: **95858021530** Passcode: **zoom**

10:00 a.m. **Pilates** https://zoom.us/ Meeting ID: **99009407980** Passcode: **zoom**

11:00 a.m. **Tai Chi** https://zoom.us/ Meeting ID: **93671919166** Passcode: **zoom**

2:00 p.m. Enhance Fitness with Marilyn Myles https://zoom.us/ Meeting ID: **6557496003** Passcode: **6557496003**

4:00 p.m. **BINGO HAPPY HOUR!** https://zoom.us/ Meeting ID: TBA Passcode: TBA

5:00 p.m. **Neil Young's Fireside Sessions: The Porch Episode** https://neilyoungarchives.com/movie-night

6:00 p.m. **Royal Opera House presents** *Faust* https://www.youtube.com/royaloperahouse

8:00 p.m. **Company Broadway revival starring Raul Esparza Great Performances 2006** https://www.youtube.com/watch?v=8fhW00fU1uQ

WEEKEND WIND-DOWN OPTIONS

Sat., July 18th @ 11:00 a.m *Dancing Through The Decades* **presented by AARP (To watch you must register below)** https://www.eventbrite.com/e/daybreaker-live-episode-14-dancing-through-the-decades-tickets-110277202080?utm_campaign=Daybreaker+Live%3A+Dancing+Through+the+Decades&utm_medium=bitly&utm_source=Cvent

Sat., July 18th @ 5:00 p.m **Stars in the House's** *TV Reunion with the Cast of FRASIER* https://www.youtube.com/watch?v=GBM_mpTjbaM

Sat., July 18th @ 7:00 p.m. **Florida Grand Opera presents** *Eugene Onegin* https://www.youtube.com/user/floridagrandopera

Sun., July 19th @ 2:00 p.m. **Live from Lincoln Center presents David Lang's "the public domain"** https://www.pbs.org/video/lincoln-center-david-langs-public-domain/

Sun., July 19h @ 5:00 p.m. **Lincoln Center at Home presents Chamber Music Society 's Summer Evenings II** https://www.chambermusicsociety.org/watch-and-listen/live/summer-evenings-iI/

Sun., July 19th @ 7:30 p.m. **Metropolitan Opera presents** *Puccini's La Bohème* https://www.metopera.org/user-information/nightly-met-opera-streams/

ASK BOOK CLUB VIRTUAL MEETING   THURSDAY, JULY 23RD @ 12:30 PM

THE ASK BOOK CLUB IS BACK HOSTED BY KATHY VALE! BOOK SELECTION: LADY IN WAITING BY ANNE GLENCONNER

Pick up your reserved copy at the Key Biscayne Library or purchase your own and join us for an interactive discussion of this critically acclaimed international best-seller.

For more information contact 786-255-3601 or rlohuis@keybiscayne.fl.gov   7/13-7/19/20

#KBStayHome   #IslandCommunity   #VillageLove   #KBCC